

**Delaware LC Invitational
Saturday Session 1 (13&O) Warm-up Schedule**

Warm-up Session 1: Saturday: MEET Session Starts at 10:00AM

| Time | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------------|--------|--------|--------|--------|--------|-------------|
| 9:00-9:25am | DSA | DSA | DSA | BHA | BHA | BHA ROCS |

Warm-up Session 2: Saturday: MEET Session Starts at 10:00AM

| Time | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------------|--------|------------|--------------|--------|--------|--------|
| 9:26-9:50am | BWA | WAC BWA | ECCC PCAC | DST | DST | DST |

**Delaware LC Invitational
Saturday Session 2 (Distance) Warm-up Schedule**

Warm-up Session 1: Saturday: MEET Session Starts at 1:00PM

| Time | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|---------------|-----------|-----------|-----------|-----------|-----------|-----------|
| 12:30-12:55pm | OPEN | OPEN | OPEN | OPEN | OPEN | OPEN |
| | | | | | | |

**Delaware LC Invitational
Saturday Session 3 (12&U) Warm-up Schedule**

Warm-up Session 1: Saturday: MEET Session Starts at 3:30PM

| Time | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------------|-----------|--------------------|-------------|-----------|------------|-----------|
| 3:00-3:25pm | DSA | DSA BHA PCAC | WAC ECCC | WAC | DST BWA | DST |

**Delaware LC Invitational
Sunday Session 4 (13&O) Warm-up Schedule**

Warm-up Session 1: Sunday: MEET Session Starts at 10:00AM

| Time | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------------|--------|--------|--------|--------|--------|--------|
| 9:00-9:25am | DSA | DSA | DSA | BHA | BHA | BHA |

Warm-up Session 2: Saturday: MEET Session Starts at 10:00AM

| Time | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------------|--------|------------|--------------|--------|--------|--------|
| 9:26-9:50am | BWA | WAC BWA | ECCC PCAC | DST | DST | DST |

**Delaware LC Invitational
Sunday Session 5 (Distance) Warm-up Schedule**

Warm-up Session 1: Sunday: MEET Session Starts at 1:00PM

| Time | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|---------------|--------|--------|--------|--------|--------|--------|
| 12:30-12:55pm | OPEN | OPEN | OPEN | OPEN | OPEN | OPEN |

**Delaware LC Invitational
Sunday Session 6 (12&U) Warm-up Schedule**

Warm-up Session 1: Sunday: MEET Session Starts at 3:30PM

| Time | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------------|-----------|--------------------|-------------|-----------|------------|-----------|
| 3:00-3:25pm | DSA | DSA BHA PCAC | WAC ECCC | WAC | DST BWA | DST |