



FRENCHTOWN CENTER FOR ACTIVE ADULTS

2786 VIVIAN ROAD
MONROE, MI 48162
Phone: 734-243-6210
CENTER HOURS:
Monday through Friday
8:30 a.m. - 4:00 p.m.

June 2025



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Flag Day in the United States is celebrated on June 14th annually, commemorating the date the Continental Congress adopted the resolution for the design of the American flag in 1777. It's a day to honor the nation's symbol.



- **Honor the flag:** The American flag is a symbol of national pride and freedom.
- **Celebrate American history:** Flag Day commemorates the adoption of the first national flag.
- **Uphold American values:** It's a time to reflect on the values that the country strives to uphold.

Happy Father's Day



**"A father carries
pictures where
his money
used to be."**

STEVE MARTIN



FRENCHTOWN CENTER LINK

2786 Vivian Road, Monroe, MI 48162

Phone: (734) 243-6210

e-mail: seniors@frenchtownsenior.com

2025 BOARD OF DIRECTORS

Darla Myers—Chairman
Dianne Beaudrie—Vice Chairman
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Jean Guyor
John Bocks
Rick Brown
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Daniel Van Wassenhova
Alan VanWashenova—Frenchtown Charter Township Liaison

Board of Directors meet on the 3rd Thursday each month at 10:00 a.m.

Center hours: 8:30 a.m. – 4:00 p.m. Monday/ Friday

Adult Day Service: Monday – Friday 8:00 a.m. – 4:00 p.m. Can be open from 6:00 a.m.—6:00 p.m. with 24 hour notice.

Dues \$20.00 per year if you live in the county and \$25.00 if you live out of the county, are due in January. Lifetime membership \$200.00

Meals at 12:00 Noon - Monday – Friday. For reservations, please call the day before by 1:00 P.M.. Call Kitchen at 734-636-9477

FRENCHTOWN CENTER PERSONNEL/PHONE EXT

Paul Iacoangeli—Executive Director/ Ext 109
Kathleen McBee—Accountant/ Ext 105
Lisa Ghigliazza—Program Coordinator Ext 103
Christine Pidruzny—Office Manager / Ext 104
Patricia Smith—Administrative Assistant / Ext 108
Mark West—Building Attendant

Kitchen Staff

Kim Maracle—Head Cook/ Ext 106
Paula DeHart—Assistant Cook
Rita Stout-Andrews—Kitchen Aid

Adult Day Service Staff

Jean Siemik—Program Director/ Ext 107
Pam Handegan—Adult Day Staff
Doreen Sager—Adult Day Staff

Activities & Services for Monroe County Older Adults at Frenchtown Center for Active Adults

Balance & Stability
Bingo
Bocce Ball
Book Club
Brain Aerobics
Bridge
Bunco
Caregivers Support Group
Card Making Classes
Cardio Drumming
Chair Yoga
Chicks with Sticks
Color Social
Dominoes Mexican Train
Eight Ball Pool League
Enhanced Exercise
Euchre
Fundraising
Fun Fit Party Exercise
Geri-Fit
Health Screening
Informational Series
Knitting & Crocheting
Left Center Right
Legal Services
Mahjong
Men's & Women's Pool League



Mobile Health Unit
Movie Mondays
Newsletter
Nine Ball Pool League
Noon Lunches
Notary Services
Open Pool
Painting Programs
Pickleball
Ping Pong
Progressive Bridge
Pub Trivia
Quilting
Rock Painting
Rummage Sales
Seasonal Tax Services
Sewing Group
Tuesday Fun Night
(2nd Tuesday)
Thursday Breakfast
Travel
Walk-Fit
Watercolor Class

Work-shops



This institution is an equal opportunity provider.

Commission on Aging Disclaimer Statement

Views & comments expressed in this newsletter are not necessarily the views & comments of the Monroe County Commission on aging. The Monroe County Commission on Aging is a governmental agency, which funds community senior programming through millage dollars.

The Frenchtown Center for Active Adults program will not discriminate against any individual or group because of race, sex, religion, national origin, color, marital status, handicap, or political beliefs.



