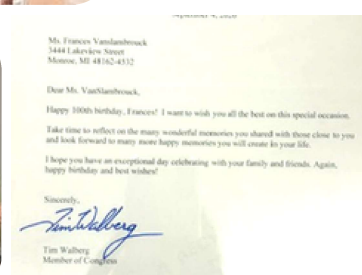




October 2026



Happy 100th Birthday to Frances VanSlambrouck



What a pleasure in celebrating this wonderful lady. Thank you Chrissy Pidruzny for an amazing job.

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FRENCHTOWN CENTER LINK

2786 Vivian Road, Monroe, MI 48162

Phone: (734) 243-6210

e-mail: seniors@frenchtownsenior.com

2026 BOARD OF DIRECTORS

Darla Myers—Chairman
Dianne Beaudrie—Vice Chairman
Thomas Peckham—Treasurer
Mary Ann Mack—Secretary
Rick Brown—Member at Large
Ellen Brockway
John Bocks
Charles Mushung
James Osment Jr
Daniel VanWassenhova
Steve C Wilgocki
Alan C VanWashenova—Frenchtown Charter Township Liaison

Board of Directors meet on the 3rd Thursday each month at 10:00 a.m.

Center hours: 8:30 a.m. – 4:00 p.m. Monday/ Friday

Adult Day Service: Monday – Friday 8:00 a.m. – 4:00 p.m. Can be open from 6:00 a.m.—6:00 p.m. with 24 hour notice.

Dues \$20.00 per year if you live in the county and \$25.00 if you live out of the county, and are due in January. Lifetime membership \$200.00

Meals at 12:00 Noon - Monday – Friday. Carry-outs available for pick-up @ 11:30. For reservations, please call the day before by 1:00 p.m. Call Kitchen at 734-636-9477

FRENCHTOWN CENTER PERSONNEL/PHONE EXT

Paul Iacoangeli—Executive Director/ Ext 109
Kathleen McBee—Accountant/ Ext 105
Lisa Ghigliazza—Program Coordinator Ext 103
Christine Pidruzny—Office Manager / Ext 104
Patricia Smith—Administrative Assistant / Ext 108
Kitchen Staff
Kim Maracle—Head Cook/ Ext 106
Paula DeHart—Assistant Cook
Kim Reeves—Kitchen Aid

Adult Day Service Staff

Jean Siemik—Program Director/ Ext 107
Doreen Sager—Adult Day Staff
Lacey Allison—Adult Day Staff
Mark West—Building Attendant

Activities & Services for Monroe County Older Adults at Frenchtown Center for Active Adults

Balance & Stability
Bingo
Bocce Ball
Book Club
Bridge
Bunco
Caregivers Support Group
Card Making Classes
Cardio Drumming
Chair Yoga
Cardio Fit
Chicks with Sticks
Color Social
Dominoes Mexican Train
Eight Ball Pool League
Enhanced Exercise
Euchre
Fundraising
Fun Fit Party Exercise
Geri-Fit
Informational Series
Knitting & Crocheting
Left Center Right
Legal Services
Mahjong



Mobile Health Unit
Newsletter
Nine Ball Pool League
Noon Lunches
Notary Services
Open Pool
Painting Programs
Pickleball
Ping Pong
Pub Trivia
Quilting
Rummage Sales
Sewing Group
Tuesday Fun Night
(2nd Tuesday)
Thursday Breakfast
Travel
Watercolor Class
Workshops



This institution is an equal opportunity provider.

Commission on Aging Disclaimer Statement

Views & comments expressed in this newsletter are not necessarily the views & comments of the Monroe County Commission on aging. The Monroe County Commission on Aging is a governmental agency, which funds community senior programming through millage dollars.

The Frenchtown Center for Active Adults program will not discriminate against any individual or group because of race, sex, religion, national origin, color, marital status, handicap, or political beliefs.

