

SOOTHILLS BAKERY – ALLERGENS

DOUGHNUTS

Sugar Ring Doughnut

Wheat, Soya

Jam Doughnut

Wheat, Soya, Milk, Egg

Cream Doughnut & Fresh Cream Doughnut

Wheat, Soya, Egg & Milk and milk products thereof (including lactose)

Apple Doughnut

Wheat, Soya & Sulphur Dioxide

Custard Doughnut

Wheat, Soya, Egg & Milk and milk products thereof (including lactose)

Iced Ring Doughnut

Wheat, Soya, & Sulphur Dioxide

SOOTHILLS BAKERY – ALLERGENS

BUNS

Chelsea Bun

Wheat Flour, Soya, Egg

Cinnamon Swirl

Wheat Flour, Soya, Egg

Iced Bun

Wheat Flour, Soya & sulphur dioxide

Cream Bun

Wheat Flour, Soya, Milk (inc Lactose), Egg

Currant Bun

Wheat Flour, Soya

Iced Cream Bun

Wheat, Soya, Egg, Milk (inc lactose) & Sulphur Dioxide

Hot X Bun

Wheat, Soya, Egg, Milk,

Tea Cake

Wheat, Soya

Scone

Wheat, Soya & Milk

Belguim Bun

Wheat, Soya, Egg, Almonds, Sulphur Dioxide

Croissant

Wheat flour, Butter 23%, water, yeast, sugar, eggs, salt, wheat gluten, flour treatment agents (alpha-amylases, hermacellulases, ascorbic acid)

SOOTHILLS BAKERY – ALLERGENS

Puff Pastry

Apple Turnover

Wheat flour, Milk, Egg, Sulphur Dioxide

Blackberry & Apple

Wheat flour, Soya, Milk, Egg, nuts

Eccles Cake

Wheat Flour, Milk, Egg

Cream Horn

Wheat flour, Soya, Milk, Egg

Vanilla Slice

Wheat flour, Soya, Egg, Milk, Sulphur Dioxide

Custard Slice

Wheat flour, Egg, Milk, Sulphur Dioxide

Choux Bun*

Ingredient Declaration:

(Those ingredients which are declarable in the finished product under current EU Legislation)
Corn Starch, Whole Egg Powder (25%), Vegetable Oil (Rape), Vegetable Fat (Palm), Raising Agents (E450i, E500ii), Emulsifier (E471), Dextrose, Salt.
May Contain Traces Of Wheat, Soya And Milk. – ingredients in the choux pastry. Allergen information - Eggs

Cream & Chocolate allergens – soya, milk,

*Although this product does not contain wheat flour, Flour is used on the production line in the factory from our supplier and also in our bakery.

SOOTHILLS BAKERY – ALLERGENS

Tarts

Jam Tart

Wheat flour, Milk, Egg, Soya

Lemon Curd Tart

Wheat flour, Egg

Treacle Tart

Wheat Flour, Milk, Egg, Soya

Cherry Bakewell

Wheat flour, Soya, Milk, Egg, Nuts, Sulphur Dioxide

Chocolate Bakewell

Wheat flour, Soya, Egg, Milk, Nuts

Congress Tart

Wheat flour, Egg, Milk, Nuts, Soya

Mince Pies

Wheat flour, Egg, Glucose Syrup & Sulphur Dioxide

Strawberry Tart

Wheat flour, Soya, Milk, Egg,

SOOTHILLS BAKERY – ALLERGENS

SAVOURIES

Soothills Pasty

Wheat flour, Egg & Milk, (although ingredient from Maggi (gravy) state may contain traces of: mustard/soya/celery – however this is not an intentionally added ingredient

Sausage Roll

Wheat flour, Milk, Sesame Seeds & Egg

Vegan Sausage Roll

Wheat, Soya and Barley. Not suitable for rye (Cereals), oats, spelt (Wheat) and Kamut (Wheat)

