



for Active Adults

2786 VIVIAN ROAD

MONROE, MI 48162

Phone: 734-243-6210

CENTER HOURS:

Monday through Friday

8:30 a.m. - 4:00 p.m.



December 2025



Another successful and fun Halloween Party. Lots of nice Halloween costumes this year! To our active members and Lake Erie Hexenbrut, thank you so much for celebrating with us! Congratulations to our 6 winners for the "Best Halloween Costumers!"



1st place, Mr. & Mrs. Sonny and Dianne Beaudrie



2nd Ms. Sharon Kay Buckley



3rd Helen Brown, Mary Fowler & Sandra Hojnacki



In This Issue:

Board of Directors / Staff	2
December Activities	3
December Lunch Menu	4
Director's Corner	5
Book Club	6
New Year's Eve Celebration	7
Thank You's	8
Donations	8
Birthday Wishes	8
Tech/Cell Phone Support	9
Massage Therapy	9
Health Mobile	9
New Members	9
ADS Bake Sale	10
Holiday Casserole Recipe	11
Bingo	12
Wheelbarrow of Plenty	13
Library in Motion	13
Tuesday Fun Meal	13
Mackinac Trip	14
Holiday Brunch Recipe	15
Appetizer Recipe	15
Art Show	16
Jokes	17
Travel	18-19
At A Glance	20



FRENCHTOWN CENTER LINK

2786 Vivian Road, Monroe, MI 48162

Phone: (734) 243-6210

e-mail: seniors@frenchtownsenior.com

2025 BOARD OF DIRECTORS

Darla Myers—Chairman
Dianne Beaudrie—Vice Chairman
Thomas Peckham—Treasurer
Mary Ann Mack—Secretary
Charles Mushung—Member at Large
Ellen Brockway
John Bocks
Rick Brown
James Osment Jr
Daniel Van Wassenhova
Alan C VanWashenova—Frenchtown Charter Township Liaison

Board of Directors meet on the 3rd Thursday each month at 10:00 a.m.

Center hours: 8:30 a.m. – 4:00 p.m. Monday/ Friday

Adult Day Service: Monday – Friday 8:00 a.m. – 4:00 p.m. Can be open from 6:00 a.m.—6:00 p.m. with 24 hour notice.

Dues \$20.00 per year if you live in the county and \$25.00 if you live out of the county, are due in January. Lifetime membership \$200.00

Meals at 12:00 Noon - Monday – Friday. For reservations, please call the day before by 1:00 P.M.. Call Kitchen at 734-636-9477

FRENCHTOWN CENTER PERSONNEL/PHONE EXT

Paul Iacoangeli—Executive Director/ Ext 109
Kathleen McBee—Accountant/ Ext 105
Lisa Ghigliazza—Program Coordinator Ext 103
Christine Pidruzny—Office Manager / Ext 104
Patricia Smith—Administrative Assistant / Ext 108

Kitchen Staff

Kim Maracle—Head Cook/ Ext 106
Paula DeHart—Assistant Cook
Rita Stout-Andrews—Kitchen Aid
Kim Reeves—Kitchen Aid

Adult Day Service Staff

Jean Siemik—Program Director/ Ext 107
Pam Handegan—Adult Day Staff
Doreen Sager—Adult Day Staff

Mark West—Building Attendant

Activities & Services for Monroe County Older Adults at Frenchtown Center for Active Adults

Balance & Stability
Bingo
Bocce Ball
Book Club
Brain Aerobics
Bridge
Bunco
Caregivers Support Group
Card Making Classes
Cardio Drumming
Chair Yoga
Chicks with Sticks
Color Social
Dominoes Mexican Train
Eight Ball Pool League
Enhanced Exercise
Euchre
Fundraising
Fun Fit Party Exercise
Geri-Fit
Informational Series
Knitting & Crocheting
Left Center Right
Legal Services
Mahjong
Men's & Women's Pool League



Mobile Health Unit
Newsletter
Nine Ball Pool League
Noon Lunches
Notary Services
Open Pool
Painting Programs
Pickleball
Ping Pong
Pub Trivia
Quilting
Rummage Sales
Seasonal Tax Services
Sewing Group
Tuesday Fun Night
(2nd Tuesday)
Thursday Breakfast
Travel
Walk-Fit
Watercolor Class
Workshops



This institution is an equal opportunity provider.

Commission on Aging Disclaimer Statement

Views & comments expressed in this newsletter are not necessarily the views & comments of the Monroe County Commission on aging. The Monroe County Commission on Aging is a governmental agency, which funds community senior programming through millage dollars.

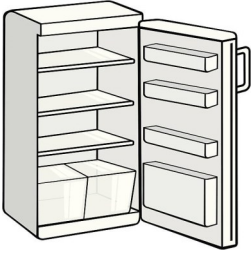
The Frenchtown Center for Active Adults program will not discriminate against any individual or group because of race, sex, religion, national origin, color, marital status, handicap, or political beliefs.



