



**2786 VIVIAN ROAD
MONROE, MI 48162**
Phone: 734-243-6210
CENTER HOURS:
Monday through Friday
8:30 a.m. - 4:00 p.m.



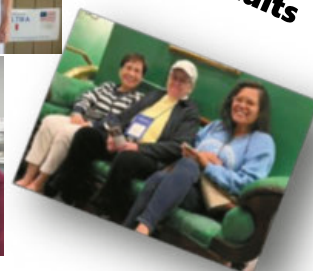
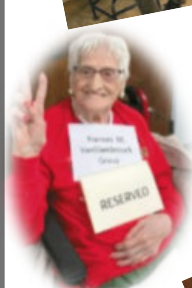
September 2025



**Flu/Covid shots –
Tuesday, Oct. 7, 2025
9:00 a.m. to 11:00 a.m.**



Active Adults



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**This is YOUR NEWSLETTER. Is there anything you would like to see or change.
Contact Patricia Smith.**



FRENCHTOWN CENTER LINK

2786 Vivian Road, Monroe, MI 48162

Phone: (734) 243-6210

e-mail: seniors@frenchtownsenior.com

2025 BOARD OF DIRECTORS

Darla Myers—Chairman
Dianne Beaudrie—Vice Chairman
Thomas Peckham—Treasurer
Mary Ann Mack—Secretary
Charles Mushung—Member at Large
Ellen Brockway
Jean Guyor
John Bocks
Rick Brown
James Osment Jr
Daniel Van Wassenhova
Alan VanWashenova—Frenchtown Charter Township Liaison

Board of Directors meet on the 3rd Thursday each month at 10:00 a.m.

Center hours: 8:30 a.m. – 4:00 p.m. Monday/Friday

Adult Day Service: Monday – Friday 8:00 a.m. – 4:00 p.m. Can be open from 6:00 a.m.—6:00 p.m. with 24 hour notice.

Dues \$20.00 per year if you live in the county and \$25.00 if you live out of the county, are due in January. Lifetime membership \$200.00

Meals at 12:00 Noon - Monday – Friday. For reservations, please call the day before by 1:00 P.M.. Call Kitchen at 734-636-9477

FRENCHTOWN CENTER PERSONNEL/PHONE EXT

Paul Iacoangeli—Executive Director/ Ext 109
Kathleen McBee—Accountant/ Ext 105
Lisa Ghigliazza—Program Coordinator Ext 103
Christine Pidruzny—Office Manager / Ext 104
Patricia Smith—Administrative Assistant / Ext 108
Mark West—Building Attendant

Kitchen Staff

Kim Maracle—Head Cook/ Ext 106
Paula DeHart—Assistant Cook
Rita Stout-Andrews—Kitchen Aid
Kim Reeves—Kitchen Aid

Adult Day Service Staff

Jean Siemik—Program Director/ Ext 107
Pam Handegan—Adult Day Staff
Doreen Sager—Adult Day Staff

Activities & Services for Monroe County Older Adults at Frenchtown Center for Active Adults

Balance & Stability
Bingo
Bocce Ball
Book Club
Brain Aerobics
Bridge
Bunco
Caregivers Support Group
Card Making Classes
Cardio Drumming
Chair Yoga
Chicks with Sticks
Color Social
Dominoes Mexican Train
Eight Ball Pool League
Enhanced Exercise
Euchre
Fundraising
Fun Fit Party Exercise
Geri-Fit
Informational Series
Knitting & Crocheting
Left Center Right
Legal Services
Mahjong
Men's & Women's Pool League



Mobile Health Unit
Newsletter
Nine Ball Pool League
Noon Lunches
Notary Services
Open Pool
Painting Programs
Pickleball
Ping Pong
Pub Trivia
Quilting
Rummage Sales
Seasonal Tax Services
Sewing Group
Tuesday Fun Night
(2nd Tuesday)
Thursday Breakfast
Travel
Walk-Fit
Watercolor Class
Workshops



This institution is an equal opportunity provider.

Commission on Aging Disclaimer Statement

Views & comments expressed in this newsletter are not necessarily the views & comments of the Monroe County Commission on aging. The Monroe County Commission on Aging is a governmental agency, which funds community senior programming through millage dollars.

The Frenchtown Center for Active Adults program will not discriminate against any individual or group because of race, sex, religion, national origin, color, marital status, handicap, or political beliefs.



