

First Sacraments Class Frequently Asked Questions (English)

This guide provides answers to common questions about the First Sacraments class at St. Theresa Catholic Church. These classes are for children preparing to receive First Confession and First Holy Communion.

Eligibility & Enrollment

Who is eligible to enroll in the First Sacraments class?

Children must meet the following requirements:

- Baptized in the Roman Catholic Church
- Completed one full year of Faith Formation (or equivalent) in the previous year
- Celebrated their 7th birthday before the start of the fall semester
- Entering 2nd grade or higher

How often does the First Sacraments class meet?

Classes are held once a month on Sundays at 1:00 p.m. There are a total of six (6) sessions during the school year.

Are parents required to attend?

Yes. At least one parent or guardian must attend each session with their child. Attendance is mandatory.

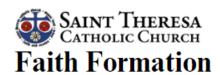
Attendance & Check-In

Is attendance required for all sessions?

Yes. 100% attendance is required in order for your child to receive their First Confession and First Holy Communion.

Where do we check in for class?

Upon arrival at the school building foyer, sign-in sheets and name tags will be available. In most cases, your child's room number will be printed on the name tag. If there are any changes to this procedure, we'll notify you in advance. Once check-in is complete, the parent or guardian should proceed to the Community Center.



Will the First Sacraments class be in the same room as my child's regular Faith Formation or STCS classroom?

Not necessarily. First Sacraments classes are held in the Catholic school building, but they may not be in the same classroom your child uses during the week at STCS or for weekly Faith Formation (CCE). Please refer to the room number listed on the sign-in sheet and your child's name tag at check-in

Baptism Certificate & Records

Do I need to turn in my child's baptism certificate?

Yes. A copy of your child's Catholic baptism certificate must be submitted by the October session.

What if I need more time to get the certificate?

Please email us at faithformation@sugarlandcatholic.com to explain your situation. Without the certificate, we cannot record the sacrament in the parish registry.

Sacrament Dates & Communication

When will my child receive First Reconciliation and First Communion?

Dates are listed on the First Sacrament Calendar but are subject to change. Please stay informed through Flocknote, our website, and class announcements.

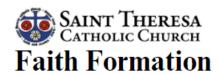
Photography & Keepsakes

Will there be pictures of First Communion?

Yes. A professional photographer will take photos during the Mass. Parents will receive free digital downloads with a copyright release, usually within a few days after their First Communion Mass.

Can my child bring religious items for blessing?

Yes. However, items such as rosaries, Bibles, and candles should be kept with the parents during Mass. The priest will bless them after Communion.



Dress Code & Seating

What is the dress code for First Communion Mass?

Guidelines for appropriate First Communion attire for boys and girls and align with the Archdiocese of Galveston-Houston. When in doubt, choose conservative, modest, and simple attire appropriate for a sacred Mass.

Boys

- **Shirt**: White, full-button dress shirt (no polos), with short or long sleeves
- Pants: Dress pants in navy, brown, gray, or black optional belt
- **Tie**: Required; solid or subtly patterned is best
- Jacket: Optional dress or sport coat
- **Shoes**: Dark dress shoes with matching dark socks (no athletic sneakers or boots)

Girls

- **Dress**: White, below-the-knee length (not ivory/cream or ankle-length), shoulders covered (no spaghetti straps unless worn with a white sweater)
- **Shoes & Hose**: White low-heeled dress shoes (open-toe allowed), with ankle socks, tights, or nude hose
- **Veil or Headpiece**: Shoulder-length and simple (avoid large tiaras or bridal styles)
- **Gloves**: Optional—but if worn, remove before Communion line

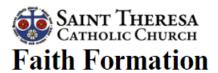
Do children need godparents for First Communion?

The Catholic Church does not require or officially record godparents for First Communion. Families may choose someone meaningful—such as a baptismal godparent—to sit with them during the Mass, but they will not be listed in the church registry. Please note godparents or family guests must sit with the family and do not sit with the child separately.

Where to Buy First Communion Accessories

If you're looking for a place to purchase religious articles or First Communion accessories, here are a few local options:

- Mary Regina Catholic Store 3615 Highway 6, Sugar Land, TX
- Our Lady of Guadalupe Store 13107 W. Bellfort, Sugar Land, TX
- Dominican Sisters of Mary Immaculate Province houstondominicans.org/first-communion-accessories 5250 Gasmer Drive, Houston, TX 77035



Thank You

Thank you for helping us make this day so special for your children and for your continued support. If you have any questions, please feel free to reach out to us at **faithformation@sugarlandcatholic.com**