Mon	Tue	Wed	Thu	Fri
1 ART SALE/SHOW 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Chicks w/Sticks 11:00 Balance & Stability	2 ART SALE/SHOW 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie	3 ART SALE/SHOW ADS BAKE SALE 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Dominoes Mexican Train 10:30 Paint w/Friends 12:00 9-Ball League 1:00 Happy Hookers	4 ART SALE/SHOW 8:00 Cardio Drumming 8:30 Breakfast 9:00 Ping Pong 9:00 Mobile Health Unit 9:00 Bridge 9:00 Cardio Drumming 10:00 Massage Therapy 10:00 Geri-Fit 11:00 Advanced Geri-Fit 1:00 8-Ball Partners 1:00 LCR 1:00 Enhanced Exer w/Jackie	5 ART SALE/SHOW 9:00 Mahjong 10:00 Walk Fit 2:15 Watercolor Class 1:00 Bingo
December 2025 UPDATED				
8 ART SALE/SHOW 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability 1:00 Brain Aerobics 1:00 Caregivers	9 ART SALE/SHOW 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie 4:30 Fun Night Meal	10 ART SALE/SHOW 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Chair Yoga 10:30 Paint w/Friends 11:00 Balance & Stability 12:00 9-Ball League 1:00 Happy Hookers	11 ART SALE/SHOW 8:00 Cardio Drumming 8:30 Breakfast 9:00 Ping Pong 9:00 Bridge 9:00 Cardio Drumming 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 Quilter's Guild 1:00 8-Ball Partners 1:00 LCR 1:00 Enhanced Exer w/Jackie	12 ART SALE/SHOW 9:00 Monroe Sewing Club 10:00 Walk Fit 12:15 Watercolor Class 1:00 Bingo
15 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability	16 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie	17 UGLY SWEATER DAY Wheelbarrow of Plenty Drawing 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Dominoes Mexican Train 10:00 Chair Yoga 10:30 Paint w/Friends 11:00 Balance & Stability 12:00 9-Ball League 1:00 Happy Hookers 1:00 WWW 1:00 Pub Trivia	18 8:00 Cardio Drumming 8:30 Breakfast 9:00 Ping Pong 9:00 Cardio Drumming 9:00 Bridge 10:00 Massage Therapy 10:00 Geri-Fit 11:00 Advanced Geri-Fit 1:00 8-Ball Partners 1:00 Card Making 1:00 LCR 1:00 Enhanced Exer w/Jackie 1:00 Tech/Cell Phone Support	19 9:00 Mahjong 10:00 Walk Fit 10:00 Book Club 12:15 Watercolor Class 1:00 \$5.00 Bingo
22 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability 1:00 Brain Aerobics	23 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie	24 	25 	26 10:00 Walk Fit 12:15 Watercolor Class 1:00 Bingo
29 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability	30 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie	31 New Years Eve Celebration 3-5pm NO ACTIVITES 	1 Center Closed WHEELBARROW OF PLENTY DRAWING WEDNESDAY, DECEMBER 17TH	



**** The Direct Line to place a lunch order is 734-636-9477 **** **December 2025**
 Due to the high volume of **CALL-IN LUNCH ORDERS**, we are **UNABLE TO RETURN CALLS**. If you placed an order via phone, the best way to check is to stop by and review the sign up sheets. We appreciate all the response to our lunches and apologize for the inconvenience.

Mon	Tue	Wed	Thu	Fri
1 Chicken Ala-King over Noodles	2 Taco Salad	3 Chicken Alfredo Fettucine	4 Ham-Cheesy Potatoes & Green Beans	5 Grilled Chicken Sandwich w/Side
8 Italian Chicken Tortellini & Salad	9 2 Baked Chicken Legs w/Potato	10 Hot Turkey Platter	11 Mostaccioli	12 2 Chili Dogs w/ Chips
15 Chicken Cordon Bleu w/Mashed Potatoes	16 Smoked Sausage 2/peppers & Onions	17 Betty Salad	18 Ham & Cheese Sliders w/Side	19 White Bean Chicken Chili w/ Side Salad
22 Pizza & Salad	23 Loaded Nacho's	24 CENTER CLOSED	25 	26 Sloppy Joe w/ Chips
29 Slim Jim Sandwich	30 Tostada 	31 CENTER CLOSED 	 	

When calling 734-636-9477 to place your lunch order, **PLEASE** place an order for **ONE** day only at a time. Lunch can only be ordered for one day via telephone. Please indicate Dining IN or OUT.

Breakfast Menu—Promptly Served 8:30 A.M.

PLEASE—NO WALK-INS. Call or sign-up by 1:00 P.M. on the Wednesday before.

December 4th—S.O.S.
 December 11th—Eggs, Sausage & English Muffins
 December 18th—Biscuits & Gravy



Please call 734-636-9477 by 1:00 p.m. the day before to order lunch.
 Carry out available for pick-up @ 11:30a.m.
 Dining in available Monday—Friday 12:00 Noon
Please Call by 1:00 p.m. Friday for the following Monday
 . Additional meals over the first are available for \$5.00 each.



May You and Yours Have A Safe Happy Holiday Season

Activities

AARP Driver Safety Course

I have had three people approach me expressing an interest in the course. The course is designed for older adults who choose to be behind the wheel and cover up-to-date topics, including ;

- Research-based safe driving strategies.
- Information on the effects of medication on driving.
- Preventive measures to reduce driver distractions.
- Proper use of safety belts, airbags, anti-lock brakes, and new technology found in cars today.
- Techniques for handling left turns, right-of-way, and roundabouts.
- State-specific rules and regulations in 19 key areas, including construction zones, child safety seats, school buses, cellphone use, and more.