Mon	Tue	Wed	Thu	Fri
SEPTEMBER 2025 CENTER CLOSED	2 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie	3 9:00 Pickleball 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Domino Mexican Train 10:00 Chair Yoga 10:30 Paint w/Friends 11:00 Balance & Stability 12:00 9-Ball League 1:00 Happy Hookers	4 8:00 Cardio Drumming 8:30 Breakfast 9:00 Ping Pong 9:00 Cardio Drumming 9:00 Bridge 10:00 Massage Therapy 10:00 Geri-Fit 11:00 Advanced Geri-Fit 1:00 8-Ball Partners 1:00 LCR 1:00 Enhanced Exer w/Jackie	5 9:00 Pickleball 10:00 Walk Fit 10:00 Mahjong 12:15 Watercolor Class 1:00 Bingo
8 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Bocce Ball 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability 1:00 Dementia Live 1:00 Brain Aerobics	9 8:00 Cardio Drumming 9:00 Mobile Health Unit 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie 4:30 Fun Night Meal	10 9:00 Pickle Ball 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Library In Motion 10:30 Paint w/Friends 12:00 9-Ball League NOON Pig Roast 	11 8:00 Cardio Drumming 9:00 Ping Pong 9:00 Bridge 9:00 Cardio Drumming 10:00 Massage Therapy 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 Quilter's Guild 1:00 8-Ball Partners 1:00 LCR 1:00 Enhanced Exer w/Jackie	12 9:00 Pickleball 10:00 Walk Fit 12:15 Watercolor Class 1:00 Bingo
15 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Bocce Ball 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability 1:00 Monroe Sewing Club	16 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie	17 ADS Bake Sale 9:00 Pickleball 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Dominoes Mexican Train 10:00 Chair Yoga 10:30 Paint w/Friends 11:00 Balance & Stability 12:00 9-Ball League 1:00 Happy Hookers 1:00 WWWWW	18 8:00 Cardio Drumming 9:00 Ping Pong 9:00 Bridge 9:00 Cardio Drumming 10:00 Board Meeting 10:00 Massage Therapy 10:00 Geri-Fit 11:00 Advanced Geri-Fit 1:00 Card Making 1:00 8-Ball Partners 1:00 LCR 1:00 Enhanced Exer w/Jackie	19 9:00 Pickleball 9:00 Mahjong 10:00 Book Club 10:00 Walk Fit 12:15 Watercolor Class 1:00 \$5.00 Bingo
22 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Bocce Ball 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability 1:00 Identity Theft 1:00 Brain Aerobics	23 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie	24 9:00 Pickleball 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Chair Yoga 10:30 Paint w/Friends 11:00 Balance & Stability 12:00 9-Ball League 1:00 Happy Hookers 1:00 Pub Trivia	25 8:00 Cardio Drumming 8:30 Breakfast 9:00 Ping Pong 9:00 Cardio Drumming 9:00 Bridge 10:00 Geri-Fit 11:00 Advanced Geri-Fit 1:00 8-Ball Partners 1:00 LCR 1:00 Enhanced Exer w/Jackie	26 9:00 Pickleball 10:00 Walk Fit 12:15 Watercolor Class 1:00 Bingo
29 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Bocce Ball 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability	30 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco	 The gap rungs on a ladder has increased because people have become taller. This is officially known as climb it change. 		



**** The Direct Line to place a lunch order is 734-636-9477 ****

September 2025

Due to the high volume of **CALL-IN LUNCH ORDERS**, we are **UNABLE TO RETURN CALLS**. If you placed an order via phone, the best way to check is to stop by and review the sign up sheets. We appreciate all the response to our lunches and apologize for the inconvenience.

Mon	Tue	Wed	Thu	Fri
1 CLOSED LABOR DAY	2 Chopped sirloin w/ Mushrooms & Onions w/Mashed Potatoes	3 Chef Salad	4 Chicken & Biscuits	5 Big Mac
8 Adoba Chicken & Sausage Casserole	9 Tostada	10 PIG ROAST NO LUNCHES SERVED SEE PAGE 11	11 Loaded Baked Potato w/Side Salad	12 Goulash
15 Smoked Sausage w/Peppers & Onions	16 Chicken Fajita	17 Betty Salad	18 2 Baked Chicken Legs w/Side	19 Chicken Salad Wrap
22 Turkey, Cheese, Shredded Lettuce & Tomato Wrap w/ Chips	23 Loaded Nacho's	24 K-Mart Sub	25 Michigan Cherry Salad	26 Pizza & Salad
29 Vegetable Stir Fry	30 Spaghetti w/Fresh Bread			

When calling 734-636-9477 to place your lunch order, **PLEASE** place an order for **ONE** day only. Lunch can only be ordered for one day via telephone. Please indicate Dining IN or OUT.

