



for Active Adults

2786 VIVIAN ROAD

MONROE, MI 48162

Phone: 734-243-6210

CENTER HOURS:

Monday through Friday

8:30 a.m. - 4:00 p.m.

April 2026



**Spring IS HERE.
Bocce Ball and
Pickleball will begin
in May. Rain? No
worries. We have
many indoor
exercises.**



**Stay
Active
Be
Healthy**



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FRENCHTOWN CENTER LINK

2786 Vivian Road, Monroe, MI 48162

Phone: (734) 243-6210

e-mail: seniors@frenchtownsenior.com

2026 BOARD OF DIRECTORS

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Steve C Wilgocki
Alan C VanWashenova—Frenchtown Charter Township Liaison

Board of Directors meet on the 3rd Thursday each month at 10:00 a.m.

Center hours: 8:30 a.m. – 4:00 p.m. Monday/Friday

Adult Day Service: Monday – Friday 8:00 a.m. – 4:00 p.m. Can be open from 6:00 a.m.—6:00 p.m. with 24 hour notice.

Dues \$20.00 per year if you live in the county and \$25.00 if you live out of the county, are due in January. Lifetime membership \$200.00

Meals at 12:00 Noon - Monday – Friday. For reservations, please call the day before by 1:00 P.M.. Call Kitchen at 734-636-9477

FRENCHTOWN CENTER PERSONNEL/PHONE EXT

Paul Iacoangeli—Executive Director/ Ext 109
Kathleen McBee—Accountant/ Ext 105
Lisa Ghigliazza—Program Coordinator Ext 103
Christine Pidruzny—Office Manager / Ext 104
Patricia Smith—Administrative Assistant / Ext 108

Kitchen Staff

Kim Maracle—Head Cook/ Ext 106
Paula DeHart—Assistant Cook
Rita Stout-Andrews—Kitchen Aid
Kim Reeves—Kitchen Aid

Adult Day Service Staff

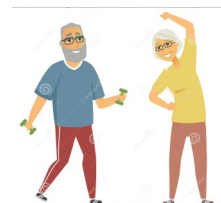
Jean Siemik—Program Director/ Ext 107
Pam Handegan—Adult Day Staff
Doreen Sager—Adult Day Staff
Mark West—Building Attendant

Activities & Services for Monroe County Older Adults at Frenchtown Center for Active Adults

Balance & Stability
Bingo
Bocce Ball
Book Club
Bridge
Bunco
Caregivers Support Group
Card Making Classes
Cardio Drumming
Chair Yoga
Chicks with Sticks
Color Social
Dominoes Mexican Train
Eight Ball Pool League
Enhanced Exercise
Euchre
Fundraising
Fun Fit Party Exercise
Geri-Fit
Informational Series
Knitting & Crocheting
Left Center Right
Legal Services
Mahjong
Men's & Women's Pool



Mobile Health Unit
Newsletter
Nine Ball Pool League
Noon Lunches
Notary Services
Open Pool
Painting Programs
Pickleball
Ping Pong
Pub Trivia
Quilting
Rummage Sales
Seasonal Tax Services
Sewing Group
Tuesday Fun Night
(2nd Tuesday)
Thursday Breakfast
Travel
Walk-Fit
Watercolor Class



This institution is an equal opportunity provider.

Commission on Aging Disclaimer Statement

Views & comments expressed in this newsletter are not necessarily the views & comments of the Monroe County Commission on aging. The Monroe County Commission on Aging is a governmental agency, which funds community senior programming through millage dollars.

The Frenchtown Center for Active Adults program will not discriminate against any individual or group because of race, sex, religion, national origin, color, marital status, handicap, or political beliefs.