Easy-to-follow format incorporating adult-learning principles.

By now, you're probably wondering why I have encouraged folks to take the AARP Driver Safety Course these past few months. To be honest, it is personal. On the way home one Sunday, I was run off the road by a MEMBER who decided to change lanes without looking. How do I know they didn't look, because I was right next to them. The person wasn't distracted, just focused on the road in front of them; they didn't even bother to look to their right and simply pulled their car into my lane. Good thing I tend to pay attention to my surroundings, and since driving a truck, locking my brakes wasn't an option; otherwise, the guy in the Toyota behind me would have gotten a taste of Ford metal. I'd almost bet that if I'd been driving a car, I would have sustained some damage, which would have changed things considerably. Don't bother asking who the MEMBER was because there is no sense in embarrassing anyone. Thankfully, it happened to me. When you read about some of these road rage issues, who knows how seriously wrong things could have gone. Instead of sitting home on a cold wintery day, think about coming in for a refresher. Who knows, you might learn something.



Events

Thanksgiving Dinner

Our traditional Saturday before Thanksgiving Dinner sold out. I mentioned in last month's newsletter that the dinner attendance has grown every year, but I was surprised when I was told that all the tickets had sold. While I won't promise anything, maybe next year we will be able to increase our seating capacity.

Rummage and HalloThanksMas Fund Raisers

We are seeking a volunteer or volunteers to assist in organizing our two larger fundraisers. Sheila let me know after the HalloThanksMas sale that she would not be able to devote the necessary time to make the sales what they need to be. While she still plans on helping, she won't have the time it takes to get things priced.

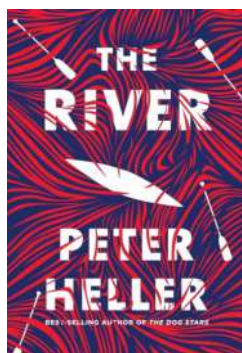
I can't express enough gratitude for the considerable amount of time Sheila has invested making both fundraisers a huge success. She also came up with the idea for the HalloThanksMas sale. I still remember that during the first few months as the Executive Director, Sheila and her husband, Larry, approached me with an idea about how we could increase revenue from our rummage sale. More importantly, they said they would do the work. To me, it was a no-brainer—more revenue with no extra expense or work. How could we go wrong? Even after Larry's passing, Sheila continued to come back and even started the holiday sale. We are extremely grateful to Sheila for providing a solid foundation, and know she will still be around to offer her help, to the next person(s) who may want to lend us a hand.

Holiday Closings and Openings

We are closed on Christmas Eve and Christmas Day, and we will reopen on Friday, December 26. There are no activities on New Year's Eve, but we are open 3-5 for the celebration. We will be closed on New Year's Day and open again on Friday, January 2.

Inclement Weather

Be prepared. Remember to sign up for our closure notification list. We will also try to have a message on the attendant so when you call, it will inform you of our status.



December Book Club

Friday, Dec. 19, 10:00am

The River

By Peter Heller

The story of two college friends on a wilderness canoe trip—of a friendship tested by fire, white water, and violence. Wynn and Jack have been best friends since freshman orientation, bonded by their shared love of mountains, books, and fishing. Wynn is a gentle giant, a Vermont kid never happier than when his feet are in the water. Jack is more rugged, raised on a ranch in Colorado where sleeping under the stars and cooking on a fire came as naturally to him as breathing. When they decide to canoe the Maskwa River in northern Canada, they anticipate long days of leisurely paddling and picking blueberries, and nights of stargazing and reading paperback Westerns. But a wildfire making its way across the forest adds unexpected urgency to the journey. When they hear a man and woman arguing on the fog-shrouded riverbank and decide to warn them about the fire, their search for the pair turns up nothing and no one. But: The next day a man appears on the river, paddling alone. Is this the man they heard? And, if he is, where is the woman?

Right at Home®
In Home Care & Assistance
Companionship Care and Homemaking
Physical Assistance • Hygiene, Wellness • Respite Care
Health & Medication Reminders
Alzheimer's & Dementia Care Services
Non-Medical Home Care
734-240-4974
Approved Veteran Homecare Provider Honoring the Veterans We Serve

Your Community Pride Bus
734.242.6766 Call for your ride today!
lakeerietransit.com
FOLLOW US! f

visionary eyecare of monroe
Kylee Kleppinger, O.D.
Tia Tucker, O.D.
1218 S. Telegraph Rd. • Monroe, MI 48161
(734) 243-0370
Accepting new patients

SIEB
Plumbing • Heating
Air Conditioning
734-241-8898

Allore Chapel - (734) 241-5225
Celebrate the life & Cherish the memories.
The Martenson
FAMILY OF FUNERAL HOMES, INC.
• Maybee • Trenton
• Rockwood • Monroe
martenson.com

DEAF COMMUNITY ADVOCACY NETWORK
Services for Deaf, DeafBlind, and Hard of Hearing Senior Citizens
When you receive services from the Deaf Community Advocacy Network (DEAF C.A.N.I.) you will be in good hands with someone from our Case Management team.
Our Case Managers work to assess, advocate, and help plan services around your medical and non-medical needs.
Please contact us if you have any concerns or questions
Email: deafcan@deafcan.org
Videophone: 248-209-6437 • Voice: 248-332-3331