**Breakfast Menu—Promptly Served
8:30 A.M.**

**PLEASE—NO WALK-INS. Call or
sign-up by 1:00 P.M. on the
Wednesday before.**

September 4th—Breakfast Sandwich
September 11—Pancakes
September 18th—Breakfast Skillet
September 25th—Biscuits & Gravy



Please call 734-636-9477 by 1:00 p.m. the day before to order lunch.

Carry out available for pick-up @ 11:30a.m.

Dining in available Monday—Friday 12:00 Noon

Please Call by 1:00 p.m. Friday for the following Monday

Dine in and Carry Out lunches for those members 60 and better will pay \$3.00.

Members less than 60 will pay \$4.00 to help offset the raising cost of foam containers.

\$5.00 for non members regardless of age. **Additional meals over the first are available for \$5.00 each.**



Activities

As I briefly mentioned last month, the pool leagues will be starting after Labor Day. While Monday morning's Chicks with Sticks, Tuesday men's eight-ball singles, or Wednesday's nine-ball league fill the house, it always seems to me that Thursday's eight-ball partners have them coming and going. I know it has to do with their schedules, but it seems as if someone arrives and leaves again very quickly. One of these days, I will figure it out. In any case, I wish all the players the best of luck.

Events

Fall Car and Craft Show

Right on the heels of our July car and craft show, members of the car club suggested we consider doing a repeat in the fall. It just so happened we had a meeting scheduled a couple of days after the show, so I told them we would discuss it as a team. As it turned out, no one could think of a downside, so I let the club know it was a go. The day and time for this event are different than our July show. The event will be on a Sunday, September 14, with car registration starting at noon and the show running from 1 pm to 5 pm.

We are also excited that the September show will have the Pink Ladies joining us. Their dance performance took place in the street in front of the Carleton Hotel during the Carleton Cruise. These fabulous ladies of Lighthouse Fitness will be bringing all their energy, their retro flair, and contagious spirit to Frenchtown on the 14th so mark your calendar.

Pig Roast and Annual Meeting

The Car and Craft show is just the start of a busy week. While it was great to see the enthusiasm for the carnival by the number of folks who signed up, it's time to think about the Pig Roast and Annual Meeting. The sign-up sheet is out, and in addition to bringing a dish to pass, we hope you have a talent to share. Maybe you have a favorite song you'd like to sing or an instrument you play. Could we

possibly have the next Chuck Esterly in our midst? From the story I was told, Chuck went onto perform at the Go Bananas Comedy Club and absolutely crushed it. His routine, filled with classic grandpa humor and witty observations, came about because of his attendance at the Sycamore Senior Center in Cincinnati, Ohio. Oh, and don't let the Annual Meeting in the event scare you away, it's a brief meeting to bring the members up to date on what happened in 2024.

Thoughts

I started listening to a particular radio program when I was teaching Political Science at the college. It was my goal to introduce some of the most recent and relevant topics at the beginning of my course, rather than just jumping straight into the textbook. I was seeking something balanced that presented information from an independent perspective, and fortunately, I found it. Even though I may no longer teach, I still have an interest and continue to listen almost daily.

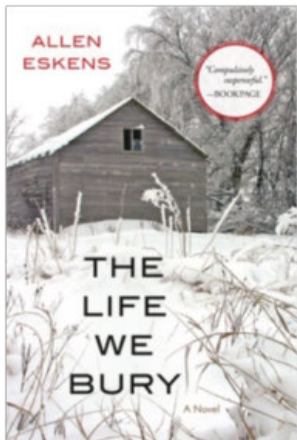
Over the past year or so, the program and especially the host have been focusing on socializing. The host seems to believe that people have lost the ability to socialize, chat with others, and enjoy each other's company. Just the other day, a contributor appeared on the show who wrote a piece for the Washington Post. The article discussed how Americans are realizing that we are meeting up with friends less and less. When you think about it, people don't need to leave the home as much as they used to. You can have your meals delivered by DoorDash, Kroger will bring your groceries, and there's no need to go to the movies because you can simply stream the blockbuster to your 85-inch surround sound home theater.

The host and author began to discuss the "Third Places" you know, the places where everyone knows your name, "NORM!" They talked about coffee houses, cigar bars, diners, and bars. Then, they opened the phone lines, and callers mentioned the marina, church, dog park, flying remote-controlled airplanes, campgrounds, among others.