Cheese & Bacon

Wheat flour, Egg, Milk & Cheese

Corned Beef Pasty

Wheat flour, Egg, Milk

Cheese & Onion Pasty

Wheat flour, Milk, Sulphites, Soya, Mustard, Sodium Metabisulphite & Egg

Chicken Curry Pasty

Wheat flour, Soya, Egg, Milk, Mustard & Barley

Chicken Tikka Pasty

Wheat flour, Egg, Milk, Soya, Mustard & Celery

Chicken & Ham Slice

Wheat flour, Milk, Mustard, Egg & Soya

Chunky Steak Pie

Wheat flour, Soya, Milk & Egg

Chicken & Mushroom Pie

Wheat flour, Milk, Soya & Egg

Steak & Kidney Pie

Wheat flour, Soya, Milk & Egg

Vegetable Lattice

Wheat flour, milk, Cheese, soya

Cheese Straws

Wheat Flour, Cheese, Mustard

INGREDIENTS

Sausage Roll

WHEAT FLOUR, pork (65%), water, rusk (WHEAT flour, salt, e503ii), potato starch, salt, herbs, emulsifier sodium diphosphate (e450a), flour enhancer (e621), spices, flavouring preservative (e223) SULPHUR DIOXIDE), salt, pepper, egg colour, pastry marg,

Vegan Sausage Roll

Rusk [Fortified, **WHEAT** flour(Wheat flour, calcium carbonate, iron, niacin, thiamin), salt], pastry marg, dried soya protein, palm oil (sustainably sourced), stabiliser (methylcellulose), flavourings, sunflower oil, nutritional yeast, **WHEAT** starch, beetroot juice powder.

Allergen information: Wheat, Soya and Barley. Not suitable for rye (Cereals), oats, spelt (Wheat) and Kamut (Wheat)

SOOTHILLS BAKERY – ALLERGENS

Lardy Cakes

Ingredients

Wheat Flour

Sugar

Pure Lard

Yeast

Salt

Palm Oil (frying fat)

Fruit – currants & Sultanas

Improver - (Calcium Carbonate (E170), Full fat Soya flour, Data Ester(E472e), Vegetable Oil(rapeseed), Ascorbic acid(E300), Enzyme Preparation.

Egg Colour <0.1%

ALLERGEN INFORMATION

Wheat Flour, Soya

LARDY CAKES

Lardy cake, also known as **lardy bread**, **lardy Johns**, **dough cake** and **fourses cake**, is a traditional rich spiced form of **bread** found in several southern counties of **England**, each claiming to provide the original recipe. It remains a popular **weekend** tea cake in the southern counties of England, including **Sussex**, **Surrey**, **Hampshire**, **Berkshire**, **Wiltshire**, **Dorset** and **Gloucestershire**.

Description

The main **ingredients** are freshly **rendered lard**, **flour**, **sugar**, **spices**, **currants** and **raisins**. Lardy Cake is a traditional English **tea bread** popular in country areas in England. It is made from plain bread dough which is enriched with sticky sweet lard and sugar and as well as dried fruit and mixed spices. The dough is rolled and folded several times, in a similar way to puff pastry, which gives a layered texture.

SOOTHILLS BAKERY – ALLERGENS

Fancy Cakes

Fondant

Wheat flour, Sulphur Dioxide, Egg, Milk, Soya,

Madelaine

Wheat flour, Nuts, Soya, Milk, Egg, Sulphur Dioxide

Chocolate Box

Wheat Flour, Egg, Milk

Rosebud & Vienesse

Wheat flour, Soya, Milk

Rum Truffle

Wheat flour, Nuts, Soya, Milk

Mallow Cone

Wheat flour, Sulphite

Gingerbread Man

Wheat flour, Sulphur Dioxide, milk (from smarties)

