Senior Connections, Inc. located in Superior, WI.

2026-2027 Local Advocacy Guide

**Douglas County, Wisconsin Local Resources Directory Curated by Senior Connections Administrative Staff*



Senior Connections, Inc.

Address: 1805 N. 16th St. Superior, WI 54880

Phone Number: (715) 394-3611

Hours: Open Monday through Friday, 8:00am to 4:30pm

Government & Community Resources

- Douglas County Government —
https://www.douglascountywi.gov/

- Wisconsin State Agencies —
https://www.wisconsin.gov/Pages/AllAgencies.aspx

- 211 Wisconsin — https://211wisconsin.communityos.org/

- Douglas County Aging & Disability Resource Center —
https://www.douglascountywi.gov/683/Aging-Disability-Resource-Center

- Douglas County Disability Resource Guide —
https://www.douglascountywi.gov/DocumentCenter/View/15602/2025-Q3---Douglas-County-Disability-Guide

- Wisconsin Department of Health Services – Aging —
https://www.dhs.wisconsin.gov/aging/index.htm

- Wisconsin Bureau of Aging and Disability Resources —
https://www.dhs.wisconsin.gov/dph/badr.htm

- Greater Wisconsin Agency on Aging Resources —
https://gwaar.org/

- Coalition of Wisconsin Aging Groups —
https://www.cwag.org/

- Northwest Community Services Agency —
https://www.northwest-csa.org

Government & Community Resources Cont…

- Douglas County Veterans Service Office — https://www.douglascountywi.gov/874/Veterans-Service-Office

- Douglas County UW–Extension — https://douglas.extension.wisc.edu/

- Superior Public Library — https://superiorlibrary.org/

- Solon Springs Community Center — https://www.solonspringscommunitycenter.org/

- Town of Amnicon — https://townofamnicon.wi.gov/

Health, Wellness & Disability Services

- Senior Connections, Inc. — https://www.seniorconnectionswi.org/

- Family Care Giver Support Program at Senior Connections — https://www.seniorconnectionswi.org/family-caregiver-support-program

- Senior Connection's Care Closet Program — https://www.seniorconnectionswi.org/carecloset

- Senior Connection's Health Promotions Program — https://www.seniorconnectionswi.org/health-promotion

- Lake Superior Community Health Center — https://lschc.org/

Health, Wellness & Disability Services Cont...

- Essentia Health – St. Mary's Hospital–Superior — https://www.essentiahealth.org/find-facility/essentia-health-st-marys-hospital-superior

- Essentia Health – St. Mary's Superior Clinic — https://www.essentiahealth.org/find-facility/essentia-health-st-marys-superior-clinic

- Aspirus Superior Clinic — https://locations.aspirus.org/wi/superior/109-north-28th-street-east/primary-care-clinics

- Twin Ports VA Clinic — https://www.va.gov/minneapolis-health-care/locations/twin-ports-va-clinic/

- Wisconsin Healthy Aging — https://wihealthyaging.org/

- Wisconsin Dementia Resources — https://www.dhs.wisconsin.gov/dementia/index.htm

- Wisconsin Caregiver Resources — https://wisconsincaregiver.org/

- Respite Care Association of Wisconsin — https://respitecarewi.org/

- Disability Rights Wisconsin — https://disabilityrightswi.org/

Health, Wellness & Disability Services Cont...

- Disability Rights Wisconsin – Client Assistance Program — https://disabilityrightswi.org/program/client-assistance-program/

- indiGO Wisconsin — https://indigowi.org/

- Inclusa — https://www.inclusa.org/

- Wisconsin Office for the Blind and Visually Impaired — https://www.dhs.wisconsin.gov/obvi/index.htm

- Wisconsin Senior Medicare Patrol — https://www.smpwi.org/

- NAMI Lake Superior South Shore — https://www.namilsss.org/

- NAMI Peer Support Groups — https://www.namilsss.org/2023/02/03/nami-lsss-peer-support-groups/

- Brightwater Health — https://brightwaterhealth.org/

- Northwest Counseling & Guidance Clinic – Journeys — https://nwcgc.com/programs/journeys/

- Lake Superior Community Health Center – Substance Abuse Services — https://lschc.org/patient-services/substance-abuse/

- Encouragement Clinic — https://encouragementclinic.clientsecure.me/

Health, Wellness & Disability Services Cont...

