

»» JULY 2025 ««

INSPIRE & THRIVE

Victoria Care Centre's Quarterly Newsletter

By Khushboo Shah



SUNSHINE, CONNECTION & CARE



As we step into the heart of summer, London has been treating us to longer days, blooming gardens, and a gentle warmth that lifts everyone's spirits. Whether it's the scent of flowers in the garden or the sound of laughter during afternoon teas, this summer has brought with it a joyful energy that we have fully embraced here at Victoria Care Centre.

One of the season's highlights was a truly thoughtful gesture from our Director, Joseph, and his wife Saku, who kindly invited the management team to a special lunch at their home on Saturday, 14th June. The gathering offered a relaxed and informal opportunity to connect, reflect, and enjoy each other's company outside the usual work setting.

Saku, who recently visited Victoria Care Centre during our Open Day Event, was moved by the compassion, professionalism, and dedication she observed in our team. Inspired by what she saw, she offered to host and prepare a homemade meal as a personal thank-you—a touching act that meant a great deal to all of us.

Moments like these remind us of the strong bonds that support our care community, both within the Centre and beyond. A heartfelt thank you to Joseph and Saku for their kindness and generosity—your appreciation truly lifted our spirits and brought us closer as a team.

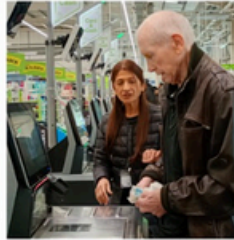


Moments That Matter

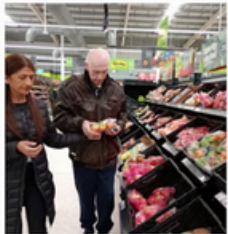
Resident Activities This Season



 ASDA shopping Day with residents



Local Outings 2025



Local community outing with service users



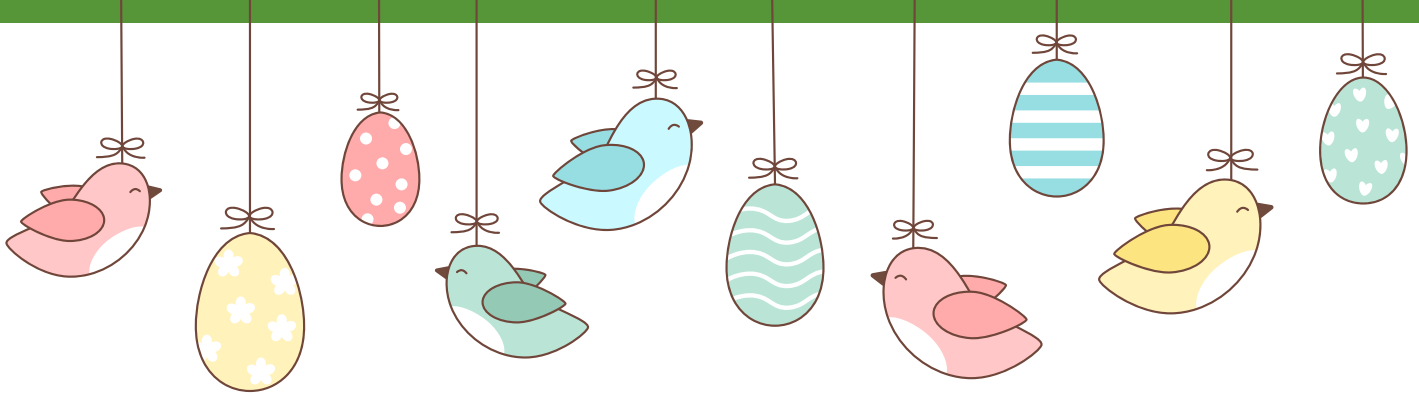
 Central Middlesex Hospital Garden



This summer, our residents have been making the most of the sunny days with a series of enjoyable outings. Few residents recently took a trip to Asda, where they picked out some personal favourites and enjoyed a bit of retail therapy—always a popular activity that brings a sense of independence and fun.

