The Tattler

The bimonthly newsletter of Beauaraba Living ~ for residents, members and wider community





We've been treated to some incredible

musical performances lately, lighting up the
halls for both residents and staff! From the
unforgettable charm of Elvis to the toe
tapping tunes of the Pittsworth Ukuleles.





July/August 2025 in this issue

Executive Team Report, Board News,
Lifestyle Resident Activities, Residents' Charter of Aged Care Rights
plus all your regular features.





OPENING HOURS CONTACT DETAILS

Please note, we are currently not accepting any new patients, at this time. Clinical hours may be reduced on Wednesday & Fridays. We thank you for your understanding.

Beauaraba Medical Centre Phone 07 4619 8412

Monday - CLOSED
Tuesday - 8:30am - 5pm
Wednesday - 8:30am - 5pm
Thursday - 8:30am - 5pm
Friday - 8:30am - 5pm
Saturday - CLOSED
Sunday - CLOSED

Contents

US

Tattler

of Interest. 11

22

23

24

Recent Concerts	Pastoral / Church info, Dates
Bingo Tuesday Evenings.	2 BLA and Op Shop.
Alex Metcalf Retires	3 A word from the Board.
Leadership Team.	4 Anchorfield Wellness Centre.
Information & Op Shop Hours.	5 Resident Activities.
New Anchorfield Stone	6 Weale Team Residents.
Pittsworth RSL Visit	7 Weale Team Residents.
Meet Our Residents - John Arnell	8 Daniel Team Residents.
Felton Garden Upgrade	9 Daniel Team Residents.
Gifting & Giving /Accreditation.	10 Word Search.
LOIN	Colouring Page.

Aged Care Quality Standards. Supporters Page. At the Hotel /Motel

Statement of Rights & Aged Care Act



every Tuesday

TSWORTH PLAZA CHEMIST

83

Next to Woolworths Supermarket

Shop 8

122-126 Yandilla Street Pittsworth Old 4356

Phone—07 4693 1855

Mon-Fri: 8.30am to 5.30pm Sat: 8.30am to 12.30pm





Prescriptions * Home Medication Reviews * Vitamins



I am grateful for the opportunity to write one last message for the Tattler. My 18 years at Beauaraba Living have been a challenging but rewarding part of my career. During this time, I have had the privilege of guiding families through the tough decisions they have had to make when placing loved ones into care, shared in their grief and loss, and experienced that loss on a personal level.

I have also had the opportunity to work alongside and learn from a team of highly skilled, compassionate professionals who have consistently gone beyond expectations. In doing so, they have established a highly regarded reputation on a state if not national level as a provider of choice in aged care. Thank you all for your hard work and dedication.

I have also seen Beauaraba Living double from a 64-bed hospital/aged care facility to a 128-bed aged care facility – one of the largest stand-alone not for profit organisation in Queensland. Another outstanding achievement through the hard work and dedication of professional staff and volunteers.

This brings me to acknowledge the "engine room" of the organization – the Board of Directors – past and present. This group of volunteers have freely given of their time and efforts to future proof the organisation, maintain its reputation and secure its status as a community owned facility. They have encouraged and supported the management team – indeed the whole team - through re-accreditations, unannounced visits/audits, and day to day operations. Their positions bear great responsibility with no remuneration. As CEO it was a privilege to serve and be mentored by "the Board".

Also, to the volunteers who have supported the organisation in so many ways but through the operation of the Op Shop. Through their efforts this retail outlet of BL continues to consistently outstrip their previous year's sales. Thank you also for your support. Now, as I reflect on the last 18 years, I hope and believe I have played my part, like so many of you, in the progression of Beauaraba Living as an exemplary aged care facility. It has by no means always been smooth sailing. We have had some rough weather, but the destination has always been the same. To provide outstanding aged care and services to the Pittsworth and wider communities.

Alex



CARD ONLY

24/7 Fuel Station

Pittsworth

office@arekfuel.com.au



CEO and Leadership Team...