- **SOAR Services —** https://soarservices.com/

- **FOX Rehabilitation —** https://foxrehab.org/

- **Hearing Wellness Center —** https://hearingwellnessctr.com/

- **AdaptHealth —** https://adapthealth.com/

- **St. Croix Hospice —** https://www.stcroixhospice.com/

- **Challenge Center —** https://challenge-center.org/

- **Superior YMCA —** https://www.lakesuperiorymca.org/locations/superior-ymca

Housing, Senior Living & Residential Care

- **Superior Public Housing —** https://superiorhousing.org/public-housing/

- **Northwest Regional Housing Program —** https://nwrpc.com/956/Regional-Housing-Program

- **Northwest CSA Affordable Housing —** https://www.northwest-csa.org/affordable-housing4a7e0649

- **Tenant Resource Center —** https://www.tenantresourcecenter.org/

Housing, Senior Living & Residential Care Cont...

- Senior Housing Options Directory — https://seniorresourcesonline.com/results/?service=Senior+Housing+Options

- Bachand Group Affordable Housing — https://bachandgroup.com/affordable-housing/

- Meridian Group — https://www.meridiangroupinc.net/

- Regina Hill Apartments — https://subsidizedhousing.org/apartment/regina-hill-superior-wi/WI

- Clifford Lund Apartments — https://clifford-lund.rentcafewebsite.com/

- Catlin Court — https://superiorhousing.org/portfolio-items/catlin-court/

- Charles Rasmussen Villa — https://www.impactseven.org/apartments/charles-rasmussen-villa/

- Cottages of Superior — https://superiorhousing.org/portfolio-items/cottages-of-superior/

- Rosewood Apartments — https://superiorhousing.org/portfolio-items/rosewood-apartments/

Housing, Senior Living & Residential Care Cont...

- Rosewood Apartments – Phase II — https://superiorhousing.org/portfolio-items/rosewood-apartments-phase-ii/

- New York Apartments — https://seniorresourcesonline.com/providers/new-york-apartments/

- Phoenix Villa — https://ccbhousing.org/superior-phoenix-villa/

- Phoenix Villa – St. Mary's Hall — https://ccbhousing.org/superior-phoenix-villa-st-marys-hall/

- Park Royale — https://parkroyale.loftliving.com/login

- Royalton Manor — https://seniorresourcesonline.com/providers/royalton-manor/

- Bashara Apartments — https://ccbhousing.org/bashara-apartments-solon-springs-wi/

- Brule Valley Apartments — https://seniorresourcesonline.com/providers/brule-valley-apts/

- Lake Nebagamon Housing — https://ccbhousing.org/lake-nebagamon/

- North Point Senior Living — https://npseniorliving.com/

Housing, Senior Living & Residential Care Cont...

- StoryPoint Twin Ports — https://www.aplaceformom.com/community/story-point-twin-ports-1359298

- Harmony House — https://www.aplaceformom.com/community/harmony-house-1334803

- McKenzie Manor — https://www.assistedlivingcenter.com/facilities/wi/superior/mckenzie-manor-54880/

- Superior Living — https://superiorlivinginc.org/

- Tradewinds Residence — https://www.tradewindsresidence.com/

- REM Wisconsin — https://sevitahealth.com/rem-community/rem-wisconsin/

- Memory Lane Adult Day Services — https://www.adultdaycarecenters.org/cities/adult-daycare-superior/memory-lane-adult-day-services-superior

- Golden Living Center – Superior — https://www.assistedlivingcenter.com/facilities/wi/superior/golden-living-center-superior-54880/

Housing, Senior Living & Residential Care Cont...

