

Frenchtown Center for Active Adults

2786 Vivian Road Monroe, Michigan 48162
Phone: 734-243-6210
Monday through Friday
8:30 a.m.—4:00 p.m.

Thank you car enthusiast, organizers—team Dave Jaskot, members, volunteers, participants, crafters, Pink Ladies, all those who donated goodies' and prizes, and the staff for another successful car show.
Your support is truly appreciated!

TROPHY WINNERS

1st place winner
Mark Pasko



2nd place winner
Yosemite





3rd place winner
Miky Patten















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FRENCHTOWN CENTER LINK

2786 Vivian Road, Monroe, MI 48162
Phone: (734) 243-6210
e-mail: seniors@frenchtownsenior.com

2026 BOARD OF DIRECTORS

Darla Myers—Chairman
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Board of Directors meet on the 3rd Thursday each month at 10:00 a.m.

Center hours: 8:30 a.m. – 4:00 p.m. Monday/ Friday

Adult Day Service: Monday – Friday 8:00 a.m. – 4:00 p.m. Can be open from 6:00 a.m.—6:00 p.m. with 24 hour notice.

Dues $20.00 per year if you live in the county and $25.00 if you live out of the county, and are due in January. Lifetime membership $200.00

Meals at 12:00 Noon - Monday – Friday. Carry-outs available for pick-up @ 11:30. For reservations, please call the day before by 1:00 p.m. Call Kitchen at 734-636-9477

FRENCHTOWN CENTER PERSONNEL/PHONE EXT

Paul Iacoangeli—Executive Director/ Ext 109
Kathleen McBee—Accountant/ Ext 105
Lisa Ghigliazza—Program Coordinator Ext 103
Christine Pidruzny—Office Manager / Ext 104
Patricia Smith—Administrative Assistant / Ext 108

Kitchen Staff
Kim Maracle—Head Cook/ Ext 106
Paula DeHart—Assistant Cook
Kim Reeves—Kitchen Aid

Adult Day Service Staff
Jean Siemik—Program Director/ Ext 107
Doreen Sager—Adult Day Staff
Lacey Allison—Adult Day Staff

Mark West—Building Attendant

Activities & Services for Monroe County Older Adults at Frenchtown Center for Active Adults

Balance & Stability
Bingo
Bocce Ball
Book Club
Bridge
Bunco
Caregivers Support Group
Card Making Classes
Cardio Drumming
Chair Yoga
Cardio Fit
Chicks with Sticks
Color Social
Dominoes Mexican Train
Eight Ball Pool League
Enhanced Exercise
Euchre
Fundraising
Fun Fit Party Exercise
Geri-Fit
Informational Series
Knitting & Crocheting
Left Center Right
Legal Services
Mahjong



Mobile Health Unit
Newsletter
Nine Ball Pool League
Noon Lunches
Notary Services
Open Pool
Painting Programs
Pickleball
Ping Pong
Pub Trivia
Quilting
Rummage Sales
Sewing Group
Tuesday Fun Night (2nd Tuesday)
Thursday Breakfast
Travel
Watercolor Class
Work-shops









This institution is an equal opportunity provider.

Commission on Aging Disclaimer Statement

Views & comments expressed in this newsletter are not necessarily the views & comments of the Monroe County Commission on aging. The Monroe County Commission on Aging is a governmental agency, which funds community senior programming through millage dollars.

The Frenchtown Center for Active Adults program will not discriminate against any individual or group because of race, sex, religion, national origin, color, marital status, handicap, or political beliefs.