Mon	Tue	Wed	Thu	Fri
October 2026 Mobile Health Unit will be here on the 2 nd Thursday this month October 8 th @ 9:00 a.m.		NO Chair Yoga, Monday, October 5th October 20, Tuesday, NO GERI FIT Monday, October 26, NO Chair Yoga or Balance & Stability Join us for a fun Halloween Party October 26, 2026		1 8:00 Cardio Drumming 8:30 Breakfast 9:00 Cardio Drumming 9:00 Ping Pong 9:00 Bridge 10:00 Geri-Fit 11:00 Advanced Geri-Fit 1:00 8-Ball Partners 1:00 LCR 1:00 Enhanced Exer w/Jackie
5 9:00 Pickleball 9:00 Fun Fit Party w/Cheryl 9:00 Quilting 10:00 Bocce Ball 10:00 Chicks w/Sticks NO CHAIR YOGA 11:00 Balance & Stability 1:00 Medicare Information Session	6 8:00 Cardio Drumming 9:00 Cardio Drumming 9:00 Bridge 9:00-11:00 Flu/Vaccine Clinic 10:00 Cardio Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Enhanced Exer w/Jackie 1:00 Bunco	7 HOLIDAY/BAKE SALE 9:00 Pickleball 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Chair Yoga 10:00 Dominoes Mexican Train 10:30 Paint w/Friends 11:00 Balance & Stability 12:00 9-Ball League 1:00 Happy Hookers	8 HOLIDAY/BAKE SALE 8:00 Cardio Drumming 8:30 Breakfast 9:00 Cardio Drumming 9:00 Ping Pong 9:00 Bridge 9:00 Mobile Health Unit 10:00 Geri-Fit 10:00 Massage Therapy 11:00 Advanced Geri-Fit 12:00 Quilt Guild 1:00 LCR 1:00 8-Ball Partners 1:00 Enhanced Exer w/Jackie	9 HOLIDAY SALE 9:00 Pickleball 10:00 Cardio Fit 12:15 Watercolor Class 1:00 Bingo
12 9:00 Pickleball 10:00 Bocce Ball 9:00 Fun Fit Party w/Cheryl 9:00 Quilting 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability 1:00 Caregivers Meeting	13 8:00 Cardio Drumming 9:00 Cardio Drumming 9:00 Bridge 10:00 Cardio Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie 4:30 Fun Night Meal	14 9:00 Pickleball 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Chair Yoga 11:00 Balance & Stability 12:00 9-Ball League 1:00 Happy Hookers	15 8:00 Cardio Drumming 8:30 Breakfast 9:00 Cardio Drumming 9:00 Ping Pong 9:00 Bridge 10:00 Board Meeting 10:00 Geri-Fit 11:00 Advanced Geri-Fit 1:00 LCR 1:00 8-Ball Partners 1:00 Enhanced Exer w/Jackie 1:00 Card Making	16 9:00 Pickleball 9:00 Mahjong 10:00 Cardio Fit 10:00 Book Club 12:15 Watercolor Class 1:00 \$5.00 Bingo
19 9:00 Pickleball 10:00 Bocce Ball 9:00 Fun Fit Party w/Cheryl 9:00 Quilting 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability	20 8:00 Cardio Drumming 9:00 Cardio Drumming 9:00 Bridge 10:00 Cardio Fit NO GERI-FIT 12:00 8-Ball Singles 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie 1:00 Travel Meeting	21 9:00 Pickleball 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Chair Yoga 10:00 Dominoes Mexican Train 10:30 Paint w/Friends 11:00 Balance & Stability 1:00 9-Ball League 1:00 Happy Hookers 1:00 WWWWW 1:00 Pub Trivia	22 8:00 Cardio Drumming 8:30 Breakfast 9:00 Cardio Drumming 9:00 Ping Pong 9:00 Bridge 10:00 Massage Therapy 10:00 Geri-Fit 11:00 Advanced Geri-Fit 1:00 8-Ball Partners 1:00 LCR 1:00 Enhanced Exer w/Jackie	23 9:00 Pickleball Monroe Sewing Group All Day Sew 10:00 Cardio Fit 12:15 Watercolor Class 1:00 Bingo
26 9:00 Pickleball 10:00 Bocce Ball 9:00 Fun Fit Party w/Cheryl 9:00 Quilting 10:00 Chicks w/Sticks NO CHAIR YOGA NO BALANCE & STABILITY 1:00 Halloween Party	27 8:00 Cardio Drumming 9:00 Cardio Drumming 9:00 Bridge 10:00 Cardio Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie	28 9:00 Pickleball 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Chair Yoga 10:30 Paint w/Friends 11:00 Balance & Stability 1:00 9-Ball League 1:00 Happy Hookers	29 8:00 Cardio Drumming 8:30 Breakfast 9:00 Cardio Drumming 9:00 Ping Pong 9:00 Bridge 10:00 Geri-Fit 11:00 Advanced Geri-Fit 1:00 8-Ball Partners 1:00 LCR 1:00 Enhanced Exer w/Jackie	30 9:00 Pickleball 10:00 Cardio Fit 12:15 Watercolor Class 1:00 Bingo