Sadly, no one mentioned an Older Adult Activity Center. Think about it, here, "Everyone knows your Name"

Enjoy your Labor Day





September Book Club

Friday, Sept. 19, 10:00am

The Life We Bury

By Allen Eskens

College student Joe Talbert has the modest goal of completing a writing assignment for an English class. His task is to interview a stranger and write a brief biography of the person. With deadlines looming, Joe heads to a nearby nursing home to find a willing subject. There he meets Carl Iverson, and soon nothing in Joe's life is ever the same. Carl is a dying Vietnam veteran--and a convicted murderer. With only a few months to live, he has been medically paroled to a nursing home, after spending thirty years in prison for the crimes of rape and murder. As Joe writes about Carl's life, especially Carl's valor in Vietnam, he cannot reconcile the heroism of the soldier with the despicable acts of the convict. Joe, along with his skeptical female neighbor, throws himself into uncovering the truth, but he is hamstrung in his efforts by having to deal with his dangerously dysfunctional mother, the guilt of leaving his autistic brother vulnerable, and a haunting childhood memory. Thread by thread, Joe unravels the tapestry of Carl's conviction. But as he and Lila dig deeper into the circumstances of the crime, the stakes grow higher. Will Joe discover the truth before it's too late to escape the fallout?

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Bring your sweet tooth and support The Adult Day Service Program
Wednesday September 17, 2025
8:30 a.m.—3:30 p.m.

The Adult Day Service Program could use Puzzles. No more than 550 pieces. Donations would be greatly appreciated.



Mullins Elder Law PLLC



Call Tina M. Mullins, Atty
 Downtown Monroe

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 Wills and Trust, Guardianship and Conservatorship
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Please call and speak to our Admissions Department.





May they rest in peace

Madeline J. Blevins
 Sam Cangealose Jr.
 Connie Lou Carroll
 Mary A. (Michelin) Costello
 Bernice Rosemary Deering
 Jean Guyor
 Julius Gustave LaRoy



Rose Harris - for her donation to Adult Day Services fundraising

County Fair Beer Booth Volunteers and Staff

To All our **Volunteers** and those **donating** to the Center and Adult Day Services

To the Anonymous Quilt Material Donor

Bill and Diane Groulx to Adult Day Services in memory of Harold Sauer.

Monroe County Sheriff's Department—Fresh Vegetables

Choose your September Birthday Lunch from this months menu items (Page 4)



Nancy K Adams
Mary Jean Amolsch
Mark J Angove
Kevin M Angove
David R Baker
Chris A Bastien
Margaret L Beason
Mark J Beaubien
Karen A Belanger
Scott Belknap III
Isabel M Benedicto
Ray L Bergmooser
Eugene J Bialy
Beverly A Bills
Bonnie Ann Blohm
John E Branan
Ilah M Brancheau
Brian R Brow
Bernard M Brunet
Janice A Brunswick
Sharon Kay Buckley
Marcus E Caillet
Victoria I Carr
Eugene K Coker Jr.
Trish A Cole
Linda L Conklin
Naomi S Coon
Barbara J Daniels
David L Dawn
Anita M Demario

Marcia J Denoyer
Stephanie J Derry
Bill P. Dillingham
Raymond J Duty
James C Ellerman
Barbara L Emerick
Lora A Engle
Evelyn M Eyler
Ron Farley
Ronald J Finley
Mary Anne Fowler
Deborah Gedelian
Jennifer Gedelian
Beverly J Gessner
Charlie N Gibson
Anna Dean Graham
Janice A Hammer
Eydie M Harms-Ege
Dennis M Harrigan Sr.
Beverly J Hatfield
Diana F Hawes
Theresa Heitkamp
Mary Jane Hildebrant
Jacqueline A Hirst
Donna M Houck
Marie A Hutchison
Rick R Hyden
Linda M Imber
Marlene M Johnson
Barbara N Johnson
Sherry Jones

Jeanette L Kallenberg
Kathy L Kanitz
Keith P Kelley
Joyce A Kipf-Trowbridge
Nancy L Koszegi
Bonnie J Kregel
Beverly A Kuderik
Susan M Kuehnlein
Chris Kull
Christ E Langerman
Erlinda L Little
Judy S Loescher
Leann M Loose
Jeffrey H MacDougall
Patricia Ann MacDougall
Mary Ann Mack
Phyllis M Madden
Russell E Malnar
Mary E Markgraff
Dianne K Maschke
Margaret M Mathewson
Michael J McCarty
Myrna R Meek
Gerald F Miller
Paula J Miracle
Jim A Montague
Jo Ann Naida
Janet S Notario
Roger D Olson
John A Piekarski

Jeanna M Pierce
Pam Ray
Dennis L Ray
Ann L Reaume
Rosa M Reed
Sandra A Rekuc
Jayme A Richards
Michele Y Rinne
Dennis S Scheich
Linda L Schmidt-
Gene E Schneff
Janet A Schultz
Caroline A Short
Janet M Sottile
Cheryl I Southworth
Karen Sparer
Larry D Steffy
James T Stevens
Dana R Stiefel
Jamie Lynn Teatsorth
Marian W Tyra
Frances M VanSlam-
Vickie M Waltz
Sharon M Weinstein
Brenda West
Donna M Wickenheiser
Barbara A Wood
Jane M Worden
Reggena S Wortinger
Jean M Wyatt



**Flu and Covid
Vaccinations**
The Frenchtown
Center will be
offering Flu &



Covid vaccinations again this year.

