

2026 DELAWARE LC INVITATIONAL  
MAY 16-17, 2026

<b>MEET HOST</b>	DIAMOND STATE AQUATICS & BLUE HEN AQUATICS		
<b>SANCTION</b>	Held under the sanction of USA Swimming and Middle Atlantic Swimming. <b>Sanction #</b> MA 26166 C1 <i>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</i>		
<b>MEET DIRECTOR</b>	ZACH NERWINSKI PABLO MARMOLEJO	<b>E-MAIL:</b> meetentries@diamondstateaquatics.com pablom@udel.edu	<b>PHONE:</b> 302-379-3107 302-685-2623
<b>LOCATION</b>	<b>Pool name</b> UNIVERSITY OF DELAWARE OUTDOOR POOL <b>Street address</b> 551 SOUTH COLLEGE AVENUE <b>City, state and zip</b> NEWARK, DE 19716 <b>Day of meet ONLY emergency phone</b> 302-831-2868		
<b>FACILITY DESCRIPTION</b>	This is an <input type="checkbox"/> indoor <input checked="" type="checkbox"/> outdoor pool with 6 lanes for competition, a Colorado System 6 timing system with a 6 line scoreboard and Competitor non-turbulent lane lines. The meet will be conducted in <input type="checkbox"/> SCY <input type="checkbox"/> SCM <input checked="" type="checkbox"/> LCM. Deck seating for 800 and spectator seating for N/A. Parking 600 Hospitality YES Snack bar NO		
<b>WATER DEPTH</b>	The depth of the water at the start end of the pool is 4 feet and at the turn end is 4 feet.		
<b>EVENTS</b>	This meet will be conducted in accordance with the attached schedule of events.		
<b>ENTRIES OPEN</b>	APRIL 8TH, 2026		
<b>ENTRY DEADLINE</b>	APRIL 30TH, 2026 <b>at 11:59 PM</b>		
<b>ENTRY FEES</b>	Individual Events: <b>\$10.00</b>	Relay Events: <b>\$20.00</b>	Pre-Paid Spectator Admission Fee <b>\$10.00</b> per swimmer
<b>ENTRY LIMITS</b>	6 Individual Events per day (excluding relays).	0 Relays per day	<b>MEET ENTRY LIMIT:</b> 12
<b>ELIGIBILITY</b>	All entrants must be registered members of USA Swimming. Age <b>as of the first day of the meet</b> determines eligibility. This meet is open to INVITED USA swimming registered swimmers.		
<b>ENTRY PROCEDURES</b>	<ul style="list-style-type: none"> <li>• The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund.</li> <li>• Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded. NT entries <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted.</li> <li>• Entries must be submitted electronically in a format compatible with HYTEK meet management software.</li> <li>• All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information</li> <li>• Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's <a href="#">TM Lite</a> for entry submission. Manual (paper) entries are subject to a \$15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional \$25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found <a href="#">here</a>.</li> <li>• <b>FINAL</b> entry payments and any necessary reports must be mailed or e-mailed to the entry chair by 5/15/2026 Include <a href="#">Meet Entry Summary</a> with payment.</li> </ul>		
<b>MEET ENTRY CHAIR</b>	ZACH NERWINSKI	<b>PHONE #:</b> 302-379-3107 (no calls before 9:00 AM or after 9:00 PM)	
<b>E-MAIL ENTRY FILES TO</b>	MEETENTRIES@DIAMONDSTATEAQUATICS.COM		
<b>MAIL CHECKS/ REPORTS</b>	BLUE HEN AQUATICS C/O PABLO MARMOLEJO 26 NORTH COLLEGE AVENUE, NEWARK DE 19716		
<b>CHECKS PAYABLE TO</b>	BLUE HEN AQUATICS		
<b>OPERATIONAL RISK DIRECTOR</b>	ANN SILVERS	<b>E-MAIL:</b> swimoffice@diamondstateaquatics.com	<b>PHONE:</b> 302-654-4435
<b>OFFICIALS CONTACT</b>	ZACH NERWINSKI	<b>E-MAIL:</b> zach.nerwinski@diamondstateaquatics.com	<b>PHONE:</b> 302-379-3107