**** The Direct Line to place a lunch order is 734-636-9477 ****

Due to the high volume of **CALL-IN LUNCH ORDERS**, we are **unable to return calls**.
Please call before 1:00 p.m. the day before you want a lunch. Please indicate Dining IN or OUT.

Menu is subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOTICE ⚠ ATTENTION PLEASE		No Changes from In to Out or Out to In the day off. Thank you		01 Michigan Cherry Salad
05 Loaded Potato w/Side	06 Chef Salad	07 1/2 Reuben w/Side	08 Ham, Cheese & Potatoes w/Vegetable	09 Chopped sirloin w/Mashed Potatoes & Gravy
12 Pork Chop w/Mashed Potatoes & Gravy	13 Taco Salad	14 Chicken & Dumplings	15 K-Mart Sub W/Side	16 Beer Bratwurst W/Side
19 Shrimp Fettuccine	20 Wet Burrito	21 Betty Salad	22 Baked Chicken w/Baked Beans & Coleslaw	23 BBQ Pork Sandwich w/Side
26 Chili Dog w/Chips	27 Tostada	28 Pizza Sub	29 Smoked Sausage w/Peppers & Onions w/Side	30 Sloppy Joe w/Side

CARRY OUT ONLY

Carry out lunches are available for pick-up at **11:30 a.m.** and must be picked up before 12:30 p.m. Failure to cancel, and we don't sell, is considered a **no-show and payment is expected** at your next visit. If you know you may be late, please call us at 734-243-6210. We are always happy to hold for you.

Breakfast Menu—**Promptly Served 8:30 A.M.**

PLEASE—**NO WALK-INS**.
 Call or sign-up by 1:00 P.M. the Wednesday before.

October 1 Pancakes
October 8 Eggs, Sausage & Toast
October 15 Frenchtoast
October 22 Waffle
October 29 Biscuits & Gravy



Please call **734-636-9477** by **1:00 p.m. the day before** to order lunch. Carry out available for pick-up @ 11:30a.m.

Dining in available Monday—Friday 12:00 Noon

Please Call by 1:00 p.m. Friday for the following Monday

Additional meals over the first are available for \$5.00 each.



Celebrating a Century: Frances Turns 100!

Our Tuesday night meal in September turned into one huge birthday bash for one of our special volunteers, Frances M VanSlambrouck. Chrissy had the Center decorated to the hilt; we served champagne (Welch's sparkling grape juice), cupcakes by Jean, a ginormous cake courtesy of our very own Nancy Jones, boiled dinner, and, of course, her favorite meal, a Burger King Cheeseburger and the sides. What a remarkable time being able to celebrate her 100th birthday. Frances has been a mainstay for as long as I can remember, helping when and where she could, calling bingo, participating in a variety of activities, and, as a holiday ambassador, always handing out a small token for each holiday, while also dressing the part. While she may not be as agile as she once was, no longer doing the Irish Jig with Joe Hess, she is still vibrant, witty, and a joy to have around. We will see her at our run-of-the-mill Tuesday meal in October.

Upcoming EMU Student Visit in November

In November, 8 clinical nursing students from Eastern Michigan University will join us for lunch, followed by an insightful interview session with some of our longtime members. The students will pair up with volunteers to discuss personal histories, accomplishments, health, and how our participants stay active and busy. They will also spend time in our Day Service program to gain hands-on practical experience. It's a wonderful win-win for everyone involved—and who knows, maybe the cardio drumming group will even see a few fresh faces join in!

See you at the PigRoast/Annual Meeting

Important Update for Election Day

On Tuesday, November 3, the day of the General Election, the center will suspend all regular activities, events, and lunch services. While the building will remain open as a voting precinct, experience has shown that our regular Tuesday crowds, combined with election traffic, create severe parking congestion. To ensure limited parking doesn't discourage our members and Frenchtown residents from voting, we are pausing normal programming for the day.

