



THE DUBIN CENTER

Where no one faces dementia alone.

OCTOBER 2026: SUPPORT GROUP SCHEDULE

M-F 9:00 - 4:00 | 239-437-3007 | www.DubinCenter.com | info@dubincenter.com

12511 World Plaza Ln., Fort Myers, FL 33907

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 2:00 Zoom Dementia Caregiver Support Group	29 10:00 Dementia Caregiver Support Group	30 12:00 Savvy Support Group	1 10:00 Grace Beyond Guilt 10:00 Zoom FTD Support Group 1:00 Dementia Caregiver Support Group 2:30 Dementia Caregiver Support Group @ amavida RESERVE YOUR SEAT TODAY RSVP 239-544-3986	2 11:00 Dementia Caregiver Support Group @  Keystone Place <i>at Beachwalk</i> A Life Fulfilling Retirement Community RSVP 239-666-7558
5 2:00 Zoom Dementia Caregiver Support Group 6:30 Zoom Dementia Caregiver Support Group	6 10:00 Dementia Caregiver Support Group	7 12:00 Savvy Support Group 2:00 Memory Catchers RSVP	8 10:00 Zoom FTD Support Group 1:00 Dementia Caregiver Support Group	9 2:00 Memory Catchers RSVP
12 2:00 Zoom Dementia Caregiver Support Group	13 10:00 Dementia Caregiver Support Group	14 10:00 Men's Support Group 12:00 Savvy Support Group 2:00 Early Stage Support Group RSVP Invitation Only	15 10:00 Zoom FTD Support Group 1:00 Dementia Caregiver Support Group	16
19 2:00 Zoom Dementia Caregiver Support Group 6:30 Zoom Dementia Caregiver Support Group	20 10:00 Dementia Caregiver Support Group	21 10:00 Zoom Men's Support Group 12:00 Savvy Support Group 2:00 Memory Catchers RSVP	22 1:00 Dementia Caregiver Support Group	23 10:30  BABCOCK RANCH General Support Group RSVP 2:00 Memory Catchers RSVP
26 2:00 Zoom General Support Group	27 10:00 Dementia Caregiver Support Group	28 10:00 Men's Support Group 12:00 Savvy Support Group 2:00 Early Stage Support Group RSVP Invitation Only	29 1:00 Dementia Caregiver Support Group	30

PLEASE SEE REVERSE SIDE FOR THE EDUCATIONAL & SOCIAL ENGAGEMENT SCHEDULE

IMPORTANT PHONE NUMBERS

EMERGENCIES: 911

SUICIDE/CRISIS: 988

MOBILE CRISIS RESPONSE: 844-395-4432

BASIC NEEDS: 211

REUNITE: 239-433-7583 (must be registered)

NON-EMERGENCY: 239-321-7700



UNITED WAY
Lee, Hendry,
and Glades



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com	29	30	1	2
5 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com	6	7 2:00 Memory Catchers* RSVP	8 11:30 Lunch & Learn* - Fort Myers Memorial Gardens RSVP Required 	9 2:00 Memory Catchers* RSVP
12 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com	13 12:30 PM- ZOOM Savvy Express* #1  RSVP	14	15	16 10:00- Out & About* Farmer Mike's U-Pick  RSVP
19 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com	20 11:30- Among Friends Social Hour* RSVP 12:30 PM- ZOOM Savvy Express* #2  RSVP	21 2:00 Memory Catchers* RSVP	22	23 10:00 AM Savvy Advanced* #1  2:00 Memory Catchers* RSVP
26 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com	27 12:30 PM- ZOOM Savvy Express* #3  RSVP	28 11:15 Sunshine Villas Brain Boosters 2:30 Lehigh Senior Center Brain Boosters  	29 10:00 - 11:30 Halloween Party Please RSVP due to limited space  	30 10:00 AM Savvy Advanced* #2 

***RSVP REQUIRED FOR ALL EDUCATION CLASSES, SOCIAL GATHERINGS & OUTINGS**
Brain Boosters does not require RSVP

TIPS FOR COMMUNICATING WITH SOMEONE LIVING WITH DEMENTIA

- Use short, simple sentences, speak slowly
- Give them adequate time to process & respond
- Avoid arguing and over-explaining
- Limit complicated choices
- Encourage them to speak for themselves
- Encourage them to join in the conversation