Muffin

Chocolate & Choc Chip - Wheat, Egg, Milk

Banoffee – Wheat flour, Egg, Milk, Sulphur Dioxide,

Cherry & Blueberry – Wheat Flour, Egg

Smartie Muffin – Wheat flour, Sulphur Dioxide, Egg,

Christmas Biscuit/Halloween/Valentines

Wheat flour, Sulphur Dioxide, Egg, Milk, Soya,

Jammy Dodger

Wheat Flour, Soya, Milk

SOOTHILLS BAKERY – ALLERGENS

Slices

Almond Slice

Wheat flour, Soya, Milk, Nuts, Egg

Apple Crumble

Wheat flour, Nuts

Shortbread

Wheat Flour, Soya

Caramel Shortbread

Wheat Flour, Soya, Milk

Flapjack

Chocolate - Wheat flour, Milk

Cherry – Wheat Flour

Bread Pudding

Wheat flour, Soya, Milk, Nuts, Sesame Seeds

Carrot Cake

Wheat flour, Egg, Milk, Sulphur dioxide

Chocolate Fudge Slice

Wheat flour, Eggs, Milk, Soya

Rocky Road

Wheat flour, milk, Gelatine

Coffee & Walnut Slice

Wheat flour, Egg, Milk, Nuts

Gluten Free Brownie

Egg, Soya, Milk

Lemon Slice

Wheat flour, Egg, Milk

TRADITIONAL CHERRY CAKE

Ingredients

Wheat flour, sugar, Vegetable oil, dried whole egg powder, Wheat Starch, Raising Agents (Diphosphates E450 (i), Sodium Carbonates (E500 (ii), Glucose, Dried Egg White, Modified Starch, Emulsifiers (Mono-and diglycerides of fatty acids (E471), Sodium stearoyl-2-lactylate (E481), Stabiliser (Xanthan gum (E415), Water, Glace Cherries

Allergen Information

Wheat flour, Eggs

TRADITIONAL FRUIT CAKE

Ingredients

Wheat flour, sugar, Vegetable oil, dried whole egg powder, Wheat Starch, Raising Agents (Diphosphates E450 (i), Sodium Carbonates (E500 (ii), Glucose, Dried Egg White, Modified Starch, Emulsifiers (Mono-and diglycerides of fatty acids (E471), Sodium stearoyl-2-lactylate (E481), Stabiliser (Xanthan gum (E415), Water, Sultanas, Currants, Flaked Almonds, Nuts, sugar strands

Allergen Information

Wheat flour, Eggs, nuts

TRADITIONAL GINGER AND SULTANA CAKE

Ingredients

. Wheat flour, sugar, Vegetable oil, dried whole egg powder, Wheat Starch, Raising Agents (Diphosphates E450 (i), Sodium Carbonates (E500 (ii), Glucose, Dried Egg White, Modified Starch, Emulsifiers (Mono-and diglycerides of fatty acids (E471), Sodium stearyl-2-lactylate (E481), Stabiliser (Xanthan gum (E415), Water, ginger flavouring, sultanas

Allergen Information

Wheat flour, eggs

TRADITIONAL MADEIRA CAKE

Ingredients

. Wheat flour, sugar, Vegetable oil, dried whole egg powder, Wheat Starch, Raising Agents (Diphosphates E450 (i), Sodium Carbonates (E500 (ii), Glucose, Dried Egg White, Modified Starch, Emulsifiers (Mono-and diglycerides of fatty acids (E471), Sodium stearyl-2-lactylate (E481), Stabiliser (Xanthan gum (E415), Water, Mixed Peel

Allergen Information

Wheat flour, Eggs

TRADITIONAL DATE AND WALNUT CAKE

Ingredients

. Wheat flour, sugar, Vegetable oil, dried whole egg powder, Wheat Starch, Raising Agents (Diphosphates E450 (i), Sodium Carbonates (E500 (ii), Glucose, Dried Egg White, Modified

Starch, Emulsifiers (Mono-and diglycerides of fatty acids (E471), Sodium stearoyl-2-lactylate (E481), Stabiliser (Xanthan gum (E415), Water, Sugar strands, dates, walnut

Allergen Information

Wheat flour, Eggs, nuts

BATTENBURG

Ingredients

Wheat flour, sugar, Vegetable oil, Emulsifiers(E477, E471, E435), Dried egg white, egg yolk powder, raising agents (E450, E500), Whey solids from milk, modified wheat starch, dextrose, salt, stabilisers (E415, E466, E412), natural Flavouring, Almonds, Glucose syrup, Invert sugar syrup, Water, Preservative (E202), Colour (E161b), Apple puree, Apricot puree, Plum puree, acidity regulators (E330,E331c), Gelling agent; pectin (E440a), colour (E163)

Allergen Information

Wheat flour, Egg, milk, soya, nuts,

BANNOFFE CAKE

Ingredients

Flour, Sugar, banana puree(40%), water, fresh whole egg, vegetable oil, natural flavouring, acidity regulator (citric acid), orange peel, gelling agent (pectin), colours (algal cartones, curcumin), orange juice concentrate, preservative (potassium sorbate), antioxidant (ascorbic acid), glucose syrup, vegetable oil (rapeseed, palm), caramelized sugar syrup, emulsifiers, Soya lecithin, flavouring