Mon	Tue	Wed	Thu	Fri
		1 ADS BAKE SALE 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Dominoes Mexican 10:00 Chair Yoga 10:30 Paint w/Friends 11:00 Balance & Stability 12:00 9-Ball League 1:00 Happy Hookers	2 8:00 Cardio Drumming 8:30 Breakfast 9:00 Mobile Health Unit 9:00 Ping Pong 9:00 Bridge 9:00 Cardio Drumming 10:00 Geri-Fit 11:00 Advanced Geri-Fit 1:00 8-Ball Partners 1:00 LCR 1:00 Enhanced Exer w/Jackie	3 CENTER CLOSED 
6 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Chicks w/Sticks 11:00 Balance & Stability	7 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie	8 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Chair Yoga 10:30 Paint w/Friends 11:00 Balance & Stability 12:00 9-Ball League 1:00 Happy Hookers	9 8:00 Cardio Drumming 8:30 Breakfast 9:00 Ping Pong 9:00 Cardio Drumming 9:00 Bridge 10:00 Geri-Fit 10:00 Massage Therapy 11:00 Advanced Geri-Fit 12:00 Quilter's Guild 1:00 8-Ball Partners 1:00 LCR 1:00 Enhanced Exer w/Jackie	10 10:00 Walk Fit 12:15 Watercolor Class 1:00 Bingo
13 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability 1:00 Caregivers Meeting	14 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie 4:30 Fun Night Meal	15 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Dominoes Mexican Train 10:00 Chair Yoga 10:30 Paint w/Friends 11:00 Balance & Stability 12:00 9-Ball League 1:00 Happy Hookers 1:00 WWWWW	16 8:00 Cardio Drumming 8:30 Breakfast 9:00 Ping Pong 9:00 Cardio Drumming 9:00 Bridge 10:00 Board Meeting 10:00 Geri-Fit 11:00 Advanced Geri-Fit 1:00 Card Making 1:00 8-Ball Partners 1:00 LCR 1:00 Enhanced Exer w/Jackie	17 9:00 Mahjong 10:00 Book Club 10:00 Walk Fit 12:15 Watercolor Class 1:00 \$5.00 Bingo
20 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability	21 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie	22 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Chair Yoga 10:30 Paint w/Friends 11:00 Balance & Stability 12:00 9-Ball League 1:00 Happy Hookers 1:00 Pub Trivia 1:00 Happy Hookers	23 8:00 Cardio Drumming 8:30 Breakfast 9:00 Ping Pong 9:00 Cardio Drumming 9:00 Bridge 10:00 Massage Therapy 10:00 Geri-Fit 11:00 Advanced Geri-Fit 1:00 8-Ball Partners 1:00 LCR	24 9:00 Monroe Sewing Club All Day Sew 10:00 Walk Fit 12:15 Watercolor Class 1:00 Bingo
27 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability	28 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie	29 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Chair Yoga 10:30 Paint w/Friends 11:00 Balance & Stability 12:00 9-Ball League 1:00 Happy Hookers	30 8:00 Cardio Drumming 8:30 Breakfast 9:00 Ping Pong 9:00 Cardio Drumming 9:00 Bridge 10:00 Geri-Fit 11:00 Advanced Geri-Fit 1:00 8-Ball Partners 1:00 LCR 1:00 Enhanced Exer w/Jackie	Bunny Hop Surprise The Easter bunny hops so high, He twirls and jumps beneath the sky. He hides each egg with such great care, Look around, they're every where!



**** The Direct Line to place a lunch order is 734-636-9477 **** **April 2026**
 Due to the high **volume of CALL-IN LUNCH ORDERS**, we are **UNABLE TO RETURN CALLS**. If you placed an order via phone, the best way to check is to stop by and review the sign up sheets. We appreciate all the response to our lunches and apologize for the inconvenience. **Menu is subject to change.**

Mon		Tue	Wed	Thu	Fri
Food for thought: It doesn't cost any more to wear a smile than it does to wear a frown <i>Edgar Nye</i> , Keep Smiling			1 Fried Bologna & Cheese Sandwich w/Side	2 Frito Burrito	3 
6 Italian Sausage w/Peppers & Onions	7 Shrimp Alfredo	8 Mostaccioli	9 Breakfast for Lunch—Biscuits & Gravy, Sausage & Eggs	10 Sloppy Joe w/Side	
13 Grilled Cheese w/ Chicken Noodle Soup	14 Hard Taco's	15 Betty Salad	16 Club Sandwich w/ Side	17 Egg Salad w/Side	
20 Ribs w/Side	21 Taco Salad	22 Hot Beef Platter	23 Greek Salad w/ Chicken	24 Meatball Sub w/ Side	
27 Chicken Parmesan Sandwich w/Side	28 Chipotle Chicken Empanada's	29 Chicken & Dumplings	30 Meatloaf w/ Mashed Potatoes	Menu is subject to Change	

Please call before 1:00 p.m. the day before you want a lunch. No Changes from in to out or out to in the day of excluding necessary cancellations and emergencies.

When calling 734-636-9477 to place your lunch order, **PLEASE** place an order for **ONE** day only at a time. **Lunch can only be ordered for one day per single phone message. Please indicate Dining IN or OUT.**

Breakfast Menu—Promptly Served 8:30 A.M.

PLEASE—NO WALK-INS. Call or sign-up by 1:00 P.M. on the Wednesday before.

April 2, Chorizo & Eggs
 April 9, Biscuits & Gravy
 April 16, Breakfast Sandwich
 April 23, Skillet
 April 30, French toast



Please call 734-636-9477 by 1:00 p.m. the day before to order lunch.
 Carry out available for pick-up @ 11:30a.m.
 Dining in available Monday—Friday 12:00 Noon
Please Call by 1:00 p.m. Friday for the following Monday
 . Additional meals over the first are available for \$5.00 each.



Activities

As the snow melts and the temperature rises, it's a clear sign that our outdoor activities will start soon. In anticipation of getting out in the fresh air and adding some variety to our cardio routines, I am already receiving great suggestions from many of you.

We are fortunate to be part of the Township campus and to have such a close working relationship with our neighbors. Last month, I mentioned our access to overflow parking; this month, I want to highlight the park itself. We have access to some truly wonderful amenities right at our doorstep. The Bocce ball court is a favorite, typically used weekly, and we also have a cornhole set ready for action. The volleyball courts are a great asset, occasionally used by the local school, as is the excellent walking trail, which students use for track practice. Some of our more adventurous folks even use the sledding hill for a bit of incline walking during the warmer months!

