



2786 VIVIAN ROAD
MONROE, MI 48162

Phone: 734-243-6210

CENTER HOURS:
Monday through Friday
8:30 a.m. - 4:00 p.m.

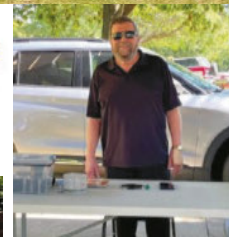
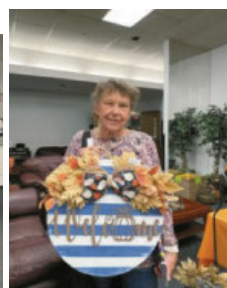
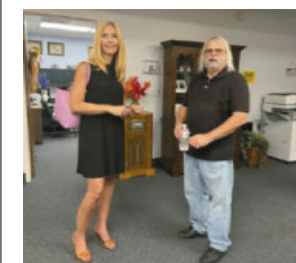
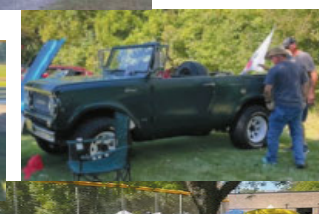
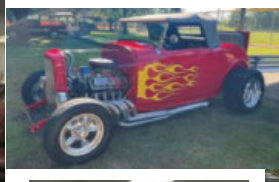
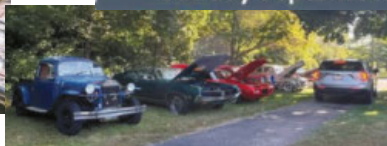


November 2025

Coming in December
Adult Day Services Program **Bake Sale**,
Wednesday, December 3rd
Art Show & Sale, December 1—12
Ugly Sweater Day, Wednesday, December 17th
Wheelbarrow of Cheer Drawing, Wednesday,
December 17th



Frenchtown Center for Active Adults
CAR SHOW
Sunday September 14, 2025



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FRENCHTOWN CENTER LINK

2786 Vivian Road, Monroe, MI 48162

Phone: (734) 243-6210

e-mail: seniors@frenchtownsenior.com

2025 BOARD OF DIRECTORS

Darla Myers—Chairman
Dianne Beaudrie—Vice Chairman
Thomas Peckham—Treasurer
Mary Ann Mack—Secretary
Charles Mushung—Member at Large
Ellen Brockway
John Bocks
Rick Brown
James Osment Jr
Daniel Van Wassenhova
Alan C VanWashenova—Frenchtown Charter Township Liaison

Board of Directors meet on the 3rd Thursday each month at 10:00 a.m.

Center hours: 8:30 a.m. – 4:00 p.m. Monday/Friday

Adult Day Service: Monday – Friday 8:00 a.m. – 4:00 p.m. Can be open from 6:00 a.m.—6:00 p.m. with 24 hour notice.

Dues \$20.00 per year if you live in the county and \$25.00 if you live out of the county, are due in January. Lifetime membership \$200.00

Meals at 12:00 Noon - Monday – Friday. For reservations, please call the day before by 1:00 P.M.. Call Kitchen at 734-636-9477

FRENCHTOWN CENTER PERSONNEL/PHONE EXT

Paul Iacoangeli—Executive Director/ Ext 109
Kathleen McBee—Accountant/ Ext 105
Lisa Ghigliazza—Program Coordinator Ext 103
Christine Pidruzny—Office Manager / Ext 104
Patricia Smith—Administrative Assistant / Ext 108
Mark West—Building Attendant

Kitchen Staff

Kim Maracle—Head Cook/ Ext 106
Paula DeHart—Assistant Cook
Rita Stout-Andrews—Kitchen Aid
Kim Reeves—Kitchen Aid

Adult Day Service Staff

Jean Siemik—Program Director/ Ext 107
Pam Handegan—Adult Day Staff
Doreen Sager—Adult Day Staff

Activities & Services for Monroe County Older Adults at Frenchtown Center for Active Adults

Balance & Stability

Bingo

Bocce Ball

Book Club

Brain Aerobics

Bridge

Bunco

Caregivers Support Group

Card Making Classes

Cardio Drumming

Chair Yoga

Chicks with Sticks

Color Social

Dominoes Mexican Train

Eight Ball Pool League

Enhanced Exercise

Euchre

Fundraising

Fun Fit Party Exercise

Geri-Fit

Informational Series

Knitting & Crocheting

Left Center Right

Legal Services

Mahjong

Men's & Women's Pool League



Mobile Health Unit

Newsletter

Nine Ball Pool League

Noon Lunches

Notary Services

Open Pool

Painting Programs

Pickleball

Ping Pong

Pub Trivia

Quilting

Rummage Sales

Seasonal Tax Services

Sewing Group

Tuesday Fun Night

(2nd Tuesday)

Thursday Breakfast

Travel

Walk-Fit

Watercolor Class

Workshops



This institution is an equal opportunity provider.

Commission on Aging Disclaimer Statement

Views & comments expressed in this newsletter are not necessarily the views & comments of the Monroe County Commission on aging. The Monroe County Commission on Aging is a governmental agency, which funds community senior programming through millage dollars.