Tuesday, October 7, 2025
9:00 a.m. to 11:00 a.m.



Welcome to our New Members

Michele Bilan	Frederick W. McIntosh
James W Branch	James L. Miloser
Sheila M. Bussell	Anne S. Noland
Michele L. Clute	Darrell A Novak
Bethann M Didario	Donna J Novak
Daniel J Didario	Sandra L. Perry
Amy A. Galea	Roxanne Pfund
Danielle Ganss	Amy J. Phillips
Christine Sue Garrett	Kathy R Rogoff
Jennifer L Gedelian	Kathleen Runkle
Darlene Harbensi	Doug Sparer
Linda S. Jennings	Karen Sparer
Barbara N. Johnson	Melissa S. Towne
Jeanette L Kallenberg	Karen A Winchell
Joy E Langton	Jane E Woodbury
Desiree A. McIntosh	



TUESDAY FUN NIGHT Meal & Entertainment

Tuesday September 9, 2025
4:30 p.m.—6:30 p.m.

Come Join Us for Some Food and Fun!!!

Members ONLY \$1.00
NON-MEMBERS \$3.00



Tuesday, September 9th
9:00 a.m. – 11:00 a.m.

**We are on the road
bringing FMC Services to
our community**



Mobile Unit Services

- Health screening
- Dental screening by special request
- Vision screening
- Preventative education



Visit Our Website:
www.familymedicalmi.org

734-654-2169 Monroe County
517-263-1800 Lenawee County

FRENCHTOWN CENTER
Library in Motion will return
Wednesday, September 10, 2025
Please have returns ready by 10:00 a.m.
PHONE: 734-241-5770
EMAIL: lim@monroe.lib.mi.us



Mary, I'm having just
one more pint with the
lads. If I'm not home in
20 minutes, read this
message again.



Join us for a special experience presented by



Dementia Live!
Monday, September 8, 2025
1:00 p.m.

Dementia Live is an interactive simulation experience that helps participants better understand life with dementia. By immersing people in what it's like to live with cognitive and sensory changes, it builds empathy and improves care outcomes.

- ▶ Experience what it's like to live with dementia through hands-on simulation.
- ▶ Strengthen understanding and communication with those living with cognitive decline.
- ▶ Support better outcomes for staff, caregivers, and families.

Sign up is required. Please see Lisa to sign up.



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11000 Town Center for Active Adults

15-0719



Members Only

NOON

Pig Roast and Pot Luck

Wednesday, September 10, 2025

Join us for a fun afternoon filled with food, games and surprises!

We provide the Pig, you provide the sides and desserts.

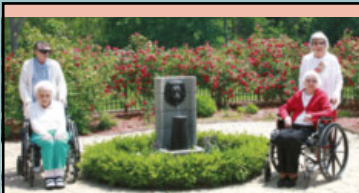


Featuring **"Frenchtown's Got Talent"** Do you have a talent you would like to share? See Lisa for details.

Please sign your name and what dish you will be bringing on the sheet at the front desk.



**NO LUNCHES
SERVED THAT
DAY**



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15-0719



Identity Alert Workshop Sponsored by Fifth Third Bank

September 22, 2025, at 1:00 pm

**Protect yourself from scams! Join us
to learn more.**



Yes, Grandparents Day is a real holiday in the United States. It's officially recognized as National Grandparents Day and celebrated on the first Sunday after Labor

Day. While not a federal public holiday, it's a day to honor and appreciate grandparents and the important role they play in families.

FIVE FACTS YOU DIDN'T KNOW ABOUT GRANDPARENTS DAY

1. It Has Its Own Song

The official song for National Grandparents Day is "A Song for Grandma and Grandpa" by Johnny Prill.

2. It Has Its Own Flower

The official flower is the "forget-me-not" flower.

3. It's Not Actually a Public Holiday

Even though it was signed in as a national holiday it is celebrated more as an observance than a public holiday.

4. On Average 4 Million Cards Were Sent

People are honoring their grandparents with cards, it's the least we can do.

5. Highest Day for Visits in Nursing Homes

There are many days you'd want to spend with your grandparents but National Grandparents day was on average the highest day for nursing home visits.

WHY WE LOVE GRANDPARENTS DAY

• They Love Us and We Love Them

Our Grandparents love us. They can be stubborn and opinionated but in the end they always want what's best for us.