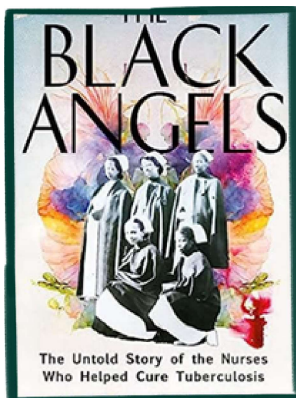
Parking Update: October 13–16

Even with 109 parking spaces, our lot can occasionally reach capacity—usually when our travelers head out on a big adventure! For the past few years, our annual Mackinac Grand Experience trip has completely sold out, and this year's trip is scheduled for October 13–16.

Because of this, you may notice extra traffic and fuller rows in the parking lot during the second week of October. Our team explored several alternative parking solutions, including using the fenced-in area at the Community Center graciously offered by the Township, but found that those alternatives created more hurdles than they solved. We always strive to ensure every visitor has a wonderful, seamless experience at the Center. While parking might be tight for a few days, please know that spaces open up quickly as daily activities wrap up and cars cycle through.

We deeply appreciate your patience, flexibility, and good humor during these busy autumn days!





October Book Club
Friday, Oct. 16, 10:00am
The Black Angels
By Maia Smilios

New York City, 1929. A sanatorium, a deadly disease, and a dire nurse shortage. So begins the remarkable true story of the Black nurses who helped cure one of the world's deadliest plagues: tuberculosis. During those dark pre-antibiotic days, when tuberculosis killed one in seven people, white nurses at Sea View, New York's largest municipal hospital, began quitting. Desperate to avert a public health crisis, city officials summoned Black southern nurses, luring them with promises of good pay, a career, and an escape from the

strictures of Jim Crow. But after arriving, they found themselves on an isolated hilltop in the remote borough of Staten Island, yet again confronting racism and consigned to a woefully understaffed facility, dubbed "the pest house" where "no one left alive." Spanning the Great Depression and moving through World War II and beyond, this story follows the intrepid young women, the "Black Angels," who, for twenty years, risked their lives working under dreadful conditions while caring for the city's poorest—1,800 souls languishing in wards, waiting to die or become "guinea pigs" for experimental (often deadly) drugs. Yet despite their major role in desegregating the NYC hospital system—and regardless of their vital work in helping to find the cure for tuberculosis at Sea View—these nurses were completely erased from history. The Black Angels recovers the voices of these extraordinary women and puts them at the center of this riveting story celebrating their legacy and spirit of survival.

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Esthetics: Oct 1, Jan 7, Apr 29 • **Nail Tech:** Jul 9, Oct 8, Jan 7

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Mention this ad to waive your \$50 registration fee.

Text us today at (734)241-8877!



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Frenchtown Senior Center, Monroe, MI

15-0719



Flu Vaccinations

The Frenchtown Center will be offering Flu vaccinations again this year.

Tuesday, October 6, 2025
9:00 a.m. to 11:00 a.m.



Please bring your ID and Proof of Insurance

Who Should Get Vaccinated

- All people aged 6 months and older, with rare exceptions. Especially important for:
- Adults 65+
- Pregnant people
- Young children
- Individuals with chronic conditions (heart disease, asthma, diabetes, weakened immune systems)




Butterfly Cremation Garden
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Top 25 in Sales in Monroe County in 2025

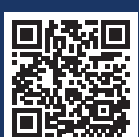
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Associate Broker
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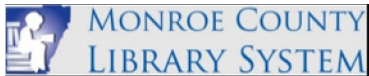
1215 N Telegraph Rd
734-242-4848
www.seacresthc.com

Please call and speak to our Admissions Department or stop in for a tour today.




FRENCHTOWN CENTER Library
in Motion will return
Wednesday, October 14, 2026

Please have returns ready by
10:00 a.m.



TUESDAY FUN NIGHT Meal & Entertainment

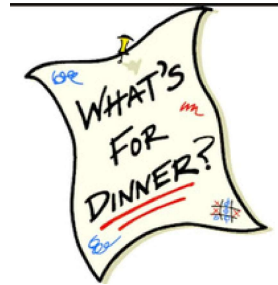
Tuesday October 13, 2026

4:30 p.m.— 6:30 p.m.

Come Join Us for Some Food and Fun!!!

