



July 2026

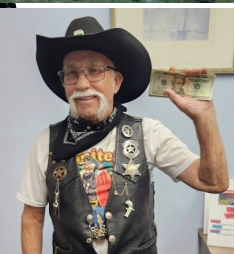
2786 Vivian Road Monroe, Michigan 48162
 Phone: 734-243-6210
 Monday through Friday
 8:30 a.m.—4:00 p.m.



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We are very excited to bring you our **3rd ANNUAL CAR SHOW!** Join us for a fun filled day.
 Saturday, July 11, 2026. 11:00 AM—3 PM
Fun! Food! Entertainment! Crafters!



**CARS
 CARS
 CARS
 More
 info
 page
 15**





FRENCHTOWN CENTER LINK

2786 Vivian Road, Monroe, MI 48162

Phone: (734) 243-6210

e-mail: seniors@frenchtownsenior.com

2026 BOARD OF DIRECTORS

Darla Myers—Chairman
Dianne Beaudrie—Vice Chairman
Thomas Peckham—Treasurer
Mary Ann Mack—Secretary
Rick Brown—Member at Large
Ellen Brockway
John Bocks
James Osment Jr
Daniel Van Wassenhova
Steve C Wilgocki
Alan C VanWashenova—Frenchtown Charter Township Liaison

Board of Directors meet on the 3rd Thursday each month at 10:00 a.m.

Center hours: 8:30 a.m. – 4:00 p.m. Monday/ Friday

Adult Day Service: Monday – Friday 8:00 a.m. – 4:00 p.m. Can be open from 6:00 a.m.—6:00 p.m. with 24 hour notice.

Dues \$20.00 per year if you live in the county and \$25.00 if you live out of the county, are due in January. Lifetime membership \$200.00

Meals at 12:00 Noon - Monday – Friday. For reservations, please call the day before by 1:00 P.M.. Call Kitchen at 734-636-9477

FRENCHTOWN CENTER PERSONNEL/PHONE EXT

Paul Iacoangeli—Executive Director/ Ext 109
Kathleen McBee—Accountant/ Ext 105
Lisa Ghigliazza—Program Coordinator Ext 103
Christine Pidruzny—Office Manager / Ext 104
Patricia Smith—Administrative Assistant / Ext 108

Kitchen Staff

Kim Maracle—Head Cook/ Ext 106
Paula DeHart—Assistant Cook
Kim Reeves—Kitchen Aid

Adult Day Service Staff

Jean Siemik—Program Director/ Ext 107
Doreen Sager—Adult Day Staff
Mark West—Building Attendant

Activities & Services for Monroe County Older Adults at Frenchtown Center for Active Adults

Balance & Stability
Bingo
Bocce Ball
Book Club
Bridge
Bunco
Caregivers Support Group
Card Making Classes
Cardio Drumming
Chair Yoga
Chicks with Sticks
Color Social
Dominoes Mexican Train
Eight Ball Pool League
Enhanced Exercise
Euchre
Fundraising
Fun Fit Party Exercise
Geri-Fit
Informational Series
Knitting & Crocheting
Left Center Right
Legal Services
Mahjong
Men's & Women's Pool League



Mobile Health Unit
Newsletter
Nine Ball Pool League
Noon Lunches
Notary Services
Open Pool
Painting Programs
Pickleball
Ping Pong
Pub Trivia
Quilting
Rummage Sales
Seasonal Tax Services
Sewing Group
Tuesday Fun Night
(2nd Tuesday)
Thursday Breakfast
Travel
Walk-Fit
Watercolor Class
Workshops

This institution is an equal opportunity provider.

Commission on Aging Disclaimer Statement

Views & comments expressed in this newsletter are not necessarily the views & comments of the Monroe County Commission on aging. The Monroe County Commission on Aging is a governmental agency, which funds community senior programming through millage dollars.

The Frenchtown Center for Active Adults program will not discriminate against any individual or group because of race, sex, religion, national origin, color, marital status, handicap, or political beliefs.



July 2026

Mon

Tue

Wed

Thu

Fri



Saturday, July 11 2026
11:00 AM—3:00 PM

Fun for the whole family
Great Food will be available
Entertainment - Activities -Crafters

1
9:00 Pickleball
9:00 Fun Fit Party w/Cheryl
9:30 Euchre
10:00 Chair Yoga
10:00 Dominoes Mexican Train
10:30 Paint w/Friends
11:00 Balance & Stability
1:00 Happy Hookers

2
8:00 Cardio Drumming
8:30 Breakfast
9:00 Cardio Drumming
9:00 Ping Pong
9:00 Bridge
10:00 Geri-Fit
11:00 Advanced Geri-Fit
1:00 LCR
1:00 Enhanced Exer w/Jackie

3 CLOSED
Happy
4th of July

6
9:00 Pickleball
9:00 Fun Fit Party w/Cheryl
9:00 Quilting
10:00 Bocce Ball
10:00 Chicks w/Sticks
11:00 Balance & Stability