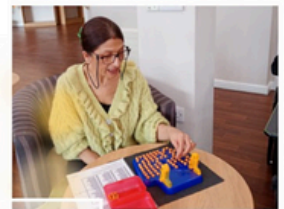
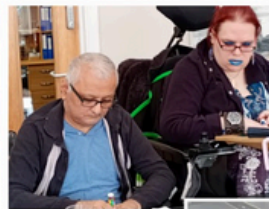
Another memorable outing saw residents engaging with the wider community, enjoying a relaxed afternoon with friendly faces and good conversation.

Residents visited the Central Middlesex Hospital garden, where they soaked up the fresh air and natural beauty. These moments outside the Centre not only lift spirits but also create meaningful memories and strengthen our residents' connection with the world around them.

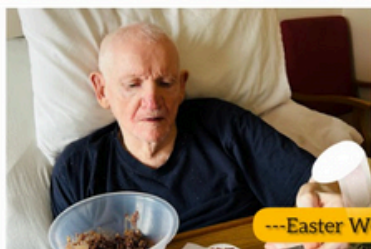
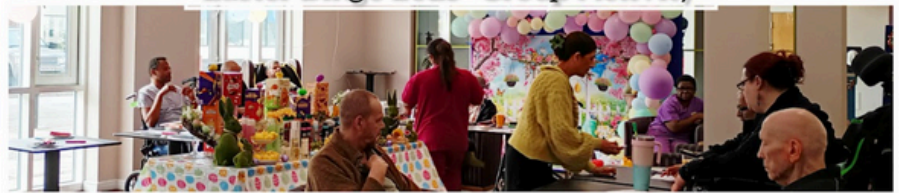


Springtime Smiles: Easter at VCC

This spring, we celebrated Easter in true Victoria style—with plenty of laughter, creativity, and, of course, chocolate! Residents enjoyed a lively game of Easter Bingo, filled with festive prizes and lots of friendly competition.

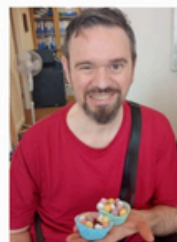
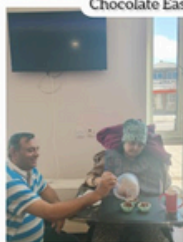


Easter Bingo 2025- Group Activity



---Easter Week Special---

Chocolate Easter Nest making



The fun didn't stop there—everyone got hands-on in making the chocolate Easter nests, complete with mini eggs and lots of sweet smiles. These seasonal activities brought joy to the home and gave residents the chance to connect, reminisce, and share in the warmth of the holiday together.



Everyday Joys at VCC



Our residents have been enjoying simple but meaningful activities this summer.

Many have taken pleasure in watering plants in the garden, nurturing growth and soaking up the sunshine.

Inside, Arts & Crafts sessions have sparked creativity, with residents making beautiful pieces that brighten our home.

We have also had fun with sandwich-making, where residents help prepare tasty snacks, encouraging independence and teamwork.



These everyday moments bring warmth, connection, and joy to life at Victoria Care Centre.

Celebrating Mother's Day & Father's Day



This quarter at Victoria Care Centre, we honoured the special people in our lives with heartfelt celebrations for Mother's Day and Father's Day.

PRIDE

Alongside these celebrations, we also marked Pride Month with vibrant Arts & Crafts sessions, creating colorful decorations that celebrate love and acceptance.





eid

mubarak



Our Eid celebrations brought residents together with festive treats and decorations, embracing the spirit of community and respect.