The Frenchtown Center for Active Adults program will not discriminate against any individual or group because of race, sex, religion, national origin, color, marital status, handicap, or political beliefs.



Mon	Tue	Wed	Thu	Fri
		"Our debt to the heroic men and valiant women in the service of our country can never be repaid", and "As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them"		 Thanksgiving Dinner, Saturday, November 22 nd 1:00 p.m. —4:00 p.m. page 12
3 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability 1:00 Dementia Live	4 ELECTION DAY Center is Open 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 9:00 Medicare Review Session 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie	5 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Dominoes Mexican Train 10:00 Chair Yoga 10:30 Paint w/Friends 11:00 Balance & Stability 12:00 9-Ball League 1:00 Happy Hookers	6 8:00 Cardio Drumming 9:00 Ping Pong 9:00 Bridge 9:00 Cardio Drumming 10:00 Geri-Fit 11:00 Advanced Geri-Fit 1:00 8-Ball Partners 1:00 LCR 1:00 Enhanced Exer w/Jackie	7 9:00 Mahjong 10:00 Walk Fit 12:15 Watercolor Class 1:00 Bingo
10 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability 1:00 Brain Aerobics 1:00 Caregivers	11 Veteran's Day 8:00 Cardio Drumming 9:00 Mobile Health Unit 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie 4:30 Fun Night Meal	12 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Chair Yoga 10:30 Paint w/Friends 11:00 Balance & Stability 12:00 9-Ball League 1:00 Happy Hookers	13 8:00 Cardio Drumming 9:00 Ping Pong 9:00 Bridge 9:00 Cardio Drumming 10:00 Massage Therapy 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 Quilter's Guild 1:00 8-Ball Partners 1:00 LCR 1:00 Enhanced Exer w/Jackie	14 9:00 Medicare Review Session 10:00 Walk Fit 12:15 Watercolor Class 1:00 Bingo
17 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability 1:00 Monroe Sewing Club	18 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie	19 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Dominoes Mexican Train 10:00 Chair Yoga 10:30 Paint w/Friends 11:00 Balance & Stability 12:00 9-Ball League 1:00 Happy Hookers 1:00 WWWWW	20 8:00 Cardio Drumming 8:30 Breakfast 9:00 Ping Pong 9:00 Cardio Drumming 9:00 Bridge 10:00 Board Meeting 10:00 Massage Therapy 10:00 Geri-Fit 11:00 Advanced Geri-Fit 1:00 8-Ball Partners	21 9:00 Mahjong 10:00 Walk Fit 10:00 Book Club 12:15 Watercolor Class 1:00 \$5.00 Bingo
24 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability 1:00 Brain Aerobics	25 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie	26 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Chair Yoga 10:30 Paint w/Friends 12:00 9-Ball League 11:00 Balance & Stability 1:00 Happy Hookers	27 28 Center Closed 	



**** The Direct Line to place a lunch order is 734-636-9477 ****

November 2025

Due to the high volume of **CALL-IN LUNCH ORDERS**, we are **UNABLE TO RETURN CALLS**. If you placed an order via phone, the best way to check is to stop by and review the sign up sheets. We appreciate all the response to our lunches and apologize for the inconvenience.

Mon	Tue	Wed	Thu	Fri
   				
3 Chef Salad	4 Sort Taco's w/ Cheese Nacho's	5 Chicken Mashed Potato & Corn Bowl	6 1/2 Sandwich w/Soup	7 Bowl Beef Stew w/Salad
10 Loaded Potato w/Salad	11 Grilled Cheese w/Chicken Tortilla Soup	12 Spaghetti w/Fresh Bread	13 Smoked Bratwurst w/Peppers & Onions	14 K-Mart Sub
17 Cheeseburger w/Chips	18 Chicken Quesadilla	19 Betty Salad	20 Sloppy Joe w/ Loaded Beans	21 2 Baked Chicken Legs w/Side
24 Breaded Chicken Sandwich w/Coleslaw	25 Hamburger Philly Sub w/Side	26 Chicken Dumplings	27 Center Closed 28 	

When calling 734-636-9477 to place your lunch order, **PLEASE** place an order for **ONE** day only. Lunch can only be ordered for one day via telephone. Please indicate Dining IN or OUT.

**Breakfast Menu—Promptly Served
8:30 A.M.**

**PLEASE—NO WALK-INS. Call or
sign-up by 1:00 P.M. on the
Wednesday before.**

November 6th—French Toast
November 13th—Breakfast Skillet
November 20th—Biscuits & Gravy

Please Note:

**Menu is subject to change.
Along with, NO SPECIAL
ORDERS**

Due to the high volume of lunches we **CANNOT** do special orders. If the menu item has onions on it, it has onions. if it's a Cheeseburger, it's a Cheeseburger.



Please call 734-636-9477 by 1:00 p.m. the day before to order lunch.

Carry out available for pick-up @ 11:30a.m.

Dining in available Monday—Friday 12:00 Noon

Please Call by 1:00 p.m. Friday for the following Monday

Dine in and Carry Out lunches for those members 60 and better will pay \$3.00.