7
8:00 Cardio Drumming
9:00 Cardio Drumming
9:00 Bridge
10:00 Walk Fit
10:00 Geri-Fit
11:00 Advanced Geri-Fit
12:30 Color Social
1:00 Enhanced Exer w/Jackie
1:00 Bunco

8
9:00 Pickleball
9:00 Fun Fit Party w/Cheryl
9:30 Euchre
10:00 Chair Yoga
10:30 Paint w/Friends
11:00 Balance & Stability
1:00 Happy Hookers

9
8:00 Cardio Drumming
8:30 Breakfast
9:00 Cardio Drumming
9:00 Ping Pong
9:00 Bridge
10:00 Massage Therapy
10:00 Geri-Fit
11:00 Advanced Geri-Fit
12:00 Quilter's Guild
1:00 LCR
1:00 Enhanced Exer w/Jackie

10
9:00 Pickleball
10:00 Walk Fit
12:15 Watercolor Class
1:00 Bingo

13
9:00 Pickleball
10:00 Bocce Ball
9:00 Fun Fit Party w/Cheryl
9:00 Quilting
10:00 Chicks w/Sticks
10:00 Chair Yoga
11:00 Balance & Stability
1:00 Caregivers Meeting

14
8:00 Cardio Drumming
9:00 Cardio Drumming
9:00 Bridge
10:00 Walk Fit
10:00 Geri-Fit
11:00 Advanced Geri-Fit
12:30 Color Social
1:00 Bunco
1:00 Enhanced Exer w/Jackie
1:00 Travel Meeting
4:30 Fun Night Meal

15
9:00 Pickleball
9:00 Fun Fit Party w/Cheryl
9:30 Euchre
10:00 Chair Yoga
10:00 Dominoes Mexican Train
10:30 Paint w/Friends
11:00 Balance & Stability
1:00 Happy Hookers
1:00 WWWWW

16
8:00 Cardio Drumming
8:30 Breakfast
9:00 Cardio Drumming
9:00 Ping Pong
9:00 Bridge
9:00 Mobile Health Unit*
10:00 Board Meeting
10:00 Geri-Fit
11:00 Advanced Geri-Fit
1:00 Card Making
1:00 LCR
1:00 Enhanced Exer w/Jackie

17
9:00 Pickleball
9:00 Mahjong
10:00 Walk Fit
10:00 Book Club
12:15 Watercolor Class
1:00 \$5.00 Bingo

20
9:00 Pickleball
10:00 Bocce Ball
9:00 Fun Fit Party w/Cheryl
9:00 Quilting
10:00 Chicks w/Sticks
10:00 Chair Yoga
11:00 Balance & Stability
1:00 Monroe Sewing Group
1:00 Driving Safety

21
8:00 Cardio Drumming
9:00 Cardio Drumming
9:00 Bridge
10:00 Walk Fit
10:00 Geri-Fit
11:00 Advanced Geri-Fit
12:30 Color Social
1:00 Bunco
1:00 Enhanced Exer w/Jackie

22
9:00 Pickleball
9:00 Fun Fit Party w/Cheryl
9:30 Euchre
10:00 Chair Yoga
10:30 Paint w/Friends
11:00 Balance & Stability
1:00 Happy Hookers
1:00 Pub Trivia

23
8:00 Cardio Drumming
8:30 Breakfast
9:00 Cardio Drumming
9:00 Ping Pong
9:00 Bridge
10:00 Massage Therapy
10:00 Geri-Fit
11:00 Advanced Geri-Fit
1:00 LCR
1:00 Enhanced Exer w/Jackie

24
9:00 Pickleball
9:00 Quilter's Guild All Day Sew
10:00 Walk Fit
12:15 Watercolor Class
1:00 Bingo

27
9:00 Pickleball
10:00 Bocce Ball
9:00 Fun Fit Party w/Cheryl
9:00 Quilting
10:00 Chicks w/Sticks
10:00 Chair Yoga
11:00 Balance & Stability

28
8:00 Cardio Drumming
9:00 Cardio Drumming
9:00 Bridge
10:00 Walk Fit
10:00 Geri-Fit
11:00 Advanced Geri-Fit
12:30 Color Social
1:00 Bunco
1:00 Enhanced Exer w/Jackie

29
9:00 Pickleball
9:00 Fun Fit Party w/Cheryl
9:30 Euchre
10:00 Chair Yoga
10:30 Paint w/Friends
11:00 Balance & Stability
1:00 Happy Hookers

30
8:00 Cardio Drumming
8:30 Breakfast
9:00 Cardio Drumming
9:00 Ping Pong
9:00 Bridge
10:00 Geri-Fit
11:00 Advanced Geri-Fit
1:00 LCR
1:00 Enhanced Exer w/Jackie

31
9:00 Pickleball
10:00 Walk Fit
12:15 Watercolor Class
1:00 Bingo



**** The Direct Line to place a lunch order is 734-636-9477 ****

Due to the high volume of CALL-IN LUNCH ORDERS, we are **UNABLE TO RETURN CALLS**. Please call before 1:00 p.m. the day before you want a lunch. **No Changes from in to out or out to in the day** of excluding necessary cancellations and emergencies. Please indicate Dining IN or OUT.