**Session 1**  
 Saturday 13&O - May 16th  
 Warm Up 9:00 AM - Start 10:00 AM

GIRLS	EVENT	BOYS
1	13 & Over 200 Individual Medley	2
3	13 & Over 50 Backstroke	4
5	13 & Over 100 Butterfly	6
7	13 & Over 50 Breaststroke	8
9	13 & Over 100 Freestyle	10

**Session 2**  
 Saturday Distance - May 16th  
 Warm Up 12:30 PM - Start 1:00 PM

GIRLS	EVENT	BOYS
11	Open Mixed 400 Freestyle	11
13	Open Mixed 200 Butterfly	13

**Session 3**  
 Saturday 12&U - May 16th  
 Warm Up 2:00 PM - Start 3:00 PM

GIRLS	EVENT	BOYS
15	12 & Under 200 Individual Medley	16
17	12 & Under 50 Backstroke	18
19	12 & Under 100 Butterfly	20
21	12 & Under 50 Breaststroke	22
23	12 & Under 100 Freestyle	24

**Session 4**  
 Sunday 13&O - May 17th  
 Warm Up 9:00 AM - Start 10:00 AM

GIRLS	EVENT	BOYS
25	13 & Over 200 Freestyle	26
27	13 & Over 50 Butterfly	28
29	13 & Over 100 Backstroke	30
31	13 & Over 50 Freestyle	32
33	13 & Over 100 Breaststroke	34

**Session 5**  
 Sunday Distance - May 17th  
 Warm Up 12:30 PM - Start 1:00 PM

GIRLS	EVENT	BOYS
35	Open Mixed 200 Backstroke	35
37	Open Mixed 400 Individual Medley	37
39	Open Mixed 200 Breaststroke	39

**Session 6**  
 Sunday 12&U - May 17th  
 Warm Up 2:00 PM - Start 3:00 PM

GIRLS	EVENT	BOYS
41	12 & Under 200 Freestyle	42
43	12 & Under 50 Butterfly	44
45	12 & Under 100 Backstroke	46
47	12 & Under 50 Freestyle	48
49	12 & Under 100 Breaststroke	50

<b>DECK ENTRIES</b>	Deck Entries <input type="checkbox"/> will not be accepted <input checked="" type="checkbox"/> will be accepted at this meet subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$20 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.
<b>PROOF OF TIMES</b>	Entry times must be from a sanctioned, approved or observed meet. Proof of time <input type="checkbox"/> is <input checked="" type="checkbox"/> is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic
<b>SEEDING</b>	This meet will be pre-seeded with the exception of the event(s) noted below.  Sessions 2 and 5 will be Deck Seeded. Sheets will be due at 12:40 PM each day.  Events in Session 2 and 5 will swim as Mixed Gender events, Fastest to Slowest.  All other events will swim Girls and Boys, Slowest to Fastest.
<b>AWARDS</b>	None.
<b>SCORING</b>	This meet will not be scored.
<b>PROGRAMS AND ADMISSION</b>	Programs/heat sheets will be sold by <input type="checkbox"/> session <input type="checkbox"/> entire meet. Meet mobile <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be available. Admission is \$10/swimmer surcharge in lieu of admissions. Children under admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.
<b>MISCELLANEOUS</b>	Swimmers participating in the Distance Sessions (2 and 5) must provide their own timer for each event.  The doors to the facility will open no earlier than 8:45 AM on Saturday and Sunday. Please do not attempt to enter the facility prior to the posted times.  Deck chairs are permitted on deck for swimmers  Session start times may be adjusted due to facility availability and/or session capacity. Any changes will be sent to attending teams as soon as possible.

