



**Partial Hospitalization Programs (PHP)**  
**Intensive Outpatient Programs (IOP)**  
**Children under age 18**

ATTENTION: INSURANCE COVERAGE MAY VARY, CHECK WITH THE PROGRAM OR YOUR INSURANCE REGARDING COST PRIOR TO STARTING.

**Cincinnati Children's Child and Adolescent Psychiatry**

513-636-4124, referral is needed

<https://www.cincinnatichildrens.org/service/p/psychiatry/programs/partial>

**PHP** - Green Township and Norwood locations; Eastgate opening 11/2025

8:30am-3:30pm Monday-Friday, average length 8 business days

**Neurobehavioral IOP** – for children with neurodevelopmental disorders, College Hill

**Cincinnati Children's Behavioral Medicine and Clinical Psychology**

513-636-8107, referral is needed

**IOP** – Burnet Ave campus only, 2 sessions per week for 4-5 weeks

**Dayton Children's Hospital**

937-641-3211, [childrensdayton.org/patients-visitors/services/behavioral-health/specialties/day-treatment-program](http://childrensdayton.org/patients-visitors/services/behavioral-health/specialties/day-treatment-program)

700 East First St, Dayton, OH 45402; moving to Springboro late 2025

**PHP**

**Lindner Center of Hope**

513-536-0639, referral is needed, [lindnercenterofhope.org](http://lindnercenterofhope.org)

4075 Old Western Row Rd. Mason, OH 45040

**PHP** – 8:30am-3:30pm Monday-Friday, about 2 weeks, ages 12-18 (if still in high school)

**Beckett Springs**

513-525-5024, no referral needed, [beckettsprings.com](http://beckettsprings.com), ages 12+

8614 Shepherd Farm Dr. West Chester, OH 45069

**PHP** – daily Monday-Friday, about 2-4 weeks

**IOP** – daily Monday-Friday, about 4-6 weeks

**Charlie Health – VIRTUAL ONLY**

866-540-1622, no referral needed, [charliehealth.com](http://charliehealth.com), ages 11+

**IOP** – Monday-Saturday variable hours, 9-12 weeks

Several hours per week of group therapy, 1 hour individual therapy, 1 hour family therapy

**InStride Health – VIRTUAL ONLY**

855-438-8331, no referral needed, [www.instride.health](http://www.instride.health), ages 7+ with anxiety or OCD

**IOP** – initially 3-5 hours/week then decreasing over time, 4-12 months

**Positive Leaps**

513-877-6558, [positiveleaps.org](http://positiveleaps.org), ages 3-8

5900 West Chester Rd. Suite C, West Chester, OH 45069

**PHP and IOP**

**Kids Thrive**

513-740-1001, [kidsthrievebh.com](http://kidsthrievebh.com), ages 3-12

5505 Cheviot Rd, Cincinnati, OH 45247

7243 Eastlawn Dr, Cincinnati, OH 45237

**PHP and IOP**

**Clarity Behavioral Health**

513-904-6004, no referral needed, [claritybh.com](http://claritybh.com), age 13+

9403 Kenwood Rd. Ste. C-111, Cincinnati, Ohio 45242

**IOP (DBT Therapy)** – Monday and Friday 4-7pm, Wednesday individual therapy and parent group, 12 weeks

**ASAP Cincinnati – SUBSTANCE ABUSE ONLY**

513-792-1272, no referral needed, [asapcincinnati.com](http://asapcincinnati.com), age 13+

9403 Kenwood Rd. Ste. C-212, Cincinnati, Ohio 45242

**IOP** – Weekday or weekend options with 3 evenings of programming for teens and 2 evenings for parents. Program discharge is pending completion of the program and negative drugs screens.

**Eating Recovery Center – EATING DISORDER ONLY**

513-808-9220, no referral needed, [eatingrecoverycenter.com](http://eatingrecoverycenter.com), age 8+

3805 Edwards Rd Suite 400, Cincinnati, OH 45209, with virtual option

**PHP** – 11 hours of programming, 7 days per week

**IOP** – In person 3 hours per day, 3-5 days per week. Virtual 3 hours per day, 3 days per week.

**Glenwood Behavioral Health**

855-681-0634, no referral needed, [glenwoodbehavioral.com](http://glenwoodbehavioral.com), ages 13-17

2446 Kipling Avenue, Cincinnati, OH 45239; with virtual option

**PHP and IOP**

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