Additionally, the tennis/pickleball courts are a major highlight. The Township has been incredibly accommodating in allowing us to set aside a couple of days a week so our members can enjoy a friendly game of pickleball.

While these park amenities are a welcome addition to our programming, they are maintained through the dedicated efforts of the Township. We are grateful for their stewardship of these spaces, which allows us to focus on our members. While the ultimate management of the grounds remains "next door," I am always happy to share your suggestions and feedback with our partners in the Township to ensure our community spaces continue to thrive.

As a reminder, I believe work will keep progressing at the back of the park as the water tower installation proceeds. I don't have a specific timeline, but I was told it would continue this year.

Car Show(s)

Hopefully you already have July 11th on your calendar for our 3rd annual car show. Stay tune for

any news about this one.

We have set the day to host a trunk-or-treat event which we have planned for October 10th. Because this will bring out the kids we are looking for some ideas to really make this an exciting day for them. Let us know if you have any thoughts

Utility Inconvenience

On February 19th, a power transformer in front of the Township caught fire, disrupting several services to our building. These types of fires are rare. I don't recall the weather being a factor that day, so it was probably due to the transformer's age or some kind of animal intrusion. You might wonder what that meant for us. Now that we have a generator to power the entire building, it should have made little difference. Although the generator started quickly and without incident, our internet and phone service were affected. It appears the fire destroyed the cable company's equipment. Like many of our neighbors, our cable, internet, and phone services were down. Fortunately, when this happens, calls to our primary number are routed to my cell phone. That's why I either answered your call or returned it. I repeatedly say, "Technology is a wonderful thing when it works right." That day it did!

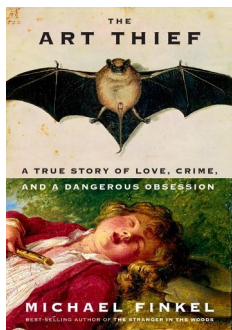
Work being done

On March 24 and 25, we will have some workers in the building. As a result, we probably will need to shift activities around to accommodate them while they are here. Don't worry; we will give everyone enough notice and try not to catch you by surprise.

Lunch

In preparation for our monthly newsletter, the lunch menu is planned a few weeks in advance for inclusion. Sometimes things happen, and a menu item needs to be changed. We do everything we can to minimize this and try to notify folks when it happens. So thanks for understanding. Enjoy Spring!





April Book Club

Friday, April 17, 10:00am

The Art Thief

By Michael Finkel

One of the most remarkable true-crime narratives of the twenty-first century is the story of the world's most prolific art thief, Stéphane Breitwieser. In this spellbinding portrait of obsession and flawed genius, the best-selling author of *The Stranger in the Woods* brings us into Breitwieser's strange world—unlike most thieves, he never stole for money, keeping all his treasures in a single room where he could admire them. For centuries, works of art have been stolen in countless ways from all over the world, but no one has been quite as successful at it as the master thief Stéphane Breitwieser. Carrying out more than two hundred heists over nearly eight years—in museums and cathedrals all over Europe—Breitwieser, along with his girlfriend who worked as his lookout, stole more than three hundred objects, until it all fell apart in spectacular fashion. In *The Art Thief*, Michael Finkel brings us into Breitwieser's strange and fascinating world. Unlike most thieves, Breitwieser never stole for money. Instead, he displayed all his treasures in a pair of secret rooms where he could admire them to his heart's content. Possessed of a remarkable athleticism and an innate ability to circumvent practically any security system, Breitwieser managed to pull off a breathtaking number of audacious thefts. Yet these strange talents bred a growing disregard for risk and an addict's need to score, leading Breitwieser to ignore his girlfriend's pleas to stop—until one final act of hubris brought everything crashing down. This is a riveting story of art, crime, love, and an insatiable hunger to possess beauty at any cost. Of fact and fiction, war and peace, courage and fear and longing.

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I know for a fact that many of our members recycle. How do I know this, you may wonder? Since I wasn't a cop, it certainly doesn't have anything to do with my detective skills. It's just that I trust my own eyes. On different trips to the recycling containers in Frenchtown, I have spoken to several people as we dispose of our recyclables. My journey started when my kids were in grade school. My daughter was, and still is, an avid recycler despite a slight setback in her early years. I went to work before they went to school, and the trash and recyclables were always out early. One day, while waiting for the bus, the garbage truck pulled up while the kids were waiting. The man picked up the trash cans as expected, then turned to the recycling bin and dumped them in as well before engaging the compactor. Needless to say, my daughter was upset and made me painfully aware the next day. As a result, I canceled the service and started taking them to the designated drop site myself. We still continue to recycle at home and at the Center.



Believe it or not, there is a point to this story. Pictured is our new water fountain and bottle filler. It is a high-efficiency model that replaces our 20-plus-year-old fountain, which was in need of repair but sadly inefficient. The new combination fountain will allow participants to refill their reusable water bottles, tumblers, or travel mugs, helping to eliminate the need for single-use plastic bottles. As more people become aware of it, we expect the use of single-use plastic bottles to decrease. To date, the equivalent of 290 bottles, or 6 pounds of plastic or 2 gallons of oil have been saved.