September 2026

Mon	Tue	Wed	Thu	Fri
 Coming October 10th	**1** 8:00 Cardio Drumming 9:00 Cardio Drumming 9:00 Bridge 10:00 Cardio Fit **(Walk Fit)** 10:00 Geri-Fit 11:00 Geri-Fit **12:00 8-Ball Singles Pool** 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie	**2** **9:00 Pickleball** 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Chair Yoga 10:30 Paint w/Friends **10:00 Dominoes Mexican Train** 11:00 Balance & Stability **12:00 9-Ball League** 1:00 Happy Hookers	**3** 8:00 Cardio Drumming 8:30 Breakfast 9:00 Cardio Drumming 9:00 Ping Pong 9:00 Bridge 10:00 Geri-Fit 11:00 Advanced Geri-Fit **9:00 Mobile Health Unit** **1:00 8-Ball Partners** 1:00 LCR 1:00 Enhanced Exer w/Jackie	**4** **9:00 Pickleball** **9:00 Mahjong** 10:00 Cardio Fit (Walk Fit) 12:15 Watercolor Class 1:00 Bingo
7 CLOSED 	**8** 8:00 Cardio Drumming 9:00 Cardio Drumming 9:00 Bridge 10:00 Cardio Fit **(Walk Fit)** 10:00 Geri-Fit 11:00 Advanced Geri-Fit **12:00 8-Ball Singles Pool** 12:30 Color Social 1:00 Enhanced Exer w/Jackie 1:00 Bunco	**9** **9:00 Pickleball** 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Chair Yoga 10:30 Paint w/Friends 11:00 Balance & Stability **12:00 9-Ball League** 1:00 Happy Hookers	**10** 8:00 Cardio Drumming 8:30 Breakfast 9:00 Cardio Drumming 9:00 Ping Pong 9:00 Bridge 10:00 Massage Therapy **12:00** 1:00 LCR **1:00 8-Ball Partners** 1:00 Enhanced Exer w/Jackie **Geri-Fit-Advanced Geri-Fit**	**11** **9:00 Pickleball** 12:15 Watercolor Class 1:00 Bingo **Cardio Fit (Walk Fit) CANCELLED**
14 **9:00 Pickleball** **10:00 Bocce Ball** 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability **1:00 Caregivers Meeting**	15 8:00 Cardio Drumming 9:00 Cardio Drumming 9:00 Bridge 10:00 Cardio Fit **(Walk Fit)** 10:00 Geri-Fit 11:00 Advanced Geri-Fit **12:00 8-Ball Singles Pool** 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie	**16** **9:00 Pickleball** 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Chair Yoga **10:00 Dominoes Mexican Train** 10:30 Paint w/Friends 11:00 Balance & Stability **12:00 9-Ball League** 1:00 Happy Hookers **1:00 WWWW**	**17** 8:00 Cardio Drumming 8:30 Breakfast 9:00 Cardio Drumming 9:00 Ping Pong 9:00 Bridge **10:00 Board Meeting** 10:00 Geri-Fit 11:00 Advanced Geri-Fit 1:00 LCR **1:00 8-Ball Partners** 1:00 Enhanced Exer w/Jackie **1:00 Card Making**	**18** **9:00 Pickleball** **9:00 Mahjong** 10:00 Cardio Fit (Walk Fit) **10:00 Book Club** 12:15 Watercolor Class 1:00 **$5.00 Bingo**
21 **9:00 Pickleball** **10:00 Bocce Ball** 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability 1:00 Monroe Sewing Group	**22** 8:00 Cardio Drumming 9:00 Cardio Drumming 9:00 Bridge 10:00 Cardio Fit **(Walk Fit)** 10:00 Geri-Fit 11:00 Advanced Geri-Fit **12:00 8-Ball Singles** 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie	**23** **9:00 Pickleball** 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:30 Paint w/Friends **1:00 9-Ball League** 1:00 Happy Hookers **Chair Yoga Balance & Stability CANCELLED**	**24** 8:00 Cardio Drumming 8:30 Breakfast 9:00 Cardio Drumming 9:00 Ping Pong 9:00 Bridge 10:00 Massage Therapy 10:00 Geri-Fit 11:00 Advanced Geri-Fit **1:00 8-Ball Partners** 1:00 LCR 1:00 Enhanced Exer w/Jackie	**25** **9:00 Pickleball** **Quilter's Guild All Day Sew** 10:00 Cardio Fit (Walk Fit) 12:15 Watercolor Class 1:00 Bingo
28 **9:00 Pickleball** **10:00 Bocce Ball** 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability	29 8:00 Cardio Drumming 9:00 Cardio Drumming 9:00 Bridge 10:00 Cardio Fit **(Walk Fit)** **10:00 Geri-Fit CANCELLED** 11:00 Advanced Geri-Fit **12:00 8-Ball Singles Pool** **12:00 PIG ROAST** 1:00 Enhanced Exer w/Jackie **Color Social & Bunco CANCELLED**	**30** **9:00 Pickleball** 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Chair Yoga 10:30 Paint w/Friends 11:00 Balance & Stability **1:00 9-Ball League** 1:00 Happy Hookers	**Please Note:** **Walk Fit is now called Cardio Fit** **Blue Activities** **New Additions**	

** The Direct Line to place a lunch order is 734-636-9477 **
Due to the high volume of CALL-IN LUNCH ORDERS, we are UNABLE TO RETURN CALLS. **Please call before 1:00 p.m. the day before you want a lunch.** **Please indicate Dining IN or OUT.**

Mon	Tue	Wed	Thu	Fri
September 2026	1 Taco Salad	2 Sausage Sub w/ Peppers & Onions & Baked Beans	3 Hot Pork Sandwich w/ Mashed Potatoes & Gravy	4 Sloppy Joe
7 	8 Fried Bologna & Cheese Sandwich w/Side	9 Loaded Nacho's	10 Breakfast Quiche	11 Italian Sub
14 Egg Salad Sandwich w/ Chips	15 Chef Salad	16 Chicken Fajita's	17 Corn Dog w/Fries	18 Grill Cheese w/ Chicken Noodle Soup
21 Big Mac	22 Tostada w/Chips & Salsa	23 Betty Salad	24 Hamburger Philly Sub	25 2 Chili Dogs
28 Chicken Fettuccine	**29 No Lunches Served** **Pig Roast and** 	30 Pulled Pork Sandwich	**MENU IS SUBJECT TO CHANGE Please check the Website/Facebook**	 **Pig Roast September 29th**

Carry out lunches are available for pick-up at 11:30 a.m. and must be picked up before 12:30 p.m. Failure to cancel before 12:30 p.m., OR we don't sell due to a no-show, payment is expected at your next visit. If you know you may be late, we are always happy to hold for you.