Monroe County's Preferred Choice
Merkle Funeral Service
Now In Partnership with
Covenant Cremation
With Our On-Site Crematory
Your Loved One Never Leaves Our Care
merklefs,inc merklefs.com 734-384-5185

- ♦ **Team Sheila Barstad** for another successful Holiday/Bake Sale last October
- ♦ **Mr. & Mrs. Rick & Helen Brown** for their generous donation to Adult Day Services Bake Sale fundraising
- ♦ **Mr. & Mrs. Tom & Becky Peckham** for their donation to Holiday/Bake Sale
- ♦ **Mike Trapp** for donating the banner for center's travel "Frenchtown Voyagers"
- ♦ **Linda Salisbury** for donating her time and effort making gifts for our Veterans-on-Veterans Day 11/11
- ♦ **Rose and Frank Harris** for their donation to Adult Day Services Program
- ♦ Another **Anonymous** donation for the center
- ♦ **Center's Bridge Group** for their generous donation to the center
- ♦ **ALL Center and Day Care Volunteers** - Thank you so much!!
- ♦ **Dianne & Sonny Beaudrie** - 3rd Prize Wheelbarrow of Plenty donation (\$25.00 gift card)
- ♦ **Darla Myers** - for her donation to the center



DONATIONS

Choose your December Birthday Lunch from this months menu items (Page 4)



Gregory S Allen	Leathel Jane Carter	Glen D Hoffman	Christopher Miller
Christine M Assell	Walter L Carter	Janet M Hoffman	Robert C Morley
Linda F Austin	Kim M Castellese	Paul Iacoangeli	Rosemary L Muir
William T Barton	Jolene Caudill	Sherri Iacoangeli	Beth L Murray
Chuck A Bartus	Sharon K Cawood	Elaine M Igielski	Charles L Mushung
Lucille A Beck	Wanda K Cole	Robert A Johns	Sue Neshkoff
Cheryl A Bellestri	Wilma J Collins	Janet K Johnson	Connie J Palywoda
Cherie G Benisatto	Kris E Cousino	Jay P Jondro	Linda M Parriet
Darrell J Bezeau	Christina Craanen	Jack D Katz	Janet K Pavlat
Bonnie S Biniecki	Barbara J Crumm	Duane B Kaufman	Roxanne Pfund
Mary H Blohm	Deborah K Dennis	Sharon L Kaufman	Chrissy Pidruzny
Marcia S Bolwell	Daniel J Didario	Terri L Kelley	Linda M Pilon
Betsy L Bradley	Patricia C Ditty	LeRoy W Kinne	Patty A Poirier
John L Branan	Marilyn A Diver	Janet M Knight	Brenda Ramos
Kathy Brancheau	Sally A Duvall	Lee Kob	Lora A Roberts
Mary E Brancheau	Stanley P Emerick	Mike A Kontry	Dave N Rousseau
Lois F Breeding	William C Fehse	Linda Krug	Elizabeth M Samsel
Henry M Breitenbach	Mary K Figgins	Terry J Kuras	Irene N Savage
John H Brinkmeier	Kathy L Fluharty	Robert A Lamb	Rosemary S Schaub
Ellen L Brockway	Laurie D Foshag	Barbara A Latondress	Joyce F Schultz
Dave H Bullock	Linda M Fox	Dawn M Lewis	Elliana Rose Shuk-Stevens
Brandon M Burns	Mark A Fuerstenberg	Clifford L Loop	Janice S Simmons
Karen Burns	Marsha Geierman	Troy E Maiden	Bill F Simpson
Tammy S Burson	Aldo V Gerbi	Patty A Martin	Jim A Smith
Amal Butler	Cindy M Girard	Peggy A Mayner	Sue Spotts
Judy C Byerley	Vickie M Grant	Shirley A McAllister	Ray Starll
Mary A Calderone	Diane B Grassley	Becky S McFarlane	Myrna J Stockard
Jerrie Campbell	Rodney R Griner	John R McGovern	Rosemary Sutton
Louise D Carnes	James M Hamilton	Cheryl M McLaughlin	Karen Sweat
	Carol J Hartong	Carol A Merta	Susan M Toburen
	Susan E Hatch	Mary F Merz	Patti Toth
	Claudia M Helton	Vicki L Mikolajczyk	O. Jane VanBelle
	Joe C Hess		Steve C Wilgocki

Do you have a new cell phone?
Are you having trouble navigating it?
Are you having trouble with your laptop
or tablet?



**See Lisa to schedule an
appointment for**

December 18, 2025

1:00 p.m.—3:00 p.m.

Tech Support

Jeff Morris is the owner of Call Your Help Desk, a company he founded in 2007. **1.** He is a Microsoft Certified Professional with over thirty years of experience in IT support. **2.** Jeff's LinkedIn profile (username: jeffm262) indicates that he started building and repairing PCs in 1991 and has worked for seven companies in PC repair and support. **3.** His company's core mission is to make computer use more intuitive for the average user and support the growing business community of southeast Michigan. **4.** Jeff has helped users of different ages and abilities feel more comfortable using computers for everyday tasks.