- Villa Marina Health & Rehabilitation — https://villamarinarehab.com/

- Middle River Rehabilitation — https://middleriverrehab.com/

- Dove Healthcare — https://www.dovehealthcare.com/

- Avanti Health Systems — https://www.avantihs.com/locations

- Ruth House – Twin Ports — https://walkingvictorious.net

- Solid Rock Safe Haven — https://www.northwest-csa.org/solid-rock-safe-haven

- Superior Property Services — https://spserviceswi.com/

Financial, Legal & Benefits Assistance

- Social Security Administration — https://www.ssa.gov/

- Great Rivers Income Maintenance Consortium — https://www.dhs.wisconsin.gov/forwardhealth/imagency/greatrivers.htm

- Wisconsin BadgerCare Plus — https://www.dhs.wisconsin.gov/badgercareplus/index.htm

- Wisconsin SeniorCare — https://www.dhs.wisconsin.gov/seniorcare/index.htm

Financial, Legal & Benefits Assistance Cont…

- Wisconsin FoodShare —
https://www.dhs.wisconsin.gov/foodshare/index.htm

- Wisconsin Home Energy Assistance —
https://energybenefit.wi.gov/OnlineApps/OnlineApp/Default

- Healthcare.gov – Find Local Help —
https://www.healthcare.gov/find-local-help/

- Covering Wisconsin — https://coveringwi.org/what-we-do

- Wisconsin Insurance Navigator Program —
https://wipps.org/navigator-program/

- Wisconsin Office of the Commissioner of Insurance —
https://oci.wi.gov/Pages/Homepage.aspx

- Retirement Insurance Information —
https://oci.wi.gov/Pages/Consumers/RetirementInsurance.aspx

- Wisconsin Senior Medicare Patrol — https://www.smpwi.org/

- Lutheran Social Service Financial Counseling —
https://financialcounseling.lssmn.org/

- Lutheran Social Services of Wisconsin —
https://www.lsswis.org/

- Twin Ports Guardian & Payee Services —
https://www.twinportsguardianpayee.org/

Financial, Legal & Benefits Assistance Cont…

- Judicare Legal Aid — https://www.judicare.org/

- Legal Action of Wisconsin — https://legalaction.org/

- Wisconsin Free Legal Answers — https://wi.freelegalanswers.org/

- Northland Legal Clinic — https://nlccwi.org/

- State Bar of Wisconsin — https://www.wisbar.org/Pages/default.aspx

- Board on Aging and Long Term Care — https://boaltc.wi.gov/Pages/Home.aspx

Food, Shelter & Other Community Organizations

- 211 Wisconsin — https://211wisconsin.communityos.org/

- Salvation Army – Superior — https://www.salvationarmyusa.org/wi/superior/hughitt-avenue-corps/

- Superior Helping Hands — https://superiorhelpinghan.wixsite.com/mysite

- Catholic Charities Bureau – Superior — https://ccbsuperior.org/

Food, Shelter & Other Community Organizations Cont…

- Second Harvest Northland – Mobile Food Pantry — https://secondharvestnorthland.org/find-food/mobile-food-pantry-program/

- Gordon Area Food Shelf — https://www.facebook.com/p/Gordon-Area-Food-Shelf-61585112458252/

- Northwest WIC Community Service Agency — https://www.wicprograms.org/li/northwest_wic_community_service_agency_54880

- Harbor House — https://harborhousewi.org/

- CASDA — https://casda.org/

- Hope Haven — https://www.facebook.com/p/Hope-Haven-61578833213073/

- Walking Victorious Ministry — https://walkingvictorious.net

- Superior Faith United Methodist Church — https://www.superiorfaithumc.org/

- Peace Lutheran Church – Poplar — https://peacelutheranpoplar.weebly.com/

- Senior Connection's Nutrition Program — https://www.seniorconnectionswi.org/nutrition-services