Mon	Tue	Wed	Thu	Fri
2 9:00 Fun Fit Party w/Cheryl 9:00 Quilting 10:00 Bocco Ball 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability	3 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/ Jackie	4 9:00 Pickleball 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Domino Mexican Train 10:00 9-Ball League 10:00 Chair Yoga 10:30 Acrylics & Beyond 11:00 Balance & Stability 12:30 Paint w/Friends 1:00 Happy Hookers	5 8:00 Cardio Drumming 8:30 Breakfast 9:00 Ping Pong 9:00 Cardio Drumming 9:00 Bridge 10:00 Geri-Fit 11:00 Advanced Geri-Fit 1:00 8-Ball League 1:00 LCR 1:00 Enhanced Exer w/Jackie	6 9:00 Pickleball 9:00 Mahjong 12:15 Watercolor Class 1:00 Bingo 4:30 SENIOR PROM (MASQUARDE BALL)
9 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Bocco Ball 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability 1:00 Caregiver Mtg 1:00 Brain Aerobics	10 8:00 Cardio Drumming 9:00 Bridge 9:00 Mobile Health Unit 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie 4:30 Fun Night Meal	11 9:00 Pickleball 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 9-Ball League 10:00 Chair Yoga 10:30 Acrylics & Beyond 10:00 Library In Motion 11:00 Balance & Stability 12:30 Paint w/Friends 1:00 Happy Hookers	12 8:00 Cardio Drumming 8:30 Breakfast 9:00 Ping Pong 9:00 Cardio Drumming 9:00 Bridge 10:00 Massage Therapy 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 Quilters Guild 1:00 8-Ball League 1:00 LCR 1:00 Enhanced Exer w/Jackie	13 9:00 Pickleball 10:00 Walk Fit 12:15 Watercolor Class 1:00 Bingo
16 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Bocco Ball 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability 1:00 Medicare Fraud	17 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie 1:00 Travel Meeting	18 9:00 Pickleball 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 Domino Mexican Train 10:00 9-Ball League 10:00 Chair Yoga 10:30 Acrylics & Beyond 11:00 Balance & Stability 12:30 Paint w/Friends 1:00 Happy Hookers 1:00 WWW	19 8:00 Cardio Drumming 8:30 Breakfast 9:00 Ping Pong 9:00 Bridge 10:00 Geri-Fit 10:00 Board Meeting 10:00 Massage Therapy 11:00 Advanced Geri-Fit 1:00 8-Ball League 1:00 LCR 1:00 Enhanced Exer w/Jackie 1:00 Card Making Class	20 9:00 Pickleball 9:00 Mahjong 10:00 Book Club 10:00 Walk Fit 12:15 Watercolor Class 1:00 \$5.00 Bingo
23 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Bocco Ball 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability 1:00 Brain Aerobics	24 8:00 Cardio Drumming 9:00 Bridge 9:00 Cardio Drumming 10:00 Walk Fit 10:00 Geri-Fit 11:00 Advanced Geri-Fit 12:00 8-Ball Singles Pool 12:30 Color Social 1:00 Bunco 1:00 Enhanced Exer w/Jackie	25 9:00 Pickleball 9:00 Fun Fit Party w/Cheryl 9:30 Euchre 10:00 9-Ball League 10:00 Chair Yoga 11:00 Balance & Stability 10:30 Acrylics & Beyond 12:30 Paint w/Friends 1:00 Happy Hookers 1:00 Pub Trivia	26 8:00 Cardio Drumming 8:30 Breakfast 9:00 Ping Pong 9:00 Cardio Drumming 9:00 Bridge 10:00 Geri-Fit 11:00 Advanced Geri-Fit 1:00 8-Ball League 1:00 LCR 1:00 Enhanced Exer w/Jackie	27 9:00 Pickleball 10:00 Walk Fit Monroe Sewing Club 12:15 Watercolor Class 1:00 Bingo
30 9:00 Fun Fit Party w/ Cheryl 9:00 Quilting 10:00 Bocco Ball 10:00 Chicks w/Sticks 10:00 Chair Yoga 11:00 Balance & Stability	SPECIAL NOTE: Travelers, please park your vehicles in the back row along the side of the township building. Also, please leave handicap areas free for the daily members. We truly appreciate your help and consideration. For future trips, Lisa will also be asking for your License Plate Number. This will help us find you in case of any emergency.			June 2025



**** The Direct Line to place a lunch order is 734-636-9477 ****

Due to the high volume of **CALL-IN LUNCH ORDERS**, we are **UNABLE TO RETURN CALLS**. If you placed an order via phone, the best way to check is to stop by and review the sign up sheets. We appreciate all the response to our lunches and apologize for the inconvenience.