Welcome to our New Members



Larry E Addis	Kevin P Jeska
Lori C Antieau	Linda "Lee" Kob
Christine M Assell	Christine Lawrence
Kenneth W Assell	Jennifer M Leimback
Dolores A Boyd	Sue M Loveland
Julie L Barlow	Kathy A Lawson
Mary Ann Brancheau	Bryan D McFawl
Paul Castellese	Carolyn K. Merkel
David J Cieslak	Betty Jeanne Morgis
Harold L Clark	Connie J Palywoda
Jackie Corser	Dawn M Peterson
Kathy Costea	Joyce A Pierce
Kathleen J Dudley	L. Faye Pitcher
Gary L Dudley	Linda Pauline Poore
Patrick Finnerty	Debra L Reeves
Suzanne R Finnerty	Robert Schoonover
Larry S Gringrich	Vickie M Simpson
Susan J Hatchison	Bill F. Simpson
Jacob Thomas Hayes	Jules Smith
Irving Hwang	Loretta M Terrasi
	Vickie Zochowski

Massage Therapy

With licensed massage therapist,
Kelli Duffy



♦ **When:** Select Thursday mornings

♦ **What:** 25 minute fully-clothed massage

♦ **Cost:** \$30 paid to Kelli

♦ **Sign up:** See Lisa to book

Watch the newsletter each month for
Kelli's availability!



Thursday, December 4th
9:00 a.m. – 11:00 a.m.

**We are on the road
bringing FMC Services to
our community**



Mobile Unit Services

- Health screening
- Dental screening by special request
- Vision screening
- Preventative education



Visit Our Website:
www.familymedicalmi.org

734-654-2169 Monroe County
517-263-1800 Lenawee County



Bake Sale to benefit the Adult Day Services Program

Wednesday, December 3, 2025

Please bring your bake goods on Monday December 1st and Tuesday December 2nd. If you don't bake, we will be accepting cash or check donations.

The Adult Day Services Program:

Do you know someone who takes care of an elderly adult who has been diagnosed with Alzheimer's or Dementia..... We can help them!! Let them know about our program. We provide respite care for caregivers who need a break from care giving.



A HUGE Thank You in advance!!!



SUPPORT OUR ADVERTISERS!



For ad info. call 1-800-477-4574 • www.lpicommunities.com

Monroeville Center for Active Adults

15-0719

7-Layer Holiday Casserole Recipe

7-layer holiday casserole recipe from [Views on the road](#) on Youtube is the answer to your **leftover** foods! It's super easy to make, and the best part is you can get creative with this depending on what you have left from your holiday feast. Watch the video below and learn the step-by-step instructions.

INGREDIENTS

- turkey, or any protein of choice
- puff pastry
- green beans and bacon
- cranberry sauce
- dressing, or stuffing
- gravy
- mashed potatoes



DIRECTIONS

STEP 1: Line the bottom of your casserole dish with puff pastry, then add your turkey and spread it nicely and evenly. Next, add the cooked green beans and bacon (or any veggies you have) followed by the cranberry sauce, dressing, gravy, and mashed potatoes. (Make sure to spread each ingredient nicely while layering.)

STEP 2: Place the casserole in a preheated oven at 400 degrees F and bake for about twenty to twenty-two minutes. After baking, let it cool for 15 to 20 minutes before serving.

SOURCE: [7-Layer Holiday Casserole Recipe - DIY Joy](#)



 **ALCC**
Your Family Is Our Family

ALICE LORRAINE CARE CENTER

Monroe's Premier
Assisted Living Facility
Serving the Community for 30+ Years

www.alccmonroe.com

2590 North Monroe Street
Monroe, MI, 48162

(734) 243-4000

info@alccmonroe.com



**GREAT LAKES
COOKIE
CAKES, LLC**

 **734.755.5963**

 **GREAT LAKES COOKIE CAKES**



The Possibilities are Endless!

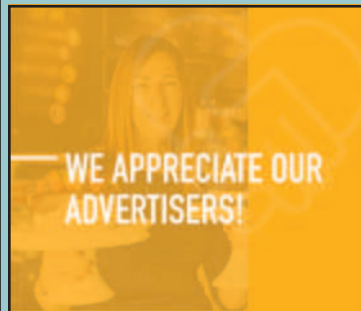
Embroidery • Printing • Keepsakes • Group Crafting

Brandie Blackmon Owner/Designer/Crafter

(866) 625-7036 • Gmabeez98@gmail.com

1120 S. Telegraph Rd | Monroe, MI 48161

www.gmabeez.com



Saint Therese
IHM SENIOR LIVING

At Saint Therese, you'll enjoy independence with the support you want, a welcoming environment for all faiths, and endless opportunities to stay active, social, and fulfilled.

We offer not just a place to live, but a place to thrive.

CONTACT US FOR A TOUR!

 **734.241.8070**  SaintTherese.org



For ad info. call 1-800-477-4574 • www.lpicommunities.com

Monroe Center for Active Adults

15-0719



BINGO

Fridays, 1:00 P.M. (Bingo Room)



Papers/Card Sales begin at 12:15 p.m.

Please arrive early enough to purchase these

and be ready to play when the Balls are dropped promptly at 1:00 p.m.