Each and every day our extraordinary team go above and beyond delivering outstanding levels of care and attention to the residents we serve. In August we were able to take the opportunity to say a big THANK YOU as we celebrated Aged Care Employee Day. We again take the opportunity of thanking the team for the care, compassion and kindness that they display each day as they embody our values of Respect, Integrity, Team work, Compassion, Focus, Innovation and Environmental Awareness.

Coming up we will have our regular all staff meeting where I look forward to presenting some well earned staff awards to members of the team.

The first of November 2025 is the revised operational date for the new Aged Care Act of December 2024 and you will see a steady stream of information in relation to the Statement of Rights, Code of Conduct, Strengthened Accreditation Standards, updated Complaints and Whistleblower policies. As the team communicates this to you, behind the scenes a large body of work continues to train all the team in the new requirements and update the many policies, procedures and processes that govern what we do. Side by side with this, our amazing volunteer board are continuing to upskill to cater for the challenge of their strengthened governance responsibilities under the new legislation and accreditation framework.

Thank you to all those who chose to donate to Beauaraba Living recently, your support is very much appreciated and makes a tangible difference to the services we can offer. You don't have to wait until the end of the financial year to support us, contact us today to find out how you may be able to assist.

Our amazing Beauaraba Living Auxiliary via the Beauaraba Op shop had a record year and provided high levels of support that allowed us to purchase much needed care equipment.

Thank you also to the Belinda Mcgowan Foundation who recently donated a syringe driver and continue to fundraise towards the provision of a cuddle bed.

Remember that a community working together can achieve anything.

Pittsworth

Bettc

pittsworth@mybetta.com.au

www.betta.com.au

Pittsworth@mybetta.com.au

www.betta.com.au

Pittsworth@mybetta.com.au

Www.betta.com.au

Pittsworth@mybetta.com.au

HELP US TO HELP YOU

Tell us what we do well, how we can improve!

If you have any suggestions or comments, please contact:

Chief Executive Officer
Beauaraba Living
10 Weale Street
Pittsworth Qld 4356

Ph: 4619 8422 Fax: 4619 8400

Email:enquiries@beauarabaliving.org.au

or Board Chair

Mr Wayne Saal 0429 955 892

Follow Beauaraba Living on Facebook



Beauaraba Living Auxiliary



Op Shop Opening Hours

Monday 9 am to 4 pm
Tuesday 9 am to 4 pm
Wednesday 9 am to 4 pm
Thursday 9 am to 4 pm
Friday 9 am to 4 pm
Saturday 9 am to 11.30 am

New Volunteers are Welcome

Drop in § see us at the Opportunity Shop Donations gratefully accepted,

Note—Furniture by prior arrangements only.

94 Yandiilla St, Pittsworth



BEAUARABA LIVING FOUNDATION

Tree of Reflection

Have you thought of purchasing a leaf?
For \$150 per leaf you can honor your loved one's memory. For an application and details, call to the admin office or

email enquiries@beauarabaliving.org.au
OR call in or drop by to see the Tree of
Reflection for some inspiration.

Thank you for your support!

Suggestion Box: Please also remember you can fill out a feedback form found with the Suggestion Boxes which are situated in all the foyers. Staff on duty can assist you if required. These forms can then be placed inside the box for daily collection.

or

External Avenues that you may use if the issue is not resolved:

Qld Aged & Disability Advocacy

• Freecall 1800 818 338

Aged Care Quality and Safety Commission

- Freecall 1800 951 822
- agedcarequality.gov.au

PITTSWORTH

Plaza

CHEMIST





Shop 8

122—126 Yandilla Street Pittsworth Qld 4356

Phone-07 4693 1855

Mon-Fri: 8.30am to 5.30pm Sat: 8.30am to 12.30pm



We saw the unveiling of our new sign welcoming resident and community traffic to our Anchorfield Wellness Centre from the entrance on Daniel Street.

A project seen through from start to finish by Kate Hanley and generously provided by Lyn Brazil.

Named after Mr. Brazil's farming venture in Brookstead, Anchorfield serves as a rehabilitation center dedicated to enhancing both physical and emotional well-being. By focusing on improved mobility, we promote independence for our residents and warmly welcome local community members to visit during supervised hours or by appointment.