Members ONLY \$1.00

NON-MEMBERS \$3.00



Barbara Allen	Betty Curley	Patt Hall	Ann Lusher	Dennis Richardville
Judy Amerman	E. Diane Daly	Mike Hammar	Susan Malnar	Mary Rugila
Julie Barlow	Clarence Davis	Lisa Hammar	Sandra McIntosh	Shirley Saum
Sharon Barnes	Michael DeSloover	James Hario	Desiree McIntosh	Marge Scheick
Linda Bauers	Kathleen DeSloover	Benjamin Hawes	Sue M. Metdepenningen	Karen Schenavar
Lynn Bennett	Richard Dillinder	Tom Hawley	Alan Metdepenningen	Cynthia Slatten
Donna Bilbrey	Marcy Dlugopolski	Karen Hehl	Pamela Metdepenningen	Nancy Smith
Brandie Blackmon	Joe Dobberstein	Kevin Heller	JoAnn Mieden	Lizz Smith
Lynda Jo Bleyaert	Cherie Domigan	Kathy Heller	Paul Miller	Frank Sottile
Mark Brancheau	Michael Donnelly II	Ruth Ann Henry	Catherine Miller	Jimmy Sowards
Michael Brazill	Betty Egen	Donna Holloman	Tracey Moran	Margie Stone
Gregory Brown	Lexi Ellison	Jim Hutchison	Allen Mrock	Candice Thacker
Ronald Bunch	Mary Finley	Tanish Jackson	Barbara Munch-Kohn	Mahlon Tuttle
Colleen Butler	Randy Fisk	Dave Jaskot	Christine Noel	Daniel Van
Ashley Frederick	Diane Ford	Sue Johnson	Ivol Novak	Wasshenova
Calkins	Bradley Gallup	Sue Jones	Kathy Oklejas	Jean Vandine
Gaye Clancy	Linda Gartner	Stephen Kinsland	Chere Perhatch	Patricia Venier-
Harold Clark	Glenda Gentner	Audrey Kocsis	Dennis Peters	Starkman
Peter Collino	Candy Goodwin	Dawn Kurtz	Kerry Pierce	Lela Wadlin
Ronald Collum	Marianna Grachek	Chris Kyko	Daniel Poirier	Cheri Weakly
Lowell Conner	Patricia Grove	Edna Labell	Jean Priest	Joseph "Joe" Wise
Kathryn Cooley	Amy Grycza	Kathleen Langton	Jim Reaume	Gerry Wiseman
James Coppedge		Linda Lanier	Crystal Reed	Ed Wloszek
Lynn Cotter		Carl LaPointe	Jerome Richards	Donise Yard
James Crawford		William Lauer		Lowell Yoas
Sue Cupp		Rose Leddy		
		Jennifer Leimback		
		Kenneth Loveland		



Teresa "Terri" A. Stevens

*Our team's success is built
on the hard work and
dedication of each and
every member. Thank you
for your contributions.*

Thank You

2 **Anonymous** Donations

Rick R Lindsay - In Memory of Mr. Al
Miller

The hard work and dedication of the many

Volunteers

The many **donations** for the Holiday Sale

The **materials** donated to the Happy
Hookers Group

The continued support of all the Center

Members

**A special thank you to Mobile Unit Services for
their support and monthly blood pressure checks!
Because of them, one of our members was able to get
medical care from his doctor the same day. His
medications were adjusted and he's doing great.**



October Trivia

1. Which international day is observed on October 1 and celebrates older people?

- A. International Day of Older Persons
- B. World Family Day
- C. Global Senior Day
- D. International Family Day

2. Which country celebrates Independence Day on October 12?

- A. Spain
- B. Chile
- C. Argentina
- D. Brazil

3. In 1960, what famous animated television series debuted on October 1?

4. In 1888, who began his notorious crime spree in London on October 30?

5. People born under the sign of Libra are known for their balance and fairness. True or False

6. What flower is associated with the month of October?

7. What famous music festival took place on October 9, 1969?

8. In 1994, what iconic sitcom premiered on NBC on October 22?

9. What beloved animated movie was released by Disney on October 29, 1995?

10. Everyone loved this comedian and actor born on October 5, 1956. Who was he?





I was at the cemetery putting down flowers.

A lady walked up and asked how I was.

I said, "You can see me?"

She freaked out & ran away.