- ♦ **Minimum** purchase to play one of every game is **\$5.55 for members** and **\$6.55 for non-members**.
- ♦ Daubers are available for purchase \$1.25
- ♦ **The 3rd Friday of the month, the payout for the regular bingo games is \$5.00.** Otherwise, payout is based on the number of cards sold for each game.
- ♦ Refreshments are served during the break, prepared by the kitchen staff for your enjoyment.
- ♦ Come join us for this fun game of chance.
- ♦ Never played Bingo before, don't worry, we will be more than happy to help you learn.

B I N G O				
20	32	52	71	
10	42	55	64	
7	23	FREE	58	69
11	28	34		72
15	25	33	53	

Time to Start Planning

Grand Mackinac Island Trip

OCTOBER ?? - ??

4days/3 Night stay Grand Hotel

Cost per person

Room Double	\$1,380.00
Room Triple	\$1,285.00
Room Single	\$1,635.00

Deposit required on sign up — \$425.00

****30 people are required to have the total \$425.00 paid by June or the trip will be cancelled****

Final Payment Due September , 2025

For more Details Call Chrissy @ 734-243-6210 ext. 104



Frenchtown Center for Active Adults

*****Must be at least 21 years old to enter*****

OPEN TO THE PUBLIC & need not be present to win!

Drawing: Wednesday, December 17th 2025

between 12-3 pm

Tickets for sale at Frenchtown Center

2786 Vivian Road, Monroe, MI 48162

(734) 243-6210

**We are accepting donations to fill this
Wheelbarrow!! Thank you so much for your support!**

Wheelbarrow of Plenty

BUY TICKETS NOW



Liquid refreshments, cheese, crackers,
chips, candies, cookies, etc.

1st Prize

Wheelbarrow of Plenty

Donated by: Frenchtown
Men's Pool League,
Members and Staff

2nd Prize

Gift Basket

\$75.00 Value



3rd Prize

\$25.00 Gift Card



Sample pictures of previous years WHEELBARROW



FRENCHTOWN CENTER

Library in Motion will return

Wednesday, December 10, 2025

Please have returns ready by 10:00 a.m.

PHONE: 734-241-5770

EMAIL: lim@monroe.lib.mi.us



TUESDAY FUN NIGHT Meal & Entertainment

Tuesday December 9, 2025

4:30 p.m.—6:30 p.m.

**Come Join Us for Some Food and
Fun!!!**



Members ONLY \$1.00

NON-MEMBERS \$3.00





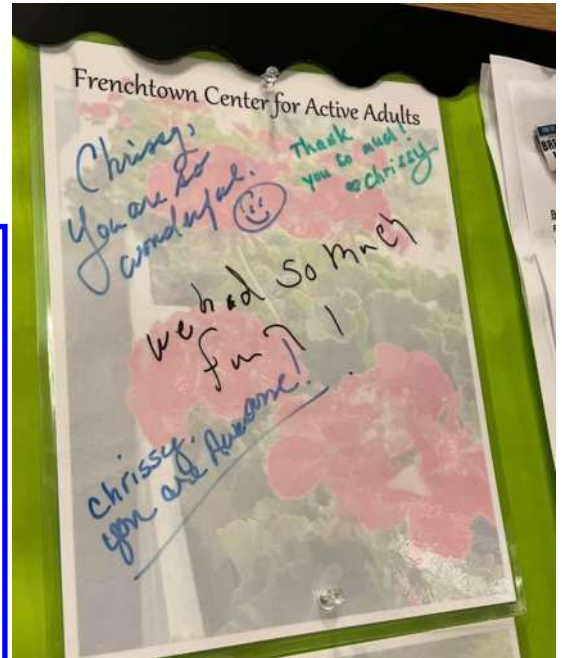
Grand Hotel Experience/ Mackinac Island Trip 2025 has concluded.

To my travelers this year, THANK YOU for such a wonderful trip! I had a great time even though I was there for work. Thank you for making my job much easier, I needed it. This year's Mackinac Trip has tested my patience! I thank God and everyone that this trip ended with great time, great memories, and great people. My favorite group so far! I have been doing this for 4 years in a row and will not stop unless I retire or leave my job. Please check back with me

for 2026 trip this December. 😊

Sincerely,

Chrissy Pidruzny, Office Manager/Group Leader



FUN TIME!



Holiday Brunch Recipe

This delicious Caramel Apple Crumb Cake combines the flavors of caramel and apple with a crumbly topping.

PREP 15 mins

TOTAL TIME 60 mins

SERVINGS 1 cake (9")

Ingredients

- 1 package Krusteaz® Cinnamon Swirl Crumb Cake & Muffin Mix
- 1 package Cinnamon Topping (enclosed)
- 1/2 cup water
- 1 Large egg
- 1/2 cup Greek yogurt
- 1/4 cup Caramel sauce, plus more to serve
- 2 Medium apples
- 1 tsp. Ground cinnamon



Directions

STEP 1: Preheat oven to 350°

STEP 2: Grease a 9-inch spring form pan with baking spray. Line with parchment paper and grease parchment—Set aside

STEP 3: In a small bowl, , whisk together water, yoghurt and egg.

