



THE DUBIN CENTER

Where no one faces dementia alone.

APRIL 2026:

SUPPORT GROUP SCHEDULE

M-F 9:00 - 4:00 | 239-437-3007 | info@dubincenter.com | 12511 World Plaza Ln Fort Myers, FL 33907

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 2:00 Zoom General Support Group	31 10:00 General Support Group	1 10:00 Grief Group 12:00 Savvy Support Group 2:00 Memory Catchers <i>RSVP Required</i>	2 10:00 Grace Beyond Guilt 1:00 General Support Group	3
6 2:00 Zoom General Support Group 6:30 Zoom General Support Group	7 10:00 General Support Group	8 10:00 Men's Support Group 12:00 Savvy Support Group 2:00 Early Stage Support Group - <i>Invitation Only</i>	9 1:00 General Support Group	10 10:30  BABCOCK RANCH General Support Group <i>RSVP Encouraged</i> 2:00 Memory Catchers <i>RSVP Required</i>
13 2:00 Zoom General Support Group	14 10:00 General Support Group	15 10:00 Zoom Men's Support Group 12:00 Savvy Support Group 2:00 Memory Catchers <i>RSVP Required</i>	16 10:30 Zoom FTD Support Group 1:00 General Support Group	17
20 2:00 Zoom General Support Group 6:30 Zoom General Support Group	21 10:00 General Support Group 11:00 Arden Courts - General Support Group 	22 10:00 Men's Support Group 12:00 Savvy Support Group 2:00 Early Stage Support Group - <i>Invitation Only</i>	23 1:00 General Support Group	24 2:00 Memory Catchers <i>RSVP Required</i>
27 10:30 General Support Group @ Hope Lutheran Church-Bonita Springs  2:00 Zoom General Support Group	28 10:00 General Support Group	29 12:00 Savvy Support Group	30 1:00 General Support Group	MAY 1 Walk-Ins Welcome

PLEASE SEE REVERSE SIDE FOR THE EDUCATIONAL & SOCIAL ENGAGEMENT SCHEDULE

IMPORTANT PHONE NUMBERS

EMERGENCIES: 911

SUICIDE/CRISIS: 988

MOBILE CRISIS RESPONSE: 844-395-4432

BASIC NEEDS: 211

DISPATCH HEALTH: 239-322-3434

REUNITE: 239-433-7583 (must be registered)



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com</p>	<p>1:00 Savvy Advanced* #4</p> 	<p>1</p> <p>10:00 Zoom Driving Crossroads RSVP Required</p> <p>2:00 Memory Catchers* RSVP Required</p>	<p>2</p>	<p>3</p> <p>10:00 Savvy Express #1</p> 
<p>6</p> <p>15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com</p>	<p>7</p> <p>9:00- Out & About* Sundance Orchids & Bromeliads</p>  <p>16095 S Pebble Ln, Fort Myers, FL 33912</p> <p>5:30 ZOOM Savvy Express* #2</p> 	<p>8</p>	<p>9</p> <p>10:30 Bonita Springs Brain Boosters</p>  <p>11:00 Lunch & Learn Life Care Planning for Caregivers: Amy McGarry Law Office RSVP Required</p>  <p>AMY MCGARRY LAW OFFICE, PL PLAN FOR THE FUTURE</p>	<p>10</p> <p>10:00 Savvy Express #2</p>  <p>2:00 Memory Catchers* RSVP Required</p>
<p>13</p> <p>15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com</p>	<p>14</p> <p>5:30 ZOOM Savvy Express* #3</p> 	<p>15</p> <p>2:00 Memory Catchers* RSVP Required</p>	<p>16</p>	<p>17</p> <p>10:00 Savvy Express #3</p>  <p>11:30- Among Friends Social Hour*</p>
<p>20</p> <p>15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com</p>	<p>21</p>	<p>22</p> <p>11:15 Sunshine Villas Brain Boosters</p> <p>2:30 Lehigh Senior Center Brain Boosters</p> 	<p>23</p>	<p>24</p> <p>2:00 Memory Catchers* RSVP Required</p>
<p>27</p> <p>15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>MAY 1</p> <p>10:00 Savvy Express* #1</p> 

***RSVP REQUIRED FOR ALL EDUCATION CLASSES, SOCIAL GATHERINGS & OUTINGS**
Brain Boosters does not require RSVP

TIPS FOR COMMUNICATING WITH SOMEONE LIVING WITH DEMENTIA

- Use short, simple sentences, speak slowly
- Give them adequate time to process & respond
- Avoid arguing and over-explaining
- Limit complicated choices
- Encourage them to speak for themselves
- Encourage them to join in the conversation