Our NuStep machines are incredibly popular, as is our HUR Smart Balance machine affectionately nicknamed 'Sunny', which lets residents enjoy virtual skiing and fishing. We've also recently added boxing gloves and Blazepods to our equipment lineup, and they've been a big hit.

We extend our heartfelt thanks to Lyn and his family's generosity towards Beauaraba Living and our facilities. Their support allows us to continually enhance the quality of life for residents at Beauaraba.

We welcome your feedback-

Tell us how we are going: We always welcome your feedback, this is what guides us as to what is being done well and what can improve. *Providing feedback is very easy just Scan this QR Code*

with your mobile device then follow the prompts. Thank you.



cains pharmacy

phone: 4693 1028 fax: 4693 1689 email: pittsworthpharm4356@gmail.com

healthS-VE pharmacy

We offer our valued customers;

- ✓Vaccinations ✓Medicine & Health Checks
 ✓Leave Certificates ✓Piercings
 - ✓ Webster Packs ✓ Weightloss Program
 ✓ Local Delivery

and so much more!

63 Yandilla Street
Pittsworth

Monday - Friday: 8:30am - 5:30pm Saturday: 8:30am - 12 noon

Lycal at heart

DON'T FORGET TO FOLLOW US ON FACEBOOK!

Pittsworth RSL Sub-Branch Visit -

___ Tattler





A selection of residents took a trip to the Pittsworth RSL Sub-Branch to meet with Sub-Branch Vice President/Secretary and Beauaraba Living Volunteers Mike and Ann Vogler, where they were shown an array of memorabilia that has been loaned or gifted for display purposes in the Sub-Branch rooms. The residents appreciated the time and effort given and thoroughly enjoyed their visit.









This is Your Life - John Arnell

By Brian Pierce – Irongate Resident

John Arnell grew up on his family farm more than 30 kilometres Southwest of Tara. John lived on the property with his mother who was a teacher.

Before attending Tara State School, John completed his early education via correspondence under his mother's guidance. John then went on to completing his secondary education at the Church of England Grammar School, known as Churchie in Brisbane.

John was an only child. His father was a navigator in the RAAF in the Second World War, where he flew with the bombers over Germany. John's father went missing over the English Channel.

After completing his schooling John returned to the family farm and completed a wool classing certification via correspondence so that he was able to class their own clip.

John is the proud father of 4 children, Leith, Hillary, Elizabeth and Clayton who he shared with his first wife Heather. Later John married his now wife, Daphne, who also had 2 sons of her own. John and Daphne now share 8 grandchildren at last count, according to John.

John gave 18 years of service to the Tara Shire Council as Deputy Chairman. The Tara Shire Council was one of the largest shires in Queensland before the amalgamation of Western Downs Regional Council in the early 2000's.

John also spent 7 years' service not only as the Pastor of the Tara Uniting Church but also the organist.

When asked what John felt was the most significant happening in his life, John said the loss of his father and not having a father figure growing up. John said although he has fond memories of grandfather, helping him extract honey from the bee hives, his grandfather wasn't a father figure.

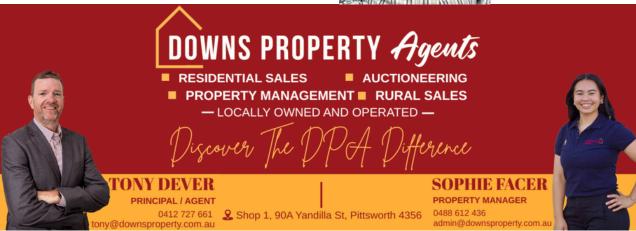
John has a wild passion for music. This started at a young age when he had piano lessons from the age of 6. John would travel by train to Dalby, to have lessons with Mr Macfarlane. John continued to play throughout his life and still does. In John's younger adult days, he was part of a band called the Metrognomes, when he would play the electric organ, and they would perform at the local dances in the district every Saturday night and the occasional Fridays. John enjoys listening to most genres of music, however, recalls early sounds of Elvis and Roy Orbison in his 20's.