Mon

Tue

Wed

Thu

Fri

June 2025

2 Pork Loin, Potato & Veggie	3 Tostada	4 Strawberry Salad	5 Turkey Sliders w/ Side	6 CARRY OUT ONLY Egg Salad Sandwich w/ Chips
9 Loaded Potato w/ Side Salad	10 Sweet & Sour Chicken over Rice	11 Taco Salad	12 Chef Salad	13 K-Mart Sub
16 Chicken Salad Sandwich w/Side	17 2 Hard Taco's w/ Chips & Cheese	18 Betty Salad	19 Baked Chicken Leg w/Side & Veggie	20 Fresh Fruit Platter w/Fruit Dip
23 1/2 Ham & Cheese Sandwich w/Fruit	24 Sloppy Joe	25 Pizza w/Salad	26 Smoked Sausage Sub w/Peppers & Onions	27 BBQ Pulled Pork
30 Cheeseburger w/ Side	Only 1 Betty Salad per member. Other lunches, \$5 for 2nd. \$5.00 non- members and \$4.00 for members under 60 years of age.			

When calling 734-636-9477 to place your lunch order, **PLEASE** place an order for **ONE** day only.

**Breakfast Menu—Promptly Served
8:30 A.M.**

**PLEASE—NO WALK-INS. Call or
sign-up by 1:00 P.M. on the
Wednesday before.**

June 5th French Toast

June 12th Skillet

June 19th S.O.S.

June 26th Biscuits & Gravy



Please call 734-636-9477 by 1:00 p.m. the day before to order lunch.

Carry out available for pick-up @ 11:30a.m.

Dining in available Monday—Friday 12:00 Noon

Please Call by 1:00 p.m. Friday for the following Monday

Dine in and Carry Out lunches for those members 60 and better will pay \$3.00.

Members less than 60 will pay \$4.00 to help offset the raising cost of foam containers.

\$5.00 for non members regardless of age. **Additional meals over the first are available for \$5.00 each.**



Activities

The first two pickleball instructional opportunities went very well, and there is no doubt that the final one will be well-attended. It will be interesting to see how many folks continue playing now that they have some fundamentals of the game. I remember playing Whiffle ball as a kid in Shieks' lot. Even when hitting that ball with a bat, you were lucky to get it past second base, so a game involving a Whiffle ball and hitting it one-handed with a ginormous paddle would really limit the distance the ball travels. Those folks proved that it was a misconception. The ball moved rather quickly, so I had to check. The average speed of a pickleball is between 25 and 40 miles per hour. Someone with a strong swing can bring that up to 60 miles per hour. Now I understand why municipal insurance companies cringe at the new senior sport of pickleball.

Playing pickleball or any leisurely sport, in my humble opinion, shouldn't be about winning the big prize. Typically, there isn't one. If it's for bragging rights, what does that get you? Diving for the ball, whether intentionally or because your feet tripped you up from moving too quickly, should give you pause for concern. Many of us don't heal as quickly as we used to, and an injury you may have recuperated from when you were 30—well, let's just say you might not be so lucky. That is one reason why that 40-foot ladder I used to paint from generally hangs in the garage.

All I am trying to say is to have fun! I know for some folks it is all about winning, but we just want you to come and enjoy yourself with your friends, and try not to leave with any new battle scars.

Events

Car & Craft Show is July 12th and we can still use crafters. We will have 50/50 drawings throughout the day, delicious food to enjoy, and plenty of cars, trucks, and other vehicles to admire. So please continue to spread the word.

SCAM ALERT

We understand the Grandparent Scam is making the rounds in Monroe. Remember if someone calls saying it's a grandchild be absolutely certain it is. If you have a concern call the Sheriff department at 734-240-7000.

Older Needs Assessment for 2025

The agencies that support the older population in Monroe County seek your feedback on how they can continue to assist you. Therefore, I felt it was essential to provide some space to promote this survey.

When the last one was completed 10 years ago as a Commission on Aging board member, I only provided my support for funding the assessment if I was given assurance it wouldn't sit on a shelf. Now, sitting on the opposite side of the table, I can tell you it hasn't. This is why I encourage you to use the QR code, visit our website, and click the image to access the survey link and complete it online. Alternatively, you can use the survey image to obtain a printable copy and return it to us.



OUR VOICES OUR NEEDS

2025 MONROE COUNTY OLDER ADULT NEEDS ASSESSMENT

55 & Better: We Want To Hear From You

**The Goal: Use Monroe County's Senior Millage the way
Baby Boomers & Gen X want and need.**

It's been 10 years since Monroe County has completed a needs assessment survey for older adults (age 55+). Much has changed in that time and the agencies supporting Monroe County's older population want to know how they can properly support seniors today and tomorrow.



