



THE DUBIN CENTER

Where no one faces dementia alone.

AUGUST 2026: SUPPORT GROUP SCHEDULE

M-F 9:00 - 4:00 | 239-437-3007 | www.DubinCenter.com | info@dubincenter.com

12511 World Plaza Ln., Fort Myers, FL 33907

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 2:00 Zoom Dementia Caregiver Support Group 6:30 Zoom Dementia Caregiver Support Group	4 10:00 Dementia Caregiver Support Group	5 10:00 Grief Group 12:00 Savvy Support Group 2:00 Memory Catchers RSVP Required	6 10:00 Grace Beyond Guilt 10:00 Zoom FTD Support Group 1:00 Dementia Caregiver Support Group	7
10 2:00 Zoom Dementia Caregiver Support Group	11 10:00 Dementia Caregiver Support Group	12 10:00 Men's Support Group 12:00 Savvy Support Group 2:00 Early Stage Support Group - Invitation Only	13 1:00 Dementia Caregiver Support Group	14 10:30  BABCOCK RANCH General Support Group 2:00 Memory Catchers RSVP Required
17 2:00 Zoom Dementia Caregiver Support Group 6:30 Zoom Dementia Caregiver Support Group	18 10:00 Dementia Caregiver Support Group 11:00 Arden Courts -15 for You By appointment 	19 10:00 Zoom Men's Support Group 12:00 Savvy Support Group 2:00 Memory Catchers RSVP Required	20 10:00 Zoom FTD Support Group 1:00 Dementia Caregiver Support Group	21
24 10:30 General Support Group @ Hope Lutheran Church-Bonita Springs  2:00 Zoom General Support Group	25 10:00 Dementia Caregiver Support Group	26 10:00 Men's Support Group 12:00 Savvy Support Group 2:00 Early Stage Support Group - Invitation Only	27 10:00 Pawsitive Connections RSVP Required/Limited Space 1:00 Dementia Caregiver Support Group	28 2:00 Memory Catchers RSVP Required
31 2:00 Zoom General Support Group	SEPT 1 10:00 Dementia Caregiver Support Group	2 10:00 Grief Group 12:00 Savvy Support Group 2:00 Memory Catchers RSVP Required	3 10:00 Grace Beyond Guilt 1:00 Dementia Caregiver Support Group	4

PLEASE SEE REVERSE SIDE FOR THE EDUCATIONAL & SOCIAL ENGAGEMENT SCHEDULE

IMPORTANT PHONE NUMBERS

EMERGENCIES: 911

SUICIDE/CRISIS: 988

MOBILE CRISIS RESPONSE: 844-395-4432

BASIC NEEDS: 211

REUNITE: 239-433-7583

(must be registered)



UNITED WAY
Lee, Hendry,
and Glades



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com 10:00 - 1:00 ZOOM Savvy Express* #2 	4	5 10:00 Caregiver Cafe*: Hope PACE RSVP Required  2:00 Memory Catchers* RSVP Required	6 10:00 - 1:00 Savvy Express* #1 	7
10 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com 10:00 - 1:00 ZOOM Savvy Express* #3 	11	12	13 10:00 - 1:00 Savvy Express* #2  10:30 Bonita Springs Brain Boosters- 	14 2:00 Memory Catchers* RSVP Required
17 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com 11:00- Out & About* Petals & Presents RSVP Required 	18 11:30- Among Friends Social Hour*	19 2:00 Memory Catchers* RSVP Required	20 10:00 - 1:00 Savvy Express* #3 	21
24 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com	25	26 11:15 Sunshine Villas Brain Boosters 2:30 Lehigh Senior Center Brain Boosters 	27 10:00 Pawsitive Connections RSVP Required/Limited Space	28 2:00 Memory Catchers* RSVP Required
31 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com	SEPT 1	2 2:00 Memory Catchers* RSVP Required	3	4 11:30 Lunch & Learn*- Integrated Wellbeing (nutrition & dementia) RSVP Required 

***RSVP REQUIRED FOR ALL EDUCATION CLASSES, SOCIAL GATHERINGS & OUTINGS**
Brain Boosters does not require RSVP

TIPS FOR COMMUNICATING WITH SOMEONE LIVING WITH DEMENTIA

- Use short, simple sentences, speak slowly
- Give them adequate time to process & respond
- Avoid arguing and over-explaining
- Limit complicated choices
- Encourage them to speak for themselves
- Encourage them to join in the conversation