Members less than 60 will pay \$4.00 to help offset the raising cost of foam containers.

\$5.00 for non members regardless of age. **Additional meals over the first are available for \$5.00 each.**



Activities

AARP Driver Safety Course

There hasn't been much interest from folks in the Center sponsoring an AARP Driver Safety Course. The few people who did express an interest told me they received a discount from their insurance company. Since every insurance company is different, please check with yours about a discount. As a public service, the course will be open to the public, so you can bring family and friends. The course is designed for folks 55+ and offers a chance to refresh your driving skills. Michigan's course lasts 8 hours, spread over 2 days. If you're interested, please let me know.

Events

The HalloMasThanks Holiday and Bake Sale was a huge success. I can't thank the folks enough who contributed items, baked goods, made donations, and, more importantly, showed up to support the Center and the Adult Day Service program.

None of this would have happened without our fantastic group of volunteers. The unsung hero of all this is Sheila. From the initial concept, she comes in every day or two to price items, wheel them out to the shed, and once it's full, figure out where to stack the rest of the stuff so it's not in the way until sale week. The day before the sale week begins, she organizes an incredible amount of sale items with the help of a small army of volunteers. Most volunteers spend all five days at the Center helping — putting up tables, unpacking, and strategically arranging items by the holiday. They then turn their attention to the customers, answering questions, taking money, and loading vehicles. Sometimes I wondered if they were really making any progress selling things. From my point of view, it never looked like much was being sold, considering how many people I saw walking around. It turned out there were so many items that the volunteers had to pull things off the floor to keep the tables full. Then, to my surprise, as soon as the sale ended,

boxes and bags were stuffed and stacked, tables taken down, and the floor vacuumed in what seemed like minutes.

All in all, it was another successful event, and everyone who uses the Center should be grateful for the volunteers we have. Without them, things here would definitely be different. Again, heartfelt thanks to all our volunteers for everything you do.

Witches

I know this is the November newsletter, but I wanted to remind you that the Lake Eerie Hexenbrut Dancing Witches will be here on October 29th, and you don't want to miss them.

Turkeys

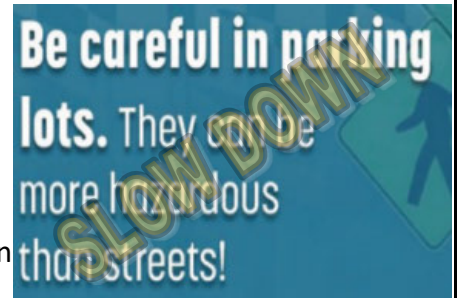
Our annual Thanksgiving dinner is scheduled for November 22nd, so be sure to get your tickets early. Each year, we see it grow, and I believe this year will be no different. Join us for a traditional Thanksgiving Day dinner.

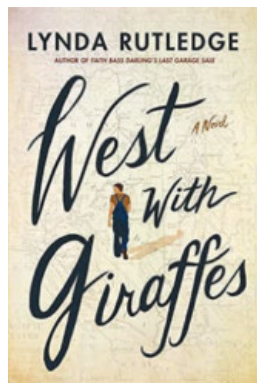
Wheelbarrow

It's the season for our annual Wheelbarrow of Plenty (formerly known as the Wheelbarrow of Cheer) fundraiser. Over the past few years, we noticed fewer spirits in the wheelbarrow and a greater variety of items to appeal to everyone. The phrase most commonly heard was "I am buying a ticket for a chance to win the wheelbarrow, I don't know what I'm going to do with all that alcohol if I win." I guess enough people were paying attention because, over the years, more snacks appeared, candy, games, and nonalcoholic beverages. Hence the suggestion for the name change. Get your tickets, and good luck.

The Township recently did some work in the parking lot. The catch basin is finished, and the parking lot has been sealed and striped.

Please remember to slow down and to be careful when backing out of your parking spot. Rumor has it there was almost a road rage incident in our parking lot. I would like to think most of us aren't in that big of a hurry. Have a Safe and Happy Thanksgiving





November Book Club

Friday, Nov. 21, 10:00am

West With Giraffes

By Lynda Rutledge

Woodrow Wilson Nickel, age 105, feels his life ebbing away. But when he learns giraffes are going extinct, he finds himself recalling the unforgettable experience he cannot take to his grave. It's 1938, The Great Depression lingers. Hitler is threatening

Europe, and world-weary Americans long for wonder. They find it in two giraffes who miraculously survive a hurricane while crossing the Atlantic. What follows is a twelve-day road trip in a custom truck to deliver Southern California's first giraffes to the San Diego Zoo. Behind the wheel is the young Dust Bowl rowdy Woodrow. Inspired by true events, the tale weaves real-life figures with fictional ones, including the world's first female zoo director, a crusty old man with a past, a young female photographer with a secret, and assorted reprobates as spotty as the giraffes. Part adventure, part historical saga, and part coming-of-age love story, *West with Giraffes* explores what it means to be changed by the grace of animals, the kindness of strangers, the passing of time, and a story told before it's too late.