This project would not have been possible without the assistance of Dan Rock, the Recycling and Green Community Program Coordinator for the Monroe County Environmental Health Department, Frenchtown Charter Township, and the grant from the Monroe Solid Waste Program Solid Waste Fund.

Remember to bring your own refillable container and visit the new cooler to enjoy chilled, filtered, microplastic-free water. It is located in the pool table area next to the refrigerator.



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FRENCHTOWN CENTER

Library in Motion will return

Wednesday, April 11, 2026

Please have returns ready by 10:00 a.m.

PHONE: 734-241-5770

EMAIL: lim@monroe.lib.mi.us



TUESDAY FUN NIGHT Meal & Entertainment

Tuesday April 10, 2026

4:30 p.m.—6:30 p.m.

Come Join Us for Some Food and Fun!!!

Members ONLY \$1.00

NON-MEMBERS \$3.00

Let's have
FUN!



Choose your April Birthday Lunch from this months menu items (Page 4)

Susan A Anspaugh	Jan L Gill	Donald J Marchese	Kathy R Rogoff
Linda L Beaty	Robin N Gillis	Marjorie Martin	Nancy Ronzello
Diane M Becker	Patricia "Pat" A Green	Melanie A Mascilak	Barb Rumschlag
Michelle Bilan	Barb J Griffith	Lisa Rae McGrath	Robert "Rusty" Russ
Verma A Boss	Greg A Guyor	Trent M McRitchie	James "Jim" E Satkowski
Patricia Ann Brazill	Deborah A Guyor	Janet E McShane	Janice Sawyer
Dawn M Brown	Carlene Hamilton	Bob H Melvin	Colleen L Smith
Rebecca Burkett	Ann L Herr	Nancy S Miller	Carolyn Anne Spillson
Gavin C Carter	Elicia M Hodson	Mary T Miller	Anthony J Spina
Dana Clark	Kay A Hollister	Jean Montie	Nancy Jane Stamper
Janet A Colling	George Hoppert	Jon R Moore	Edward Straub
Rick E Didario	Linda S Jennings	Roger D Morgan	Joyce M Szymanski
Carol J Donnelly	Wilma Johnson	Joan M Mulvehill	Deanna M Thoma
Gladys L Drummonds	Kathleen A Jondro	Margaret C Nelles	Robert E Vallade
Cheryl Dufore	Sharon L Kinne	Alan E. Notario	Dorothy Jane Vallade
Marian Duvall	Barbara Kinne	Kimberly A O'Brien	Judith M Vanisacker
Barry E Egen	Dan L Koenemann	Janet E Patterson	Jacqueline M Walock
Ronald F Feroni	Michaelene A. Kowalczyk	Ruth Ann Peters	Debra Y Yoas
Patrick Finnerty	Antoinette Rita Kuzich	Steve M Peterson	
Judy A Fowler	Marilyn C Laboe	Beverly J Pierce	
Doris M Frommann	Chuck Leibenguth	Debra M Poupard	
Josephine N Gaglio	Shelle G Lieto	Wanda S Ray	
Linda M Gagne	Sue M Loveland	Phyllis Roberts	
Teresa A Gibala	Margaret (Peggy) M Manor	Christina L Roehl	
Julie A Gibbs			



**Happy March Birthday
to Matthew L. Miller**

THANK YOU AND DONATIONS

Anonymous—Yarn and Material
Vicky Enlund—Material, Needles and Yarn
Bill and Diane Groulx—Items for prizes
Members—Donations for Easter Baskets
Mary Kittle—donation of Kitchen Aid Mixer
And as always, we can never thank our
VOLUNTEERS enough.



Happy Volunteer Appreciation Month

"Your time is the most precious gift you can give – and you've given it to make the world brighter."



The truth in it is hard
to accept. Your memories
will never be forgotten!
Those will always remain
with us forever.

Rest in Peace

Michael C. Bleyaert



Thursday, April 2nd
9:00 a.m. – 11:00 a.m.

We are on the road
bringing FMC Services to
our community



Mobile Unit Services

- Health screening
- Dental screening by special request
- Vision screening
- Preventative education



Visit Our Website:
www.familymedicalmi.org

734-654-2169 Monroe County
517-263-1800 Lenawee County

WELCOME TO OUR NEW MEMBERS!

New LifeTime Members:

Gary W Brown

Alan Metdepenningen

Pamela Metdepenningen

Linda J Ashbreck

Arlyne Balog

Juanita Barker

Kathleen S Barley

George Pat Barley Jr.

Linda L Beaty

Michael Brazill

Jo Anne Carsner

Thomas E Carsner

Gavin C Carter

Dana M Clark

Marcy Dlugopolski

John Dlugopolski

Beth Eargle

Perry Eargle

Betty Ann Egen

Barry E Egen

Neil Ernest

Renne K Faziani

Patricia M Freppel

Doris M Frommann

Idonna Gallagher

Julie A Gibbs

Patricia J Grove

Carl Hall Jr.