Employment, Education & Transportation

- Senior Connection's 55+ Specialized Transportation Program — https://www.seniorconnectionswi.org/transportation

Wisconsin Department of Workforce Development — https://www.dwd.wisconsin.gov/

- Northwest Wisconsin CEP — https://nwcep.org/

- Northwood Technical College — https://www.northwoodtech.edu/

- University of Wisconsin–Superior Personal Enrichment Programs — https://uwsuper.edu/academics/continuing-education/personal-enrichment-programs/

- Embark Wisconsin — https://embarkwi.org/about-us/

- MTM Wisconsin Transportation — https://www.mtm-inc.net/wisconsin/

- CW Transportation Services — https://www.cwtransportationservices.com/

Safety, Emergency & Protective Services

In the event of an immediate emergency, call 911.

- Superior Police Department — (715) 395-7234 — https://www.superiorwi.gov/174/Police-Department

- Superior Fire Department — (715) 395-1680 — https://www.superiorwi.gov/147/Fire-Department

- Douglas County Emergency Management — (715) 395-1636 — https://douglascountywi.gov/192/Emergency-Mgmt-Communications

- ReadyWisconsin – Emergency Preparedness — (608) 242-3000 — https://readywisconsin.wi.gov/

- Wisconsin Adult Protective Services — (608) 266-2536 — https://www.dhs.wisconsin.gov/aps/index.htm

- Douglas County Adult Protective Services — (715) 395-1304 — https://www.douglascountywi.gov/

- Wisconsin Elder Abuse Hotline — (833) 586-0107 — https://www.dhs.wisconsin.gov/aps/index.htm

Things To Do & Places to Visit in Superior, Wisconsin

Reference: https://www.superiorchamber.org/

- Superior Public Library — 1530 Tower Avenue — https://superiorlibrary.org/

- Superior Chamber of Commerce & Visitors Bureau — 205 Belknap Street — https://www.superiorchamber.org/

- Superior Business Improvement District — 1401 Tower Avenue, Suite 303 — https://www.superiorbid.com/

- City of Superior Parks, Recreation & Forestry 1316 N 14th St #200— https://www.superiorwi.gov/172/Parks-Recreation-and-Forestry

- University of Wisconsin–Superior Continuing Education & Personal Enrichment — 1605 Catlin Avenue — https://uwsuper.edu/academics/continuing-education/personal-enrichment-programs/

- Superior YMCA — 9 North 21st Street — https://www.lakesuperiorymca.org/locations/superior-ymca

- Richard I. Bong Veterans Historical Center — 305 Harbor View Parkway — https://bongmuseum.org/

- Fairlawn Mansion & Museum — 906 East 2nd Street #3245—https://www.superiorwi.gov/61/Fairlawn-Museum or https://www.superiorhistoricproperties.org/

Things To Do & Places to Visit in Superior, Wisconsin, Cont.. Reference: https://www.superiorchamber.org/

- Douglas County Historical Society — 1101 John Avenue — https://douglashistory.org/

- A World of Accordions Museum — 1401 Belknap Street — https://www.worldofaccordions.org/

- Lake Superior Estuarium — 3 Marina Drive — https://lakesuperiornerr.org/

- Manion Theater at UW–Superior (Holden Fine and Applied Arts Center) — 1805 Catlin Avenue — https://www.uwsuper.edu/

- Kruk Gallery at UW–Superior (Holden Fine and Applied Arts Center)— 1805 Catlin Avenue — https://www.uwsuper.edu/

- Superior Yarn & Creations — 1320 Tower Ave— https://superioryarn.com/

- Brush & Co. — 1207 Tower Ave— https://www.brushandcompany.com/

- Shannon's Stained Glassery — 5904 Tower Avenue — https://shannonsstainedglassery.com/