Allergen Information

Wheat flour, egg, soya

DOUBLE CHOCOLATE CAKE

Ingredients

Sugar, wheat flour (with calcium, iron, niacin, thiamin), vegetable oil, whole egg, modified starch (maize), fat reduced cocoa powder: 5%, vegetable oil (rape), lactone, emulsifiers E477, E471; whey solids (milk), salt, natural flavouring, whole egg powder. May contain traces of soya.

Allergen Information

Wheat flour, egg, milk, soya

JAM & CREAM SWISS ROLL

Ingredients

Wheat flour (with calcium, iron, niacin, thiamin), sugar, whole egg powder, raising agents potassium bicarbonate, disodium diphosphate, glucono-delta-lactone; emulsifiers E472b, E477, dried egg white, dried glucose syrup, skimmed milk powder, salt, flavouring, whey solids (milk), icing sugar, cake marg, glucose syrup, apple puree, plum puree, apricot puree, colour. Anthocyanin, acidity regulators: citric acid, trisodium citrate; gelling agent: pectin; natural flavor.

Allergen Information

Wheat flour, Egg, Milk also may contain traces of sulphur dioxide and soya

CHOCOLATE SWISS ROLL

Ingredients

Wheat flour (with calcium, iron, niacin, thiamin), sugar, whole egg powder,), fat reduced cocoa powder: 5%, raising agents potassium bicarbonate, disodium diphosphate, glucono-delta-lactone; emulsifiers E472b, E477, dried egg white, dried glucose syrup, skimmed milk powder, salt, flavouring, whey solids (milk), icing sugar, cake marg.

Allergen information

Wheat flour, Egg, Milk

COFFEE & WALNUT CAKE

Ingredients

Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Wheat Starch, Raising Agents (E450, E500, E501), Molasses Powder, Emulsifiers (E471, E481), Whey Powder [Milk], Rapeseed Oil, Modified Potato Starch, Wheat Gluten, Natural Flavouring, Salt, Stabilisers (E466, E412). Water, Egg, Walnuts, Glucose syrup, Vegetable Oil, Flavouring (0.5%)(Coffee, Coffee Flavour, Sunflower Lecithin), Emulsifiers, Mono and diglycerides of fatty acids (E471), Sodium Stearoyl-2-lactylate (E481), Flavouring, Coffee, Salt, Stabiliser, Caramelised Sugar Syrup, Agar (E406), Potassium sorbate (E202)

Allergen information

Wheat flour, Egg, Milk, Nuts

LEMON & CREAM SWISS ROLL

Ingredients

Wheat flour (with calcium, iron, niacin, thiamin), sugar, whole egg powder, raising agents potassium bicarbonate, disodium diphosphate, glucono-delta-lactone; emulsifiers E472b, E477, dried egg white, dried glucose syrup, skimmed milk powder, salt, flavouring, whey solids (milk), icing sugar, cake marg, glucose syrup, Concentrated Lemon Juice (Lemon Juice, Preservative: Sulphur Dioxide), Margarine (Fat Blend [Palm, Palm Stearine, Coconut Oil, Rapeseed oil], Water, Lemon Juice Concentrate), Egg powder, Wheat Starch, Modified Wheat Starch, Gelling Agent: Pectin, Sicilian Lemon Oil, Acidity Regulators: Citric Acid, Trisodium Citrate, Colours : Lutein, Curcumin

Allergen Information

Wheat flour, Egg, Milk also may contain traces of sulphur dioxide and soya

SOOTHILLS BAKERY – ALLERGENS

DANISH PASTRIES

Nut Danish

Wheat, Soya, Egg, Almonds & Sulphur dioxide

Jam Danish

Wheat, Soya, Milk, Egg, Almonds & sulphur dioxide

Lemon Curd Danish

Wheat, Soya, Egg, Milk, Almonds & Sulphur dioxide

Apple & Custard Danish

Wheat, Soya, Egg, Milk(inc lactose), Almonds & Sulphur Dioxide

Blackcurrant & Custard Danish

Wheat, Soya, Egg, Milk(inc lactose), Almonds & Sulphur Dioxide

Black Cherry Danish

Wheat, Soya, Egg, Milk, Almonds & Sulphur Dioxide

Fresh Fruit Danish(strawberry & mixed fruit)