• They Have More Wisdom Than We Think

Our grandparents have seen all kinds of things and lived a lot, through all that living it's not surprising that they learned a thing or two. They have so much to pass down and we should take some time to listen.

• We Wouldn't Be Here Without Them

Let's be real, if it wasn't for them we wouldn't be here. They raised our parents and they made time to spoil us when we were little, it's only fair we return the favor now.

BY THE NUMBERS

4.8 million – the number of pre-school children in American who were cared for by a grandparent in 2011.

23.7% – the percentage of grandparents who take care of children under the age of five.

58% – the percentage of grandparents who say they care for their grandchildren because they enjoy doing it.

53% – the percentage of grandparents who take care of their grandchildren so that their parents can work.

22% – the percentage of grandparents who take care of their grandchildren to pass on family values.

>70 million – the estimated number of grandparents residing in the United States.

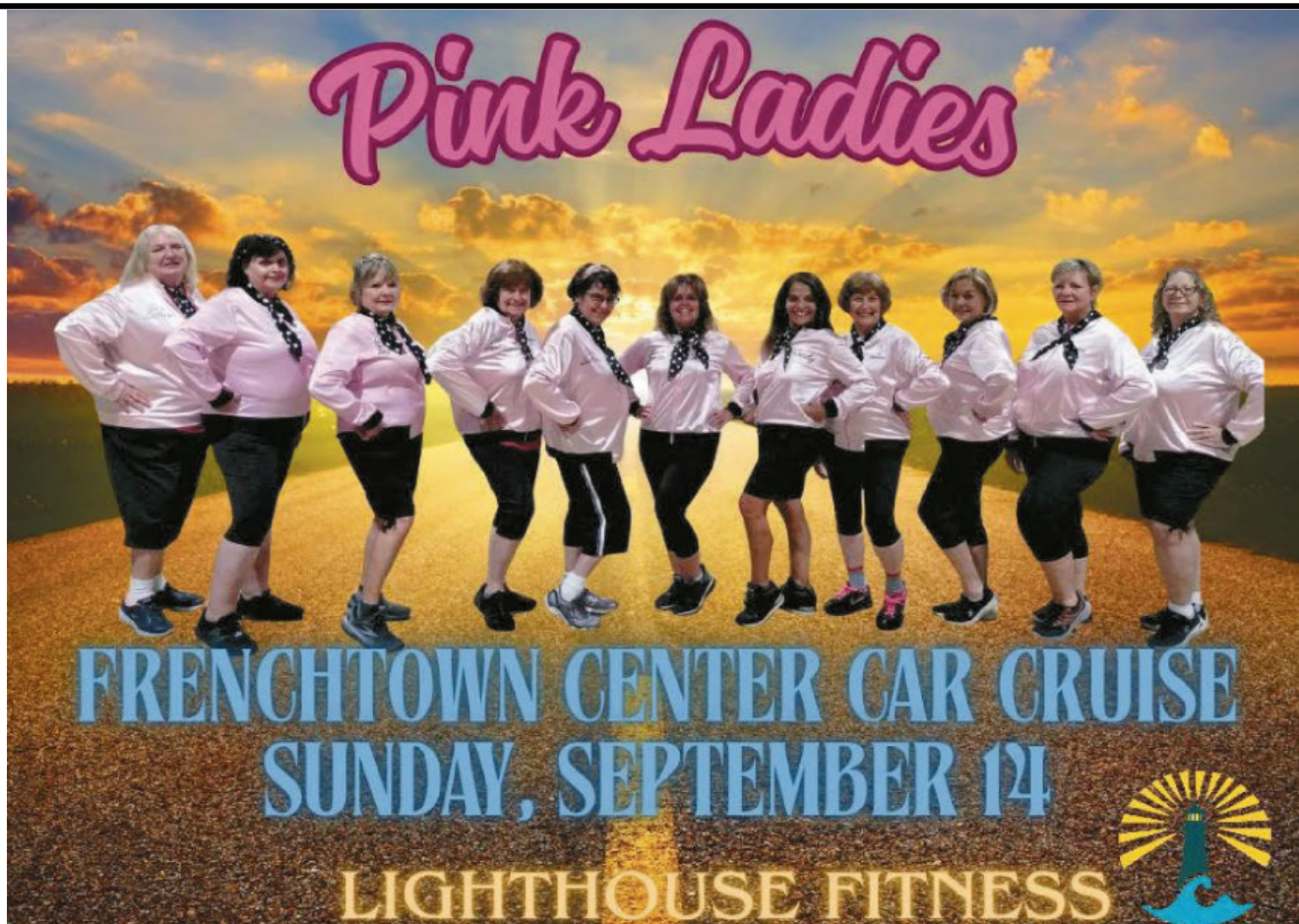
38 – the age of the youngest grandparents.

