



Partial Hospitalization Programs (PHP)
Intensive Outpatient Programs (IOP)
Young adults age 18 and above

ATTENTION: INSURANCE COVERAGE MAY VARY, CHECK WITH THE PROGRAM OR YOUR INSURANCE REGARDING COST PRIOR TO STARTING.

Lindner Center of Hope

513-536-0680, lindnercenterofhope.org

4075 Old Western Row Rd. Mason, OH 45040

Mental Health PHP – 8am-3pm Monday-Friday, about 2 weeks

Eating Disorder PHP and IOP - 513-536-4673

Substance Abuse + Mental Health IOP - 513-536-4673

Beckett Springs

513-525-5024, beckettsprings.com/mental-health

8614 Shepherd Farm Dr. West Chester, OH 45069

PHP and IOP, mental health and addiction services

Charlie Health – VIRTUAL ONLY

866-540-1622, charliehealth.com, up to age 50

IOP – Monday-Saturday variable hours, 9-12 weeks

InStride Health – VIRTUAL ONLY

855-438-8331, www.instride.health, up to age 22 with anxiety or OCD

IOP – initially 3-5 hours/week then decreasing over time, 4-12 months

Eating Recovery Center – EATING DISORDER ONLY

513-808-9220, eatingrecoverycenter.com, age 10+

3805 Edwards Rd Suite 400, Cincinnati, OH 45209, with virtual option

PHP – 11 hours of programming, 7 days per week

IOP – In person 3 hours per day, 3-5 days per week. Virtual 3 hours per day, 3 days per week.

Modern Psychiatry and Wellness, LLC

(513) 494-4679, mpwhealth.com/services/#phiop

7162 Liberty Centre Dr, Liberty Township, OH 45069

PHP and IOP

TriHealth

513-346-1270, trihealth.com/services/behavioral-health/treatments-services/outpatient-care

375 Dixmyth Ave, Cincinnati, OH 45220 (Good Samaritan Hospital)

PHP, may need referral from TriHealth primary care physician



Blueridge Vista Behavioral Health

513-841-3001, newvistahealth.com
5500 Verulam Ave, Cincinnati, OH 45213
PHP and IOP

Glenwood Behavioral Health

855-681-0634, glenwoodbehavioral.com/programs
2446 Kipling Avenue, Cincinnati, OH 45239; with virtual option
PHP and IOP

Revised 4/29/2025