- World of Wheels Roller Skating — 305 E 2nd St — https://gottabesuperior.com/

Things To Do & Places to Visit in Superior, Wisconsin, Cont.. Reference: https://www.superiorchamber.org/

- Level UP Superior — 525 Tower Avenue — https://levelupsuperior.com/

- Pattison State Park — 6294 South State Road 35, Superior, WI 54880 — https://dnr.wisconsin.gov/topic/parks/pattison

- Amnicon Falls State Park — 4279 South County Road U, South Range, WI 54874 — https://dnr.wisconsin.gov/topic/parks/amnicon

- Superior Parks, Recreation and Forestry — https://www.superiorwi.gov/172/Parks-Recreation-and-Forestry

https://www.superiorwi.gov/1093/Online-Park-Reservations

- Nemadji Golf Club — 5 North 58th Street — https://www.nemadjigolf.com/

- Empire Coffee — 1204 Tower Avenue — https://www.empirecoffeewi.com/

- 2540 Coffee House — 1423 Belknap Street — https://www.facebook.com/2540coffeehouse/

- Culver's — 2110 E 2nd — https://www.culvers.com/restaurants/superior

- Duluth's Best Bread – Superior — 1418 Tower — https://duluthsbestbread.com/

Things To Do & Places to Visit in Superior, Wisconsin, Cont.. Reference: https://www.superiorchamber.org/

- Big Apple Bagels - Superior — 1224 Belknap Street —
https://www.bigapplebagels.com/

- Sweeden Sweets — 601 Tower Avenue —
https://sweedensweets.com/

- Love Creamery – Billings Park — 2704 N 21st St —
https://lovecreamery.com/shop/billings-park/

- Dairy Queen – Superior — 3100 Tower Ave—
https://www.dairyqueen.com/

- Superior Waffles — 1412 Tower Avenue —
https://superiorwaffles.com/

- KD's Family Restaurant & Cold Brew — 1706 Tower Ave —
https://www.kdscoldbrew.com/

- Perkins Restaurant & Bakery — 103 East 2nd Street —
https://www.perkinsrestaurants.com/

- Vintage Italian Pizza — 1201 Tower Ave—
https://www.vintageitalianpizza.com/

- Thirsty Pagan Brewing — 1615 Winter Street —
https://www.thirstypaganbrewing.com/

- Anchor Bar & Grill — 413 Tower Avenue —
https://anchorbarandgrill.com/

Things To Do & Places to Visit in Superior, Wisconsin, Cont.. Reference: https://www.superiorchamber.org/

- Gronk's Grill & Bar — 4909 East 2nd Street —
https://www.gronksgrill.com/

- The Shack Restaurant — 3301 Belknap Street —
https://shacksmokehouse.com/

- Hammond Steak House — 1402 North 5th Street —
http://hammondsteakhouse.com/

- Wasabi — 3333 Tower Avenue —
https://wasabisushisuperior.com/

- Superior Ramen House — 110 East 2nd Street, Suite 7 —
https://www.superiorramenhouse.com/

- Mama T's Smokin' Eats — 6428 Tower Avenue —
https://mamatssmokineats.com/

- Souptown Deli — 1222 Tower Ave —
https://www.facebook.com/p/Souptown-Deli-61582276293933/

- 7 West Taphouse – 1317 Tower Ave —
https://www.7westtaphouse.com/locations/superior

- Superior Tavern — 1224 Tower Ave —
https://www.superiorchamber.org/list

Things To Do & Places to Visit in Superior, Wisconsin, Cont.. Reference: https://www.superiorchamber.org/

- Third Base Bar — 1218 Tower Ave — https://third-base-bar.edan.io/

- Bird's Bar — 5801 Tower Ave — https://www.facebook.com/p/Birds-Bar-100027869186745/