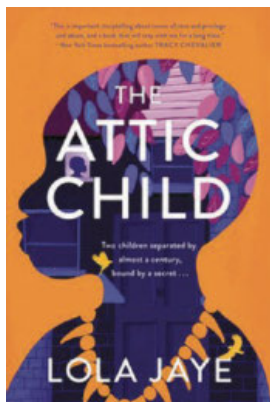
If you are 55 years of age or better and live in Monroe County, please complete the 2025 Older Adult Needs Assessment. The assessment can be accessed:

- ⇒ Online via the QR Code
- ⇒ Online via: https://umich.qualtrics.com/jfe/form/SV_8JnkR1ybMSKykHl
- ⇒ A paper copy obtained at any library branch or Monroe County senior activity center



This project is made possible with the assistance of the University of Michigan's STATCOM department.





June Book Club

Friday, June 20, 10:00am

The Attic Child

by Lola Jaye

Two children trapped in the same attic, almost a century apart, bound by a secret.

1907: Twelve-year-old Celestine spends most of his time locked in an attic room of a large house by the sea. Taken from his homeland and treated as an unpaid servant, he dreams of his family in Africa even if, as the years pass, he struggles to remember his mother's face, and sometimes his real name . . . Decades later, 1974, Lowra, a young orphan girl born into wealth and privilege, will find herself banished to the same attic. Lying under the floorboards of the room is an old porcelain doll, an unusual beaded claw necklace and, most curiously, a sentence etched on the wall behind an old cupboard, written in an unidentifiable language. Artefacts that will offer her a strange kind of comfort, and lead her to believe that she was not the first child to be imprisoned there . . .

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Focus on Fitness



Each month we will feature a different member of Frenchtown Center for Active Adults to discuss their fitness journey with us. So, watch this space for your monthly fitness inspiration. If you would like to be featured in future newsletter edition, please see Lisa.

This month's conversation was with **Lynn Bennett** who's been a member since 2023.

- 1. What fitness classes here at Frenchtown do you participate in?** Lynn participates in our Geri Fit program.
- 2. What made you decide to come to Frenchtown for fitness?** When I was 6 months post hip replacement a friend told me about the classes here. I needed something to help build those muscles back up and help with my stability so I started coming. Now I like coming because it's fun.
- 3. What improvements have you seen in yourself since starting our fitness programs?** My stability is better and my shoulder stiffness has decreased.

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May they rest in peace



Evelyn J Pope
Margaret L Willis

Please accept our condolences, We are deeply sorry to hear about the death of your loved ones. Remember that we love and care ...



A big thank you for your support.

We APPRECIATE your:

Dedication
Donations
Volunteering
Participation
Smiling Faces
Promoting the Center and bringing new members.

Choose your June
Birthday Lunch from this
months menu
items (Page 4)



Nancy L Allen	Rita K Diederichs	Joseph T Kavanagh	Karen L Overmyer
Deborah A Amwake	Donna J Evans	Duane H LeBrun	Mary Pearsall
Marvin J Baumann	Mary C Fields	Barbara J Ley	Mark Perhatch
Amanda L Beasley	Cindy L Gallup	Marla J Lindsey	Barbara Poupard
Mary A Beaubien	Fred W Gartner	Debra A Liuzunie	Chuck N Ranger
Adelaide B Beauman	Jack D Gruska	Patti A Lymn	Suzette M Raymo
Larry E Bilbrey	Christopher M Hess	Roger Maiden	Jennifer Resseguie
JoAnn Bowler	Betty J Hoffer	Deborah L Masserant	LaVerne W Rothman
Helen Breitner	Lorraine L Hudson	Bonnie S Masserant	Laurie K Schultz
Robert F Brentar	Sue K Huss	Kathleen K McBee	Alena Sheppard
Debbie L Clark	Jerry E Iott	Randy R McCormick	John M Shields
Marchelle B Close	Tracy S Jaskot	Lisa A McLaughlin	Sonny L Sordini
Daniel J Cooley	Jerry L Jenkins	JoAnn Meka-Barbosa	Larry E Stevens
Lisa M Cooley	Cindy H Jobin	Dennis C Mell	Carla Strunk
Bernard H Coon	Chris A Jones	Don Middleton	Dale C Sturm
Linda Crabtree	Kathy A Jones	Donna K Modica	Sue Swiderski
Marie G Davis	Nancy A Jones	Darla K Myers	Timothy S Varga-Weder
Cathy J Didario	Judith Ann Karpovich	Linda J Novak	Barbara J Verran
			Mary Webb
			Marsha C Workman
			Jenifer S Wortinger