Mon	Tue	Wed	Thu	Fri
-----	-----	-----	-----	-----

		1 Loaded Nacho's	2 Fried Bologna & Cheese Sandwich w/side	3  CLOSED
6 Braut Sausage w/ Pepper & Onions w/Side	7 Tostada	8 Pork Chop w/Side	9 Sweet & Sour Chicken over Rice	10 Scoop of Seafood Salad w/Fruit
13 Turkey Sandwich w/Side	14 Chicken Quesadilla	15 Meatball Sub w/ Side	16 Pork Stir Fry over Rice	17 Italian Sub w/Side
20 Vegetable & Cheese Sub	21 2 Chile Dogs w/ Side	22 Betty Salad	23 Chicken Leg w/ Side & Vegetable	24 Breaded Chicken Sandwich w/Side
27 Cheeseburger w/ Side	28 Chicken Fajita's	29 Strawberry Spinach Salad	30 Mostaccioli	31 Taco Salad

Carry out lunches are available for pick-up at 11:30 a.m. and must be picked up before 12:30 p.m. Failure to cancel before 12:30 p.m., OR we do not sell due to a no-show, payment is expected at your next visit. If you know you may be late, we are always happy to hold for you.

July 2026

Breakfast Menu—Promptly Served 8:30 A.M.

PLEASE—NO WALK-INS.
Call or sign-up by 1:00 P.M. on the Wednesday before.

July 2 French Toast
July 9 Breakfast Sandwich
July 16 Biscuits & Gravy
July 23 Quiche
July 30 Pancakes



Please call **734-636-9477** by 1:00 p.m. the day before to order lunch.

Carry out available for pick-up @ 11:30a.m.

Dining in available Monday—Friday 12:00 Noon

Please Call by 1:00 p.m. Friday for the following Monday

. Additional meals over the first are available for \$5.00 each.



Normally, I don't start writing this piece until it is almost time to send the newsletter to print, but today, May 28th, in case you missed it, is National Hamburg Day. But that isn't the reason I began typing early. Today is Thursday, and it is 2:27 P.M. Chrissy just came out of her office and said, "Boy, it is quite in here," and, you know, she is right. It is. I was on my way for another cup of coffee and noticed the dining room was empty, as were the bingo and craft rooms. While there was still a group playing LCR, there was one poor soul leaving the card room. I asked him how he did. He said he came to try it out and, even though it was enjoyable, "the ladies kicked the s—t out of me," but they did invite him back if he brought some more dimes. Even though it is Thursday, that much wasn't out of the norm. What made me do a double-take was the fact that all the pool tables were covered. I can't remember when the pool tables were in a virgin state this early in the afternoon. Of course, it is 73 outside, not a cloud in the sky, and a gentle breeze. Maybe this has something to do with it. But let's try not to make a habit of this, ok!

Events

Car Show

Sadly, I forgot to mention last month about the Countryside Cruisers meeting here on June 14th for their *Cruisin' the Museum*. While the flyer has been posted, I should have mentioned that, since some folks don't venture into the kitchen that often, I apologize for that. While they will be joining us for breakfast that day, I certainly hope their cruise and car show have great weather.

Don't forget our third annual car and craft show is on Saturday, July 1th. The Pink Ladies from Lighthouse Fitness will be here around noon to perform. Also, word on the street is we will once again have the Smokey and the Bandit tribute cars on display and possibly a Jeep club. This year, we will be giving away awards to registered attendees at the car show. If you have a chance, come join us and support our Adult Day Service program.

Senior Prom

Last month, I mentioned, "Don't forget the Senior Prom." Well, today is the day. It is a beehive of activity as Lisa and a group of volunteers hustle around to get everything prim and proper. Mark has been shuffling furniture and ping pong tables. Kim, Paula, and Kim have finished lunch and are now preparing dinner for this evening, while I sit and write about it. Tell me, who has the harder job? All of this is happening while our normal Friday routine continues. With so much planning and effort going into this event, I know folks will have a very enjoyable time tonight.

Huge thanks

Amid all the turmoil surrounding us these days, we should remember to take a moment to thank those who may have made a difference in our collective lives. While we may not get to see many of them, the folks who work at the Township deserve a thank you now and then for everything they do for us. From building and maintaining the facility, cutting the lawn, taking down trees, planning the garage expansion, modernizing the pickleball courts, providing support, and generally being a thoughtful partner for the active adults, we are fortunate. There aren't many centers in the State that receive the kind of voluntary support from their local governmental unit. So next time you have a chance and thinking of the Center, thank them for some of the things they have done for us.