At the end of this interview, John was asked; If you could have your life over again, who would you want to be? John answered, me. I have enjoyed my life.



The following is a record of John's life, as recounted by him during the interview.

We would like to thank John for his time and sharing his story.









BEAUARABA LIVING

'Gifting & Giving'







Thank you to Mandy Miles and the Pittsworth Women's Shed for the donation of tablecloths for our dining tables.



Flowers and chocolates thanks to Ella Pietsch's family



Hamper donated thanks to Alf Galley's family



This is to certify that

Beauaraba Lodge

has been accredited by the Aged Care Quality and Safety Commission to

29 April 2028

ZWW Liz Hefren-Webb We have received the results of our recent reaccreditation process and are proud to announce that we have been reaccredited for a further 3 years through to April 2028.

Congratulations to all the team and a big Thank You to all the families and residents that participated in the process.

We will continue to progress our plan for continuous improvement and strive to excel in all areas to be the best that we can be and look forward to you assisting us on this journey.

The accreditation team will pop in for unannounced visits over the 3 year time period to ensure that we are on track, particularly as the new updated aged care standards take effect on 1st November 2025.







<u>August</u>

Aged Care Employee Day - 7th August World Humanitarian Day - 19th August Children's Book Week - 16th -23rd August World Senior Citizens Day - 21st August

September

Fathers Day - 7th September R U OK? Day - 11th September **Toowoomba Carnival of Flowers Parade** - 20th September AFL Grand Final - 27th September

World Heart Day - 29th September

Other Choices of Pastoral Carer / Church Services offered to Beauaraba Living Residents.

Harvest New Life Church— 129 Short Street, PO Box 125, Pittsworth Qld 4356 Pastor Brett Dolly – **0418 615 773** Email: hnlc.pittsworth@gmail.com I call down to Beauaraba from 10:30 - 11:30 am on a fortnightly basis.



<u>Lutheran Church</u>—St Peters Lutheran Church, Pastor Charlie Uebergang, 31 Hadley St, Pittsworth Old. Church. General inquiries 0436 428 212 Beauaraba Living Services held 3rd Friday Monthly. email: pittsworthlp@gmail.com

St. Andrew's Anglican Church—30 Hume St, PO Box 44 Pittsworth Qld Parish Priest :Father Tony Swansson Phone **0439 876 110** email: <u>pittsworth@anglicanchurchsq.org.au</u> BL services 4th Friday monthly. Parish Services: Saturday 6:00pm, Sunday 9:00am.

St. Stephen's Catholic Church Pittsworth—34 Hume Street, PO Box 22, Pittsworth Qld 4356 General inquires—(07) 4693 2559 Mass Times 1st Sunday Liturgy of the Word 8:30am, 2nd Sunday Saturday Vigil 6:30pm, 3rd Sunday Mass 8:30am, 4th Sunday Mass 8:30am, 5th Sunday Mass 8:30am. Parish Priest Fr Thomas Areekuzhy.

<u>Uniting Church</u>—Rev. Willie Liebenberg Phone: **0477 888 185** email: <u>willie@wkuc.org.au</u> Willie doesn't visit at a set time, but is always available if someone wants to see him. Uniting Church: Worship times: Sunday 9:00 am in Murray Street, Pittsworth Uniting Church.

Days could visit: Tuesdays – Fridays contact details in the Tattler: Rev. Willie Liebenberg, 15 Briggs St, Pittsworth 4356

Millmerran Bible Baptist Church— 43-45 Walpole St Millmerran Qld Every Sunday 9:30am - Cultural Centre *Bible Preaching *Hymns *Bible Study *Sunday School Pastor Brendan Zimmermann 0422 044 454 darlingdowns@trinitybrisbane.org



Beauaraba Living Auxiliary. Beauaraba Living Auxiliary—Op Shop





Beauaraba Living Auxiliary— Notes

Committee - 2024/25

Chairperson: Anita Ruhle Ann Stallman Vice Chair: **Secretary:** Veronica Henricks Treasurer: Barbara Piper Roster Clerk: Denise Farrell

BLA-Op Shop Coordinator: Kate Hanley ***********

Hello Readers,

A busy couple of months have been had at the Op Shop. Sales of winter items have exceeded expectation, which is a tremendous effort from the volunteers who sort the donations, clean the donations, hang the stock, sort books, check the DVD cases for missing disks, deliver furniture, just to name a few jobs that are required before the customer can purchase. Thank you Volunteers.

and will finish on 30 August. Mens and Learn how to find the right volunteer opportunity for Ladies Clothing is \$2 per item , Childrens Clothing is 5 items for \$2. Some furniture items have been reduced in price also.

