

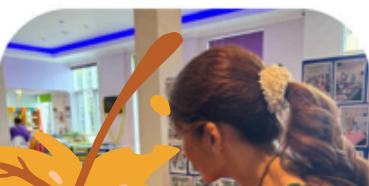
OCTOBER 2025

# INSPIRE & THRIVE

Victoria Care Centre's Quarterly Newsletter  
By Khushboo Shah



## Navaratri & Vijaya Dashami 2025



### Navaratri Special



This season has been filled with laughter, music, and celebration! It brought our community together with joyous holidays and vibrant festivities, from the colorful Navratri dances to the divine Vijaya Dashami celebrations. Every corner of VCC was alive with excitement as residents and staff shared moments of happiness, devotion, and togetherness. The festive spirit continues into October, bringing warmth, smiles, and more opportunities for our community to celebrate life and each other.

# 1:1 RESIDENT ACTIVITIES AND FUN AT VCC



Our residents have been thoroughly enjoying a variety of personalized 1-to-1 activities, tailored to their interests and hobbies. From drawing, painting, and writing to arts and crafts, each session sparks creativity and joy. Many residents also relish leisurely walks in the garden, soaking in the fresh air and vibrant surroundings. These meaningful activities not only provide relaxation and entertainment but also foster a sense of accomplishment, engagement, and well-being for everyone.



# DISABILITY PRIDE MONTH CELEBRATIONS & RESIDENTS' GENERAL MEETING

VCC proudly celebrated Disability Pride Month, honoring the achievements, identities, and contributions of people with disabilities. Residents and staff came together for themed activities, vibrant decorations, and engaging conversations, creating an atmosphere of inclusion, respect, and joy.

In addition, we held a Residents' General Meeting, where we shared updates about life at VCC and provided a platform for residents to voice their feedback, suggestions, and ideas. The meeting was engaging and constructive, helping us strengthen communication, ensure everyone feels heard, and continue enhancing the home experience for all residents.



# RESIDENTS CELEBRATE CREATIVITY, CULTURE, AND CONNECTION



Our residents have also enjoyed special events and themed activities over the past months. From celebrating National Bow Tie Day to engaging in arts & crafts for Indian Independence Day, each occasion brought joy and creativity. Residents loved visiting the local garden for a leisurely walk and cuppa, as well as participating in the Rosh Hashanah special card-making activity, where they crafted beautiful cards to mark the festival. These moments not only sparked smiles but also strengthened community bonds and provided meaningful engagement for everyone.

# RESIDENTS BBQ PARTY

Our residents had a fantastic Summer BBQ Party filled with music, fun, and delicious food. Laughter and smiles were everywhere as everyone enjoyed the vibrant atmosphere. It was a perfect celebration of community, joy, and togetherness at VCC.

Well done to our Activities Team for creating memorable moments, fun-filled events, and joyful experiences for all our residents!



18TH AUGUST 2025

# VCC STAFF BREAKFAST CLUB

ENGLISH BREAKFAST

## VCC's Staff Breakfast Club

Management introduced an exciting new initiative for its team—the Staff Breakfast Club! The first gathering on 18th August featured an English breakfast theme, delighting staff with a delicious start to the day. Keeping the excitement alive. Staff thoroughly enjoyed this initiative by management, appreciating the opportunity to connect, relax, and share moments outside of work. This monthly event promises to explore different themes and cuisines each time, making it a delicious and eagerly anticipated tradition at VCC.





## Staff Breakfast Club – Desi Delight!

The second edition of VCC's Staff Breakfast Club on 17th September embraced a Desi breakfast theme, and it was a hit with everyone! From the flavorful dishes to the lively conversations, staff thoroughly enjoyed this chance to connect and start the day on a cheerful note. This initiative by management continues to bring joy, camaraderie, and delicious food to our team, with each month promising a new theme and cuisine to look forward to.





# SUMMER STAFF BBQ & AWARDS CELEBRATION

The VCC Summer Staff BBQ Party was a day to remember! Filled with laughter, music, and delicious food, it was a wonderful opportunity for everyone to unwind and celebrate together. The event also featured our Staff Awards, where team members were recognized and appreciated for their hard work, dedication, and positive spirit.

A special highlight of the evening was the Bollywood dance performance, which took everyone by surprise and filled the atmosphere with energy and excitement. The dancers later invited staff to join in, teaching a few fun moves that had everyone on their feet and smiling! It was truly a fantastic celebration of teamwork, joy, and the vibrant VCC spirit.



# FAMILY GENERAL MEETING

VCC recently hosted a Family General Meeting, bringing together the families of our residents for an engaging and informative session. Since their loved ones are in our care, the meeting provided an opportunity to share updates on life at VCC, discuss ongoing initiatives, and outline upcoming plans. Families also had a platform to provide feedback, ask questions, and share suggestions, fostering stronger communication, trust, and collaboration between us.



# STAFF CHRONICLES

## **Celebrating Fatma's Upcoming Journey!**

**The Avenue recently hosted a beautiful baby shower for Fatma as she prepares to go on her maternity leave. It was a heartwarming celebration filled with joy, laughter, and best wishes from colleagues. Congratulations, Fatma, and all the best on this exciting new chapter!**



**Champions Meeting Catch-Up**  
**We recently held another Champions Meeting, bringing together all our amazing champions for updates and guidance. It was a great opportunity to connect, share insights, and ensure everyone is aligned and empowered to continue making a positive impact at VCC.**

# MOMENTS OF FUN AND FRIENDSHIP



**Managers enjoyed a well-deserved fun outing, taking a break from their busy schedules to relax, bond, and recharge. It was a joyful day filled with laughter, team spirit, and memorable moments.**