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Frenchtown Senior Center, Monroe, MI

15-0719

WELCOME

New Members

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Annette M Bussell
Dianna K Canupp
Laura Ann Castiglione
John P Castiglione
Clarence G. Davis
Kathy L. Davis
Christine T Delucci
Tom L. Engelmann
Teresa A Engelmann
Sue M Fisk
Randy R Fisk
Beatrice "Bea" L Franchetto
Anne M Gallagher
Virginia Hummel
John W Hummel
Linda Hurley
Barry T Kamasky

Gwen M Kooi
Mary J Kwiatkowski
Michelle B Lezotte
Heleena D Marchese
Barbara E McCoy
Donna B Osgood
Gregory A Prusaitis
Martha J Sancrainte
Randall J. Scott Sr.
Alice G Sexton
Dewy M Short
Carol Sliwka
Lori E Spaulding
John D Stadler
Marjorie E Stevens
Lorraine C Tibai
Thomas J Tibai
Francis J Wickneheiser
Maureen M Wickengeiser

2026 Member Carnival



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Frenchtown Senior Center, Monroe, MI

15-0719



2027 MEDICARE CHANGES YOU NEED TO KNOW

PLEASE JOIN US

****MONDAY, OCTOBER 5 • 1:00 PM****

FRENCHTOWN CENTER FOR ACTIVE ADULTS

2027 MEDICARE COSTS:

- 2027 Prescription Drug Costs
- 2027 Part B Premium Costs
- 2027 Extra Help Social Security
- 2027 Advantage Plan Changes



SCAN TO START YOUR
NO-COST ANNUAL
REVIEW

Annual Enrollment is from October 15 - December 7

Important: Medicare advises every senior to get an annual review. This is crucial in understanding your costs, coverage changes and options for 2027. Paulette will be offering no cost Annual Reviews. See Lisa to reserve your spot.



Paulette Abdullah, Advisor

paulette@llplans.com

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Members only and sign-up required.

HALLOWEEN PARTY

Monday, October 26, 2026

1:00pm-3:00pm

*Bring a SPOOKY TREAT to share.

*Best Costume Contest

Lake Erie Hexenbrut Dancing Witches

Pizza provided by



Fun Pictures from last year.



September Pig Trivia Answers

1. Pigs can get sunburn, so shade is important during outdoor events. **True**
2. Pig breeds exist worldwide except in Antarctica. **True**
3. Pigs have an excellent sense of smell. **True**
4. Are pig roasts just about food? **No**
5. Which birthing process do we help a mother sow use? **Farrowing**
6. What color is the Large Black pig? **Black**
7. What red breed with droopy ears was originally developed in New Jersey and New York? **Duroc**
8. What extremely long breed has enormous droopy ears and is solid white? **Landrace**
9. What country is the origin of the Bazna pig? **Romania**
10. The country that is both top-producer and top-consumer of pork is what? **China**

Note: This change does not occur in October itself — it happens on the night before the first Sunday in November, which in 2026 is October 31. So, in 2026, you will set your clocks back on Saturday night, October 31, when the changeover to standard time takes effect.





Holiday Items & Bake Sale 2026

Annual Fund Raising Event

HalloThanksMas

Holiday Items and Bake Sale
OPEN TO THE PUBLIC !!



Wednesday, October 7th – 8:30 am to 3:30 pm

Thursday, October 8th – 8:30 am to 3:30 pm Friday,

October 9th – 8:30 am to 3:30 pm

Saturday, October 10th – 10:00 am to 3:00 pm

We are accepting donations

Now accepting New or Slightly/ Gently used Halloween, Thanksgiving & Christmas Items.

Showcase your baking skills - bake and donate them to the center. ALL desserts MUST be wrapped and ready for sale.



Please come, donate and support us!

Thank you so much!!





Sponsored by



JOIN US FOR A
TRADITIONAL THANKSGIVING DINNER

TURKEY AND ALL THE FIXINGS

ON SATURDAY, NOVEMBER 21, 2026

FROM 1:00PM – 4:00PM

Members \$10.00

Non-Members \$17.50

Pre-Sold Tickets ONLY, NO WALK-INS

NO CARRY-OUTS

Cut-off Date: Friday, November 13, 2025

Musical Entertainment by Mary Ouelette



**You won't want to miss this
awesome dinner. Look at these
happy faces from 2025**



"May your stuffing be tasty, may your turkey plump, may your potatoes and gravy have nary a lump." — Traditional rhyme

"Thanksgiving dinners take eighteen hours to prepare. They are consumed in twelve minutes. Half-times take twelve minutes."