Breakfast Menu—Promptly Served 8:30 A.M.

PLEASE—NO WALK-INS. Call or sign-up by 1:00 P.M. the Wednesday before.

September 3 Breakfast Sandwich
September 10 Quiche
September 17French Toast
September 24 Biscuits & Gravy





Please call 734-636-9477 by 1:00 p.m. the day before to order lunch.
Carry out available for pick-up @ 11:30a.m.
Dining in available Monday—Friday 12:00 Noon
Please Call by 1:00 p.m. Friday for the following Monday
. Additional meals over the first are available for $5.00 each.



There probably isn't a man I know who touched so many lives, told so many stories, held so many memories, and smiled more than Mr. Al. It was only a couple of months ago that we celebrated his 102nd birthday. Even though I only knew him for a very short time in comparison to his extraordinary and storied life, it didn't surprise me that during one of our conversations I discovered our paths had crossed nearly 50 years ago. It all started when he was talking about laying the foundation for the Center. It seems they were having some issues getting started, so his boss came out to the job site where Mr. Al was working and told him he was needed in Frenchtown. That's when I found out he was working for Gratton Construction. At the time, I was working for Dersher Roofing, a stone throw down Cooper Street from Gratton's front street company. Then the names started to fly, Don, Dorothy, Deb, Bruce, Buck, Gil, Dave, Eddie, Rocky, Fuzy, Scott, Jim, Ron, Wuzzy, Junior, Northside, Southside, Modern Packaging, Time Container, Ford Motor. While we may not have worked together on projects, we worked on several projects at the same time, so it was always incredible to listen to his remembrance of those projects. Every time I had a chance to listen, it amazed me how well Mr. Al could remember so many details, and the next time I saw him, he had a different project memory to share. God speed, Mr. Al. You were a gift.



Events

While the carnival will be in the rear view mirror when you newsletter arrives, with only days away we are looking forward to the many surprises it has to offer. So more on that next month.

Pig Roast

Our next big event will be our annual meeting and pig roast/potluck! Like years past, there'll be top-notch entertainment, heaps of roasted pork, and too many side dishes and desserts to list. Believe me, it's one event where nobody leaves hungry!

So throw on your stretchin' clothes, get creative with your dish to pass, and get ready to hold out your plate for more than just a smidgen. You'll be plumb flabbergasted by the mouth-waterin' spread as you meander down the line, decidin' which go-withs and fixin's to heap high. Just remember, there's no time for dawdlin', a whole heap of folks are waitin' to get their vittles, too!

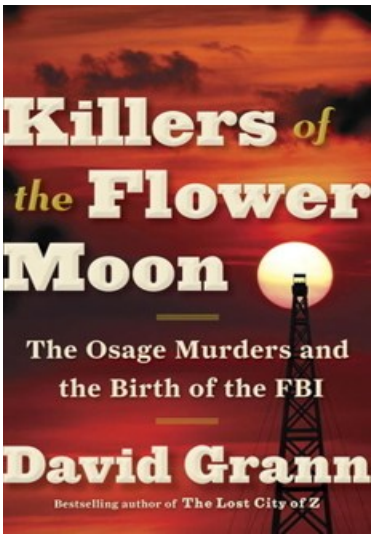
(Shout out to Granny for the word choices!)

Trunk or Treat and Brooms and Bites

We are trying something new in the fall. Last year the Car and Vendor show was in September but the car club wanted to know our thought of doing a October show and do a Trunk or Treat. Team Frenchtown is all about trying new things, so we figured, why not! In addition to the various types of metal on display, our annual holiday sale will also be going on. Even if you get overloaded with treats, you can browse a selection of holiday offerings and possibly get a Christmas gift or two checked off the list.

As always, we will have food and drink available in our dining room. For this event, we will have a kid-friendly option, and since witches (the Pink Ladies) will be joining us to perform, maybe, just maybe, the kids could have a bit to eat with a witch. Watch for more details on the website and Facebook.

Enjoy Grandparents Day!