SESSION	WARM-UP TIMES	MEET STARTS
1: Sat 13&O	9:00 AM	10:00 AM
2: Sat Distance	12:30 PM	1:00 PM
3: Sat 12&U	2:00 PM	3:00 PM
4: Sun 13&O	9:00 AM	10:00 AM
5: Sun Distance	12:30 PM	1:00 PM
6: Sun 12&U	2:00 PM	3:00 PM
<b>WARM-UP INFORMATION</b>	USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes. Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet. Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated. The referee may remove anyone from the warm-up for failure to comply with warm-up rules	

<b>MEDICAL SUPERVISION AVAILABLE</b>	<p>University of Delaware lifeguards are present during the entire meet. Lifeguards are on the stand at the competition pool when swimmers are present. Lifeguards are able to provide first aid for participants.</p> <p>An AED is located on site at the pool as well as an emergency call button that summons University Emergency personnel.</p>
<b>ATHLETE PROTECTION (MAAPP)</b>	<p>All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Protection Policy ("MAAPP"), and that they understand that compliance with MAAPP policy is a condition of participation in the conduct of this competition.</p>
<b>SAFE SPORT MEET 360 REQUIREMENTS</b>	<p>The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.</p> <p>The Minor Athlete Abuse Prevention Policy (<a href="http://www.usaswimming.org/maapp">www.usaswimming.org/maapp</a>) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet.</p> <p>Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at <a href="http://www.uscenterforsafesport.org/report-a-concern">www.uscenterforsafesport.org/report-a-concern</a>. Various state laws may also require reporting to law enforcement or to a designated child protection agency.</p> <p>For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit <a href="http://www.usaswimming.org/report">www.usaswimming.org/report</a>.</p>
<b>DECK PRIVILEGES</b>	<p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. A (non-removable) identification band must be provided to and worn by each non-athlete member of USA Swimming, including coaches and officials, that is on-deck at a sanctioned meet; such identification band shall be issued following a review of that individual's membership/certification credentials and personal photo ID. A new identification band shall be issued for each day of such meet, and the credentials/photo ID must be re-checked if a replacement ID is issued.</p> <p>Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally, these swimmers must register a contact person with the meet director. This information should be submitted with the entries.</p>
<b>TECH SUIT POLICY</b>	<p>102.8 SWIMWEAR .1 Design F. No Technical Suit may be worn by any 12 &amp; Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.</p>
<b>RACING START CERTIFICATION</b>	<p>Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p>
<b>QUALIFYING TIMES</b>	<p>Qualifying Times (if applicable) are shown on the attached Meet Structure</p>
<b>MEET/DECK REFEREE</b>	<p>The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for <b>any</b> issues that arise that day during the course of the meet.</p>
<b>MEET MARSHALS</b>	<p>Meet Marshals have full authority through the Meet Referee &amp; Operational Risk Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.</p>
<b>RULES:</b>	<p>This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p> <p>For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer's next individual event or from the remainder of the</p>

	<p>meet, as determined by the Meet Referee. This policy will be STRICTLY enforced.</p> <p>Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/</p> <p><b>No unauthorized personnel will be allowed on the pool deck.</b> Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area</p>
<b>DISABLED SWIMMERS</b>	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.
<b>PROTESTS</b>	A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator
<b>PHOTOGRAPHY</b>	<p><b>Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT</b></p> <p>In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e., cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time.</p> <p>As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.</p>
<b>DRONES</b>	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.
<b>DECK CHANGING</b>	Deck changes are prohibited.
<b>DIRECTIONS</b>	<p>GPS Address: 551 S College Avenue, Newark DE 19716</p> <p>Parking is in University of Delaware Lot 1</p>
<b>ACCOMMODATIONS</b>	<p>Nearby hotels include:</p> <ul style="list-style-type: none"> <li>- Courtyard by Marriott Newark-University of Delaware: 400 David Hollowell Dr, Newark, DE 19716. (302) 737-0900</li> <li>- SpringHill Suites by Marriott Newark Downtown: 402 Ogletown Rd, Newark, DE 19711. (302) 273-1000</li> <li>- Homewood Suites by Hilton Newark: 640 S College Ave, Newark, DE 19713. (302) 453-9700</li> <li>- Embassy Suites by Hilton Newark: 654 S College Ave, Newark, DE 19713. (302) 368-8000</li> <li>- Candlewood Suites Newark South: 1101 S College Ave, Newark, DE 19713. (302) 368-5500</li> <li>- Holiday Inn Express &amp; Suites Elkton - University Area: 1570 Elkton Rd, Elkton, MD 21921</li> </ul>