



Inspire & Thrive



WARM GREETINGS

As we welcome January 2026, we reflect with gratitude on the moments shared during last year, and the care and compassion that filled the home.

Wishing our residents, families, and staff a warm, joyful New Year—may 2026 bring health, comfort, and many meaningful moments together.

May the year ahead be filled with peace, smiles, gentle moments, heartfelt care, lasting comfort, and continued togetherness in our Victoria Care Centre family.



YEAR IN REVIEW



Last year has been full of memories, growth, and milestones. As we wrap up, we are grateful for every connection, experience, and opportunity that made 1025 unforgettable.

LOOKING AHEAD



Here's to new beginnings, exciting adventures, and more beautiful memories in the coming year.

By Khushboo Shah

SPECIAL MESSAGE

"Christmas is not as much about opening presents as it is about opening our hearts."

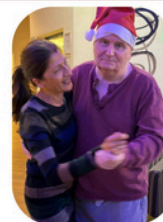
RESIDENTS' CHRISTMAS CELEBRATION

Our residents enjoyed joyful Christmas musical afternoons filled with fun, laughter, and shared smiles.

The lively performances brought music, warmth, and festive cheer, creating memorable moments for everyone involved.



Christmas Musical Afternoon Fun & Laughter



CHRISTMAS SHOPPING

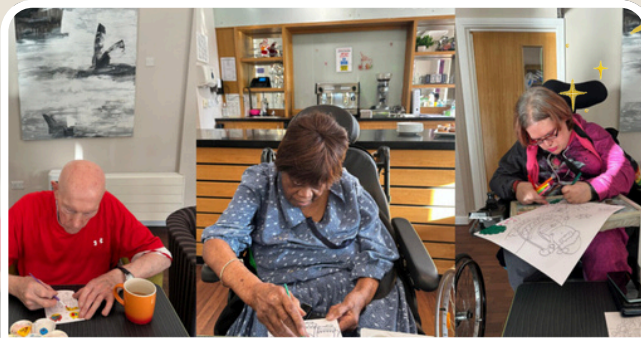


Our residents enjoyed a festive outing to Brent Cross for Christmas shopping, taking in the cheerful atmosphere and seasonal displays. The trip was filled with smiles and excitement as everyone chose special gifts and enjoyed a wonderful day out together.





Christmas Lunch At Royal cafe



Christmas Canvas Painting



Baking Christmas Cookies



Christmas lunch



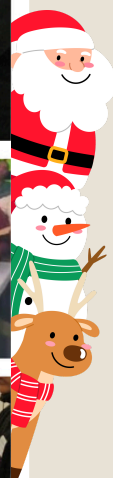
Christmas lights at Brent Cross



Christmas Card Making



Christmas Games



RESIDENT'S CHRISTMAS MOMENTS





RESIDENTS' HIGHLIGHTS

CELEBRATING TRADITIONS TOGETHER



Hanukkah 2025 Special Prayers & Hanukkah Bingo

HANUKKAH REFLECTIONS

Our residents celebrated Hanukkah with special prayers, meaningful traditions, and joyful moments of togetherness. The festivities were made even more enjoyable with lively bingo games, laughter, and shared smiles throughout the celebration.



REMEMBRANCE DAY

Our residents honoured Remembrance Day by creating thoughtful arts and crafts, including handmade poppies. The activity encouraged reflection, remembrance, and meaningful conversations shared together.



COMMUNITY ENGAGEMENTS

Our Christmas Community Appreciation Tea Party brought residents and members of the local community together in a warm, festive setting.



Remembrance Day



Christmas Community Appreciation Tea Party

Diwali

Festival of Light and Joy

We celebrated Diwali at the nursing home with a special pre-Diwali lunch, bringing staff together to share festive food and goodwill, everyone enjoyed a fun diya stacking game, adding laughter and joy to the celebrations.

On the day of the festival, a Diwali Chopda Pujan was held, marking the occasion with prayers, tradition, and blessings for the year ahead.



STAFF BREAKFAST CLUB

Middle-Eastern Cuisine



Our monthly Breakfast Club continues to be a much-loved opportunity to bring staff together and start the day on a positive note.

In November, the theme was Middle Eastern cuisine, and the delicious spread was truly amazing.

The morning was filled with great food, conversation, and appreciation for our hardworking team.



STAFF TEAMBUILDING



Our teams enjoyed a variety of team-building outings, from golfing to dancing nights and buffet meals.

Each activity offered a chance to relax, connect, and celebrate time together outside of work.

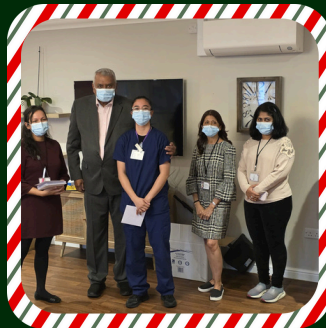
Every team had a wonderful time bonding with friends and colleagues, creating lasting memories along the way.

STAFF CHRISTMAS GIFTS, BONUSES & FESTIVE APPRECIATION 🎄

To show our heartfelt appreciation, staff were thanked with Christmas gifts, bonuses, and festive fun, including Christmas Jumper Day on 24th and 25th December 2025.



CHRISTMAS GIFTS & BONUS



SECRET SANTA



The 1st Floor team enjoyed a fun-filled Secret Santa celebration, sharing thoughtful gifts and plenty of laughter.



THE VOICES OF DEMENTIA




The voices of dementia. What are they?

They are the voices of those who can no longer control their thoughts, their emotions or their means of expression.

They are the remembrance of what one used to be in their days of youth, with clear meanings and enthusiasm.

Therefore, an orchestra of odd and different sounds and meanings, echo along the corridors of care, embracing the atmosphere of bewilderment, fear, amusement and love for those who once were beautiful creatures in their days of youth, excitement and bravado.



The time of day appears to be most prominent when these sounds are most at its peak. Sounds of praising, singing, swearing, crying, screaming or no voice at all, all mingling together forming an orchestral band of sometimes demonic voices, or an expression of frustration of loneliness and this I find to be most intriguing and interesting in working on a dementia unit.

However, these voices and personalities are treasured and loved by their loved ones which can never be obliterated from their hearts and minds. This to me are the sound and voices of dementia.

Written by
Nathalie Matthew (RGN)
12.11.2018