September Book Club

Friday, Sept. 18, 10:00am

Killers of the Flower Moon:

The Osage Murders and the Birth of the FBI

By David Grann

In the 1920s, the richest people per capita in the world were members of the Osage Nation in Oklahoma. After oil was discovered beneath their land, the Osage rode in chauffeured automobiles, built mansions, and sent their children to study in Europe. Then, one by one, the Osage began to be killed off. The family of an Osage woman, Mollie Burkhart, became a prime target. One of her relatives was shot. Another was poisoned. And this was just the beginning, as more and more Osage were dying under mysterious circumstances, and many of those who dared to investigate the killings were themselves murdered. As the death toll rose, the newly created FBI took up the case, and the young director, J. Edgar Hoover, turned to a former Texas Ranger named Tom White to try to unravel the mystery. White put together an undercover team, including a Native American agent who infiltrated the region, and together with the Osage began to expose one of the most chilling conspiracies in American history.

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Mention this ad to waive your $50 registration fee.
Text us today at (734)241-8877!

Frenchtown Center for Active Adults

. Flu Vaccinations

The Frenchtown Center will be offering Flu vaccinations again this year.

Tuesday, October 6, 2025
9:00 a.m. to 11:00 a.m.









Please bring your ID and Proof of Insurance

Staying Healthy

- Stay hydrated
- Eat a balanced diet
- Get enough sleep
- Stay physically active
- Limit screen time
- Stay socially connected
- Monitor your health
- Get regular check-ups Avoid harmful habits
- Stay mentally active
- Practice gratitude
- Practice daily habits
- Manage stress



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Top 25 in Sales in Monroe County in 2025
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FRENCHTOWN CENTER
Library in Motion will return Wednesday, September 16, 2026
Please have returns ready by 10:00 a.m.

MONROE COUNTY LIBRARY SYSTEM



TUESDAY FUN NIGHT Meal & Entertainment

Tuesday September 8, 2026
4:30 p.m.—6:30 p.m.
Come Join Us for Some Food and Fun!!!
Members ONLY $1.00
NON-MEMBERS $3.00







Choose your September Birthday Lunch from this months menu items (Page 4)

Nancy K Adams
Mary Jean Amolsch
Mark J Angove
Kevin M Angove
David R Baker
Susan M Baker
Mark J Beaubien
Cheryl L Beilman
Karen A Belanger
Beverly A Bills
Bonnie A Blohm
Ilah M Brancheau
Mary A Brancheau
Brian R Brow
Janice A Brunswick
Sharon K Buckley
Cheryl A Burke
Jo Anne Carsner
Cheryl L Clark
Trish A Cole
Linda L Conklin
David B Cousino
Connie M Dale
Barbara J Daniels
David L Dawn
Anita M Demario
Shelley L Desrosiers
Bill P Dillingham
Gary L Dudley
Raymond J Duty
Barbara L Emerick
Ronald J Finley
Mary A Fowler
Betty L Frazer
Deborah Gedelian
Gregg P Gentil
Beverly J Gessner
Holly A Goodnuff
Richard H Gross
Janice A Hammer
JoAnne L Harris
Beverly J Hatfield
Diana F Hawes
Mary Jane Hildebrant
Jackie A Hirst
Loretta Hopson
Marie A Hutchison
Rick R Hyden
Linda M Imber
Barbara N Johnson
Sherry Jones
Richard A Kachadorian
Kathy L Kanitz
Liz Keehn
Joyce A Kipf-Trowbridge
Terry L Kling
Beverly A Kuderik
Rick Kulll
Luke M LaRoy
Steven J Latondress
Elizabeth Leski
Tim A Lewis
Erlinda Little
Jeffrey H MacDougall
Pat MacDougall
Mary Ann Mack
Phyllis M Madden
Russell E Malnar
Kenneth Mara
Mary E Markgraff
Diana Martel
Michael J McCarty
Myrna R Meek
Ron C Merrick
Greg Milatz
Gerald F Miller
Jan Miller
Paula J Miracle
Jim A Montague
Jo Ann Naida
Patricia M Noel
Janet S Notario
Roger D Olson
Wendy R Palumbo-Garwood
Jeanna M Pierce
Portia L Procy
Maureen D Quinn
Dennis R Quinn
Ann L Reaume
Sandra A Rekuc
Jayme A Richards
Pamela S Runyan
Carl Saunders
Jeffrey J Senenfelder
Caroline A Short
Jules Smith
Janet M Sottile
Cheryl I Southworth
Karen Sparer
Larry D Steffy
Jamie Lynn Teatsorth
Marian W Tyra
Debbie A Waltz
Vickie M Waltz
Cheryl F Wassus
Sharon M Weinstein
Brenda West
Donna M Wicken-heiser
Jean M Wloszek
Barbara A Wood
Jane M Worden
Reggena S Wortinger
Jean M Wyatt
Margaret L Beason
Naomi S Coon
Bonnie J Kregel
Dennis L Ray
Rosa M Reed
Dennis S Scheich
Dana R Stiefel
Frances M VanSlambrouck
Phyllis Webb



Thank you Suzanne Hayford. Suzanne volunteers her time and services to give our Day Care Clients manicures.

Thank you volunteers and members for your continued support.

To all those who have donated, either by items or funds, we truly thank you.