Angela M Heflin

Janet K Holmes

Michael A Jaskot

Tammy Johns

Liz Keehn

Mark A Kluge

Edba Labell

Tracey Lapalme

Sharon M Lodico

Diane E Mackey

Carol S Mason

Arnold J Metdepenningen

Sherilyn L Moon

Kelley L Odneal

Fara M Palazzolo

Thomas "Tom" Lynn Petit

LaHomma L Saunders

Carl Saunders

Robyn Seales-Churchill

Debbie L Sieb

Robert A Sieb

Cynthia Slatten

Valerie S Stern

Steve C Tallman

Isabel D Vasquez

Mary Beth Walsh

Dave L Wehner

Susie Wilcousky

Melissa K Zietlow

The Monroe County Quilt Guild meets the 2nd Thursday of the month. The Guild, founded in 1993, is a local civic organization located in Monroe County, Michigan. Their purpose is to promote the preservation of traditional quilting and the development of contemporary quilting and preserve the history and legacy of quilts for future generations. They provide, through charitable organizations, handmade quilts for those who need encouragement and comfort during difficult times.

These photos display two distinct categories of quilts that represent the heart of the group's activities.

There's a beautiful compilation of their latest charity quilts. These are lovingly handcrafted by the members and are specifically designed to bring warmth, comfort, and a touch of homemade care to various local organizations. They take immense pride in contributing positively to the community through these donations.

Also included is a series of individual quilts, which were proudly showcased during their "Show and Tell" segment. This is always a vibrant part

of their meetings where members present their recently completed projects, often sharing the inspiration, unique techniques, and personal stories behind their creations.





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Mark Your Calendars

Bake Sale to benefit the Adult Day Services Program

Wednesday, April 1, 2026



Please bring your bake goods on Monday March 30th and Tuesday, March 31st. If you don't bake, we will be accepting cash or check donations. We truly appreciate your support and donations of the Adult Day Services Program.

A HUGE Thank You in advance!!!

The Adult Day Services Program:

Do you know someone who takes care of an elderly adult who has been diagnosed with Alzheimer's or Dementia..... We can help them!! Let them know about our program. We provide respite care for caregivers who need a break from care.



"Kindness can transform someone's dark moment with a blaze of light. You'll never know how much your caring matters." - Amy Leigh



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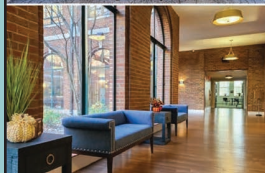
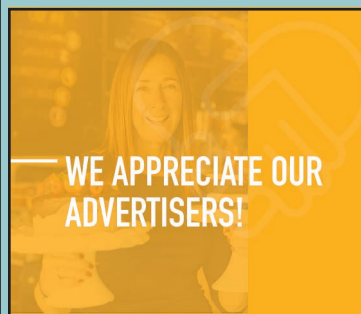
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Monroe Center for Active Adults 15-0719



RUMMAGE SALE



Tuesday, May 12th from 8:30am – 3:30pm
 Wednesday, May 13th from 8:30am – 3:30pm
 Thursday, May 14th from 8:30am – 3:30pm
 Friday, May 15th from 8:30 – NOON only

Beginning April 1st, we will be accepting donations for assorted household items and clothing, including working small appliances, laptops, tablets—anything small.

NO Books or Magazines.



**NO LARGE
 APPLIANCES or
 TV's**



"Volunteers are the only human beings on the face of the earth who reflect this nation's compassion, unselfish caring, patience, and just plain loving one another."
 — Erma Bombeck

Easter Basket Raffle

Tickets \$1.00 OR 6 FOR \$5.00

Proceeds Benefit the Center.

Drawing Wednesday, April 1, 12:00pm.

6 Baskets—6 Chances



2025 Winner

We are looking for donations to fill the Basket. We will be starting it off with some special items from the Center and donations from members that we received early. Get your \$1.00 tickets for 6 chances to win lots of goodies and more.

We appreciate your support and dedication!!



2025 Winner

March Brain Exercises Answers

St. Patrick's Day

word scramble

IIRHS <u>Irish</u>	LDOG <u>Gold</u>
OABIRWN <u>Rainbow</u>	KAPCIRT <u>Tripack</u>
ADIELRN <u>Ireland</u>	NEEPI LARCU <u>Leprechaun</u>
MHSOKCRA <u>Shamrock</u>	HRCMA <u>March</u>
YKLCU <u>Lucky</u>	ENRGE <u>Green</u>
BACBAEG <u>Cabbage</u>	ORLECV <u>Clover</u>
NETESENEV <u>Seventeen</u>	
TISNA <u>Saint</u>	
ARDEAP <u>Parade</u>	
ACDNE <u>Dance</u>	



1. Why don't you iron four-leaf clovers? **You don't want to press your luck.**
2. What do you call a fake Irish stone? **Shamrock.**
3. Why did the leprechaun go outside? **To sit on his patio-gold.**
4. How do you know if an Irishman is having a good time? **He's Dublin over with laughter.**
5. Why can't you borrow money from a leprechaun? **Because they're always short.**
6. What did the overgrown plant say on St. Patrick's Day? **Pinch me.**
7. Who was Cinderella's date on St. Patrick's Day? **Pinch Charming.**
8. How do you pay for your green beer on St. Patrick's Day? **With Lepre-Coin.**



March Riddles Part 1 Answers

1. George, Helen, and Steve are drinking coffee. Bert, Karen, and Dave are drinking Pepsi. Following this pattern, is Elizabeth drinking coffee or soda? **Coffee, just like all the other names with two E's. Those with one "E" drink Pepsi**
2. Two girls were born to the same mother, on the same day, at the same time, in the same month, and in the same year—but they're not twins. How is this possible? **They are triplets.**
3. I am easy to lift but hard to throw. What am I? **A feather.**
4. Why did the leprechaun say no to a bowl of soup? **He already had a pot of gold.**
5. What does the leprechaun order at a coffee shop? **Green Tea.**

March Riddles Part 2 Answers NOTE: THERE IS NO Number 2.

