

Happy Mindz



Happy Mindz Day Nursery and Preschool

The Old Chapel

Fareham Road

Wickham

Hampshire

PO17 5DE

Temperature Policy

Temperature Policy

At Happy Mindz Day Nursery and Preschool, children's temperatures are not routinely checked. Our practitioners form strong relationships with the children in their care and get to know what is 'normal behaviour' for each child. If a child displays out of character behaviour, such as not eating, lethargy, unusual crying, clinginess, feel warm and look flushed or develop a rash, further investigation will be carried out. These symptoms, among others, often lead to the temperature being checked.

Here are some key points

Normal Temperature:

A normal temperature for children is typically around 36.4°C, with a range up to 37.8°C.

Temperatures above 38°C are considered high and require close monitoring.

37.8 and above is deemed a high temperature and the child will be monitored closely. Our practitioner's knowledge of the child will determine how they respond to each individual's needs taking into consideration the environmental factors including the time of year, weather/temperature/if the heating is on, what clothing the children are wearing, if they have just woken from a sleep and a blanket had been used, etc. They will also check for the presence of other symptoms, sweaty/clammy skin, rash, refusal to eat or drink, or dehydration (dry nappies, no tears when crying).

For temperatures over 37.5 degrees to 38 degrees, the child can remain at Happy Mindz Day Nursery and Preschool, if they seem well enough to do so. Fluids will be offered, clothing may be loosened, parents will be contacted and if approved, Calpol will be administered in-line with our medication procedures. The temperature will be closely monitored. If Calpol does not reduce the temperature, then parents will need to collect.

If a child's temperature is worryingly high and does not go down after 20 minutes (eg, 39, 40 degrees or above, and parents are not able to get into setting within 15 minutes, to avoid risk of convulsion or put the welfare of the child at risk, the person in charge may give Calpol / Paracetamol after first obtaining verbal consent from the parent if possible. This is to reduce the risk of febrile convulsion particularly for babies.

Calpol **will not** be administered to babies under 3 months.

When we will seek emergency medical advice and call 999:

- ❖ If a child has a high temperature and any of the following:
- ❖ has a stiff neck
- ❖ has a rash that does not fade when you press a glass against it
- ❖ is bothered by light
- ❖ has a fit (febrile seizure) for the first time (they cannot stop shaking)
- ❖ has unusually cold hands and feet

- ❖ has pale, blotchy, blue or grey skin
- ❖ has a weak, high-pitched cry that's not like their normal cry
- ❖ is drowsy and hard to wake
- ❖ is extremely agitated (does not stop crying) or is confused
- ❖ finds it hard to breathe and sucks their stomach in under their ribs
- ❖ has a soft spot on their head that curves outwards (bulging fontanelle)
- ❖ is not responding like they normally do, or is not interested in feeding or normal activities
- ❖ Where parent has not given permission to administer Calpol / Paracetamol and do not arrive within the 15 minutes of the telephone call. Parent will be informed that an ambulance has been called.