

Lenten Journey starts here



Name _____

Prayer, Fasting & Almsgiving

- Go to reconciliation as a family
- Attend Stations of Cross
- Attend a Fish Fry
- Collect \$ for Rice Bowl
- Donate to the poor

1 Ash Wednesday

2 Pray the Guardian Angel Prayer

3 OPEN THE DOOR FOR SOMETHING GOOD

4 Read the Gospel Before going to Mass.

1st SUNDAY of Lent

5 Say a prayer for a priest

Laetare SUNDAY

Wear pink to Mass!!!

23 Pray a decade of the Rosary

24 Say a Prayer of Thanksgiving to start the day

25 Say a Prayer of Thanksgiving to end of day

26 Pray for your neighbor

27 Say the Hail Mary

LENTEN

11 Pray for a friend

2nd SUNDAY of Lent

Sing all the songs at mass

10 Say grace before meals

9 Tech free day

8 Learn about a Saint

7 Fast from complaining

21 Say the "Glory be..."

22 Spend 5-10 min. in quiet prayer

29 No sweets today!

5th SUNDAY of Lent

28 Pray the Guardian Angel Prayer

33 Read the Gospel Before going to Mass.

12 Give someone a genuine compliment

14 Perform a secret act of kindness

15 Pray for someone who do not have a home

16 Tell someone you love how important they are to you

3rd SUNDAY of Lent

17 Share something with someone

18 Spend 5-10 min. in quiet prayer

20 Pray for the hungry

30 Donate toys/clothes you do not use anymore

31 Tell someone why you love Jesus

32 Say a prayer for a priest

34 Go to confession at 3pm

13 Say the Our Father

14 Perform a secret act of kindness

15 Pray for someone who do not have a home

16 Tell someone you love how important they are to you

3rd SUNDAY of Lent

17 Share something with someone

18 Spend 5-10 min. in quiet prayer

19 Do a chore to earn money for the rice bowl

29 No sweets today!

32 Say a prayer for a priest

33 Read the Gospel Before going to Mass.

34 Go to confession at 3pm

HE IS RISEN!!!

Holy Saturday



39 GOOD FRIDAY

Go to Friday service at 3pm or 7pm



38 Go to Mass at 7pm



37 Learn about a Saint

36 Fast from complaining

35 Make a list of your blessings



34 Hang palms in your room

PALM SUNDAY



EASTER SUNDAY

Easter Triduum

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Lenten Journey

TO JESUS

This is my prayer calendar for lent. I will try to complete each daily activity to grow closer to Jesus. I may not be able to complete them all, but I will do my best. Every step I take leads me closer to Jesus.

Mom or Dad can initial on the squares I complete. If we complete the activity as a family, we will put a star in the square! I will turn my calendar to my teacher on April 12th. After our long Lenten Journey, we will celebrate that Jesus has risen on April 12th!



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Lenten Journey

TO JESUS

This is my prayer calendar for lent. I will try to complete each daily activity to grow closer to Jesus. I may not be able to complete them all, but I will do my best. Every step I take leads me closer to Jesus.



Faith Forward