Celebrating July 4th our 250th Anniversary

We will be closed on July 3rd, sorry bingo players, in observance of our 250th independence day.



Enjoy your holiday
and be safe.

THE SUNDAY TIMES BESTSELLER

RUTH WARE

A LUXURY CHALET. AN OPPORTUNITY OF A LIFETIME.
UNTIL GUESTS START TO DISAPPEAR...

**ONE
BY
ONE**



July Book Club
Friday, July 17, 10:00am
One by One
by Ware

Getting snowed in at a beautiful, rustic mountain chalet doesn't sound like the worst problem in the world, especially when there's a breathtaking vista, a cozy fire, and company to keep you warm. But what happens when that company is eight of your coworkers...and you can't trust any of them? When an off-site company retreat meant to promote mindfulness and collaboration goes utterly wrong when an avalanche hits, the corporate food chain becomes irrelevant and survival trumps togetherness. Come Monday morning, how many members short will the team be?

"Keep reading. It's one of the most marvelous adventures that anyone can have." –
Lloyd Alexander

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Frenchtown Senior Center, Monroe, MI

15-0719

CONCERNED ABOUT DRIVING SAFETY?

There are more than **41 million** licensed drivers age **65 and older** on the roads, up from **26 million** 20 years ago.

Federal Highway Administration

As a person ages, changes in health—including problems with vision, hearing, and reflexes—may affect driving skills. The risk of being injured or killed in a motor vehicle crash also increases.

Michigan.gov/AgingDriver

Safe Drivers Smart Options

Keys to Lifelong Mobility

We all experience physical and cognitive changes as we age. Some may be minor while others may interfere with daily life. Slower reaction time, night blindness, pain and stiffness can affect driving skills but do not need to prohibit driving.

There are smart options for safe drivers.

1. Stay active and safe behind the wheel.
2. Decide when it may be time to transition to non-driving, and
3. Find alternative transportation option.

Frenchtown Center for Active Adults
Monday, July 20 at 1:00 PM

Please see Lisa to register.

Refreshments will be provided.



Butterfly Cremation Garden
Featuring a beautiful new selection of benches, boulders, and memorial tablets for cremation remembrance.

Roselawn
MEMORIAL PARK
13200 S. Dixie Hwy., LaSalle, MI 48145
734-242-2475

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Top 25 in Sales in Monroe County in 2025

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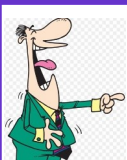
1215 N Telegraph Rd
734-242-4848
www.seacresthc.com

Please call and speak to our Admissions Department or stop in for a tour today.



FRENCHTOWN CENTER
Library in Motion will return
Wednesday, July 8, 2026
Please have returns ready by
10:00 a.m.

PHONE: 734-241-5770



**1. What do you get
when you cross a
snowman and a July
birthday? A puddle**

of fun!

**2. What do you call a July
birthday that loves to party?**

A "firecracker!"

**3. What do you call a fish
that wears a crown in**



TUESDAY FUN NIGHT Meal & Entertainment

Tuesday July 14, 2026

4:30 p.m.—6:30 p.m.

**Come Join Us for Some Food and
Fun!!!**

Members ONLY \$1.00

NON-MEMBERS \$3.00



Choose your July Birthday Lunch from this months menu items (Page 4)

Rita Andrews	Ronald Cole	Renee Hamilton	Brenda McCormick	Patsy Ryan
Lori Antieau	Deborah Coon	Walter Hancock Jr.	Bryan McFawl	Mary Sancrainte
Janice Asbury	Luann Diroff	Jay Hollon	Donna Melvin	Robyn Seales-Churchill
Victoria Badalamenti	Mary Dobberstein	Kaye Horsfall	Pamela Mizzi	Robert Sieb
Bettina Bartolo	Helen Dowler	Pamela Hyden	Jill Moore	Belinda Smith
Carol Baumgartner	Larry Dykstra	Thomas Jay	Milfred Newsome	Debbie Staley
Sharon Bausman	Donna Easterling	Tammy Jeska	Dean Oberheu	Pamela Starll
Dianne Beaudrie	Rosita Elders	Valerie Johnson	Darlene O'Donnell	Novalynn Stremmel
Martha Beaudry	William Etchill	Susan Knapp	John Oerther	Maxine Sutherland
Donna Bender	Barb Farley	Gayle Kush	Serena Oliphant	David Sweat
Ronald Benore	Carolyn Frazier	Diane Lamb	Del Oliver	Steve Tallman
Marjorie Brinkmeier	Linda Freiny	Eric Langdon	Renee Osment	Deanna Terrasi
Robert Brockway	Jill Gedelian	Kathy Lawson	Pete Penkin	John Thoma
Ricky Brown	Lynne Goldsmith	Barbara Liedel	H. Lyn Peraino	Janice Louise Thoma
Margot Burger	Doreen Goltowski	John Lieto	Tom Petit	Becky Vincent
Helen Burger	Dee Goudos	Eileen Love	Joyce Pierce	Sally Voyles
Veronica Carlson	Robert Granger	Jason Lynch	Jeanne M Popiolek	Clayton Wanca
Suzanne Chinavare	Chip Greene	Diane Mackey	Jannita Post	David Wehner
David Cieslak	Janet Grodi	JoAnna MacKinnon	Feltman Rader	Jane J Wolfenbarger
Bonnie Clukey	Robert H Groulx	Marilyn Marshall	Sharon Rice	Shelly Yoas
	Jackie Guy	Kathy Mason	Beverly Russell	

