



THE DUBIN CENTER

Where no one faces dementia alone.

M-F 9:00 - 4:00 | 239-437-3007 | info@dubincenter.com | 12685 New Brittany Blvd Fort Myers, FL 33907

**MARCH 2026:
SUPPORT GROUP SCHEDULE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 2:00 Zoom General Support Group 6:30 Zoom General Support Group	3 10:00 General Support Group	4 10:00 Grief Group 12:00 Savvy Support Group 2:00 Memory Catchers RSVP Required	5 10:00 Zoom bv FTD Support Group 10:00 Grace Beyond Guilt 1:00 General Support Group	6 Walk-Ins Welcomed
9 2:00 Zoom General Support Group	10 10:00 General Support Group	11 10:00 Men's Support Group 12:00 Savvy Support Group 2:00 Early Stage Support Group - Invitation Only	12 1:00 General Support Group	13 10:30  BABCOCK RANCH General Support Group RSVP Encouraged 2:00 Memory Catchers RSVP Required
16 2:00 Zoom General Support Group 6:30 Zoom General Support Group	17 10:00 General Support Group 11:00 Arden Courts - General Support Group 	18 10:00 Zoom Men's Support Group 12:00 Savvy Support Group 2:00 Memory Catchers RSVP Required	19 10:30 Zoom FTD Support Group 1:00 General Support Group	20
23 10:30 General Support Group @ Hope Lutheran Church-Bonita Springs  2:00 Zoom General Support Group	24 10:00 General Support Group	25 10:00 Men's Support Group 12:00 Savvy Support Group 2:00 Early Stage Support Group - Invitation Only	26 1:00 General Support Group	27 2:00 Memory Catchers RSVP Required
30 2:00 Zoom General Support Group	31 10:00 General Support Group	APRIL 1 10:00 Grief Group 12:00 Savvy Support Group 2:00 Memory Catchers RSVP Required	2 10:00 Zoom bv FTD Support Group 10:00 Grace Beyond Guilt 1:00 General Support Group	3 Walk-Ins Welcome

PLEASE SEE REVERSE SIDE FOR THE EDUCATIONAL & SOCIAL ENGAGEMENT SCHEDULE

IMPORTANT PHONE NUMBERS

EMERGENCIES: 911

SUICID/CRISIS: 988

MOBILE CRISIS RESPONSE: 844-395-4432

BASIC NEEDS: 211

DISPATCH HEALTH: 239-322-3434

REUNITE: 239-433-7583 (must be registered)



THE DUBIN CENTER

Where no one faces dementia alone.

MARCH 2026: EDUCATION & SOCIAL ENGAGEMENT SCHEDULE

M-F 9:00 - 4:00 | 239-437-3007 | info@dubincenter.com | 12685 New Brittany Blvd Fort Myers, FL 33907

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com	3	4 2:00 Memory Catchers* RSVP Required	5	6 Walk-Ins Welcomed
9 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com	10 1:00 Savvy Advanced* #1 	11	12 10:30 Bonita Springs Brain Boosters  5:30 ZOOM Savvy Express* #1 	13 2:00 Memory Catchers* RSVP Required
16 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com 10:30- Out & About* Railroad Museum of South Florida 7330 Gladiolus Dr, Fort Myers, FL 33907 	17 1:00 Savvy Advanced* #2 	18 2:00 Memory Catchers* RSVP Required	19 5:30 ZOOM Savvy Express* #2 	20 11:30- Among Friends Social Hour*
23 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com	24 1:00 Savvy Advanced* #3 	25 11:15 Sunshine Villas Brain Boosters 2:30 Lehigh Senior Center Brain Boosters 	26 5:30 ZOOM Savvy Express* #3 	27 2:00 Memory Catchers* RSVP Required
30 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com	31 1:00 Savvy Advanced* #4 	APRIL 1 2:00 Memory Catchers* RSVP Required	2	3 10:00 - 1:00 Savvy Express* #1 

***RSVP REQUIRED FOR ALL EDUCATION CLASSES, SOCIAL GATHERINGS & OUTINGS**
Brain Boosters does not require RSVP

TIPS FOR COMMUNICATING WITH SOMEONE LIVING WITH DEMENTIA

- Use short, simple sentences, speak slowly
- Give them adequate time to process & respond
- Avoid arguing and over-explaining
- Limit complicated choices
- Encourage them to speak for themselves
- Encourage them to join in the conversation