Check out the racks on the footpath and the trolleys near the front counter. These are all changed weekly.

We welcomed 2 new volunteers in the last 2 months. Welcome aboard. Always good to make new friends who bring new and different ideas and suggestions.

Summer clothing and shoes will start to be displayed on racks during the first week in September.

Don't forget Dad or Grandad on Fathers Day 7 September, we have some great items for gifting for this occasion.

Stay safe, warm and healthy Anita

Volunteering can help you make friends, learn new skills, Our Winter Sale started on 1 August advance your career, and even feel happier and healthier.





For a better and stronger Pittsworth community

info@pittsworth.org

www.pittsworth.org

PO Box 503 Pittsworth QLD 4356

E: info@pittsworth.org

Tourism and Events pittsworthevents@gmail.com

Vision Statement: To build and develop Pittsworth to achieve sustainable economic and lifestyle benefits for the district. To promote the district as an exceptional place to live, work, invest and visit. Mission Statement: That the Pittsworth District Alliance identifies, develops, leads and supports, as appropriate strategically important projects and lobbies for sustainable economic growth that will position this district as an attractive place to live, work invest and visit

Phone - 0481 353 055







How Artificial Intelligence Could Help in Residential Aged Care.

Many of us have heard the term "Artificial Intelligence," but it can feel mysterious. Put simply, it means computer systems that learn from patterns to make sensible suggestions or take helpful actions. In aged care homes, this is starting to make everyday life safer, calmer and more personal.

First, a picture of the need. As of 30 June 2024, about 198,000 people were living in permanent or short-stay residential aged care across Australia. That is a large community, and it is growing as we live longer.

Providers face real pressures: not enough workers, rising costs, and expectations for better, more personal care. Recent government reporting shows the sector's finances are tight, which makes smarter ways of working especially important.

So where can Artificial Intelligence help?

Finding hidden pain. Some residents, especially those living with memory loss, can't easily describe pain. Australian services are using phone and tablet cameras to "read" facial cues and flag likely pain so nurses can act sooner. Studies in local nursing homes have shown thousands of these quick checks can help spot pain that may otherwise be missed, leading to timelier treatment and calmer days.

Preventing falls. A number of homes are trying ceiling or room sensors that quietly watch for unusual movement and alert staff if someone is likely to fall—or has already fallen—without using wearable devices or cameras that show a person's image. Early trials with Australian providers report promising results in cutting incidents and speeding help.

Making care more personal. Simple tools can learn a resident's daily rhythm—when they usually wake, nap, or enjoy activities—and suggest gentle changes that reduce agitation and improve sleep. They can also sort through notes to help staff focus on what matters most for each person that day. (Staff remain in charge; the technology offers suggestions, not orders.)

Lightening the load for workers. Automatic note-taking and simple summaries can save precious minutes on paperwork, giving carers more time for conversation, walks, and cups of tea—the human moments that make life good. When homes are short-staffed, that extra time really counts.

What about privacy? Good services are designed to protect dignity. Many systems don't record video or names; they look only for patterns that signal risk, like a fall or a pain expression, and they keep data secure.

Artificial Intelligence will never replace the kindness of a carer or the comfort of family. But used with care and common sense, it can be a quiet helper in the background—spotting pain sooner, preventing falls, and giving staff more time to be present. That is technology at its best: helping people feel safer, listened to, and at home.

And now my personal confession. This article was written by Chat GPT; one of the more prominent Artificial Intelligence models. We will all see and experience this capability more and more in our daily lives. It remains to be seen whether this is beneficial or if we end up in Terminator Territory.