Allison Jacob Miller

May 21, 1924—July 14, 2026

Our dear friend, and pool champion, Al Miller, peacefully departed this world on July 14, 2026

Mr. Al always

~shared his adventurous life stories.
~had a positive and kind outlook.
~and shared a smile or two with us.









BE GOOD









MaryAnn Barbier

Allison J Miller (Mr. Al)

James A. Runyon

George Satterfield

Edward Slatinsky

Marvin James Tarjeft





Grandparents raising grandchildren face unique challenges and rewards, and a variety of legal, financial, and emotional resources are available to support them.

Grandparents raising grandchildren are part of a growing population, with over 2.1 million grandparents responsible for grandchildren in the U.S.

Overview

Raising grandchildren, also known as **kinship care**, occurs when grandparents step in to provide full- or part-time care due to circumstances such as parental death, divorce, illness, or other family challenges HelpGuide.org. This role often requires managing daily responsibilities like meals, school, healthcare, and emotional support, while navigating modern parenting challenges, technology, and social media parentshelpingparents.org. Resources and **Support**

Financial and Benefits Assistance

Child-only TANF: Cash aid for the child that may not count the grandparent's income grantsforseniors.org.

SNAP, WIC, and school meals: Help with groceries and nutrition grantsforseniors.org.

Medicaid and CHIP: Health coverage for grandchildren, often easier to qualify for than cash aid grantsforseniors.org.

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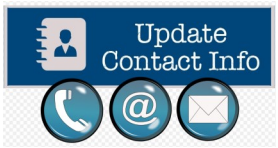


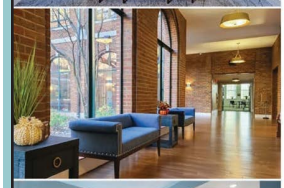
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Anthony Songco
Marissa Songco
Sally A Venia
Phyllis A Webb



Please check with Chrissy, our Office Manager, to **verify** we have your correct information in our database, especially your **correct telephone number.** During the lettuce/greens health crisis, we sent a mass message to notify our members of the Betty Salad and other **menu changes**. Some said they did not receive this. When checking the telephone responses for this message, we discovered: failed numbers, along with busy signals and no answers and with no ability to leave a message. Menu changes are also publicized on the **Facebook** page and our **website.**

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ANSWERS TO Monroe County Fair Trivia True or False from August Newsletter



1. The Monroe County Fair is one of Michigan's most beloved annual events, known for its mix of agriculture, entertainment, and community spirit. **True**
2. The Monroe County Fair officially began in 1949**. True, however, It began in 1830's** at Noble's Grove, at the foot of Washington Street. **About 1894, the County fair** was located east of Eastchester Street on the south side of East Front Street. **In 1938, the fair was held at the Farmers Market** building on East Willow Street. **In 1949**, it moved to its **present site** on the corner of South Custer and Raisinville Roads.



3. The 2023 fair set a record with **229,780 attendees**, the most in the event's history. **True**
4. In 2024, attendance was about **199,304.** **True**
5. In 1952, the fairgrounds hosted a **NASCAR Grand National Series race**, won by Tim Flock. **True**



A Big Shout Out and thank you to our staff and volunteers for representing the Adult Day Services Program once again at the Monroe County Fair!











Members Only

Pig Roast and Pot Luck

Tuesday, September 29, 2026
12:00 p.m. NOON
Join us for a fun afternoon filled with food, games and surprises!
We provide the Pig, you provide the sides and desserts.



Please sign your name and what dish you will be bringing on the sheet at the front desk.



********NO LUNCHES SERVED THAT DAY********

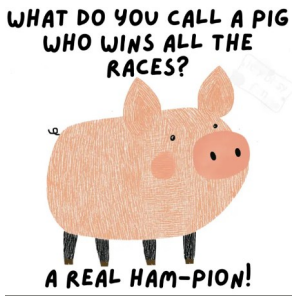






Pig Trivia

1. Pigs can get sunburn, so shade is important during outdoor events. True or False
2. Pig breeds exist worldwide except in Antarctica. True or False
3. Pigs have an excellent sense of smell. True or False
4. Are pig roasts just about food? Yes or No
5. Which birthing process do we help a mother sow use? _____
6. What color is the Large Black pig? _____
7. What red breed with droopy ears was originally developed in New Jersey and New York? _____
8. What extremely long breed has enormous droopy ears and is solid white? _____
9. What country is the origin of the Bazna pig? _____
10. The country that is both top-producer and top-consumer of pork is what? _____



Some Silly Jokes

What do you call a pig that does martial arts? **Pork chop**.
What do you get when you cross a pig with a cactus? **A porky-pine.**
What do you get when you cross a pig with a dinosaur? **Jurassic Pork**.

A perfect and punny name for a pet pig **Is "Chrisp P Bacon".**





Holiday Items & Bake Sale 2026

Annual Fund Raising Event

HalloThanksMas

Holiday Items and Bake Sale

OPEN TO THE PUBLIC !!