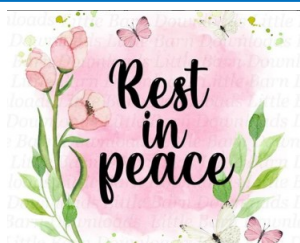
Donations and Thank You's

We want to give a Thank You to all for your donations and support!

- **Sue Chinavare**—Silver Bocce Ball Set
- All the **volunteers** who work the **2nd Tuesday each month**, and along with every **member** that comes helping make our Tuesday Fun Meals a great event. And let's not forgot the **awesome meals** that are included and the work behind them.
- **PICKLE BALL and Bocce PLAYERS**—You are doing an outstanding job on using the **Kiosk** before and after you play.
- AND TO OUR **MYSTERIOUS GIVER WHO SENDS THE STAFF BEAUTIFUL FLOWERS EVERY MOTHER'S DAY**—We have no idea who you are, but you are very much appreciated.
- **Brenda McCormick**, thank you for your help every week with the set-up for the **"Fun Fit w/Cheryl"** exercise class.
- We are very pleased with the **ticket sales** for the **Senior Prom** held on Friday, June 12, 2026. Thank you for participating in this wonderful event. And of course Lisa Ghigliazza, Ellen Brockway, Lynn Johnson, Emma Brockway, Doreen Sager and Esther Schneider for helping with the set-up and serving at the Senior Prom, along with our outstanding **KITCHEN STAFF** (Kim Miracle, Paula DeHart, Kim Reeves) for making a delicious dinner. Watch **next month's** newsletter for the **pictures** from this special event.

Lois J Knegendorf
Jacqueline "Jackie"
A. Tucker

"Death leaves a heartache no one can heal, love leaves a memory no one can steal."
— Irish Headstone



welcome

Life Time Kristine F Durkin **NEW MEMBERS**

George L Baker	Sheila M Kellepourey
Susan M Baker	Gail M Meyer
Beulah L Bennett	Mary C Meyer
Matthew J Brockway	Tracey Lynn Moran
Yolanda M Dolinski	Steven C Olney
Frances P Elser	Sherry A Olney
Melissa L England	Wendy R Palumbo-Garwood
William J Guenther	Kenneth Phillips
John A Haynes	Vicky M Phillips
Lisa M Haynes	Jeanne M Popiolek
JoAnne L Harris	Dennis R Quinn
Barbara Hewison	Denise L Silsbe
Loretta Hopson	Karla A Vanalstine
Jim R Hutchison	LeeAnne A Warren
Charlotte C Jones	



Thursday, July 16th
9:00 a.m. – 11:00 a.m.

We are on the road
bringing FMC Services to
our community



Mobile Unit Services

- Health screening
- Dental screening by special request
- Vision screening
- Preventative education



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734-654-2169 Monroe County
517-263-1800 Lenawee County

Car Show Trivia—to Test Your Automotive Knowledge

1. Who Invented the first gasoline-powered car?
2. What is the most popular car model in the world?
3. What “A” term refers to the rate at which velocity changes over time in cars?
4. In 1968, Elliot Handler created what toy car brand to compete with Matchbox?
5. In the UK, what’s the name for the front cover of a car?
6. What year was the first Ford Model T produced?
7. Which classic American muscle car was introduced in 1964 and is still in production?
8. What was the nickname of the 1963 Corvette Split Window Coup?
9. Which iconic British sports car is known as the “E-Type”?
10. What car is famous for gull-wing doors and the *Back to the Future* movies?
11. What qualifies a car to be a “muscle” car?
12. What was the first Chevrolet Corvette’s only color?



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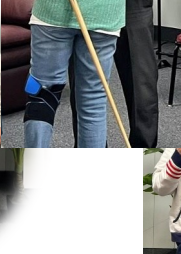
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Frenchtown Senior Center, Monroe, MI

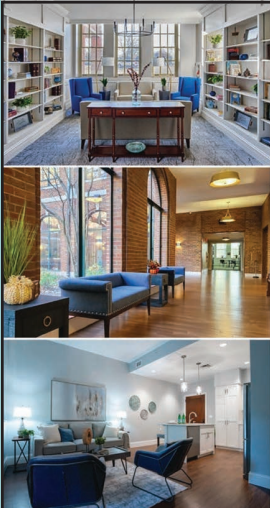
15-0719

A HUGE HAPPY 102nd BIRTHDAY

Mr. Al Miller of Ida turned 102 on Thursday, May 21, 2026!! He is one of our active members.