1. Without a bridle or a saddle, across a thing, I ride a-straddle. And those I ride, by help of me, though almost blind, are made to see. What am I? **Eyeglasses**
3. If you have me, you want to share me. If you share me, you don't have me. What am I? **A secret.**
4. David's father has three sons: Snap, Crackle, and **David?**
5. A is the brother of B. B is the brother of C. C is the father of D. So how is D related to A? **A is D's uncle.**
6. A butcher stands six feet and one inch tall and wears size 12 shoes. What does he weigh? **Meat.**

Those born on March 31st are the easiest to prank on April Fools' Day. They were literally born yesterday.



Why was everyone so tired on April 1?
Because they just finished a long 31-day March.



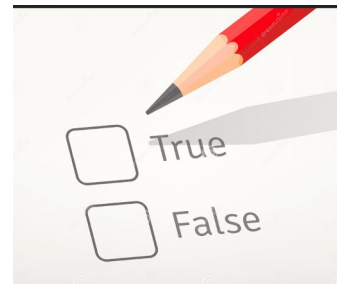
April Brain Trivia

1. Which U.S. president was shot on April 14, 1865, and died the next day?
2. The very first episode of the TV show *I Love Lucy* aired in the 1950s, but Lucille Ball was born in April. What year was she born?
3. April's birth flower is often associated with spring renewal. Is it the daisy, the tulip, or the sweet pea?
4. April 1st is April Fools' Day. In France, pranksters stick paper cutouts of what animal on people's backs?
5. Which famous crooner released the song "April in Paris" in 1932?
6. Count Basie (though many artists later recorded it).
7. When was the Declaration of Independence signed?
8. Who was the fourth president of the United States?
9. Name the landmark Supreme Court case that ended racial segregation in schools.
10. Who was the president during the Cuban Missile Crisis?
11. The "shot heard round the world" describes the start of which battles?
12. Who sang "Unforgettable" and was also known for his smooth jazz voice?
13. In what movie does the line "Here's looking at you, kid" appear?



True or False:

1. Honey Never Spoils?
2. Bananas Are Berries?
3. Penguins Only Live in the Antarctic?
4. Lightning Never Strikes the Same Place Twice?
5. Your Taste Buds Change Every Seven Years?
6. Goldfish Have a 3-Second Memory?
7. The Great Wall of China is Visible from Space?
8. Lightning Bugs Are Not True Bugs?
9. Chameleons Change Color to Blend In?
10. The Eiffel Tower Can Grow Taller in the Summer?
11. Octopuses Have Three Hearts?
12. Carrots Improve Your Night Vision?
13. The Bermuda Triangle is More Dangerous than Other Parts of the Ocean?
14. The Mona Lisa Was Stolen from the Louvre in 1911 and Recovered Two Years Later?
15. Mars Has More Than One Moon?
16. Coffee Stunts Your Growth?
17. Is Memory Loss a Normal Part of Aging?





THRIFT SHOP
119 S. MONROE STREET
MONROE, MI 48161
734-384-3117

Volunteers Needed The Thrift Shop is a great place to volunteer your time and talent



as well as an asset to the local community. It is a non-profit organization that is run by an amazing group of energetic women whose primary purpose is to aid the

community. Serving the community since 1952, all profits are given back in the form of scholarships or financial assistance. They work tirelessly to help others. Located in Downtown Monroe, the Thrift Shop has unique gifts as well as a large selection of clothing. Visit today! Volunteer today!

OPEN Wednesday—Saturday 10:00 AM - 4:00 PM
Closed Sunday—Monday—Tuesday

**Bunco Players Have Talent
 They Can Roll Dice
 And Talk At The Same Time**



**Looking for Bunco
 Players. Tuesdays @
 1:00 p.m. Come join the
 fun.**



Monroe County Senior Legal Services (MCSLS) provides legal assistance to residents of Monroe County who are 60 years of age and older in the greatest social or economic need. If a client is unable to come to its office, MCSLS offers its clients a unique service referred to as "outreach services." Upon request, MCSLS will go out to the homes of people who are homebound to take the relevant information. MCSLS provides legal services in civil matters only. These issues include:

- Estate Planning
- Employment
- Money and Debt
- Medicare/Medicaid Advice
- Divorces
- Housing
- Probate
- Guardianship
- Deeds and Real Estate

If you have a problem, call 241-7644 for an appointment at 1126 S. Telegraph, in Monroe, between 9:00 a.m. and 5:00 p.m., Monday through Friday. If you are homebound, call the office to have one of MCSLS outreach staff visit you at your home.