60% – the percentage of grandparents who work part-time or full-time.

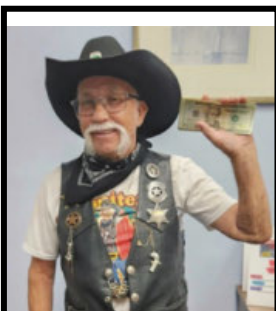
\$52 billion – the amount grandparents spend on grandchildren in a year.

45% – the percentage of grandparents who are on social media.

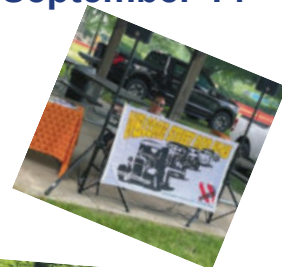
"A grandparent's love is never forgotten, even when they are no longer with us."



Highlights from the July 12th Car Show. Come join in the fun September 14th



50/50 Winners



Wreath Winners



Frenchtown Center for Active Adults

CAR SHOW

Sunday September 14, 2025

1:00 PM — 5:00 PM

\$10 ENTRY FEE
REGISTRATION STARTS
AT NOON

Special Appearance
BY

Pink Ladies

FUN
For the whole family
FOOD
Great Food will be available
FREE
Entertainment & Activities



2786 Vivian Rd
Monroe, Michigan

Proceeds to Benefit the Adult Day Service Program

ATTENTION CRAFTERS
Indoor Space
Available
See back of Flyer
For more details

THANKS TO OUR FRIENDS AT THE BAKER BARN IN CARLETON, MI

THANKS TO OUR FRIENDS AT THE BAKER BARN IN CARLETON, MI



Coming in October Annual Fund Raising Event **HalloThanksMas** Holiday Items and Bake Sale



Tuesday, October 7th
8:30 a.m.—3:30 p.m.

Wednesday, October 8th
8:30 a.m.—3:30 p.m.

Thursday, October 9th
8:30 a.m.—3:30 p.m.

Friday, October 10th
8:30 a.m.—12:00 p.m.



We will begin accepting donations in
September.
New or Slightly/Gently used Halloween,
Thanksgiving and Christmas Items.



Show off your baking skills—bake
your favorite item. All desserts
must be wrapped and ready for
sale.

This event is open to the public.

Area Agency on Aging 1-8

 **AgeWays**
Nonprofit Senior Services

DEMENTIA Live®

GAIN A NEW PERSPECTIVE WITH DEMENTIA LIVE



PROVEN



POWERFUL



ESSENTIAL



FRENCHTOWN CENTER FOR ACTIVE ADULTS

2786 Vivian Rd. Monroe, MI 48162

Monday, September 8, 2025 | 1:00 PM - 2:30 PM

No Cost, Donations Accepted

Space is limited.

To register, call: (734) 243-6217

Dementia Live® is an experience that immerses participants into what life might be like living with cognitive impairment and sensory change. Utilizing specialized gear that simulates dementia specific changes that include altered eyesight, hearing and tactile sensation, this safe experience is a powerful and effective tool to strengthen care partner understanding of and empathy for others.

Gaining a first-hand understanding of anxiety, isolation, frustration, confusion, and more, Dementia Live uniquely walks participants from the "AHA" moment to empowering care partners with tools to improve communication, care processes, relationship building and the environment.

This workshop is made available in whole or part with funding from the Federal Older Americans Act and Michigan Department of Health and Human Services/ The Bureau of Aging, Community Living, and Supports through AgeWays Nonprofit Senior Services.

******* If you are not a member of the Frenchtown Center for Active Adults, we ask that you pre-register with our Office Manager, Christine Pidruzny. *******

- ◆ **Harvest Adventure, Sept. 18, presented by Bianco Tours.** The cost for this day trip is \$110.
- ◆ **Untouchable Chicago, Sept. 19 –21, presented by Bianco Tours.** Single \$1,285, Double \$1,032, Triple \$971.
- ◆ **National Parks & Canyons of the Southwest, Sept 21-26, presented by Premier World Discovery.** Single \$2,875, Double \$2,775, and include round trip airfare.
- ◆ **Albuquerque Balloon Fiesta, Oct. 3 - 8, presented by Premier World Discovery.** Single \$3,625, Double \$3,525, & includes round trip airfare.
- ◆ **Cruising Ecuador's Galapagos Islands, Oct. 14 - 21, presented by Mayflower Cruises & Tours.** Prices start at \$5,694.
- ◆ **Firekeepers, Oct. 15, presented by Bianco Tours.** The cost for this day trip is \$58. Please visit our website for full details.
- ◆ **Haunted Happenings, Oct. 31-Nov. 1, presented by Bianco Tours.** Single \$525, Double \$450, Triple \$426.
- ◆ **The Parade Company, Nov. 13, presented by Bianco Tours.** The cost for this day trip is \$115.
- ◆ **Christmas Markets Cruise on the Romantic Rhine, Nov. 29 - Dec. 7, presented by Mayflower Cruises & Tours.** Prices start at \$3,715 and include round trip airfare.
- ◆ **Holiday Church Tour, Dec. 4, presented by Bianco Tours.** The cost for this day trip is \$110.
- ◆ **New Year's Eve on the River, Dec 30, 2025—Jan 1, 2026, presented by Ed & Ted's.** Single \$999, Double \$899, Triple \$769.

