

INSPIRE & THRIVE

Victoria Care Centre's
Quarterly Newsletter



Feature Story

Victoria Care Centre Supports Community Food Bank

Victoria care centre was happy and proud to join with Shree Swaminarayan Temple Willesden Helping hands, in making a meaning full impact with our service users and staff volunteering to distribute nourishing meals to individuals and families facing food insecurity. "Shree Swaminarayan Temple Willesden, thanked Victoria Care Centre who helped serve 102 families.

The incredible energy, positivity and love truly shone though. It was an honour to hear about the wonderful work they do and to have both residents and staff of the nursing home joins us. Your contributions were truly appreciated by the families we served." This activity was planned to specially to fullfill one of our service users wish R.K use to prepare fresh soup for the homeless.

R.K highlighted that she misses helping in the community as she has moved into the care home setting.

Let us extend a helping hand to everyone in need without considering their religion, caste, race, or background. True service is offered with love, compassion, and respect for every person. By caring for others selflessly, we promote unity, peace, and hope in our community. Together, let us be instruments of God's love by serving all people with open hearts.



A Journey of Peace and Mindfulness with Bhaktivedanta Manor

We extend our sincere thanks to the Bhaktivedanta Manor Meditation Team for delivering an inspiring Kirtan and meditation session at Victoria Care Centre. Their guidance, warmth, and dedication created a peaceful and uplifting atmosphere that was enjoyed by both our service users and staff.

The session encouraged mindfulness, relaxation, and spiritual wellbeing, leaving everyone with a lasting sense of calm and positivity. We are truly grateful for their kindness and for sharing such a meaningful experience with our community.



One Community, One Prayer: A Heartfelt Thank You to Father Prabha

We extend our heartfelt gratitude to Father Prabha for his dedicated ministry and continued support to our Victoria Care Centre community. His inspiring messages, compassionate presence, and unwavering commitment have brought comfort, hope, and spiritual strength to our service users.

We are especially grateful that he took the time to personally visit residents who were unable to attend the church service, ensuring that everyone had the opportunity to receive pastoral care and fellowship. His kindness, faith, and selfless service are deeply appreciated by our residents, staff, and the wider Victoria Care Centre family.



Residents Celebrate Easter with Joy and Togetherness



Our residents enjoyed a wonderful Easter celebration filled with colour, laughter, and the spirit of togetherness. The Bistro was beautifully transformed with vibrant spring decorations, Easter eggs, flowers, and festive displays, creating a warm and cheerful atmosphere for everyone to enjoy.

Residents came together to celebrate the occasion with a variety of Easter treats, chocolates, and themed activities, while sharing stories and enjoying each other's company. The celebration brought smiles to everyone's faces and provided a fantastic opportunity to create happy memories with fellow residents, staff, and families.

At Victoria Care Centre, we are committed to celebrating cultural and religious occasions that bring people together and promote wellbeing. Easter was a wonderful reminder of hope, renewal, and the importance of community, making it a truly special day for all involved.

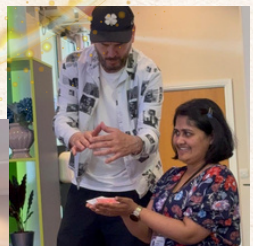
Father's Day

Our residents celebrated Father's Day with a delightful live musical performance, creating a joyful atmosphere filled with singing, laughter, and cherished memories. The event brought everyone together to honour and appreciate the fathers and father figures in our community.

Best Moments

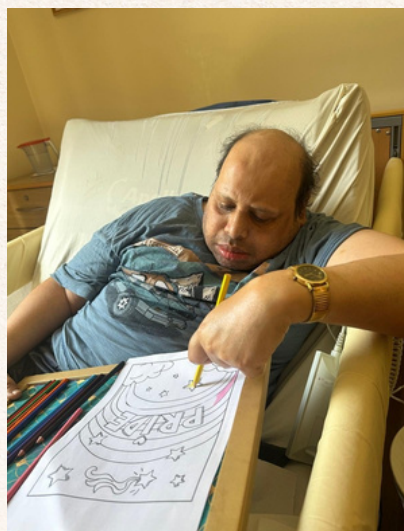
A Magical Afternoon with Ady Lloyd Showman, Magician & Mentalist

A magician visited VCC and gave an exciting performance for everyone. The show included amazing magic tricks, fun interactions with the audience, and entertaining illusions that kept everyone surprised and engaged. Residents and staff enjoyed the performance and appreciated the magician's talent and creativity. The event created a lively atmosphere, brought smiles to everyone's faces, and made the day memorable for all who attended.