Wheat, Soya, Egg, Milk, Almonds & Sulphur Dioxide

Chocolate Danish

Wheat, Soya, Egg, Milk, Almonds & Sulphur Dioxide

SOOTHILLS BAKERY – ALLERGENS

White Bread

Ingredients

Wheat Flour, Yeast, Water, Salt, Vegetable Fat, Improver, - (Calcium Carbonate (E170), Full fat Soya flour, Data Ester(E472e), Vegetable Oil(rapeseed), Ascorbic acid(E300), Enzyme Preparation.

ALLERGEN INFORMATION

Wheat flour, Soya

Multi-Grain(Saturday only)

ALLERGEN INFORMATION

Wheat flour, Soya & Sesame Seeds, Poppy Seeds

SOFT ROLLS/BAPS

Ingredients

Wheat Flour, Yeast, Water, Vegetable Fat, Salt, Sugar, Improver, - (Calcium Carbonate (E170), Full fat Soya flour, Data Ester(E472e), Vegetable Oil(rapeseed), Ascorbic acid(E300), Enzyme Preparation.

ALLERGEN INFORMATION

Wheat flour, Soya

SPELT BREAD

Ingredients

Spelt Flour, Wholemeal Spelt Flour, Sunflower Seeds, Coarse Spelt, Brown Linseed, Golden Linseed, Dried Wholemeal Spelt, Salt, Malt extract(Barley Malt), Maltodextrin, E471, Grape concentrate, Spices, E300, Yeast, Water

ALLERGEN INFORMATION

Wheat **Flour**, Soya

WHOLEMEAL BREAD & ROLLS

Ingredients

Wholemeal Flour, Yeast, Water, Vegetable Fat, Salt, Oats, Improver, - (Calcium Carbonate (E170), Full fat Soya flour, Data Ester(E472e), Vegetable Oil(rapeseed), Ascorbic acid(E300), Enzyme Preparation.

ALLERGEN INFORMATION

Wheat flour, Soya

GRANARY BREAD & ROLLS

Ingredients

Granary Flour, Yeast, Salt, Improver, - (Calcium Carbonate) (E170), Full fat Soya flour, Data Ester(E472e), Vegetable Oil(rapeseed), Ascorbic acid(E300), Enzyme Preparation.

ALLERGEN INFORMATION

Wheat flour, Soya

WHEATMEAL BREAD & ROLLS

Ingredients

Brown Flour, Yeast, Salt, Oats, Improver, - (Calcium Carbonate (E170), Full fat Soya flour, Data Ester(E472e), Vegetable Oil(rapeseed), Ascorbic acid(E300), Enzyme Preparation.

ALLERGEN INFORMATION

Wheat flour, Soya

BLOOMERS/CRUSTY ROLLS/BAGUETTES & FRENCH STICKS

Ingredients

Wheat Flour, Yeast, Water, Salt, Improver, - (Calcium Carbonate (E170), Full fat Soya flour, Data Ester(E472e), Ascorbic acid(E300), Enzyme Preparation.

ALLERGEN INFORMATION

Wheat flour, Soya

SOUR DOUGH

Ingredients

Wheat Flour, Extra Virgin Olive Oil, Yeast, Water, Salt, Rye Sourdough, Improver, - (Calcium Carbonate (E170), Full fat Soya flour, Data Ester(E472e), acids: Lactic acid, acetic acid; malt extract (barley malt, water), roasted Wheat malt Flour

ALLERGEN INFORMATION

Wheat, Rye, Barley Flour, Soya

CHEESE AND ONION BREAD

Ingredients

Wheat Flour, Yeast, Salt, Onion, Cheese, Improver, - (Calcium Carbonate (E170), Full fat Soya flour, Data Ester(E472e), Vegetable Oil(rapeseed), Ascorbic acid(E300), Enzyme Preparation, Segregated Palm Oil.

ALLERGEN INFORMATION

Wheat Flour, Milk, Soya