Wednesday, October 7th – 8:30 am to 3:30 pm

Thursday, October 8th – 8:30 am to 3:30 pm

Friday, October 9th – 8:30 am to 3:30 pm

Saturday, October 10th – 10:00 am to 3:00 pm

We are accepting donations

Now accepting New or Slightly/ Gently used Halloween, Thanksgiving & Christmas Items.



Showcase your baking skills - bake and donate them to the center. ALL desserts MUST be wrapped and ready for sale.



Please come, donate and support us!

Thank you so much!!













Car Show—July 11, 2026

Thank you car enthusiast, organizers—team Dave Jaskot, members, volunteers, participants, crafters, Pink Ladies, all those who donated goodies' and prizes, and the staff for another successful car show.













Raffle Winners

Lori Antieau









Rita Andrews



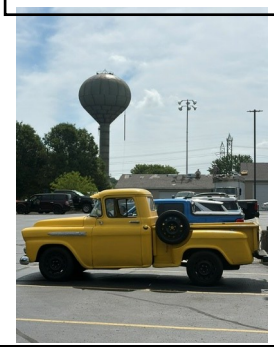
Special Thanks to the Trophy Contributors

- Chris from Mark of Excellence Awards for the engraving & bases
- Rick Ragsdel for the Trophy Assemble
- Dave Jaskot for Parts Donation
- Clayton Wance Parts Donation















50/50 Raffle Winners









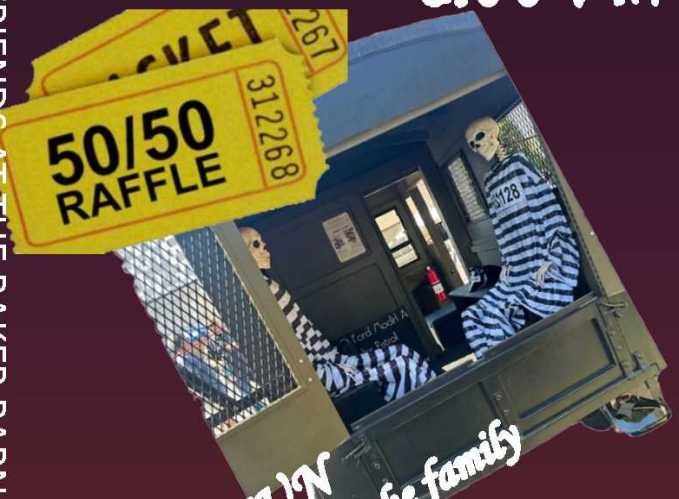
Frenchtown Center for Active Adults

TRUNK OR TREAT BROOMS & BITES

SATURDAY, OCTOBER 10, 2026
3:00 PM–6:00 PM

THANKS TO OUR FRIENDS AT THE BAKER BARN IN CARLETON, MI

THANKS TO OUR FRIENDS AT THE BAKER BARN IN CARLETON, MI



$10 ENTRY FEE
REGISTRATION STARTS AT 2 PM



PEOPLE CHOICE TROPHIES FOR

Spooktacular for the family
FUN
FOOD
Great Food will be available
FREE
Entertainment & Activities
Spookiest Trunk
Best Movie Theme
Most Family Friendly



Trunk or Treat

Starts at 4:00 PM

2786 Vivian Rd

Monroe, Michigan 48162

Kid Friendly

Meal Available

Proceeds to Benefit the Adult Day Service Program

Frenchtown Voyagers Travel Meeting
Tuesday, October 20, 2026 at 1:00pm

You can find the latest travel information on our website, **www.frenchtownsenior.com** , our Facebook page, and in the newsletter.

***** If you are not a member of the Frenchtown Center for Active Adults, we ask that you pre-register with our Office Manger, Christine Pidruzny. *****

We cannot accept cash for trips. Checks or money orders only.

EXCITING 2027 OFFER

DURING THE MONTHS OF AUG. – DEC. 2026, BOOK A 2027 TRIP WITH EITHER BIANCO TOURS, PREMIER WORLD DISCOVERY, OR ED & TED'S AND GET ENTERED INTO A DRAWING FOR A FREE 2027 MEMBERSHIP AT FRENCHTOWN CENTER FOR ACTIVE ADULTS. 9 WINNERS WILL BE SELECTED ON DEC. 30, 2026 SEE LISA FOR DETAILS.

