



THE DUBIN CENTER

Where no one faces dementia alone.

M-F 9:00 - 4:00 | 239-437-3007 | www.DubinCenter.com | info@dubincenter.com

12511 World Plaza Ln., Fort Myers, FL 33907

JULY 2026:

SUPPORT GROUP SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 2:00 Zoom Dementia Caregiver Support Group	30 10:00 Dementia Caregiver Support Group	1 10:00 Grief Group 12:00 Savvy Support Group 2:00 Memory Catchers RSVP Required	2 10:00 Grace Beyond Guilt 1:00 Dementia Caregiver Support Group	3 <i>Happy</i> 4th of July OFFICE CLOSED
6 2:00 Zoom Dementia Caregiver Support Group 6:30 Zoom Dementia Caregiver Support Group	7 10:00 Dementia Caregiver Support Group	8 10:00 Men's Support Group 12:00 Savvy Support Group 2:00 Early Stage Support Group - Invitation Only	9 1:00 Dementia Caregiver Support Group	10 10:30 BABCOCK RANCH General Support Group 2:00 Memory Catchers RSVP Required
13 2:00 Zoom Dementia Caregiver Support Group	14 10:00 Dementia Caregiver Support Group	15 10:00 Zoom Men's Support Group 12:00 Savvy Support Group 2:00 Memory Catchers RSVP Required	16 10:30 Zoom FTD Support Group 1:00 Dementia Caregiver Support Group	17
20 2:00 Zoom Dementia Caregiver Support Group 6:30 Zoom Dementia Caregiver Support Group	21 10:00 Dementia Caregiver Support Group 11:00 Arden Courts - General Support Group RSVP Encouraged 	22 10:00 Men's Support Group 12:00 Savvy Support Group 2:00 Early Stage Support Group - Invitation Only	23 10:00 Pawsitive Connections RSVP Required/Limited Space 1:00 Dementia Caregiver Support Group	24 2:00 Memory Catchers RSVP Required
27 10:30 General Support Group @ Hope Lutheran Church-Bonita Springs 2:00 Zoom General Support Group	28 10:00 Dementia Caregiver Support Group	29 12:00 Savvy Support Group	30 1:00 Dementia Caregiver Support Group	31

PLEASE SEE REVERSE SIDE FOR THE EDUCATIONAL & SOCIAL ENGAGEMENT SCHEDULE

IMPORTANT PHONE NUMBERS

EMERGENCIES: 911

SUICIDE/CRISIS: 988

MOBILE CRISIS RESPONSE: 844-395-4432

BASIC NEEDS: 211

REUNITE: 239-433-7583

(must be registered)



UNITED WAY
Lee, Hendry,
and Glades



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JULY 2026:

EDUCATION & SOCIAL ENGAGEMENT SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>29 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com</p>	<p>30</p>	<p>1 2:00 Memory Catchers* RSVP Required</p>	<p>2</p>	<p>3 <i>Happy</i> 4th of July OFFICE CLOSED</p>
<p>6 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com</p>	<p>7 12:30 - 3:30 Savvy Express* #1 </p>	<p>8</p>	<p>9 10:30 Bonita Springs Brain Boosters-  Bonita Springs Senior Center</p>	<p>10 2:00 Memory Catchers* RSVP Required</p>
<p>13 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com</p>	<p>14 12:30 - 3:30 Savvy Express* #2  1:00 - Experience Day - The Gallery at Cape Coral RSVP Required</p>	<p>15 2:00 Memory Catchers* RSVP Required</p>	<p>16</p>	<p>17 10:30 - Out & About @ The Bent Post RSVP Required  Sponsored By:  11:30 - Among Friends Social Hour*</p>
<p>20 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com</p>	<p>21 12:30 - 3:30 Savvy Express* #3 </p>	<p>22 11:15 Sunshine Villas Brain Boosters 2:30 Lehigh Senior Center Brain Boosters </p>	<p>23 10:00 Pawsitive Connections RSVP Required/Limited Space</p>	<p>24 2:00 Memory Catchers* RSVP Required</p>
<p>27 15 For You! - Phone Call with Social Worker - Schedule on DubinCenter.Com 10:00 ZOOM Savvy Express* #1 </p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>31</p>

***RSVP REQUIRED FOR ALL EDUCATION CLASSES, SOCIAL GATHERINGS & OUTINGS**
Brain Boosters does not require RSVP

TIPS FOR COMMUNICATING WITH SOMEONE LIVING WITH DEMENTIA

- Use short, simple sentences, speak slowly
- Give them adequate time to process & respond
- Avoid arguing and over-explaining
- Limit complicated choices
- Encourage them to speak for themselves
- Encourage them to join in the conversation