ATTENTION CRAFTERS

3rd Annual CAR & CRAFT SHOW

Saturday, July 11, 2026

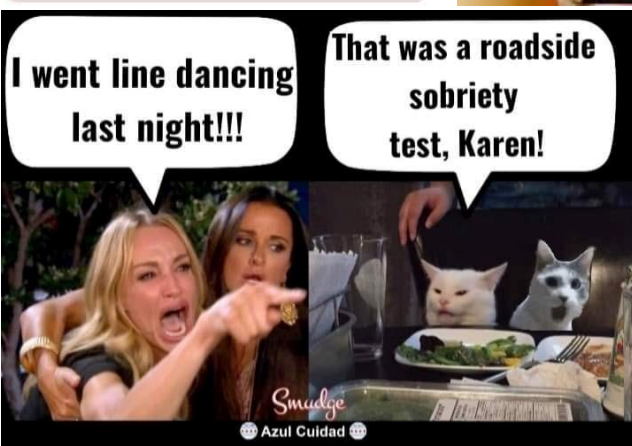
11:00 AM—3:00 PM



Proceeds to Benefit the Adult Day Service Program

All spaces, both inside and outside, are \$20 (this includes an 8' table and 2 chairs). Each additional space is \$10. Application available on or website or at the Center.

Nude photos of the Sesame Street muppets have been leaked online.



Michigan Central Station

THUNDER OVER LOUISVILLE

Visit our Webpage for more Information

Frenchtown Center for Active Adults

Thursday, March 26, 2026

Departs 8:00am - Returns 4:00pm

Lisa Ghigliozzi (734) 243-6217

\$107.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Registration Fee: \$107.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Registration Fee: \$107.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Visit our Webpage
for more Information

MURDER LINKS

Frenchtown Center for Active Adults

Thursday, April 8, 2026

Departs 8:00am - Returns 4:00pm

Lisa Ghigliozzi (734) 243-6217

\$158.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Registration Fee: \$158.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Registration Fee: \$158.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

The Frenchtown Center for Active Adults Presents: "THUNDER OVER LOUISVILLE"

April 16-19, 2026

\$1,399.00 per person

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Registration Fee: \$1,399.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Registration Fee: \$1,399.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Meet Me In St. Louis

Frenchtown Center for Active Adults

Friday, May 13 - Sunday, May 15, 2026

Departs 8:00am - Returns 4:00pm

Lisa Ghigliozzi (734) 243-6217

\$1,432.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Registration Fee: \$1,432.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Registration Fee: \$1,432.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Fiesta Detroit

Frenchtown Center for Active Adults

Wednesday, May 20, 2026

Departs 8:00am - Returns 4:00pm

Lisa Ghigliozzi (734) 243-6217

\$120.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Registration Fee: \$120.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Registration Fee: \$120.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

New England

Frenchtown Center for Active Adults

May 28 - June 3, 2026

Departs 8:00am - Returns 4:00pm

Lisa Ghigliozzi (734) 243-6217

\$2,312.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Registration Fee: \$2,312.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Registration Fee: \$2,312.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

The Frenchtown Center for Active Adults Presents: Cape May, Naval Traditions & Heroes Tour

June 14-19, 2026

\$2,399.00 pp

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Registration Fee: \$2,399.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Registration Fee: \$2,399.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Meadow Brook Theatre

Frenchtown Center for Active Adults

Wednesday, June 17, 2026

Departs 8:00am - Returns 4:00pm

Lisa Ghigliozzi (734) 243-6217

\$137.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Registration Fee: \$137.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Registration Fee: \$137.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Anne Arundel Adventure

Frenchtown Center for Active Adults

Tuesday, June 9, 2026

Departs 8:00am - Returns 4:00pm

Lisa Ghigliozzi (734) 243-6217

\$138.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Registration Fee: \$138.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

Registration Fee: \$138.00

Includes: Round-trip transportation, admission to the event, lunch, and a commemorative program.

You can **find the latest travel information on our website**, www.frenchtownsenior.com,
our Facebook page, and in the newsletter.