Personalised One-to-One Activities

Our residents enjoyed a variety of personalised one-to-one activities tailored to their individual interests and preferences. These sessions provided meaningful engagement, encouraged independence, promoted wellbeing, and created special moments of enjoyment and companionship.



Artful Moments at VCC



Our residents enjoyed a range of creative arts and crafts activities, expressing their imagination while developing fine motor skills. These sessions encouraged creativity, social interaction, and a wonderful sense of achievement.



Baking with Joy

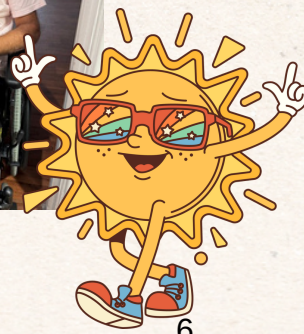
Our residents enjoyed a fun baking session, creating delicious homemade treats while encouraging creativity, teamwork, and a sense of achievement.



Cooling Down Together



To help residents stay safe and comfortable during the warm weather, we organised a refreshing Cool Down Session with chilled drinks, ice creams, and light refreshments. The session provided a relaxing opportunity for residents to socialise, stay hydrated, and enjoy a pleasant break while keeping cool during the summer heat.

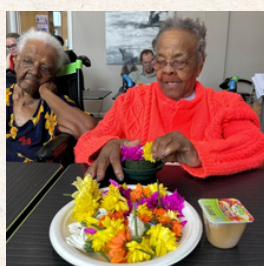
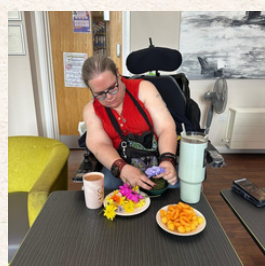
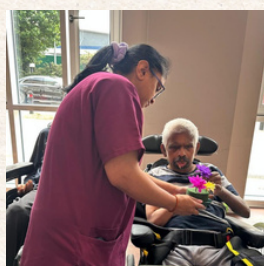




PRIDE MONTH

Celebrating Diversity, Inclusion & Togetherness

Residents created beautiful rainbow-inspired flower arrangements, using vibrant blooms to reflect the colours of Pride. The activity encouraged creativity, fine motor skills, and self-expression while producing stunning floral displays that brightened our home.



The celebrations concluded with a colourful Pride Party where residents enjoyed music, refreshments, decorations, and plenty of opportunities to socialise. The event was a joyful celebration of equality, respect, and community, reminding us that everyone deserves to be valued, accepted, and celebrated for who they are.

Memory Box & Letters of Kindness

Residents wrote heartfelt letters, messages, and personal reflections which were placed into a special Memory Box. This meaningful activity encouraged residents to share memories, words of encouragement, and messages of love, kindness, and acceptance, creating a lasting keepsake for our community.