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Our Case Managers work to assess, advocate, and help plan services around your medical and non-medical needs.
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Videophone: 248-209-6437 • Voice: 248-332-3331

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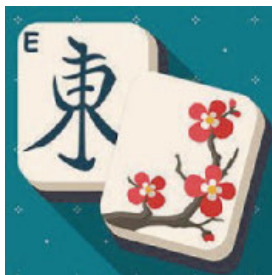


3rd Quarter Mahjong Winners

Rosemary Sutton
Ethel Austin
Janet Sottile



Mahjong is a tile-based game that was developed in China during the Qing Dynasty, spread throughout the world since the early 20th century, and has become popular in Western countries. Mahjong is a game of skill, strategy, and calculation and involves a degree of chance. Come learn to play, expand your world, and improve your mind. Join us the **1st & 3rd Fridays of the month, from 10:00am – 12:00pm.**



Mullins Elder Law PLLC



Call Tina M. Mullins, Atty
Downtown Monroe

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Wills and Trust, Guardianship and Conservatorship
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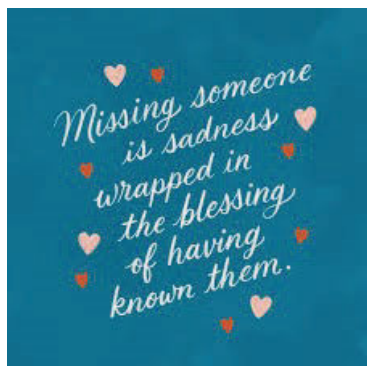


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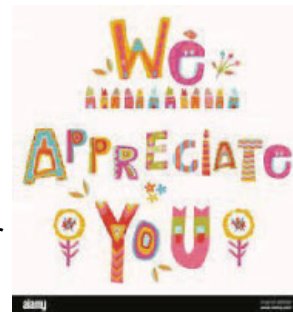


James William Rohrbach



DONATIONS

- ♦ 5 Anonymous Generous Donations for Adult Day Services
- ♦ Susan M Bailyn of Gladys and Mildred Tomiak Foundation Inc. For their Generous Donation to Adult Day Services
- ♦ Sheryl L Sieb - for her donations to the center
- ♦ October Holiday Sale/Bake Sale Donations and Volunteers
- ♦ Contributors of all the yarn and puzzles.



- Thank you so much!

Choose your November Birthday Lunch from this months menu items (Page 4)



Mary Ann Barbier	Ronald Florian	Ginger Mason	Cheryl Shepherdson
Debbie Barron	Richard Fry	Deb Massengill	Bonnie Shinevar
Linda Baxter	Mary Fuhlbrigge	Kay Matykowski	James Short IV
Karen Beaudrie	Mary Gerweck	Kate McDevitt	Linda Stamper
Daniel Belanger	Betty Haines	Linda Mell	Gregory Staten
Linda Boberg	Charles Hammer	Dennis Miller	Roger Staten
Barbara Boudrie	Rose Harris	Tamela Moore	Lisa Stellick
Julie Branan	Linda Hawley	Jamie Neidlinger	Adele Stommel
Kathryn Brown	Debra Heath	Pete Nied	Tracy Sudduth
Myrtle Bruck	Wanell James	Isaac Owens Jr.	Nancy Summers
Mary Bruck	Jeffery Johnson	Thomas Peckham	Mary Sutton
Anna Burgess	Benjamin Jones II	Suzanne Pegouske	Diane Theisen
George Butler	Judith Karas	John Perniciaro	Linda Thralls
Nancy Chalupka	Phyllis Kinhead	Adele Peterman	Tom Timmins
Mary Collino	Jo Kunich	Monte Petit	Melissa Towne
Carol Coppersmith	Joy Langton	Steven Pierce	Evelyn Marie Ushman
Janice Cousino	Howard LeCompte	Salvatore Pizzo	Nancy Van Daele
Wayne Davidson	George Lewis	Theresa Pritchett	Mary Van Wasshenova
Diana Duvall	Brenda Lewis	Maria Pursley	Richard West
Judith Eberline	Arwada Liedel	James Robb	Jerry White
John Echols	Doug A Looney	Barbara Roe	Philip Wickenheiser
Lauren Erquhart	Kathleen Loveridge	Ginny Rohn	Debbie Wiggle
Brenda Facey	Vicki Lynch	Kathleen Runkle	Sheila Wignal
Jeffrey Finley	Patsy Magee	Bill Ryan	Russ Yard
Vern Fisher		Sandra Shanteau	Cory Yinger
			Bob Zalewski



Happy Hookers

We have a group called the Happy Hookers. They meet on Wednesdays at 1:00 PM.

Don't let the name fool you, this is a dedicated group who knits and crochets all year. A few weeks before Christmas they load their vehicles up and distribute many items throughout the county to various agencies (nursing homes, Salvation Army, etc.). Items such as lap blankets, scarves, mittens, hats, etc. , along with making items for fund raisers. They are looking for donations of **scrubby yarn**. So if anyone has some extra laying around, donations would be greatly appreciated.