— Erma Bombeck

Frenchtown Center for Active Adults

TRUNK OR TREAT BROOMS & BITES

SATURDAY, OCTOBER 10, 2026

3:00 PM—6:00 PM

THANKS TO OUR FRIENDS AT THE BAKER BARN IN CARLETON, MI

THANKS TO OUR FRIENDS AT THE BAKER BARN IN CARLETON, MI



\$10 ENTRY FEE
REGISTRATION STARTS
AT 2 PM
PEOPLE CHOICE
TROPHIES FOR

FUN
Spooktacular for the family
FOOD
Great Food will be available

Pink Ladies
Spookiest Trunk
Best Movie Theme
Most Family Friendly
Trunk or Treat and Brooms & Bites Dinner
Saturday, October 10
Lighthouse Fitness

Trunk or Treat

2786 Vivian Rd

Kid Friendly

Starts at 4:00 PM

Monroe, Michigan 48162

Meal Available

Proceeds to Benefit the Adult Day Service Program

Frenchtown Voyagers Travel Meeting
Tuesday, October 20, 2026 at 1:00pm

You can find the latest travel information on our website (www.frenchtownsenior.com), our Facebook page, and in the newsletter.

***** If you are not a member of the Frenchtown Center for Active Adults, we ask that you pre-register with our Office Manager, Christine Pidruzny. *****

We cannot accept cash for trips. Checks or money orders only.

- **Sunny San Diego & So. Cal. Highlights, Nov. 5-10, presented by Premier World Discovery.** Single \$4,699, Double \$3,749. *Airfare included in price.
- **San Antonio Holiday, Dec. 3-7, 2026, presented by Premier World Discovery.** Single \$3,625, Double \$2,875. *Airfare included in price.*
- **Tournament of Roses Parade, Dec. 29, 2026 - Jan. 2, 2027, presented by Mayflower Cruises & Tours.** Single \$3,298, Double \$2,399. *Price does NOT include airfare.

NEW FOR 2027

- **Firekeepers, Feb. 2, presented by Bianco Tours.** The cost for this day trip is \$59.
- **Colorful Costa Rica Adventure, Feb. 3-11, presented by Premier World Discovery.** Double \$4,174 pp. AIRFARE INCLUDED
- **Winter Getaway in Panama, Feb. 18-24, presented by Mayflower Cruises & Tours.** Double \$3,674 pp. AIRFARE INCLUDED
- **Purple Rose—Mildred Whiskey, Feb. 25, presented by Bianco Tours.** The cost for this day trip is \$159.
- **Sensations of the South, Mar. 5-14, presented by Bianco Tours.** Single \$3,871, Double \$3,123, Triple \$2,881.
- **Zehnders—A Little Bit of Diamond, Mar. 16, presented by Bianco Tours.** The cost for this day trip is \$132.
- **Detroit Art & History, Mar. 30, presented by Bianco Tours.** The cost for this day trip is \$104.
- **Cherry Blossom Time in Our Nation's Capital, Apr. 8-14, presented by Mayflower Cruises & Tours.** Double \$3,674 pp. AIRFARE INCLUDED
- **Detroit Prohibition Tour, Apr. 13, presented by Bianco Tours.** The cost for this day trip is \$132.
- **Highlights of England, Scotland & Wales, Apr. 28-May 6, presented by Premier World Discovery.** Double \$4,899 pp. AIRFARE INCLUDED
- **Holland Tulip Time, May 7, presented by Bianco Tours.** The cost for this day trip is \$153.



Why shouldn't you fly on Peter Pan Airlines? They Neverland

Why did the train refuse to leave the station? It needed a little more steam to get going

If you are not a member of the Frenchtown Center for Active Adults, we ask that you pre register with our Office Manager, Christine Pidruzny.

Travel Meeting
Tuesday
October 20 @ 1:00p.m.

