



THE DUBIN CENTER

Where no one faces dementia alone.

FEBRUARY 2026:

SUPPORT GROUP SCHEDULE

M-F 9:00 - 4:00 | 239-437-3007 | info@dubincenter.com | 12685 New Brittany Blvd Fort Myers, FL 33907

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 2:00 Zoom General Support Group 6:30 Zoom General Support Group	3 10:00 General Support Group	4 10:00 Grief Group 12:00 Savvy Support Group 2:00 Memory Catchers RSVP Required	5 10:00 Zoom FTD Support Group 10:00 Grace Beyond Guilt 1:00 General Support Group	6
9 2:00 Zoom General Support Group	10 10:00 General Support Group	11 10:00 Men's Support Group 12:00 Savvy Support Group 2:00 Early Stage Support Group - Invitation Only	12 1:00 General Support Group	13 10:30 ☎ BABCOCK RANCH General Support Group RSVP Encouraged 2:00 Memory Catchers RSVP Required
16 2:00 Zoom General Support Group 6:30 Zoom General Support Group	17 10:00 General Support Group 11:00 Arden Courts - General Support Group 	18 10:00 Zoom Men's Support Group 12:00 Savvy Support Group 2:00 Memory Catchers RSVP Required	19 10:30 Zoom FTD Support Group 1:00 General Support Group	20
23 10:30 General Support Group @ Hope Lutheran Church-Bonita Springs  2:00 Zoom General Support Group	24 10:00 General Support Group	25 10:00 Men's Support Group 12:00 Savvy Support Group 2:00 Early Stage Support Group - Invitation Only	26 1:00 General Support Group	27 2:00 Memory Catchers RSVP Required
MARCH 2 2:00 Zoom General Support Group 6:30 Zoom General Support Group	3 10:00 General Support Group	4 10:00 Grief Group 12:00 Savvy Support Group 2:00 Memory Catchers RSVP Required	5 10:00 Zoom bv FTD Support Group 10:00 Grace Beyond Guilt 1:00 General Support Group	6

PLEASE SEE REVERSE SIDE FOR THE EDUCATIONAL & SOCIAL ENGAGEMENT SCHEDULE

IMPORTANT PHONE NUMBERS

EMERGENCIES: 911

SUICID/CRISIS: 988

MOBILE CRISIS RESPONSE: 844-395-4432

BASIC NEEDS: 211

DISPATCH HEALTH: 239-322-3434

REUNITE: 239-433-7583 (must be registered)













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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com 10:00 - 1:00 Savvy Express* #1 	3	4 2:00 Memory Catchers* RSVP Required	5	6 Walk-Ins Welcome
9 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com 10:00 - 1:00 Savvy Express* #2 	10 12:30 ZOOM Savvy Express* #1 	11 10:30- Out & About* The Bagel Factory 8841 College Pkwy # 108, Fort Myers, FL 33919 	12 10:30 Bonita Springs Brain Boosters- 	13 2:00 Memory Catchers* RSVP Required
16 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com 10:00 - 1:00 Savvy Express* #3 	17 12:30 ZOOM Savvy Express* #2 	18 2:00 Memory Catchers* RSVP Required	19	20 11:30- Among Friends Social Hour*
23 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com	24 12:30 ZOOM Savvy Express* #3 	25 10:30- Out & About* The Bagel Factory 8841 College Pkwy # 108, Fort Myers, FL 33919  11:15 Sunshine Villas Brain Boosters 2:30 Lehigh Senior Center Brain Boosters 	26	27 2:00 Memory Catchers* RSVP Required
2 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com	3	4 2:00 Memory Catchers* RSVP Required	5	6 Walk-Ins Welcomed

***RSVP REQUIRED FOR ALL EDUCATION CLASSES, SOCIAL GATHERINGS & OUTINGS**
Brain Boosters does not require RSVP

TIPS FOR COMMUNICATING WITH SOMEONE LIVING WITH DEMENTIA

- Use short, simple sentences, speak slowly
- Give them adequate time to process & respond
- Avoid arguing and over-explaining
- Limit complicated choices
- Encourage them to speak for themselves
- Encourage them to join in the conversation