STEP 4: In a separate bowl, combine the cake mix with half of the cinnamon topping, add water, yogurt and egg; stir.

STEP 5: Spread batter evenly into prepared pan. Drizzle the caramel sauce over the batter and using a knife swirl the caramel sauce into the batter. Toss chopped apples with ground cinnamon. Sprinkle apples over batter along with remaining cinnamon topping.

STEP 6: Bake cake for 35-40 minutes or until a toothpick inserted into the center comes out clean.

STEP 7: Let cake cool for at least 15 minutes in pan before removing. Serve warm with a drizzle of caramel sauce. [Caramel Apple Crumb Cake | Krusteaz](#)

EASY APPERTIZER

TORTILLA PIZZA HACK

Pick a base (Tortilla or any kind of flatbread)

1. **Use up your fruit and veggies** (Bell peppers, mushrooms, tomatoes or any other leftover vegetables)
2. **ADD AN OPTIONAL PROTEIN** (Ham, sausage, chicken, pepperoni)
3. **ADD A MAGIC TOUCH** (Pasta sauce, Ranch dressing, Ricotta Cheese)

DIRECTIONS

1. Spread pasta sauce on to your base.
2. Sprinkle the cheese and add your veggies and protein.

3. Bake for 6 mins in a 230°C preheated oven. Add your magic touch. **SOURCE:** [Tortilla Pizza Hack | Hell-mann's US](#)



Prep Time: 10 mins

Cooking Time: 6 mins

Total Time: 16 mins

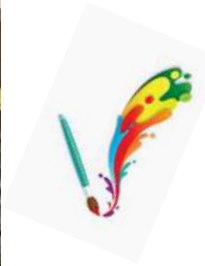


Annual Art Sale and Show
This year's event will be held on
Monday, December 1 thru Friday
December 12, 2025.



Beautiful creations from the Watercolor Class will be on display for purchase. It is a perfect time to find that beautiful Christmas Gift.

Enjoy a wonderful display of their talents. Water Color Classes are held Fridays @ 12:30 P.M. Painting with watercolor can be a LOT of fun. **Join instructors Martha Bell, Gladys Drummond, Karen McLaughlin, Lyn Peraino, Jackie Walock, and Nancy Williams.** Each week the class is led by a different instructor with new as well as tried and true watercolor painting techniques. This class is truly inspiring. It is designed for participants to complete or nearly complete a painting during each session. Learn some tips and tricks that can make all the difference and take watercolor to a whole new level. Great for beginners and experienced painters alike. Be inspired to create something fun and of course, share your watercolor masterpieces with family, friends and more. You will need to bring your own supplies. You can visit our website for a complete list of supplies needed.



Just saw a girl with six lip piercings at Walmart...It took everything in my power not to attach a shower curtain

Remember when we were young and you saw that old man and said, "If I ever try to leave the house dressed that way, shoot me?"



I've been to a lot of places, but I've never been in Cahoots. Apparently you can't go alone, you have to be in Cahoots with someone. I've also never been in Cognito, either. I hear no one recognizes you there. I have, however, been in Sane. They don't have an airport, you have to be driven there. I have made several trips.



My wife asked me to take her out to one of those restaurants that make the food right in front of you. So I took her to Subway and that's how the fight started !!!

- Who hides in the bakery at Christmas? A mince spy!
- What's every elf's favorite type of music? Wrap!
- What do you call a reindeer ghost? Cari-boo!
- What do gingerbread men use when they break their legs? Candy canes.
- What kind of ball doesn't bounce? A snowball.
- What kind of photos do elves take? Elfies!
- What do snowmen eat for lunch? Iceberg-ers.



You can **find the latest travel information on our website**, www.frenchtownsenior.com,
our Facebook page, and in the newsletter.

- ◆ **New Year's Eve on the River, Dec 30, 2025—Jan 1, 2026, presented by Ed & Ted's.** Single \$999, Double \$899, Triple \$769.

Check Our Travel Racks for Sold Out Trips, to get on a waitlist.

EXCITING NEW TRIPS FOR 2026!

- ◆ **Purple Rose—The Classic King, Feb. 5, presented by Bianco Tours.** The cost for this day trip is \$158.
- ◆ **Firekeepers, Feb. 12, presented by Bianco Tours.** The cost for this day trip is \$58.
- ◆ **Hawaii 3 Island Adventure, Feb. 17–25, 2026, presented by Premier World Discovery.** Single \$8,899, Double \$6,449. ***Airfare included in price.**
- ◆ **Florida Gulf Coast, Feb. 21—Mar. 7, presented by Ed & Ted's.** Rates Start at \$4,399 per person for double occupancy with a resort view. See flyer for complete rates/rooms.
- ◆ **Sensations of the South, Mar. 13-22, 2026, presented by Bianco Tours.** Single \$3,641, Double \$2,955, Triple \$2,721. ***SOLD OUT*** Taking names for a waitlist.
- ◆ **Menopause The Musical 2, Mar. 15, presented by Bianco Tours.** The cost for this day trip is \$154.
- ◆ **Purple Rose—Murder on the Links, Apr. 9, presented by Bianco Tours.** The cost for this day trip is \$158.
- ◆ **Thunder Over Louisville, Apr. 16-19, presented by Ed & Ted's.** Single \$1,699, Double \$1,399, Triple \$1,299.
- ◆ **Splendors of Spain, April 21-29, 2026, presented by Mayflower Cruises & Tours.** Single \$7,688, Double \$5,729. ***Airfare included in price.**
- ◆ **Meet Me in St. Louis, May 11-15, presented by Bianco Tours.** Single \$1,748, Double \$1,415, Triple \$1,305.
- ◆ **Fiesta Detroit, May 20, presented by Bianco Tours.** The cost for this day trip is \$120.
- ◆ **New England, May 24—30, presented by Bianco Tours.** Single \$2,756, Double \$2,312, Triple \$2,174.
- ◆ **Cape May, Naval Traditions & Heroes, June 14-19, presented by Ed & Ted's.** Single \$2,999, Double \$2,399, Triple \$2,249.
- ◆ **Meadowbrook—Always a Bridesmaid, June 17, presented by Bianco Tours.** The cost for this day trip is \$137.

