

THE FUTURE BELONGS TO THE ADAPTABLE

Why Audiences Love Celina

- Engaging, story-rich sessions that blend deep insight with humor.
- Practical takeaways leaders can use immediately.
- Relatable, energizing, and rooted in real-world experience.
- A message of hope and adaptability when it matters most.

DR. CELINA PEERMAN

PH.D., SHRM-SCP, CSP

Organizational Psychologist | Speaker | Author



Change is going to happen. Being change-ready is a choice.

Dr. Celina Peerman is an organizational psychologist, speaker, and author who helps leaders and organizations turn change into growth with a rare blend of clarity, humor, and heart. A two-time TEDx speaker and Certified Speaking Professional (CSP), she draws on more than 30 years of experience in organizational psychology and leadership development to equip audiences with practical tools and a confident mindset. With her blend of research-based insight and real-world storytelling, Celina inspires people to find focus amid uncertainty and transform disruption into opportunity.



“Even during times of change, there are things that have not changed. When we find our footing in what our ‘same’ is, we can navigate the uncertainty better.”

Book Dr. Celina Peerman

For keynotes, conferences, leadership retreats, and organizational training.

Based in Waverly, Iowa. Available for in-person, hybrid, or virtual events worldwide.

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Featured Keynote Programs about Change and Uncertainty

1. Navigating Non-Stop Change

Learn how to turn fear into focus and guide others through various types of change with calm, clarity, and courage.

2. Leading Through Uncertainty: The Gap Between Here and There

Explore what it means to lead in the in-between—between what was and what's next—and how to help others find meaning there.

3. Doubt as a Catalyst for Change

Reframe doubt as the beginning of confidence. Learn how curiosity and vulnerability become strengths for professional and personal growth.

4. The Future Belongs to the Adaptable

A timely, inspiring session on how adaptability—not certainty—defines effective leadership and healthy organizations in a world that won't stop changing.

All programs can be customized for keynotes, workshops, retreats, or virtual sessions.

Beyond the Keynote: Keep the Learning Going

Dr. Celina's work extends far beyond the stage. Her leadership and change-readiness content is available across multiple platforms to help teams keep learning long after the event ends.

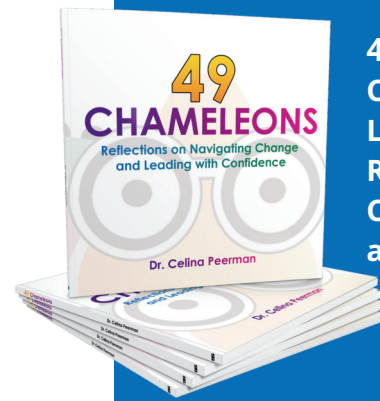
Ways to Continue the Journey:

- Online On-Demand Learning
- Electronic Post-Event Learning Reinforcement
- The Workplace Chameleon Podcast
- Books & Downloadable Action Plans
- Follow-Up Sessions

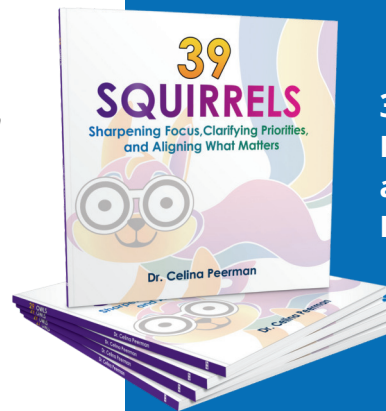
Learning doesn't end when the event does—it's just getting started for what comes next.



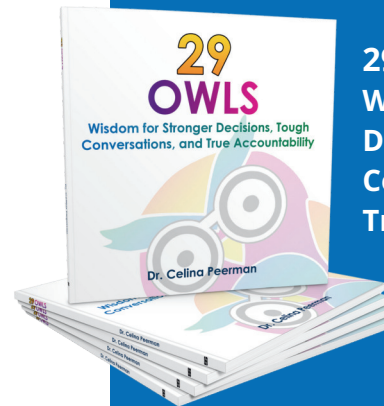
Books by Dr. Celina Peerman



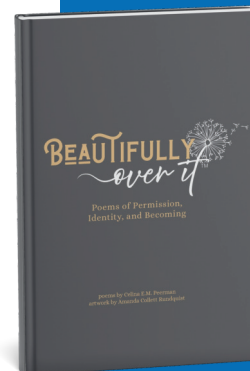
49 CHAMELEONS
Change, Strategy, Leadership, Relationships, Communication, and Adaptability.



39 SQUIRRELS
Focus, Prioritization, and Alignment in a Distracted World.



29 OWLS
Wisdom for Stronger Decisions, Tough Conversations, and True Accountability.



BEAUTIFULLY OVER IT
A unique project that is a poetic reflection on identity, resilience, and finding peace amid change.

Each book offers real-world tools and reflective wisdom to help readers grow through uncertainty and lead with purpose.