- **Ohio Wine Tour, Sept. 24, presented by Bianco Tours.** The cost for this day trip is $138.
- **Lake Placid, Adirondack Mountains & Vermont, Sept. 26-Oct. 3, presented by Ed & Ted's.** Single $3,999, Double $2,999, Triple $2,599.
- **Firekeepers, Oct. 6, presented by Bianco Tours.** The cost for this day trip is $58.
- **Rum Runners, Oct. 27, presented by Bianco Tours.** The cost for this day trip is $158.
- **Sunny San Diego & So. Cal. Highlights, Nov. 5-10, presented by Premier World Discovery.** Single $4,699, Double $3,749. ***Airfare included in price.**
- **Edsel & Eleanor Ford House, Nov. 18, presented by Bianco Tours.** The cost for this day trip is $111.
- **San Antonio Holiday, Dec. 3-7, 2026, presented by Premier World Discovery.** Single $3,625, Double $2,875. ***Airfare included in price.***
- **Tournament of Roses Parade, Dec. 29, 2026 - Jan. 2, 2027, presented by Mayflower Cruises & Tours.** Single $3,298, Double $2,399. ***Price does NOT include airfare.**

NEW FOR 2027

- **Firekeepers, Feb. 2, presented by Bianco Tours.** The cost for this day trip is $59.
- **Colorful Costa Rica Adventure, Feb. 3-11, presented by Premier World Discovery.** Double $4,174 pp. **AIRFARE INCLUDED**
- **Winter Getaway in Panama, Feb. 18-24, presented by Mayflower Cruises & Tours.** Double $3,674 pp. **AIRFARE INCLUDED**
- **Purple Rose—Mildred Whiskey, Feb. 25, presented by Bianco Tours.** The cost for this day trip is $159.
- **Sensations of the South, Mar. 5-14, presented by Bianco Tours.** Single $3,871, Double $3,123, Triple $2,881.
- **Zehnders—A Little Bit of Diamond, Mar. 16, presented by Bianco Tours.** The cost for this day trip is $132.

If you are not a member of the Frenchtown Center for Active Adults, we ask that you pre-register with our Office Manager, Christine Pidruzny.

Travel Meeting
Tuesday
October 20 @ 1:00 p.m.

NEW FOR 2027

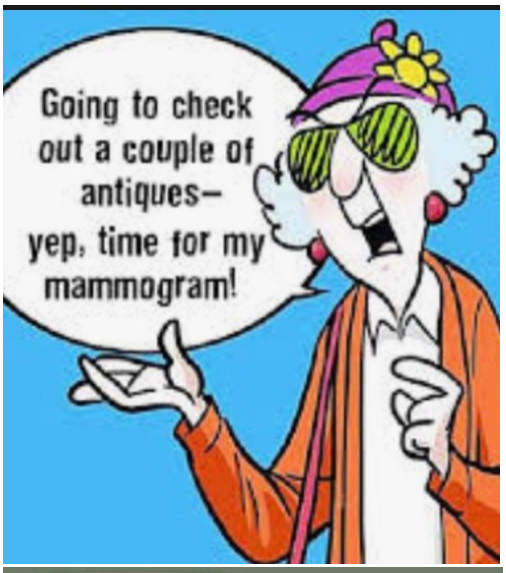
- **Cherry Blossom Time in Our Nation's Capital, Apr. 8-14, presented by Mayflower Cruises & Tours.** Double $3,674 pp. **AIRFARE INCLUDED**
- **Highlights of England, Scotland & Wales, Apr. 28-May 6, presented by Premier World Discovery.** Double $4,899 pp. **AIRFARE INCLUDED**
- **Holland Tulip Time, May 7, presented by Bianco Tours.** The cost for this day trip is $153.
- **Lowcountry Legends: Savannah & Charleston, May 10-17, presented by Ed & Ted's.** Single $3,799, Double $2,949, Triple $2,669.
- **Southern Beauty, May 17-22, presented by Bianco Tours.** Single 2,509, Double $2, 005, Triple $1,849.
- **Lancaster Charm & Hersey Sweetness, May 31 - Jun 5, presented by Ed & Ted's.** Single $2,749, Double $2,199, Triple $2,049.
- **Meadow Brook—You Can't Take it With You, June 16, presented by Bianco Tours.** The cost for this day trip is $141.
- **Trains and Canyons of the West, June 17-24, presented by Mayflower Cruises & Tours.** Double $4,474 pp. **AIRFARE INCLUDED**
- **Great Canadian Cities & The Sound of Music, July 7-14, presented by Ed & Ted's.** Prices start at $3,249 and increase depending on occupancy and room view. See flyer for details.
- **Black Hills and Badlands, July 14-21, presented by Premier World Discovery.** Double $3,674 pp. **AIRFARE INCLUDED**
- **Pittsburgh Panorama, Aug. 11-14, presented by Ed & Ted's.** Single $2,249, Double $1,749, Triple $1,599.
- **Portugal and the Douro River Cruise, Aug. 18-28, presented by Mayflower Cruises & Tours.** *Prices based on cabin class.
- **North Carolina & the Outer Banks, Sept. 9-16, presented by Premier World Discovery.** Double $3,899 pp. **AIRFARE INCLUDED**
- **Civil War Memories, Sept. 17-24, presented by Mayflower Cruises & Tours.** Double $4.174 pp. **AIRFARE INCLUDED**
- **Majestic Maine, Sept. 27-Oct. 5, presented by Bianco Tours.** Single $3,543, Double $2,860, Triple $2,617.
- **Highlights of Italy's Amalfi Coast & Rome, Oct. 12-21, presented by Premier World Discovery.** Double $5,049 pp. **AIRFARE INCLUDED**
- **Fantastic Florida & the Keys, Nov. 11-18, presented by Premier World Discovery.** Double $4,299 pp. **AIRFARE INCLUDED**
- **Branson Christmas Spectacular, Nov 29 - Dec 4, presented by Ed & Ted's.** Single $2,999, Double $2,249, Triple $1,999.