Mr. Al Miller



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Frenchtown Senior Center, Monroe, MI

15-0719



79th Annual Monroe County Fair

August 2–8, 2026



We will be at the Beer Booth from 1:00— 6:00 on

Thursday, August 6, 2026



Stop by for a refreshing beer and support our Adult Day Service Program.



HAPPY BIRTHDAY AMERICA

The United States will mark the Semiquincentennial—250 years of independence, freedom, innovation, and national identity, on **July 4, 2026**, commemorating the signing of the **Declaration of Independence** in 1776.

Legacy and Reflection

The 250th anniversary is not only a celebration of **freedom and independence** but also a reflection on the **American spirit of courage, innovation, and resilience**. From the Revolutionary War to space exploration, the United States has continually pushed boundaries, and the Semiquincentennial invites citizens to honor the past while envisioning the future.



Some Trivia

1. What was signed by 56 delegates in 1776, marking the birth of the United States?
2. What did the term “United States of America” replace?
3. How long was the Revolutionary War?
4. Who acquired 530 million acres in the Louisiana Purchase in 1803?
5. Who was the famous abolitionist who helped slaves escape via the Underground Railroad?
6. Who was the Union General who later became U.S. President in 1868?

CONCERNED ABOUT DRIVING SAFETY?

See **PAGE 7** for more information and join us on **Monday July 20 at 1:00 p.m.**
Your independence is vital...

Aging Drivers

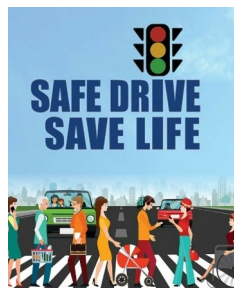
Information for you, the active driver...

Driving is a skill you've spent a lifetime on, and you know it's a skill that requires good physical and mental abilities, and quick reactions. There is a website designed to help you:

Michigan.gov/AgingDriver

A Few Helpful Hints

- 1) stay active and safe behind the wheel,
- 2) decide when it may be time to transition to non-driving, and



2026 Mother's Day Raffle Winner. Connie Ammerman



Winning a raffle is wild — you go from “I never win anything” to “I now own a kayak... and I live in a studio apartment.”

I'm not saying I'm addicted to raffles, but my therapist says I have a drawing problem.

A special thank you to Wanda Anahid for representing the Frenchtown Center for Active adults beautifully in the Ms. Senior Monroe Pageant held on May 18, 2026. She's a WINNER in our hearts.

Rummage Sale Raffle Winners

Winner #1 - Rose Harris

Thank you Brenda West for the beautiful wreath and anonymous for the beautiful Afghan

Winner #2 - Mary Munson



Members

Pig Roast/Pot Luck, Monday, September 14, 2026. Watch for more details.



Test your knowledge of iconic commercials.

1. What product's slogan was "Plop, plop, fizz, fizz, oh what a relieve it is?"
Alka-Seltzer
2. Which soft drink boasted that it "Never had it, never will"? **7-Up**
3. "It takes a licking and keeps on ticking" is the slogan for what brand of wristwatch? **Timex**
4. Staring in the 1960s, which product was billed as "the astronauts" drink? **Tang**
6. Finish this product's slogan: "The incredible, edible..." **Egg s**
7. What product is known as "The Fresh maker" **Mentos**
8. "Time to make the doughnuts" was the slogan for which doughnut store chain? **Dunkin Donuts**
9. Which animated cereal mascot says "Theyrrre great!"? **Tony the Tiger**
10. "There Are Some Things Money Can't Buy. For Everything Else, There's what?" **Mastercard**
11. Which celebrity famously endorsed Chanel No. 5 in a TV ad? **Margot Robbie**
12. Every kiss begins with a kiss? **Kay Jewelers**



Pool Playing Trivia

1. Why did the pool table go to therapy? **Because it had too many pockets.**
2. What's a pool player's favorite type of music? **Cue-Step!**
3. What's the difference between a pool player and a skydiver? **A bad pool play.**
4. Why did the pool ball go to school? **Because it wanted to get a little more cue-ture.**
5. Why don't pool players get sunburned? **They always stay under the table.**



Father's Day Trivia

1. What is the most popular gift to give dads on Father's Day? **A necktie.**
2. What is the official flower for Father's Day? **Red Roses.**
3. Which musician starred as the father to his real-life daughter in the Disney Channel show "Hannah Montan"? **Billy Ray Cyrus.**
4. What is the average age of first-time fathers in America? **30.9 years.**
5. Who is the founding father of the United States? **George Washington.**