Welcome to our New Members



Patricia LaRoy Life Time
Novalynn Stremmell Life Time

Kathy Fluharty	Marilyn J Lorimor
Bruce A Herr Sr	Kenneth Mara
Tammy L Jeska	Rebecca Mara
Judy Johnson	Trent M McRitchie
Valerie B Johnson	Kimberly A O'Brien
Sue A Jones	Khalil Pakideh
LeRoy W Kinne	Christina L Roehl
Sharon L Kinne	Karen A Schenavar
Barbara A Latondress	Nancy Smith
Steven J Latondress	Anne Spaulding
Sue M Lodico	

We Share The Air

Please keep it healthy and fragrance FREE!

The chemicals used in scented products can make some people sick, especially those with fragrance sensitives, asthma, allergies and other respirator ailments.

- **PLEASE: DO NOT** wear perfume, cologne, lotion, aftershave and other fragrances.
- **USE:** unscented personal care products.



Massage Therapy

With licensed massage therapist,

Kelli Duffy



♦ When: Select Thursday mornings

♦ What: 25 minute fully-clothed massage

♦ Cost: \$30 paid to Kelli

♦ Sign up: See Lisa to book

Watch the newsletter each month for Kelli's availability!

Schedule an appointment to be entered in a drawing for November's complimentary massage.
October's Free Massage Winner
Patricia Smith



Tuesday, November 11th
9:00 a.m. – 11:00 a.m.

We are on the road
bringing FMC Services to
our community



Mobile Unit Services

- Health screening
- Dental screening by special request
- Vision screening
- Preventative education



Visit Our Website:
www.familymedicalmi.org

734-654-2169 Monroe County
517-263-1800 Lenawee County



Bake Sale to benefit the Adult Day Services Program

Wednesday, December 3, 2025

Please bring your bake goods on Monday December 1st and Tuesday December 2nd. If you don't bake, we will be accepting cash or check donations.

The Adult Day Services Program:

Do you know someone who takes care of an elderly adult who has been diagnosed with Alzheimer's or Dementia..... We can help them!! Let them know about our program. We provide respite care for caregivers who need a break from care giving.



A HUGE Thank You in advance!!!



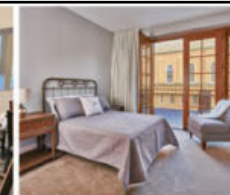
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15-0719

Records Update



Help Chrissy keep our records current.

Do you have any of the following changes?

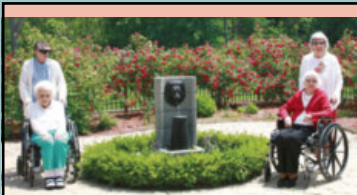
- ◆ Address
- ◆ Emergency Contact
- ◆ Telephone Number
- ◆ Pick-up Newsletter



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The Possibilities are Endless!

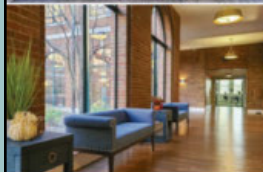
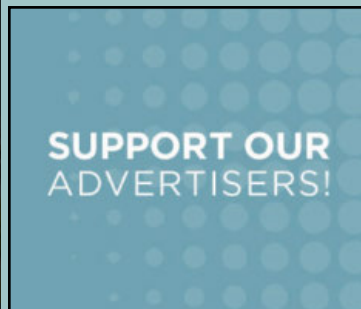
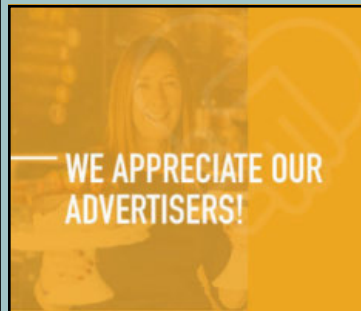
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At Saint Therese, you'll enjoy independence with the support you want, a welcoming environment for all faiths, and endless opportunities to stay active, social, and fulfilled.

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15-0719

The background of the flyer is a colorful autumn-themed illustration. It features several pumpkins in shades of orange and yellow, some with green stems. There are also ears of corn, some in husks and some shucked, and a basket of red apples. A woman with short brown hair and glasses is smiling and peeking over a large pumpkin in the center. The overall scene is set against a warm, golden-yellow background with soft, glowing light effects.

**JOIN US FOR A TRADITIONAL
THANKSGIVING DINNER
TURKEY AND ALL THE FIXINGS
ON SATURDAY, NOV. 22nd, 2025
FROM 1:00PM – 4:00PM**

Members \$10.00

Non-Members \$15.00

Pre-Sold Tickets ONLY, NO WALK-INS

Cut-off Date: Friday, November 14, 2025

Musical Entertainment by [Mary Oulette](#)

***See Lisa for Tickets.**

Frenchtown Center for Active Adults

*****Must be at least 21 years old to enter*****

OPEN TO THE PUBLIC & need not be present to win!

**Drawing: Wednesday, December 17th 2025
between 12-3 pm**

Tickets for sale at Frenchtown Center

2786 Vivian Road, Monroe, MI 48162

(734) 243-6210

**We are accepting donations to fill this
Wheelbarrow!! Thank you so much for your support!**

Wheelbarrow of Plenty

BUY TICKETS NOW



Liquid refreshments, cheese, crackers,
chips, candies, cookies, etc.