Easter Basket Raffle Winners

Pat Masserant – 1st Basket
 Belinda Smith – 2nd Basket
 Caroline Short – 3rd Basket
 Trish Cole – 4th Basket
 Diane Becker – 5th Basket
 Pam Handegan - 6th Basket (big winner)



Deborah Anne Amwake
 Rosida M Burton
 Lauren A Erquhart
 Cindy L Gallup
 Diane Greenwood
 Pam Handegan
 Jay S Hollon
 Rebecca L Hollon
 Duane B Kaufman
 Sharon L Kaufman
 Debbie Knierim
 Terry J Kuras
 Cynthia A LaBudie
 Jeffrey Hugh MacDougall
 Dianne K Maschke
 Christopher Miller
 Helga L Moore
 Delbert Oliver
 Lisa M Stellick
 Sherrie L Stewart
 Mary Webb
 Philip Wickenheiser
 Susan Wickenheiser
 Jenifer S Wortinger
 Michele Zboch



TUESDAY FUN NIGHT Meal & Entertainment

**Tuesday June 10, 2025
 4:30 p.m.—6:30 p.m.**

Come Join Us for Some Food and Fun!!!

**Members ONLY \$1.00
 NON-MEMBERS \$3.00**



**Tuesday, June 10th
 9:00 a.m. – 11:00 a.m.**

**We are on the road
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 our community**



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- Dental screening by special request
- Vision screening
- Preventative education

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www.familymedicalmi.org

734-654-2169 Monroe County
 517-263-1800 Lenawee County

FRENCHTOWN CENTER
 Library in Motion will return
 Wednesday, June 11, 2025
 Please have returns ready by 10:00 a.m.
 PHONE: 734-241-5770
 EMAIL: lim@monroe.lib.mi.us



**Chicks With Sticks
 2025 Winner
 3 Time Champion
 JOANNE SPINA**



June is designated as **Alzheimer's & Brain Awareness Month**, aiming to raise awareness about Alzheimer's disease and other brain conditions. It's a global effort to educate the public about early diagnosis, treatment options, and the impact on individuals and families.

Diseases That Look Like Alzheimer's (But Aren't)

People who are confused and easily forget things don't necessarily have dementia. Many treatable diseases and conditions have symptoms similar to Alzheimer's disease and other forms of dementia.

Several diseases and conditions can mimic Alzheimer's disease, including depression, thyroid problems, vascular dementia, Lewy body dementia, frontotemporal dementia, and Creutzfeldt-Jakob disease. Additionally, conditions like Lyme disease, UTIs, vitamin B12 deficiency, and certain medications can also cause symptoms that resemble Alzheimer's.

Top 5 Ways to Tell Memory Lapses From Dementia

- You Misplace Things Sometimes vs. Often
- You Can't Recall Some Words vs. Can't Follow Conversations
- You Forget Odd Details vs. Can't Complete Familiar Tasks
- Your Direction Gets Muddled vs. You Get Lost
- Your Direction Gets Muddled vs. You Get Lost

<https://www.webmd.com/brain/ss/cm/slideshow-top-5-ways-to-tell-memory-lapse-from-dementia> and <https://www.webmd.com/brain/ss/cm/>

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15-0719

Men's Health Week—June 12—18, 2025

National Men's Health Week is held each year, encompassing the week leading up to and including Father's Day. **The Friday** of that week is designated as **"Wear Blue Day"** to encourage support for men's and boys' health. The week aims to raise awareness about men's health issues and encourage proactive steps towards better well-being.



Men's health is important because men have a higher mortality rate than women and are more likely to die from certain diseases like heart disease, cancer, and suicide. Prioritizing men's health can lead to longer and healthier lives, improve family well-being, and reduce economic burdens associated with premature mortality and morbidity.

To quote Congressman Bill Richardson (Congressional Record, H3905-H3906, May 24, 1994):

"Recognizing and preventing men's health problems is not just a man's issue. Because of its impact on wives, mothers, daughters, and sisters, men's health is truly a family issue."

General Information: info@menshealthweek.org



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15-0719

THE ORIGIN OF FATHER'S DAY



Many people assume Father's Day (and Mother's Day for that matter) is a holiday designed by greeting card makers to turn a profit. But that couldn't be farther from the truth. The story behind how this day became a holiday is actually a tale of determination by one woman and a decades-long fight to get fathers the recognition they deserve.