Frenchtown Center for Active Adults

CAR SHOW

Saturday, July 11, 2026

11:00 AM—3:00 PM

THANKS TO OUR FRIENDS AT THE BAKER BARN IN CARLETON, MI

THANKS TO OUR FRIENDS AT THE BAKER BARN IN CARLETON, MI



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FOOD
Great Food will be available
FREE
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Pink Ladies



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FRENCHTOWN CENTER CAR SHOW
SATURDAY, JULY 11 @ NOON
LIGHTHOUSE FITNESS

2786 Vivian Rd
Monroe, Michigan 48162

Proceeds to Benefit the Adult Day Service Program

A WISE
DOCTOR
ONCE
WROTE



**What do you call a
cow with a twitch?**

Beef jerky



get water

If you fall, I will catch you. I'll be waiting. Time after time.

**GRANDMA SAID, SELL THE BIKE AND
GET A MINIVAN FOR THE GRANDKIDS**

GRANDPA, NOPE

One day my mother was out and my dad was in charge of me. I was maybe 2 1/2 years old and had just recovered from an accident.

One day my mother was out and my dad was in charge of me. I was maybe 2 1/2 years old and had just recovered from an accident.

Someone had given me a little 'tea set' as a get-well gift and it was one of my favourite toys. Daddy was in the living room engrossed in the evening news when I brought him a little cup of 'tea', which was just water.

After several cups of tea and lots of praise for such yummy tea, my Mom came home. My Dad made her wait in the living room to watch me bring him a cup of tea, because it was just the cutest thing!

My Mom waited, and sure enough, here I come down the hall with a cup of tea for Daddy and she watches him drink it up. Then she says, (as only a mother would know)

"Did it ever occur to you that the only place she can reach to get water is the toilet? 🤔😂😂😂😂"

Riken's Beard

I invented a thought-controlled air freshener.

That's ridiculous.

GEEZ, SHIRLEY, DID YOU SHAVE YOUR
LEGS BEFORE THIS CAMPING TRIP?..
OR EVER?

8/14

CAMPERVILLE

An elderly woman decided to have her portrait painted. She told the artist, paint me with diamond earrings, diamond necklace, emerald bracelets, a ruby broach, and a gold Rolex. But you are not wearing any of those things replied the artist. I know, she said. It's in case I should die before my husband. I'm sure he will remarry right away, and I want his new wife to go crazy looking for the jewelry.



Come One, Come All to Our Senior Day Carnival!

Join Us for a Celebration of YOU!

Wednesday, August 12th @ 1:00pm

We'll have games, carnival snacks, a cupcake walk, a photo booth, and much more! So, let yourself feel like a kid again and enjoy the carnival!

***This is a member only event.**

***Please sign up at the front desk.**

(Cut-off for sign up is Friday, August 7th)

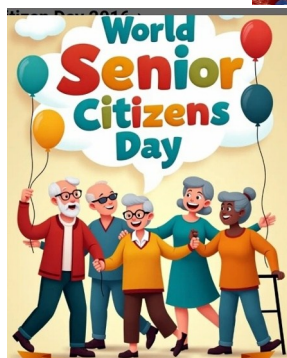
***There is no fee for this event.**



SURPRISE!

Entertainment

**See Lisa for
Volunteering at
this fun event.**



The World Senior Citizen's Day is celebrated on **August 21st** each year. The celebration took place for the first time in 1991. On August 21, National Senior Citizens Day recognizes the achievements of the more mature representatives of our nation. The day provides an opportunity to show our appreciation for their dedication, accomplishments, and services they give throughout their lives.



Be a Kid Again Day, Wednesday, July 8, 2026

Let's be honest, everyone can benefit by taking a break and enjoying life a little more. As kids, we loved goofing off, and spent most of our days without a care in the world. Kids view the world with such wonder, curiosity, admiration and freedom!

The day serves as a reminder of the importance of playfulness, creativity, and imagination in our lives. As adults, we often get caught up in the stresses of daily life and forget to enjoy the simple things. **Be a Kid Again Day** encourages us to tap into our inner child and rediscover the joy and wonder that we may have lost along the way.

So join us in August for the CARNIVAL



Frenchtown Voyagers Travel Meeting

Tuesday, August 18, 2026 at 1:00pm

You can find the latest travel information on our website, www.frenchtownsenior.com, our Facebook page, and in the newsletter.