1st Prize

Wheelbarrow of Plenty

Donated by: Frenchtown
Men's Pool League,
Members and Staff

2nd Prize

**Gift Basket
\$75.00 Value**

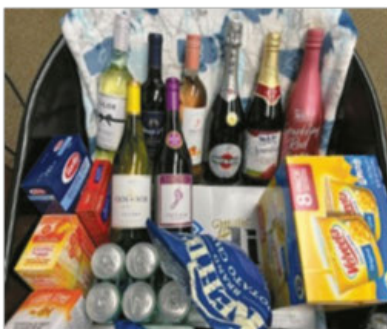


3rd Prize

\$25.00 Gift Card



Sample pictures of previous years WHEELBARROW



FRENCHTOWN CENTER

Library in Motion will return

Wednesday, November 12, 2025

Please have returns ready by 10:00 a.m.

PHONE: 734-241-5770

EMAIL: lim@monroe.lib.mi.us



TUESDAY FUN NIGHT Meal & Entertainment

Tuesday November 11, 2025

4:30 p.m.—6:30 p.m.

**Come Join Us for Some Food and
Fun!!!**



Members ONLY \$1.00

NON-MEMBERS \$3.00



Area Agency on Aging 1-8



DEMENTIA Live®

GAIN A NEW PERSPECTIVE WITH DEMENTIA LIVE



PROVEN



POWERFUL



ESSENTIAL



FRENCHTOWN CENTER FOR ACTIVE ADULTS

2786 Vivian Rd. Monroe, MI 48162

Monday, November 3, 2025 | 1:00 PM - 2:30 PM

No Cost, Donations Accepted

Space is limited.

To register, call: (734) 243-6217

Dementia Live® is an experience that immerses participants into what life might be like living with cognitive impairment and sensory change. Utilizing specialized gear that simulates dementia specific changes that include altered eyesight, hearing and tactile sensation, this safe experience is a powerful and effective tool to strengthen care partner understanding of and empathy for others.

Gaining a first-hand understanding of anxiety, isolation, frustration, confusion, and more, Dementia Live uniquely walks participants from the "AHA" moment to empowering care partners with tools to improve communication, care processes, relationship building and the environment.

This workshop is made available in whole or part with funding from the Federal Older Americans Act and Michigan Department of Health and Human Services/ The Bureau of Aging, Community Living, and Supports through AgeWays Nonprofit Senior Services.

Helpful Information for you.

There are many agencies in Monroe that offer help for the Elderly Community. Here are just a few.

Monroe County offers seniors a wide range of services including in-home care (personal care, housekeeping, meal prep, and respite), transportation, adult day services, health and nutrition programs, counseling, senior centers, legal aid, and advocacy services through organizations like the Monroe County Commission on Aging and **Monroe County Opportunity Program (MCOP)**.

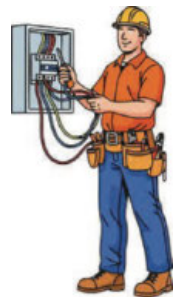
In-Home Services & Assistance



- **Monroe County Opportunity Program (MCOP):** Provides home care (homemaking, personal care, meal preparation, shopping), respite care for caregivers, home chore services (lawn care, snow removal), and home injury control (grab bars, etc.).

Assistance for the following **home maintenance tasks** are available for qualified residents:

- Lawn mowing
- Cleaning gutters
- Minor carpentry
- Snow removal
- Minor electrical repairs
- Minor plumbing repairs
- Install of window air conditioners



Area Agency on Aging 1-8



Helping Seniors and Family Caregivers Find the Programs and Support They Need

Services like Meals on Wheels, home care, or transportation can play a big part in helping make sure seniors can live comfortably and safely in any place they call home—whether that's their own home or apartment, an assisted living facility or with family caregivers. These services can give families the extra help they need to fully care for an older loved one. Not sure of what services would work for your family? Call our Information and Assistance Telephone Line at **(800) 852-7795** and get help from one of our trained and certified resource specialists.



Monroe County Senior Legal Services (MCSLS) provides legal assistance to residents of Monroe County who are 60 years of age and older in the greatest social or economic need. If a client is unable to come to its office, MCSLS offers its clients a unique service referred to as "outreach services." Upon request, MCSLS will go out to the homes of people who are homebound to take the relevant information.

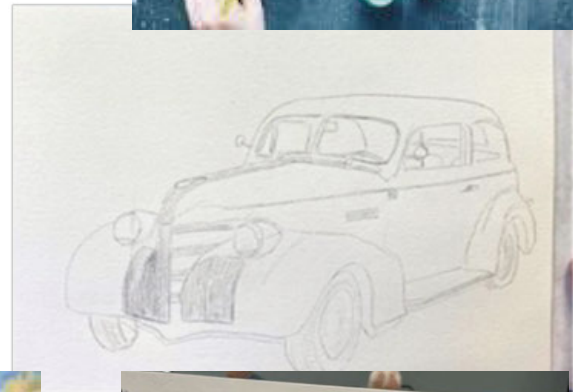


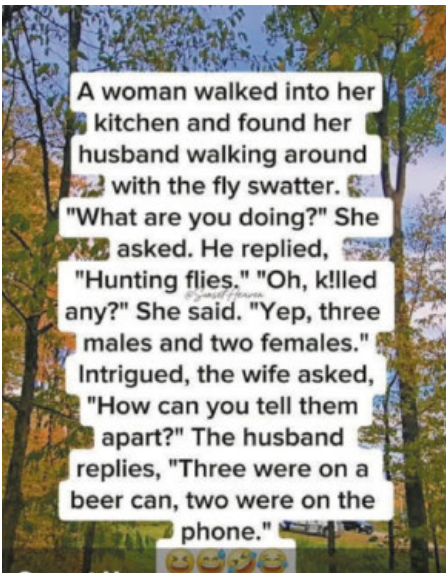
Annual Art Sale and Show
This year's event will be held on
Monday, December 1 thru Friday
December 12, 2025.