Some attribute the first Father's Day observance to the 1907 Monongah, West Virginia mining disaster that killed 361 men—250 of them fathers—and which left more than a thousand children without a dad. Grace Golden Clayton, whose father was killed in the tragedy, suggested a service of commemoration to the pastor of her local Methodist chapel. But it never really caught on as an annual observance.



Two years later, in May of 1909, a woman named Sonora Louise Smart Dodd of Spokane, Washington, heard a Mother's Day sermon by Reverend Dr. Henry Rasmussen in her hometown church and thought a similar day should be set aside to honor fathers. Her own father, William Jackson Smart, a Civil War veteran, raised six children as a single parent.

Father's Day has a rich history rooted in honoring fathers and male caregivers. Initially a local celebration in Spokane, Washington, the holiday gained national recognition through the efforts of Sonora Smart Dodd, who wanted to honor her father after witnessing a Mother's Day service. While initially proposed for June 5th (her father's birthday), it was eventually set on the third Sunday of June. The holiday became a national holiday in 1972.

Here's a more detailed look at the history in bullet points:

- 1909: Sonora Smart Dodd, inspired by Mother's Day, proposed a holiday to honor fathers.
- 1910: The first Father's Day was celebrated in Spokane, Washington, on June 19.
- 1924: President Calvin Coolidge urged states to observe Father's Day.
- 1956: Congress officially recognized Father's Day.
- 1966: President Lyndon B. Johnson designated the third Sunday in June as Father's Day.
- 1972: President Richard Nixon signed legislation making Father's Day a permanent national holiday.

In 1978, Mrs. Dodd died at the age of 96. Her grave at Greenwood Cemetery in Spokane reads:

**Sonora Smart Dodd
Founder of Father's Day
1882-1978**

SOURCE: <https://www.farmersalmanac.com/when-fathers-day>



2024 Prom Queen



“THEME” Masquerade Ball



2024 Prom King



Friday, June 6th, Doors open at 4:30 p.m.

Sit-Down Dinner, D.J., Dancing

Tickets \$10 Members, \$15.00 Non-Members

Cut-Off Date: Friday, May 30th

Never miss a chance to dance

***Mask will be provided or
be creative and make your own.***



A wonderful **VOLUNTEER DINNER** was held on April 26th. A big shout out to **Chrissy Pidruzny** for all the hard work she put into it and a huge applaud to the Kitchen Staff, **Kim Maracle, Paula DeHart** and **Rita Andrews** for an incredible meal, the staff for all their hard work, and let's not forget the awesome entertainment by "On The Rocks".

Congratulations Rick Brown
2024 Volunteer of the Year



HOW TO PROTECT YOURSELF * FROM * MEDICARE FRAUD

Date and Time: Monday, June 16, 2025 @ 1:00 PM
Location: Frenchtown Center for Active Adults

- Recognize common scams
 - Learn tips to prevent fraud
 - Know how to report suspicious activity
-



PRESENTED BY
LIFELINE HEALTH
PLANS

Paulette Abdullah

Healthcare Advisor

734.209.6712

www.llplans.com

paulette@llplans.com

*“Paulette worked for the Department of
Justice for 25 years combatting
Medicare Fraud.”*

Paulette will be playing Medicare Bingo

Frenchtown Center for Active Adults

CAR SHOW

Saturday, July 12, 2025
11:00 AM—3:00 PM

50/50 RAFFLE

\$10 ENTRY FEE

Smokey and the Bandit
Tribute Cars

FUN
For the whole family
FOOD
Great food will be available
FREE
Entertainment & Activities

ATTENTION
CRAFTERS
Indoor Space
Available
Call
734-243-6210

Reunite Society
Pet Adoption
Frenchtown Fire & Sheriff Department
National Street Rod Association
International Booth's

2786 Vivian Rd
Monroe, Michigan 48162

THANKS TO OUR FRIENDS AT THE BAKER BARN IN CARLETON, MI



Application for Frenchtown Center for Active Adults Adult Day Care Service Program Car and Craft Show Saturday, July 12, 2025

Name: _____

Street: _____

City/Street: Zip Code: Phone: _____

Email address: _____

DESCRIPTION OF CRAFT (please include types of items you wish to bring):

Inside spaces are \$20 each, including an 8-foot table and 2 chairs (each additional space with table and chairs is \$30 without \$25). Outside space is available; the cost depends on the size of the area required. Please call Paul at 734-243-6210 x109 for more information.