- Foxes & Fireflies Booksellers — 1401 Tower Avenue — https://www.foxesfirefliesbooksellers.com/

- Weeping Willow Heartfelt Gifts — 1307 Tower Avenue — https://weepingwillowgifts.com/

- Angie's Closet — 1315 Tower Avenue — https://angiesclosetresale.com/

- Globe News — 1430 Tower Avenue — https://www.facebook.com/GlobeNewsSuperior/

- Northwest Outlet — 1814 Belknap Street — http://www.northwestoutlet.com

- Earth Exchange — 1713 Belknap Street — https://www.earthexchange.org

- True North Goodwill — 2911 Tower Avenue — https://www.goodwillduluth.org/

- Epicurean Factory Store — 257 Main St —

https://www.epicureanfactorystore.com/

Things To Do & Places to Visit in Superior, Wisconsin, Cont.. Reference: https://www.superiorchamber.org/

- Super One Foods – 1515 Oakes Ave —
https://www.superonefoods.com/

- Walgreens Pharmacy – 2015 Tower Ave —
https://www.walgreens.com/

- Kwik Trip – 1419 Banks Ave — https://www.kwiktrip.com/

- La Peinado Salon & Spa — 2802 Tower Ave —
https://lapeinadosalon.com/

- Salon Superior — 3215 Tower Ave #102 —
https://www.salonsuperior.com/

*Disclaimers & Important Information

- At Senior Connections, we believe that everyone deserves access to helpful information, dependable resources, and a supportive community.

- Senior Connections is committed to supporting older adults, individuals with disabilities, caregivers, and families throughout Douglas County, Wisconsin. We understand that finding the right services and navigating community resources can sometimes feel overwhelming. That's why our administrative team has created this community resource guide- to make finding information easier, more convenient, and accessible.

Through this guide, Senior Connections strives to:

- Connect Individuals with Community Resources: Help older adults, individuals with disabilities, caregivers, and families locate local programs, organizations, and services.

- Simplify Access to Information: Bring useful contact information, websites, and community resources together in one convenient place.

- Support Individuals & Families: Provide a helpful starting point for exploring services related to health, wellness, housing, transportation, safety, and everyday needs.

*Disclaimers & Important Information Cont...

- Encourage Independence & Informed Choices: Help individuals and caregivers explore available options and make decisions that best fit their circumstances.

- Strengthen Community Connections: Promote awareness of local organizations and resources that contribute to the well-being of Douglas County residents.

Important Information & Disclaimers

- Prepared by Senior Connections: This guide is independently compiled by Senior Connections administrative staff as a complimentary community resource. It is not an official government publication or a complete directory of available services.

- Informational Purposes: While Senior Connections strives to provide accurate and helpful information, we cannot guarantee the accuracy, completeness, availability, or suitability of listed resources.

- Independent Organizations: Unless otherwise stated, listed businesses, agencies, and service providers operate independently of Senior Connections. Inclusion does not imply endorsement, affiliation, partnership, or a guarantee of services.

*Disclaimers & Important Information Cont...

- Information Subject to Change: Contact details, hours, fees, eligibility requirements, and services may change. Readers should verify information directly with each organization.

- Professional Guidance & Individual Choice: This guide does not replace medical, legal, financial, or other professional advice. Individuals and families are responsible for evaluating which services best meet their needs.

- Third-Party Resources: Senior Connections does not control or assume responsibility for external websites, independent providers, or their services and practices.

- Corrections & Community Feedback: Our administrative team welcomes suggestions, corrections, and recommendations for additional resources. Please contact Senior Connections to help us keep this guide useful and up to date.

- Limitation of Liability: To the extent permitted by applicable law, Senior Connections is not responsible for losses, damages, or outcomes resulting from reliance on this guide or independent third-party services. Applicable legal rights remain unaffected.

- Emergency Assistance: This guide is not intended for emergency response. In the event of an immediate emergency, call 911.