What happens if you eat yeast and shoe polish?

Every morning you rise and shine.



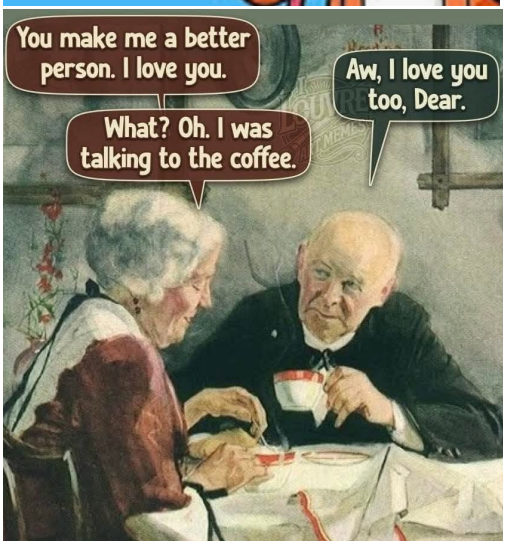




Husband and wife had a big fight.
After giving each other the silent treatment for half the day, the wife finally walked up to him and said:

"Look, fighting like this doesn't look good. Let's compromise you give a little, I give a little."
The husband said, "Okay... what do we do?"
Wife smiled and said: "You apologize to me... and I'll forgive you."



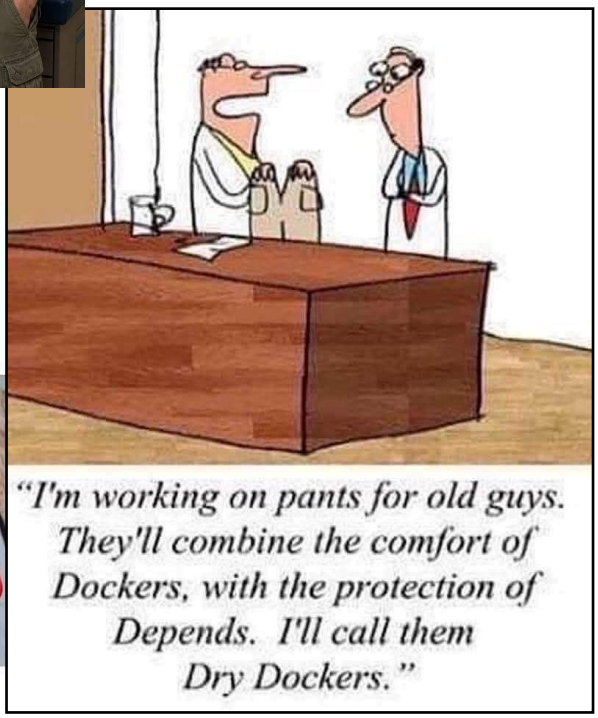


I've been looking for my sanity
but I think it ran off with my motivation
the matching socks
and the good Tupperware lids.

Therapist: so when do you think your anxiety started?

Me: .....





Frenchtown Center Link

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Permit 557

A Non-Profit Organization
2786 Vivian Road
Monroe, MI 48162
A Monthly Publication
Dated Material, Please don't delay

Current Resident



Trunk or Treat, Saturday, October 10, 2026
Watch for more details

Thursday, September 3, 2026—9:00 Mobile Health Unit

FUN NIGHT MEAL & Entertainment
Tuesday, September 8, 2026 @ 4:30 p.m.

September Board Meeting—September 17, 2026

MEMBERS Pig Roast/POT LUCK—Tuesday, September 29, 2026

HalloThanksMas Sale—Wed. October 7— Sat. October 10, 2026
(Taking donations)

Halloween Party, October 26, 2026

ALL EVENTS SUBJECT TO CHANGE PLEASE CALL BEFORE COMING

CALENDAR CHANGES FOR SEPTEMBER

Please Note: Walk Fit is now called Cardio Fit

Geri-Fit and Advanced CANCELLED Sept. 10th
Cardio Fit (Walk Fit) CANCELLED Sept. 11th
Chair Yoga & Balance & Stability CANCELLED Sept. 23rd

Color Social & Bunco CANCELLED Sept. 29th

Pool Leagues Start in September

Lunch Menu is subject to change.



September 13, 2026