

DSA - WILMINGTON

SHORT COURSE PRACTICE SCHEDULE - **DURING HS SEASON**: Monday November 10th To Saturday February 28th

| GROUP | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|--|--|--|--|--------------------------|----------------------------|--------|
| SENIOR ELITE (DRYLAND TIMES INCLUDED) | 3:30PM-5:45PM @DuPont | 5:30AM-7:00AM @DuPont 4:00PM-5:45PM @DuPont | 3:30PM-5:45PM @DuPont | 5:30AM-7:00AM @DuPont 4:00PM-5:45PM @DuPont | 3:30PM-5:45PM @DuPont | 7:00AM-10:00AM @DuPont | |
| SENIOR*** (DRYLAND TIMES INCLUDED) | 4:00PM-5:45PM OR 7:00-8:45PM @DuPont | 4:00PM-5:45PM OR 7:00-8:45PM @DuPont | 4:00PM-5:45PM OR 7:00-8:45PM @DuPont | 4:00PM-5:45PM OR 7:00-8:45PM @DuPont | 3:30PM-5:45PM @DuPont | 7:00AM-9:00AM @DuPont | |
| JUNIOR I & II (DRYLAND TIMES INCLUDED) | 7:00PM-8:45PM @DuPont | 7:00PM-8:45PM @DuPont | 7:00PM-8:45PM @DuPont | 7:00PM-8:45PM @DuPont | | 11:00AM-12:45PM @DuPont | |
| GOLD I & II (DRYLAND TIMES INCLUDED) | 6:30PM-8:00PM @DuPont | 6:30PM-8:00PM @DuPont | 6:30PM-8:00PM @DuPont | 6:30PM-8:00PM @DuPont | | 11:00AM-12:45PM @DuPont | |
| SILVER | 5:45PM-7:00PM @DuPont | | 5:45PM-7:00PM @DuPont | | 5:45PM-7:00PM @DuPont | 12:45PM-2:00PM @DuPont | |
| BRONZE | 5:45PM-6:45PM @DuPont | | 5:45PM-6:45PM @DuPont | | 5:45PM-6:45PM @DuPont | 12:45PM-1:45PM @DuPont | |

Practices at Concord are subject to Brandywine School District holidays and blackout days. Practice modifications will be communicated in a timely manner.

***Note: Senior Group practices will shift during the Delaware HS Swim Season due to availability at Concord High School.

Last Updated: 1/5/2026