Warm regards, Ashley Wood





Hubinger Electrical Pty Ltd Gavin Hubinger Phone: 07 4693 2810 Mobile: 0429 890 570 Contractor No: 52 436











St Stephens's Mackillop Club Visit





Ray
Connors
Concert





Rural - Residential - Clearing Sales Property Management Specialists

We offer free market appraisal, no obligation.

Visit us at 65 Yandilla Street, Pittsworth

or ring our Office 4693 1644

e: sales.pittsworth@raywhite.com

Contact the specialists in real estate.

Ray White - RURAL Pittsworth



Beauaraba Living Weale Team Residents













Beauaraba Living Weale Team Residents



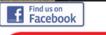




Beauaraba Living Daniel Team Residents











MOTOR & MACHINERY DEALERS

39 Yandilla Street Pittsworth Q 4356 • Phone: 07 4693 1322 Fax: 07 4693 1643 • www.lindenbergco.com.au



Beauaraba Living Daniel Team Residents











Aged Care Employee Day

M B W Q K B | M O R T H P C F I T M N W TGFTEKCHBESQXANOFJSO OTRESCJEWOMGIXTXIFML RUNACEKXLXIWLUXINFCO MNRMTYRSKVLBERIJEOUS AEKWDIBVZQELHLMKSNOK GINOLDTIIZQPKQLNNCCA ESMRWNMUSCDNCQZB | FRE DKDKUIGHDVEMPSOOEDBI CDIMMOSNPEXOIEKIXICD AWGFLNUGDIFHKFHCEDNI RENSVUCOMPASSIONYGKG EQIUUNXYGKIIABVHUWHG UETBDPTQKPGZZKMSDOSL CSYSIXPGFCFEARROHGOV AUXIVOIOHKOPASDKTEUK RFAMILYORDIAMCOLPZEI IIIHIIOXRTUDOOGRILKL NIDMTARESPECTDONMISP GVLZLPIVGCOMMUNITYWM

COMPASSION COMMUNITY GRATITUDE
WELLBEING TEAMWORK AGEDCARE
PATIENCE DIGNITY SUPPORT
RESPECT FAMILY SERVICE
CARING SMILE



Level 2, 516 Ruthven Street Toowoomba Qld 4350

Phone (07) 4632 1266 Fax (07) 4638 4595

P.O. Box 31, Toowoomba

Direct email: dpower@bernays.com.au
email: bernayslegal@bernays.com.au

Visiting office: 132 Yandilla Street, Pittsworth **Ph: (07) 4693 1023**

S

R





Statement of Rights & Aged Care Act — Tattler





support call the Aged Care Advocacy Line

1800 700 600

Workwear, School Wear, Leisure & Sporting Apparel,

Bonds Singlets Bonds Underwear Slippers Short and Long PJs Sketchers shoes



Trophies, Engraving, Dry Cleaning, Promotional Products, Heat Press, Sublimation, Embroidery & Screen Printing

07 4693 2055

Open Hours: Come Visit! Mon-Fri - 8:30am-5pm Saturday - 8:30am - 12pm

Sunday - Closed

Strengthened Aged Care









Meals on wheels is a community Service to people who are frail aged, younger Disabled, their carers and community members. This service enables people to continue living comfortably in their own homes.

Volunteers deliver meals directly to homes.

> Contact 0427 586 684

Inquires for Meals on Wheels

Remember this service is available to everyone to use.



BEAUARABA LIVING PITTSWORTH LTD





Bringing happiness to every day Opportunity for you to show you



Opportunity for you to show your Support with the Purchase of a BL Metal Lapel Pin.

Available from admin at a cost of \$5.

Bargain!



Dr Karen M. Rock

Chiropractor
Palmer University: U.S.A.
B.Sc. Canada

82 Yandilla St, Pittsworth. 4356 **Pb: 07 4693 2111**

Tue & Thur 2pm-6pm Wed 9.30am-1pm Sat 8am-finish

www.pittsworthchiropractic.com.au



