

# Academic Coaching at Bishop Brady High School

**What is an Academic Coach?** An academic coach helps students with various things such as:

- Organization
- Time and energy management
- Study skills
- Test prep
- Planning/prioritizing work
- Managing homework
- Reading comprehension
- Task initiation and completion
- Improving attention and focus
- Goal setting



## When can I meet?

- Study Hall
- Before or after school
- During Activity
- Weekly, quarterly, or as needed

## How is this service accessed?

- stop by the School Counseling Office
- email Mrs. Smith at [ksmith@bishopbrady.edu](mailto:ksmith@bishopbrady.edu)
- call 603-224-7418 x284

**STAY  
POSITIVE  
WORK  
HARD  
MAKE IT  
HAPPEN**

## What is the goal of coaching?

The coaching goal is to assist students in developing their own personal strategies and skill set that can be applied to current and future settings. Coaching sessions are available to all students.