******* If you are not a member of the Frenchtown Center for Active Adults, we ask that you pre-register with our Office Manager, Christine Pidruzny. *******

We cannot accept cash for trips. Checks or money orders

- ◆ **Firekeepers, July 7, presented by Bianco Tours.** The cost for this day trip is \$58.
- ◆ **Saugatuck, Aug. 19, presented by Bianco Tours.** The cost for this day trip is \$167.
- ◆ **Lakes, Lucy, Comedy & Cruises, Aug. 20-25, presented by Ed & Ted's.** Single \$3,399, Double \$2,449, Triple \$2,099.
- ◆ **Tiger's Road Trip, Sept. 5-6, presented by Bianco Tours.** Single \$493, Double \$399, Triple \$368.
- ◆ **Zehnders, Sept. 15, presented by Bianco Tours.** The cost for this day trip is \$130.
- ◆ **Ohio Wine Tour, Sept. 24, presented by Bianco Tours.** The cost for this day trip is \$138.
- ◆ **Lake Placid, Adirondack Mountains & Vermont, Sept. 26-Oct. 3, presented by Ed & Ted's.** Single \$3,999, Double \$2,999, Triple \$2,599.
- ◆ **Firekeepers, Oct. 6, presented by Bianco Tours.** The cost for this day trip is \$58.
- ◆ **Smokey Mountain Fall Adventure & Dollywood's Pumpkin Luminights, Oct. 19-23, presented by Ed & Ted's.** Single \$2,199, Double \$1,799, Triple \$1,649. **ALMOST SOLD OUT, ACT FAST.**
- ◆ **Rum Runners, Oct. 27, presented by Bianco Tours.** The cost for this day trip is \$158.
- ◆ **Sunny San Diego & So. Cal. Highlights, Nov. 5-10, presented by Premier World Discovery.** Single \$4,699, Double \$3,749. ***Airfare included in price.**
- ◆ **Edsel & Eleanor Ford House, Nov. 18, presented by Bianco Tours.** The cost for this day trip is \$111.
- ◆ **A Christmas to Remember, Nov. 29-Dec. 3, presented by Bianco Tours.** Single \$1,760, Double \$1,457, Triple \$1,429.
- ◆ **San Antonio Holiday, Dec. 3-7, 2026, presented by Premier World Discovery.** Single \$3,625, Double \$2,875. ***Airfare included in price.***
- ◆ **Tournament of Roses Parade, Dec. 29, 2026 - Jan. 2, 2027, presented by Mayflower Cruises & Tours.** Single \$3,298, Double \$2,399. ***Price does NOT include airfare.**

NEW FOR 2027

- ◆ **Colorful Costa Rica Adventure, Feb. 3-11, presented by Premier World Discovery.** Double \$4,174 pp. **AIRFARE INCLUDED**
- ◆ **Winter Getaway in Panama, Feb. 18-24, presented by Mayflower Cruises & Tours.** Double \$3,674 pp. **AIRFARE INCLUDED**
- ◆ **Sensations of the South, Mar. 5-14, presented by Bianco Tours.** Single \$3,871, Double \$3,123, Triple \$2,881.
- ◆ **Cherry Blossom Time in Our Nation's Capital, Apr. 8-14, presented by Mayflower Cruises & Tours.** Double \$3,674 pp. **AIRFARE INCLUDED**
- ◆ **Highlights of England, Scotland & Wales, Apr. 28-May 6, presented by Premier World Discovery.** Double \$4,899 pp. **AIRFARE INCLUDED**
- ◆ **Southern Beauty, May 17-22, presented by Bianco Tours.** Single 2,509, Double \$2, 005, Triple \$1,849.
- ◆ **Trains and Canyons of the West, June 17-24, presented by Mayflower Cruises & Tours.** Double \$4,474 pp. **AIRFARE INCLUDED**
- ◆ **Black Hills and Badlands, July 14-21, presented by Premier World Discovery.** Double \$3,674 pp. **AIRFARE INCLUDED**
- ◆ **Portugal and the Douro River Cruise, Aug. 18-28, presented by Mayflower Cruises & Tours.** *Prices based on cabin class.
- ◆ **North Carolina & the Outer Banks, Sept. 9-16, presented by Premier World Discovery.** Double \$3,899 pp. **AIRFARE INCLUDED**
- ◆ **Civil War Memories, Sept. 17-24, presented by Mayflower Cruises & Tours.** Double \$4.174 pp. **AIRFARE INCLUDED**
- ◆ **Highlights of Italy's Amalfi Coast & Rome, Oct. 12-21, presented by Premier World Discovery.** Double \$5,049 pp. **AIRFARE INCLUDED**
- ◆ **Fantastic Florida & the Keys, Nov. 11-18, presented by Premier World Discovery.** Double \$4,299 pp. **AIRFARE INCLUDED**

MORE EXCITING 2027 TRIPS COMING SOON!



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Current Resident



Center Closed, Friday July 3, 2026

Car Show—Saturday—July 11, 2026



FUN NIGHT MEAL & Entertainment—Tuesday, July 14, 2026 @ 4:30 p.m.

Thursday, July 16, 2026—9:00 Mobile Health Unit (Note new day this month)

July Board Meeting—July 16, 2026

Driving Safety, Monday, July 20, 2026 @ 1:00 p.m.

Fair Booth, Thursday, August 6, 2026

MEMBERS Senior Carnival—Wednesday, August 12, 2026

MEMBERS Pig Roast/POT LUCK—Monday, September 14, 2026