

# Volunteer Hour Log Sheet (10hrs)

## St. Theresa's Catholic Church Confirmation

Student Name: \_\_\_\_\_

Student Saint: \_\_\_\_\_

The Catholic Church is the largest charitable organization in the world. As followers of Christ we are called to help our brothers and sisters.

### The Corporal Works of Mercy

- Feed the Hungry
- Shelter the Homeless
- Clothe the Naked
- Visit the Sick and Imprisoned
- Bury the Dead
- Give Alms to the Poor



### Matthew 25:

“Then the King will say to those on his right, ‘Come, you who are blessed by my Father; take your inheritance, the kingdom prepared for you since the creation of the world. For **I was hungry** and you gave me something to eat, **I was thirsty** and you gave me something to drink, **I was a stranger** and you invited me in, **I needed clothes** and you clothed me, **I was sick** and you looked after me, **I was in prison** and you came to visit me.’

“Then the righteous will answer him, ‘Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you a stranger and invite you in, or needing clothes and clothe you? When did we see you sick or in prison and go to visit you?’

“The King will reply, ‘**Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.**’

Date	Service Activity	Description of Service Activity	Hours	Contact Info for Contact Person	Signature of Contact Person

# Volunteer Ideas to Get You Started.....

**As a Youth Group we will have additional scheduled volunteer activities during the year.**

These are some places that we have suggested in the past. We will accept volunteer hours from other locations.

## Catholic Charities

Dozens of options. Visit their website, fill out an application and scroll through the list of volunteer opportunities.

**Website:** [catholiccharities.org](http://catholiccharities.org)

**Phone:** 713-874-6563

## Global Initiative

Help sort and package donated books for villages in Africa. Every Saturday 9:00am-12:00pm

**Location:** 3709 Polk St, Houston, TX 77003

**Website:** [www.goodstewardglobal.org](http://www.goodstewardglobal.org)

**Phone:** 832-460-4022

## Houston Food Bank

Visit their website to signup for a shift. Hundreds of spots available. Click "Ways to Give" ... "By Volunteering" ... "Food Bank-Learn More"

**Location:** 535 Portwall St. Houston, TX 77029

**Website:** <https://www.houstonfoodbank.org/>

**Phone:** 713-547-8604

## Martha's Kitchen

Catholic Church feeding the hungry.

Mon-Fri 9:00-1:00 (under 18 need adult)

**Location:** 322 South Jensen Dr , Houston

**Website:** <https://stmartha.com/marthas-kitchen>

**Phone:** 713-224-2522

## Sunrise of Cinco Ranch

Assist the Elderly. 13 and under need an adult.

Before volunteering training is needed.

**Location:** 21939 Cinco Ranch Blvd Katy, TX 77450

**Website:** <https://www.sunriseseniorliving.com/>

**Phone:** 281-717-1700

## The Beacon

Sign-up online. Help the homeless.

Volunteers 15yr & under need an adult with them.

**Location:** 1212 Prairie St, Houston, TX 77002

**Website:** <https://www.beaconhomeless.org/>

**Phone:** 713-220-9737

## Southeast Area Ministries

Food Pantry/Thrift Store Mon-Thur

Teens can work 9:00am-12:30pm at the Food Pantry and then continue work at the Thrift Store from 12:30pm-4:00pm

**Location:** 2102 Houston Blvd, South Houston, TX

**Website:** [southeastareaministries.com](http://southeastareaministries.com)

**Phone:** 713-944-0093

**Email:** [southeministries@sbcglobal.net](mailto:southeministries@sbcglobal.net)