Beautiful creations from the Watercolor Class will be on display for purchase. It is a perfect time to find that beautiful Christmas Gift.

Enjoy a wonderful display of their talents. Water Color Classes are held Fridays @ 12:30 P.M. Painting with watercolor can be a LOT of fun. **Join instructors Martha Bell, Gladys Drummond, Judy Eberline, Karen McLaughlin, Lyn Peraino, Char Quiel, Jackie Walock, and Nancy Williams.** Each week the class is led by a different instructor with new as well as tried and true watercolor painting techniques. This class is truly inspiring. It is designed for participants to complete or nearly complete a painting during each session. Learn some tips and tricks that can make all the difference and take watercolor to a whole new level. Great for beginners and experienced painters alike. Be inspired to create something fun and of course, share your watercolor masterpieces with family, friends and more. You will need to bring your own supplies. You can visit our website for a complete list of supplies needed.





Ever notice when geese fly in a v formation, one side is always longer than the other? This is because there are more geese on that side.

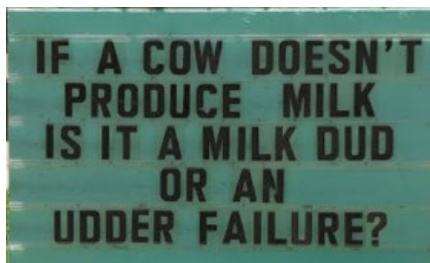


A college student asks her 21 year old roommate, "How was your blind date?" "Terrible!", she answers. "He showed up in his 1932 Rolls Royce."

"Wow! That's a very impressive car, what's so bad about that?"



"He was the original owner."

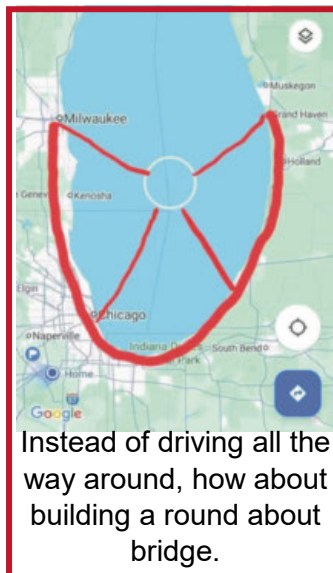


Where do hamburgers and hot dogs go dancing? A meatball.

My daughter just passed her driver's test and offered to pick me up, as I was out having drinks with friends...5. On the way home I asked, "Could we stop at McDonald's?" My daughter replied, "Been waiting years to say this, NO!...we have food at home!"



Why is Peter Pan always flying? He neverlands.



So I was at Walmart earlier. A lady was looking at frozen turkeys, but she couldn't find one big enough. She asked the stock boy, "Do these turkeys get any bigger?" He replied with a straight face, "No ma'am, they're dead." Made my week.

Frenchtown Voyagers Travel Meeting Tuesday, **December 16, 2025 at 1:00pm**

For more information, call Lisa Ghigliazza 734-243-6217.

You can **find the latest travel information on our website**, www.frenchtownsenior.com, our Facebook page, and in the newsletter.

- ◆ **The Parade Company, Nov. 13, presented by Bianco Tours.** The cost for this day trip is \$115.
- ◆ **New Year's Eve on the River, Dec 30, 2025—Jan 1, 2026, presented by Ed & Ted's.** Single \$999, Double \$899, Triple \$769.

Check Our Travel Racks for Sold Out Trips, to get on a waitlist.

EXCITING NEW TRIPS FOR 2026!

- ◆ **Florida Gulf Coast, Feb. 21—Mar. 7, presented by Ed & Ted's.** Rates Start at \$4,399 per person for double occupancy with a resort view. See flyer for complete rates/rooms.
- ◆ **Purple Rose—The Classic King, Feb. 5, presented by Bianco Tours.** The cost for this day trip is \$158.
- ◆ **Firekeepers, Feb. 12, presented by Bianco Tours.** The cost for this day trip is \$58.
- ◆ **Hawaii 3 Island Adventure, Feb. 17–25, 2026, presented by Premier World Discovery.** Single \$8,899, Double \$6,449. ***Airfare included in price.**
- ◆ **Sensations of the South, Mar. 13-22, 2026, presented by Bianco Tours.** Single \$3,641, Double \$2,955, Triple \$2,721. ***SOLD OUT*** Taking names for a waitlist.
- ◆ **Menopause The Musical 2, Mar. 15, presented by Bianco Tours.** The cost for this day trip is \$154.
- ◆ **Purple Rose—Murder on the Links, Apr. 9, presented by Bianco Tours.** The cost for this day trip is \$158.
- ◆ **Thunder Over Louisville, Apr. 16-19, presented by Ed & Ted's.** Single \$1,699, Double \$1,399, Triple \$1,299.
- ◆ **Splendors of Spain, April 21-29, 2026, presented by Mayflower Cruises & Tours.** Single \$7,688, Double \$5,729. ***Airfare included in price.**
- ◆ **Meet Me in St. Louis, May 11-15, presented by Bianco Tours.** Single \$1,748, Double \$1,415, Triple \$1,305.
- ◆ **Fiesta Detroit, May 20, presented by Bianco Tours.** The cost for this day trip is \$120.