Check Our Travel Racks for Sold Out Trips, to get on a waitlist.



Frenchtown Voyagers Travel Meeting Tuesday, **October 21, 2025** at 1:00pm
For more information, call Lisa Ghigliazza 734-243-6217.

You can **find the latest travel information on our website**, www.frenchtownsenior.com,
our Facebook page, and in the newsletter.

EXCITING NEW TRIPS FOR 2026!

- ◆ **Firekeepers, Feb. 12, presented by Bianco Tours.** The cost for this day trip is \$58.
- ◆ **Hawaii 3 Island Adventure, Feb. 17–25, 2026, presented by Premier World Discovery.** Single \$8,899, Double \$6,449. ***Airfare included in price.**
- ◆ **Sensations of the South, Mar. 13-22, 2026, presented by Bianco Tours.** Single \$3,641, Double \$2,955, Triple \$2,721.
- ◆ **Menopause The Musical 2, March 15, presented by Bianco Tours.** The cost for this day trip is \$154.
- ◆ **Splendors of Spain, April 21-29, 2026, presented by Mayflower Cruises & Tours.** Single \$7,688, Double \$5,729. ***Airfare included in price.**
- ◆ **Meet Me in St. Louis, May 11-15, presented by Bianco Tours.** Single \$1,748, Double \$1,415, Triple \$1,305.
- ◆ **Fiesta Detroit, May 20, presented by Bianco Tours.** The cost for this day trip is \$120.
- ◆ **New England, May 24—30, presented by Bianco Tours.** Single \$2,756, Double \$2,312, Triple \$2,174.
- ◆ **Musical Highways of the Midwest, July 19-26, 2026, presented by Mayflower Cruises & Tours.** Single \$5,648, Double \$4,599. ***Airfare included in price.**
- ◆ **Canadian Rockies & Glacier National Park, Aug. 12-18, 2026, presented by Premier World Discovery.** Single \$5,799, Double \$4,499. ***Airfare included in price.**
- ◆ **Iceland Explorer, Sept. 23-30, 2026, presented by Premier World Discovery.** Single \$6,049, Double \$4,849. ***Airfare included in price.***
- ◆ **Best of Ireland, October 7-19, 2026, presented by Mayflower Cruises & Tours.** Single \$7,648, Double \$5,649. ***Airfare included in price.**
- ◆ **San Antonio Holiday, Dec. 3-7, 2026, presented by Premier World Discovery.** Single \$3,625, Double \$2,875. ***Airfare included in price.***
- ◆ **Tournament of Roses Parade, Dec. 29, 2026 - Jan. 2, 2027, presented by Mayflower Cruises & Tours.** Single \$3,298, Double \$2,399. ***Price does NOT include airfare.**

For future trips, Lisa will also be asking for your License Plate Number. This will help us find you in case of any emergency.



Frenchtown Center Link

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Monroe, MI 48162
Permit 557

A Non-Profit Organization
2786 Vivian Road
Monroe, MI 48162
A Monthly Publication
Dated Material, Please don't delay



Current Resident

FUN NIGHT MEAL & Entertainment—Tuesday, September 9th @ 4:30 p.m.

Dementia Live September 8th @ 1:00 p.m.

Brain Aerobics September 8th & 22nd @ 1:00 p.m.

Library will be here on Wednesday, September 10th @ 10:00 a.m.

Chair Yoga, Balance & Stability & Happy Hookers CANCELLED Wednesday, September 10th.
Come enjoy the
Members Pig Roast/Pot Luck, Wednesday, September 10th Featuring "Frenchtown's Got Talent"

Board Meeting—Thursday, September 18th @ 10:00 a.m.

HalloThanksMas Sale

Tuesday, October 7th—Thursday, October 10, 2025

ALL EVENTS SUBJECT TO CHANGE PLEASE CALL BEFORE COMING



ADS Bake Sale
Wednesday, September 17,