



Lactation Resources

Bethany G Baby Feeding (Bethany Gallagher, SLP, IBCLC)	In home services	https://www.bethanygbabyfeeding.com/ bethanygbabyfeeding@gmail.com 443-613-5133
Empower & Feed (Jamie Malyn, RN IBCLC)	1190 W. Northern Parkway Suite 101 Baltimore, MD 21210 In person or virtual consult option Accepts most major insurances	https://www.empowerandfeed.com/ Jamie@EmpowerandFeed.com 410-929-4616
The Latch Network	Complete an intake to be paired with an insurance covered International Board-Certified Lactation Consultant wherever is most convenient for you (home, office, virtual)	https://lactationnetwork.com/ 1 (888) 510-0059 care@tln.care
Lighthouse Lactation (Gabrielle Willams, CLC)	In home services or virtual consult option	https://www.lighthouse lactation.com/ support@lighthouse lactation.com 410-914-7324
The Little Latch Club	The Y in Towson (Orokawa) 600 W Chesapeake Ave, Towson, MD 21204 Stay and Play Room	https://ymaryland.org/events/little-latch-club-7 SJMChildbirthEd@umm.edu 410-337-1880
Mama Moon Lactation (Christina Berlett BSN, RN, IBCLC)	In home services or virtual consult option	https://www.mamamoonlactation.com/ Christinab@mamamoonlactation.com

Mercy Monday Breast Feeding Mother's Support Group	345 Saint Paul Place Baltimore, MD 21202	https://www.eventbrite.com/e/mercy-medical-centers-breastfeeding-class-tickets-781489886287 babyclasses@mdmercy.com 410-332-9604
Rumina Center	21 West Road Suite 100 Towson, MD 21204	https://ruminacenter.com/ hello@ruminacenter.com 410-929-2455
Wolf Lactation (Jennifer Wolf, DNP, MSN, RN, IBCLC, CBE)	Virtual consults In-home services for Baltimore and southern Harford Counties	https://www.wolfactation.com/ Support@wolfactation.com 443-201-1912
Warm Lines	Quick breastfeeding related questions and concerns by phone/email	GBMC: 443-849-3428 JHU: 410-502-3221 jhhlactation@jhmi.edu SJMC/UMMC: 410-337-3994 SINAI: 410-871-7024