



Preventative Medicine/Annual Physicals Billing Policy

Dear Patients and Families of the Maryland Pediatric Group,

Many insurance companies have changed their policies regarding your or your child's annual wellness visit (also known as routine physical, health maintenance visit, yearly check-up, school physical). These wellness visits are designed to conduct a physical examination, to review health goals and provide recommendations for healthy life style choices (exercise, nutrition, sleep), administer vaccinations, monitor growth and development and conduct screening tests (blood pressure, blood work, hearing and vision screens, developmental screens, mental health screens). These visits are not designed to provide assessment and management of acute or chronic medical problems, such as asthma, diabetes, behavioral problems, sleep problems, ADHD, school related concerns, anxiety, depression, skin conditions (such as acne or eczema), injuries, menstrual irregularities or concerns, headaches, chronic abdominal pain, reflux or constipation, fatigue, pre-operative clearance or any other new significant problem or injury that happen to coincide with the annual visit. However, as your primary health care provider we welcome and encourage you to discuss any issues that concern you and we wish to provide follow-up for any ongoing health problems you may have.

In order to offer a comprehensive evaluation, and at the same time maximize your insurance reimbursement, our physicians may provide both preventative and diagnostic services, as appropriate during the same office visit. Most preventative services will be covered at 100%. Most problem-oriented services may be subject to a copay, deductible or coinsurance. If both types of services are offered, two visit codes will be billed with the appropriate modifier to indicate that preventative as well as problem issues were addressed. Some lab tests are not considered screening tests (if ordered as a diagnostic tool for a medical concern) and will be billed with the appropriate medical diagnosis.

If a medical concern requires a more comprehensive evaluation than what can be provided during the time of the wellness visit, your provider will offer you another problem based or 'sick' visit, within an appropriate timeframe. Our providers are committed to ensuring that we have the appropriate amount of time to conduct a thorough history and exam and review next steps in the evaluation of the medical concern.

Thank you for understanding our need to bill appropriately for the services we are providing while at the same time being sensitive to your insurance coverage. As always, we consider it an honor and privilege to care for you or your child(ren) and strive to always provide the most comprehensive care possible.

Sincerely,

The Maryland Pediatric Group, LLC

By signing below, I acknowledge receipt and understanding of the Preventive Medicine/Annual Physical billing policy of the Maryland Pediatric Group, L.L.C. for myself or my child(ren) listed below. I have been offered a copy of this policy. I understand that if I do not take a physical copy of this policy, that I can access a copy on the website of the Maryland Pediatric Group, L.L.C. at www.mdped.com.

List all patients of MPG and dates of birth: _____

Signature of patient, parent, guarantor/legal guardian, insured and/or authorized representative: _____

_____ Date _____

Print Name: _____ Relationship to patient(s): _____