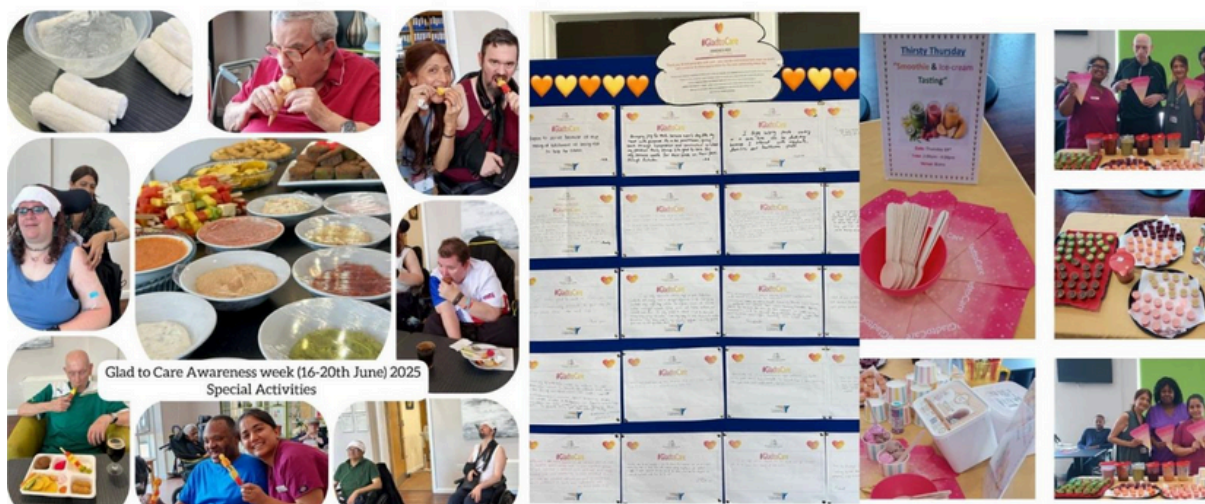
At Victoria Care Centre, daily group and one-to-one activities play a vital role in promoting wellbeing and connection. Whether it's a lively group game or a quiet, personalized chat, these moments help stimulate the mind, encourage social interaction, and provide emotional support. Tailored to each resident's interests and needs, these activities foster a sense of purpose, boost confidence, and enhance overall quality of life.

👏👏 A WEEK OF GRATITUDE AND RECOGNITION



GLAD TO CARE AWARENESS WEEK-2025 (16th -20th June)

Special Activities organised at Victoria Care Centre



We proudly took part in GladtoCare Awareness Week from 16th to 20th June, celebrating the compassion, dedication, and hard work of our amazing care team. The week was filled with fun activities, heartfelt stories, and plenty of snacks and drinks to keep spirits high. It was a heartwarming reminder of why we are all so proud to be part of the Victoria Care Centre family.

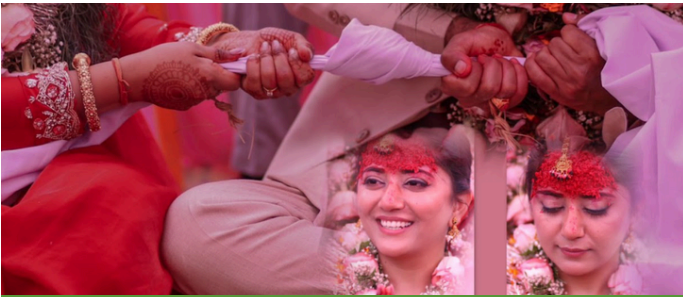


🌟 STAFF SPOTLIGHTS & COMMUNITY HIGHLIGHTS



🌟 Professional Development

We are delighted to share that several of our dedicated staff members have recently been enrolled in the Level 2 Adult Social Care Certificate qualification. This exciting step reflects our ongoing commitment to professional development and delivering the highest quality care to our residents. We're proud to support our team as they grow their skills and continue making a positive impact every day at Victoria Care Centre.



🌟 Wedding Congratulations!

Congratulations to Puja Khanal on her wedding! Wishing her a lifetime filled with love, joy, and happiness as she embarks on this wonderful new chapter.



🍼 Baby Joy at Victoria Care Centre

We were thrilled to celebrate a lovely baby shower for Sangita Dharel, filled with joy, laughter, and warm wishes. The team came together with decorations, treats, and thoughtful gifts to mark this special occasion.

🌟 Extending Our Care Beyond Borders



We are proud to share that Victoria Care Centre supported a successful eye cataract surgery camp in Nepal on April 29th, May 1st, and 2nd, 2025, where 53 surgeries were completed. Patients also received meals and lodging post-surgery. Our Directors, Rohit and Joseph, continue to lead with compassion, supporting charitable causes across regions. This initiative reflects our shared values—bringing care and hope beyond our walls.

Wishing you all a joyful summer—thank you for your continued dedication and care.