- **Lowcountry Legends: Savannah & Charleston, May 10-17, presented by Ed & Ted's.** Single \$3,799, Double \$2,949, Triple \$2,669.
- **Southern Beauty, May 17-22, presented by Bianco Tours.** Single \$2,509, Double \$2,005, Triple \$1,849.
- **Lancaster Charm & Hersey Sweetness, May 31 - Jun 5, presented by Ed & Ted's.** Single \$2,749, Double \$2,199, Triple \$2,049.
- **Grand Rapids Lantern Festival, Jun 2-3, presented by Bianco Tours.** Single \$492, Double \$415, Triple \$389.
- **Meadow Brook—You Can't Take it With You, June 16, presented by Bianco Tours.** The cost for this day trip is \$141.
- **Trains and Canyons of the West, June 17-24, presented by Mayflower Cruises & Tours.** Double \$4,474 pp. AIRFARE INCLUDED
- **Great Canadian Cities & The Sound of Music, July 7-14, presented by Ed & Ted's.** Prices start at \$3,249 and increase depending on occupancy and room view. See flyer for details.
- **Firekeepers, July 13, presented by Bianco Tours.** The cost for this day trip is \$59
- **Black Hills and Badlands, July 14-21, presented by Premier World Discovery.** Double \$3,674 pp. AIRFARE INCLUDED
- **Pittsburgh Panorama, Aug. 11-14, presented by Ed & Ted's.** Single \$2,249, Double \$1,749, Triple \$1,599.
- **Portugal and the Douro River Cruise, Aug. 18-28, presented by Mayflower Cruises & Tours.**
*Prices based on cabin class.
- **Put-In-Bay on South Bass Island, Aug 31-Sep 1, presented by Bianco Tours.** Single \$385, Double \$279, Triple \$255.
- **North Carolina & the Outer Banks, Sept. 9-16, presented by Premier World Discovery.** Double \$3,899 pp. AIRFARE INCLUDED
- **Civil War Memories, Sept. 17-24, presented by Mayflower Cruises & Tours.** Double \$4,174 pp. AIRFARE INCLUDED
- **Majestic Maine, Sept. 27-Oct. 5, presented by Bianco Tours.** Single \$3,543, Double \$2,860, Triple \$2,617.
- **Highlights of Italy's Amalfi Coast & Rome, Oct. 12-21, presented by Premier World Discovery.** Double \$5,049 pp. AIRFARE INCLUDED
- **Fantastic Florida & the Keys, Nov. 11-18, presented by Premier World Discovery.** Double \$4,299 pp. AIRFARE INCLUDED
- **Branson Christmas Spectacular, Nov 29 - Dec 4, presented by Ed & Ted's.** Single \$2,999, Double \$2,249, Triple \$1,999.



DINE TO DONATE



**HELP SUPPORT THE FRENCHTOWN CENTER
FOR ACTIVE ADULTS!**

MONDAY OCTOBER 5TH



Place your order for pick up or delivery anytime during business hours, 10:30am-10pm. Let us know you want to order for the event.



Hungry Howie's will be donating 15% of your in store phone order totals, and 30% of your online order totals.



Use code: **DONATE** for online ordering. Enter code in prompted section below online

Apply



PARTICIPATING LOCATIONS

2239 N Telegraph

734-639-1245

601 S Monroe St

734-244-0050

MONROE, MICHIGAN



Frenchtown Center Link

Presorted
Standard
U. S. Postage Paid
Monroe, MI 48162
Permit 557

A Non-Profit Organization
2786 Vivian Road
Monroe, MI 48162
A Monthly Publication
Dated Material, Please don't delay



Current Resident



Trunk or Treat, Saturday,
October 10, 2026
See Page 16 for details

NO Chair Yoga, Monday, October 5th

**Mobile Health Unit will be here on the 2nd Thursday this month
October 8th @ 9:00 a.m.**

**HalloThanksMas Sale - Wednesday, October 7 through -
Saturday, October 10, 2026**

Trunk or Treat, Saturday, October 10, 2026

**Fun Night Meal & Entertainment
Tuesday, October 13, 2026 @ 4:30 p.m.**

October Board Meeting - October 15, 2026t

October 20, Thursday, NO GERI FIT

Halloween Party, Monday, October 26, 2026

Monday, October 26, NO Chair Yoga and NO Balance & Stability

Thanksgiving Dinner, Saturday, November 21, 2026

**ALL EVENTS SUBJECT TO CHANGE PLEASE CALL BEFORE COMING
Lunch Menu is subject to change.**