- ◆ **Purple Rose—Murder on the Links, Apr. 9, presented by Bianco Tours.** The cost for this day trip is \$158.
- ◆ **Thunder Over Louisville, Apr. 16-19, presented by Ed & Ted's.** Single \$1,699, Double \$1,399, Triple \$1,299.
- ◆ **Fiesta Detroit, May 20, presented by Bianco Tours.** The cost for this day trip is \$120.
- ◆ **New England, May 24—30, presented by Bianco Tours.** Single \$2,756, Double \$2,312, Triple \$2,174.
- ◆ **Ann Arbor Adventure, June 9, presented by Bianco Tours.** The cost for this day trip is \$138.
- ◆ **Cape May, Naval Traditions & Heroes, June 14-19, presented by Ed & Ted's.** Single \$2,999, Double \$2,399, Triple \$2,249.
- ◆ **Meadowbrook—Always a Bridesmaid, June 17, presented by Bianco Tours.** The cost for this day trip is \$137.
- ◆ **Thunder Bay, June 26-24, presented by Bianco Tours.** Single, \$633, Double \$571, Triple \$551.
- ◆ **Detroit Heritage, June 25, presented by Bianco Tours.** The cost for this day trip is \$126.
- ◆ **The Sounds of Summer, July 5-7, presented by Bianco Tours.** Single \$1,022, Double \$785, Triple \$714.
- ◆ **Firekeepers, July 7, presented by Bianco Tours.** The cost for this day trip is \$58.
- ◆ **Detroit Princess, July 9, presented by Bianco Tours.** The cost for this day trip is \$124.
- ◆ **Niagara Falls Getaway, July 14-16, presented by Bianco Tours.** Single \$1,357, Double \$1,048, Triple \$965.
- ◆ **Purple Rose—Emma's Wedding(s), July 30, presented by Bianco Tours.** The cost for this day trip is \$158.
- ◆ **Canal Days, Aug. 7, presented by Bianco Tours.** The cost for this day trip is \$98.
- ◆ **Canadian Rockies & Glacier National Park, Aug. 12-18, 2026, presented by Premier World Discovery.** Single \$5,799, Double \$4,499. ***Airfare included in price.**
- ◆ **Saugatuck, Aug. 19, presented by Bianco Tours.** The cost for this day trip is \$167.

**For future trips, Lisa will also be asking for your License Plate Number. This will help us
find you in case of any emergency.**

If you are not a member of the Frenchtown Center for Active Adults, we ask that you pre-register with our Office Manager, Christine Pidruzny.

Travel Meeting
Tuesday
April 21 @ 1:00 p.m.

- ◆ **Lakes, Lucy, Comedy & Cruises, Aug. 20-25, presented by Ed & Ted's.** Single \$3,399, Double \$2,449, Triple \$2,099.
- ◆ **Tiger's Road Trip, Sept. 5-6, presented by Bianco Tours.** Single \$493, Double \$399, Triple \$368.
- ◆ **Traverse City Fireworks, Sept 10-12, presented by Bianco Tours.** Single \$1,119, Double \$889, Triple \$820.
- ◆ **Zehnders, Sept. 15, presented by Bianco Tours.** The cost for this day trip is \$130.
- ◆ **Iceland Explorer, Sept. 23-30, 2026, presented by Premier World Discovery.** Single \$6,049, Double \$4,849. ***Airfare included in price.***
- ◆ **Ohio Wine Tour, Sept. 24, presented by Bianco Tours.** The cost for this day trip is \$138.
- ◆ **Lake Placid, Adirondack Mountains & Vermont, Sept. 26-Oct. 3, presented by Ed & Ted's.** Single \$3,999, Double \$2,999, Triple \$2,599.
- ◆ **Firekeepers, Oct. 6, presented by Bianco Tours.** The cost for this day trip is \$58.
- ◆ **Best of Ireland, October 7-19, 2026, presented by Mayflower Cruises & Tours.** Single \$7,648, Double \$5,649. ***Airfare included in price.**
- ◆ **Smokey Mountain Fall Adventure & Dollywood's Pumpkin Luminights, Oct. 19-23, presented by Ed & Ted's.** Single \$2,199, Double \$1,799, Triple \$1,649.
- ◆ **Rum Runners, Oct. 27, presented by Bianco Tours.** The cost for this day trip is \$158.
- ◆ **Sunny San Diego & So. Cal. Highlights, Nov. 5-10, presented by Premier World Discovery.** Single \$4,699, Double \$3,749. ***Airfare included in price.**
- ◆ **Edsel & Eleanor Ford House, Nov. 18, presented by Bianco Tours.** The cost for this day trip is \$111.
- ◆ **A Christmas to Remember, Nov. 29-Dec. 3, presented by Bianco Tours.** Single \$1,760, Double \$1,457, Triple \$1,429.
- ◆ **San Antonio Holiday, Dec. 3-7, 2026, presented by Premier World Discovery.** Single \$3,625, Double \$2,875. ***Airfare included in price.***
- ◆ **A Grand Hollanday Christmas, Dec. 9-10, presented by Bianco Tours.** Single \$351, Double \$290, Triple \$270.
- ◆ **Tournament of Roses Parade, Dec. 29, 2026 - Jan. 2, 2027, presented by Mayflower Cruises & Tours.** Single \$3,298, Double \$2,399. ***Price does NOT include airfare.**



Frenchtown Center Link

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Monroe, MI 48162
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Commission on Aging



Current Resident

ADS Bake Sale, Wednesday, April 1, 2026

The Mobile Health Unit Thursday—April 2, 2026 @ 9:00 a.m.

CLOSED Friday, April 3, 2026



No Chair Yoga—Monday, April 6, 2026

FUN NIGHT MEAL & Entertainment—Tuesday, April 14, 2026 @ 4:30 p.m.

April Board Meeting—April 16, 2026

Travel Meeting, Tuesday, April 21, 2026

Rummage Sale, May 12—15, 2026

Looking for Bunco Players. Tuesdays @ 1:00 p.m. Come join the fun.

To view the newsletter on line, go to: <https://www.frenchtownsenior.com/newsletter.html>