For future trips, Lisa will also be asking for your License Plate Number. This will help us find you in case of any emergency.



***** If you are not a member of the Frenchtown Center for Active Adults, we ask that
you pre-register with our Office Manager, Christine Pidruzny. *****

EXCITING NEW TRIPS FOR 2026!

- ◆ **New England, May 24—30, presented by Bianco Tours.** Single \$2,756, Double \$2,312, Triple \$2,174.
- ◆ **Cape May, Naval Traditions & Heroes, June 14-19, presented by Ed & Ted's.** Single \$2,999, Double \$2,399, Triple \$2,249.
- ◆ **Meadowbrook—Always a Bridesmaid, June 17, presented by Bianco Tours.** The cost for this day trip is \$137.
- ◆ **Detroit Heritage, June 25, presented by Bianco Tours.** The cost for this day trip is \$126.
- ◆ **Firekeepers, July 7, presented by Bianco Tours.** The cost for this day trip is \$58.
- ◆ **Detroit Princess, July 9, presented by Bianco Tours.** The cost for this day trip is \$124.
- ◆ **Niagara Falls Getaway, July 14-16, presented by Bianco Tours.** Single \$1,357, Double \$1,048, Triple \$965.
- ◆ **Musical Highways of the Midwest, July 19-26, 2026, presented by Mayflower Cruises & Tours.** Single \$5,648, Double \$4,599. ***Airfare included in price.**
- ◆ **Canadian Rockies & Glacier National Park, Aug. 12-18, 2026, presented by Premier World Discovery.** Single \$5,799, Double \$4,499. ***Airfare included in price.**
- ◆ **Lakes, Lucy, Comedy & Cruises, Aug. 20-25, presented by Ed & Ted's.** Single \$3,399, Double \$2,449, Triple \$2,099.
- ◆ **Iceland Explorer, Sept. 23-30, 2026, presented by Premier World Discovery.** Single \$6,049, Double \$4,849. ***Airfare included in price.***
- ◆ **Lake Placid, Adirondack Mountains & Vermont, Sept. 26-Oct. 3, presented by Ed & Ted's.** Single \$3,999, Double \$2,999, Triple \$2,599.
- ◆ **Best of Ireland, October 7-19, 2026, presented by Mayflower Cruises & Tours.** Single \$7,648, Double \$5,649. ***Airfare included in price.**
- ◆ **Smokey Mountain Fall Adventure & Dollywood's Pumpkin Luminights, Oct. 19-23, presented by Ed & Ted's.** Single \$2,199, Double \$1,799, Triple \$1,649.
- ◆ **San Antonio Holiday, Dec. 3-7, 2026, presented by Premier World Discovery.** Single \$3,625, Double \$2,875. ***Airfare included in price.***
- ◆ **Tournament of Roses Parade, Dec. 29, 2026 - Jan. 2, 2027, presented by Mayflower Cruises & Tours.** Single \$3,298, Double \$2,399. ***Price does NOT include airfare.**



Frenchtown Center Link

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Commission on Aging



Current Resident

FUN NIGHT MEAL & Entertainment—
Tuesday, November 11th @ 4:30 p.m.

Library will be here on Wednesday,
November 12th @ 10:00 a.m.

Board Meeting—Thursday, November 20th
@ 10:00 a.m.

Thanksgiving Dinner, Saturday,
November 22nd 1:00 p.m.—4:00 p.m. page 11

November Pub Trivia Cancelled

Center Closed, Thursday, November 27th and Friday, November 28, **HAPPY THANKSGIVING!**

Art Show, December 1—12, 2025 page 16

Yes, clocks in most of the United States turn back one hour on Sunday, November 2, 2025, at 2 a.m. This is when Daylight Saving Time ends and standard time resumes, meaning you'll gain an extra hour of sleep, and mornings will become lighter while evenings get darker earlier.



WHEELBARROW of PLENTY RAFFLE

Frenchtown Center for Active Adults

1st Prize - Wheelbarrow of Plenty
2nd Prize - Gift Basket \$75.00 Value
3rd Prize - \$25.00 Gift Card
license # X13381

**To be Drawn December 17, 2025 between 12:00 - 3:00 pm
at 2786 Vivian Rd, Monroe, MI 48162**

Need not be present to win

ALL EVENTS SUBJECT TO CHANGE PLEASE CALL BEFORE COMING