Outside space is available if you can furnish your own setup. Also, an item for a raffle is appreciated (no minimum value amount). Car registration begins at 10 a.m., and the show starts at 11 a.m. Inside setup is available Friday from 4 to 6 PM (please make arrangements in advance) and Saturday beginning at 9:00 AM. No deposit is required. To reserve a space inside, we recommend paying in advance. Please make checks payable to: **Frenchtown Center for Active Adults**

All proceeds will benefit the Frenchtown Center for Active Adults – Adult Day Services program. Frenchtown Center for Active Adults or the Adult Day Services program are not responsible for stolen or damaged goods.

Send this completed application to:

Lisa Ghigliazza

2786 Vivian Rd

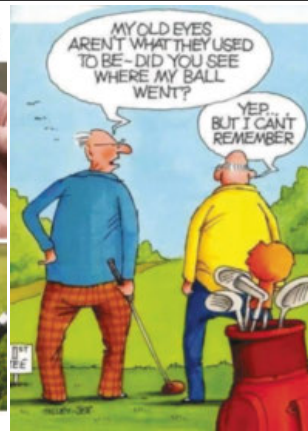
Monroe, MI 48162

email form to – lgigliazza@frenchtownsenior.com

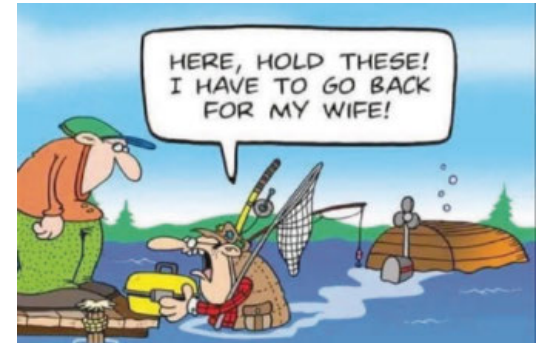
For more information, call 734-243-6210 or email Lisa

Laughter heals all wounds, and that's one thing that everybody shares. No matter what you're going through, it makes you forget about your problems. I think the world should keep laughing. Laughter is God's blessing.

Devices used to find water



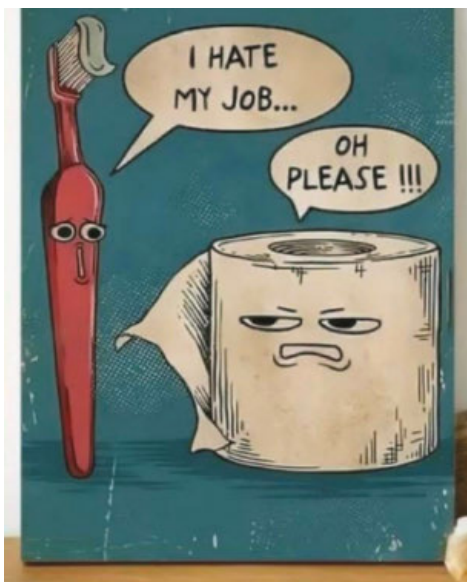
The moment you lost your grandson at Home Depot ... do you reclaim him or pretend not to know him?



WISH WE COULD CROSSBREED THE MOSQUITOES AND THE LIGHTNING BUGS. AT LEAST THEN WE COULD SEE THEM COMING.



Laughter
is an
instant
vacation.
- Milton Berle



Daughter's text to Dad:

Daddy, I'm coming home to get married soon, so get your checkbook ready. LOL! As you know, I'm in Australia and he's in the US. We met on a dating site, became friends on Facebook, and had long chats on Whatsapp. He proposed to me on Skype and now we've had a 2 month relationship through Viber. Dad, I need your blessing, good wishes, and a really big wedding. Lots of love, Lilly.

Dad's reply:

My dear Lilly, Like Wow! Really? Cool! Whatever... I suggest you two get married on Twitter, have fun on Tango, register for your stuff on Amazon, and pay for it all through Paypal. And when you get fed up with this new husband, sell him on Ebay. Lots of love, Dad.

