THE DUBIN CENTER

Where no one faces dementia alone.

NOVEMBER 2026: SUPPORT GROUP SCHEDULE

M-F 9:00 - 4:00 | 239-437-3007 | www.DubinCenter.com | info@dubincenter.com

12511 World Plaza Ln., Fort Myers, FL 33907

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **2:00** Zoom Dementia Caregiver Support Group **6:30** Zoom Dementia Caregiver Support Group	**3** **10:00** Dementia Caregiver Support Group	**4** **12:00** Savvy Support Group **2:00** Memory Catchers RSVP	**5** **10:00** Grace Beyond Guilt **10:00** Zoom FTD Support Group **1:00** Dementia Caregiver Support Group **2:30** Dementia Caregiver Support Group @ amavida RSVP 239-544-3986	**6** **11:00** Dementia Caregiver Support Group @ Keystone Place at Beachwalk RSVP 239-666-7558
9 **2:00** Zoom Dementia Caregiver Support Group	**10** **10:00** Dementia Caregiver Support Group	**11** **10:00** Men's Support Group **12:00** Savvy Support Group **2:00** Early Stage Support Group Invitation Only RSVP	**12** **10:00** Zoom FTD Support Group **1:00** Dementia Caregiver Support Group	**13** **10:30** BABCOCK RANCH General Support Group RSVP **2:00** Memory Catchers RSVP
16 **2:00** Zoom Dementia Caregiver Support Group **6:30** Zoom Dementia Caregiver Support Group	**17** **10:00** Dementia Caregiver Support Group **11:00** Dementia Caregiver Support Group @ Arden Courts RSVP	**18** **10:00** ZOOM Men's Support Group **12:00** Savvy Support Group **2:00** Memory Catchers RSVP	**19** **10:00** Zoom FTD Support Group **1:00** Dementia Caregiver Support Group	**20**
23 **2:00** Zoom Dementia Caregiver Support Group	**24** **10:00** Dementia Caregiver Support Group **2:00** Early Stage Support Group Invitation Only RSVP	**25** **10:00** Men's Support Group **12:00** Savvy Support Group	**26** Office Closed Happy Thanksgiving	**27**
30 **2:00** Zoom General Support Group	**1** **10:00** Dementia Caregiver Support Group	**2** **12:00** Savvy Support Group **2:00** Memory Catchers RSVP	**3** **10:00** Zoom FTD Support Group **10:00** Grace Beyond Guilt **1:00** Dementia Caregiver Support Group **2:30** Dementia Caregiver Support Group @ amavida 239-544-3986	**4** **11:00** Dementia Caregiver Support Group @ Keystone Place at Beachwalk RSVP 239-666-7558

PLEASE SEE REVERSE SIDE FOR THE EDUCATIONAL & SOCIAL ENGAGEMENT SCHEDULE

IMPORTANT PHONE NUMBERS

EMERGENCIES: 911

SUICIDE/CRISIS: 988

MOBILE CRISIS RESPONSE: 844-395-4432

BASIC NEEDS: 211 UNITED WAY Lee, Hendry, and Glades

REUNITE: 239-433-7583 (must be registered)

NON-EMERGENCY: 239-321-7700

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **15 For You!** - Phone Call with Social Worker - Schedule on DubinCenter.Com **10:00 AM-** Savvy Express* #1 SAVVY CAREGIVER RSVP	**3**	**4** **2:00** Memory Catchers* RSVP	**5**	**6** **10:00 AM** Savvy Advanced* #3 SAVVY CAREGIVER RSVP
9 **15 For You!** - Phone Call with Social Worker - Schedule on DubinCenter.Com **10:00 AM-** Savvy Express* #2 SAVVY CAREGIVER RSVP	**10** **11:30 Lunch & Learn*- Guaranteed Rate Affinity** **RSVP Required** RSVP guaranteed Rate AFFINITY	**11**	**12**	**13** **10:00 AM** Savvy Advanced* #4 SAVVY CAREGIVER RSVP **2:00** Memory Catchers* RSVP
16 **15 For You!** - Phone Call with Social Worker - Schedule on DubinCenter.Com **10:00 AM-** Savvy Express* #3 SAVVY CAREGIVER RSVP	**17** **11:30-** Among Friends Social Hour* RSVP	**18** **2:00** Memory Catchers* RSVP	**19** **1:00-** Out & About* Broadwalk Palm RSVP FULL CHRISTMAS FLORIDA'S PREMIER DINNER THEATRE BROADWAYPALM	**20**
23 **15 For You!** - Phone Call with Social Worker - Schedule on DubinCenter.Com	**24**	**25**	**26** Office Closed Happy Thanksgiving	**27**
30 **15 For You!** - Phone Call with Social Worker - Schedule on DubinCenter.Com	**1**	**2** **2:00** Memory Catchers* RSVP	**3**	**4**

***RSVP REQUIRED FOR ALL EDUCATION CLASSES, SOCIAL GATHERINGS & OUTINGS**
Brain Boosters does not require RSVP

TIPS FOR COMMUNICATING WITH SOMEONE LIVING WITH DEMENTIA

- Use short, simple sentences, speak slowly
- Give them adequate time to process & respond
- Avoid arguing and over-explaining
- Limit complicated choices
- Encourage them to speak for themselves
- Encourage them to join in the conversation