For future trips, Lisa will also be asking for your License Plate Number. This will help us find you in case of a problem with your parked vehicle.

***** If you are not a member of the Frenchtown Center for Active Adults, we ask that
you pre-register with our Office Manager, Christine Pidruzny. *****

EXCITING NEW TRIPS FOR 2026!

- ◆ **Detroit Heritage, June 25, presented by Bianco Tours.** The cost for this day trip is \$126.
- ◆ **Firekeepers, July 7, presented by Bianco Tours.** The cost for this day trip is \$58.
- ◆ **Detroit Princess, July 9, presented by Bianco Tours.** The cost for this day trip is \$124.
- ◆ **Niagara Falls Getaway, July 14-16, presented by Bianco Tours.** Single \$1,357, Double \$1,048, Triple \$965.
- ◆ **Musical Highways of the Midwest, July 19-26, 2026, presented by Mayflower Cruises & Tours.** Single \$5,648, Double \$4,599. ***Airfare included in price.**
- ◆ **Purple Rose—Emma's Wedding(s), July 30, presented by Bianco Tours.** Total cost for this day trip is \$158.
- ◆ **Canal Days, Aug. 7, presented by Bianco Tours.** The cost for this day trip is \$98.
- ◆ **Canadian Rockies & Glacier National Park, Aug. 12-18, 2026, presented by Premier World Discovery.** Single \$5,799, Double \$4,499. ***Airfare included in price.**
- ◆ **Saugatuck, Aug. 19, presented by Bianco Tours.** The for this day trip is \$167.
- ◆ **Lakes, Lucy, Comedy & Cruises, Aug. 20-25, presented by Ed & Ted's.** Single \$3,399, Double \$2,449, Triple \$2,099.
- ◆ **Zehnders, Sept. 15, presented by Bianco Tours.** The cost for this day trip is \$130.
- ◆ **Iceland Explorer, Sept. 23-30, 2026, presented by Premier World Discovery.** Single \$6,049, Double \$4,849. ***Airfare included in price.***
- ◆ **Lake Placid, Adirondack Mountains & Vermont, Sept. 26-Oct. 3, presented by Ed & Ted's.** Single \$3,999, Double \$2,999, Triple \$2,599.
- ◆ **Best of Ireland, October 7-19, 2026, presented by Mayflower Cruises & Tours.** Single \$7,648, Double \$5,649. ***Airfare included in price.**
- ◆ **Smokey Mountain Fall Adventure & Dollywood's Pumpkin Luminights, Oct. 19-23, presented by Ed & Ted's.** Single \$2,199, Double \$1,799, Triple \$1,649.
- ◆ **San Antonio Holiday, Dec. 3-7, 2026, presented by Premier World Discovery.** Single \$3,625, Double \$2,875. ***Airfare included in price.***
- ◆ **Tournament of Roses Parade, Dec. 29, 2026 - Jan. 2, 2027, presented by Mayflower Cruises & Tours.** Single \$3,298, Double \$2,399. ***Price does NOT include airfare.**



Frenchtown Center Link

Presorted
Standard
U. S. Postage Paid
Monroe, MI 48162
Permit 557

A Non-Profit Organization
2786 Vivian Road
Monroe, MI 48162
A Monthly Publication
Dated Material, Please don't delay



Commission on Aging



Current Resident

The Mobil Health Unit will be here on Thursdays beginning December 4, 2025 @ 9:00 a.m.

No Chair Yoga or Balance & Stability Monday December 1st—Thursday December 4th

No Walk Fit, Tuesday, December 2nd

Adult Day Services Bake Sale, Wednesday, December 3rd

FUN NIGHT MEAL & Entertainment—Tuesday, December 9th @ 4:30 p.m.

No December Board Meeting

Art Show, December 1—12, 2025 page 16

Ugly Sweater Fun and **Wheelbarrow of Plenty** drawing,

Wednesday, December 17th

ALL EVENTS SUBJECT TO CHANGE PLEASE CALL BEFORE COMING



Center Closed, Wednesday, December 24th, Thursday,
December 25th and Wednesday, December 31st (NO
ACTIVITIES—**OPEN 3-5 New Years Eve Celebration**)
and Thursday January 1, 2026

**We wish you the best of Holidays with your families
and friends.**

The Center is open the Friday after Christmas and
the Friday after New Years