***** If you are not a member of the Frenchtown Center for Active Adults, we ask that
you pre-register with our Office Manager, Christine Pidruzny. *****

- ◆ **Firekeepers Casino, June 18, presented by Bianco Tours.** The cost for this day trip is \$58.
- ◆ **Alaskan Cruising, July 8 - July 20, presented by Mayflower Cruises and Tours.** Prices start at \$5,539.
- ◆ **Beaches, Beacons & Barns, July 16-17, presented by Bianco Tours.** Single \$619, Double \$515, Triple \$481.
- ◆ **40 Days & Nights Ark Encounter & Concerts, July 29-Aug. 1, presented by Ed & Ted's.** Single \$1499, Double \$1169, Triple \$1049.
- ◆ **South Bend Summer, Aug 7-8, presented by Bianco Tours.** Single \$705, Double \$602, Triple \$568.
- ◆ **Cape Cod & the Islands, Aug. 9 - 15, presented by Premier World Discovery.** Single \$3,575, Double \$3475, and includes round trip airfare.
- ◆ **Wisconsin's Best - Green Bay/Milwaukee, Aug. 25—30, presented by Ed & Ted's.** Single \$2,299, Double \$1,899, Triple \$1,699.
- ◆ **Harvest Adventure, Sept. 18, presented by Bianco Tours.** The cost for this day trip is \$110.
- ◆ **Untouchable Chicago, Sept. 19 –21, presented by Bianco Tours.** Single \$1,285, Double \$1,032, Triple \$971.
- ◆ **National Parks & Canyons of the Southwest, Sept 21-26, presented by Premier World Discovery.** Single \$2,875, Double \$2,775, and include round trip airfare. ***NEW DATE!**
- ◆ **New England & Canada Autumn Cruising, Sept. 27 - Oct. 5, presented by Mayflower Cruises & Tours.** Prices start at \$3,489 & includes round trip airfare.
- *"The journey of a thousand miles begins with a single step." - Lao Tzu*
- *"Take only memories, leave only footprints." - Chief Seattle*

Travelers, please park your vehicles in the back row along the side of the township building. Please leave handicap areas free for the daily members. We truly appreciate your consideration!



Frenchtown Voyagers Travel Meeting Tuesday, **June 17, 2025 at 1:00pm**
For more information, call Lisa Ghigliazza 734-243-6217.

You can **find the latest travel information on our website**, www.frenchtownsenior.com, our Facebook page, and in the newsletter.

- ◆ **Yosemite, Sept. 29—Oct. 3, presented by Bianco Tours.** Single \$1,861, Double \$1,513, Triple \$1,404.
- ◆ **Albuquerque Balloon Fiesta, Oct. 3 - 8, presented by Premier World Discovery.** Single \$3,625, Double \$3,525, & includes round trip airfare.
- ◆ **Cruising Ecuador's Galapagos Islands, Oct. 14 - 21, presented by Mayflower Cruises & Tours.** Prices start at \$5,694.
- ◆ **Firekeepers, Oct. 15, presented by Bianco Tours.** The cost for this day trip is \$58. Please visit our website for full details.
- ◆ **Nashville & Memphis, Oct. 16—21, presented by Bianco Tours.** Single \$3,224, Double \$2,607, Triple \$2,425.
- ◆ **Haunted Happenings, Oct. 31-Nov. 1, presented by Bianco Tours.** Single \$525, Double \$450, Triple \$426.
- ◆ **The Parade Company, Nov. 13, presented by Bianco Tours.** The cost for this day trip is \$115.
- ◆ **Christmas Markets Cruise on the Romantic Rhine, Nov. 29 - Dec. 7, presented by Mayflower Cruises & Tours.** Prices start at \$3,715 and include round trip airfare.
- ◆ **Holiday Church Tour, Dec. 4, presented by Bianco Tours.** The cost for this day trip is \$110.
- ◆ **New Year's Eve on the River, Dec 30, 2025—Jan 1, 2026, presented by Ed & Ted's.** Single \$999, Double \$899, Triple \$769.

For future trips, Lisa will also be asking for your License Plate Number. This will help us find you in case of any emergency.



Look for exciting new trips for 2026 coming soon.



Frenchtown Center Link

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Monroe, MI 48162
A Monthly Publication
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Current Resident



CARRY OUT LUNCHES ONLY, FRIDAY, JUNE 6TH

Walk Fit Cancelled, Friday, June 6th

Senior Prom/Masquerade Ball, Friday, June 6th—DOORS OPEN @ 4:30 P.M.

Caregiver's Meeting June 9th @ 1:00 p.m.

Brain Aerobics June 9th & 23rd @ 1:00 p.m.

FUN NIGHT MEAL & Entertainment—Tuesday, June 10th @ 4:30 p.m.

Library will be here on Wednesday, June 11th @ 10:00 a.m.

Board Meeting—Thursday, June 19th @ 10:00 a.m.

Car Show—Saturday, July 12th

ALL EVENTS SUBJECT TO CHANGE PLEASE CALL BEFORE COMING