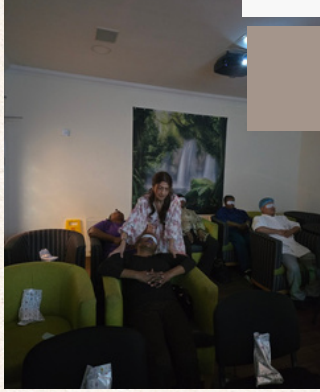
Pride Party





MEDITATION SESSION

De-Stress & Relax



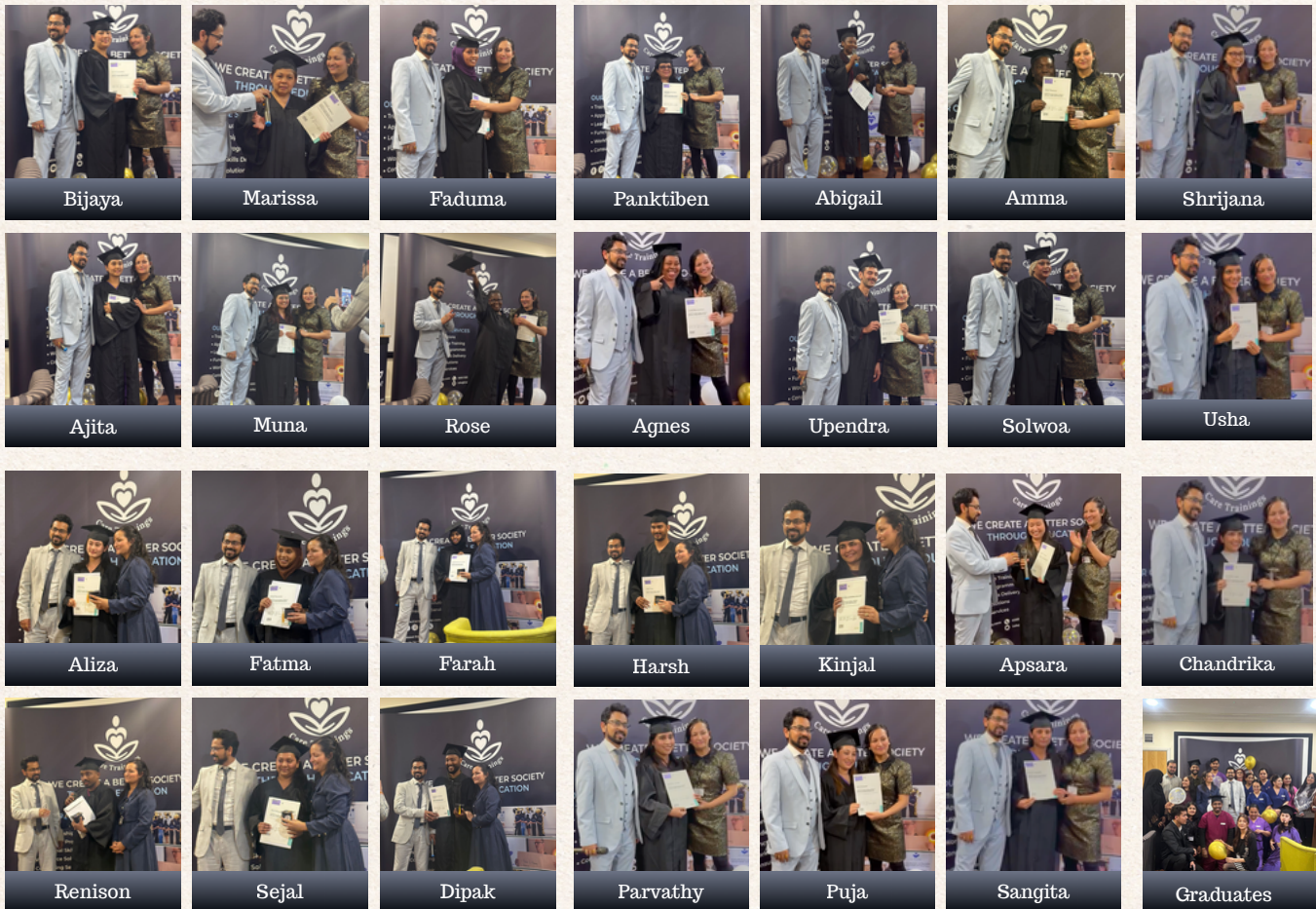
Mindfulness for Staff, Residents & Families

As part of our commitment to wellbeing, we organised 10-minute guided meditation sessions for our day and night staff, with residents and their families also invited to join. The sessions offered a peaceful opportunity to relax, recharge, and practise mindfulness together. To complete the experience, everyone enjoyed refreshing fruit-infused water and fresh fruit, promoting hydration, relaxation, and overall wellbeing.



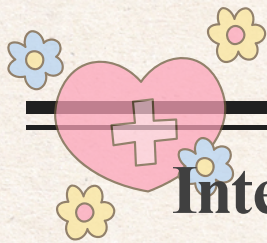
Celebrating Learning and Achievement

Victoria Care Centre proudly hosted a Level 2 Adult Social Care Graduation Ceremony to celebrate the achievements of our staff who successfully completed their qualification in partnership with Care Trainings. The event brought together our graduates, trainers, and colleagues to recognise the dedication, commitment, and hard work demonstrated throughout their learning journey. It was a wonderful opportunity to celebrate professional development and the continued investment in delivering high-quality care.



We were also delighted to celebrate the achievements of Satya Bhattarai, General Manager, and Tina, Night Manager, who successfully completed their Level 5 qualification. Although their graduation ceremony took place outside Victoria Care Centre, members of our team attended to cheer them on and celebrate this significant milestone. We congratulate all of our graduates on their outstanding accomplishments and look forward to seeing them continue to grow and inspire others.





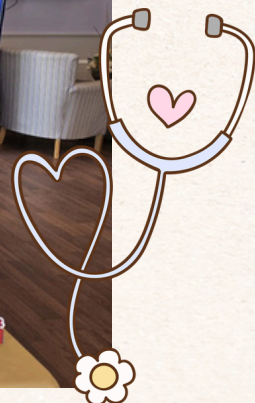
International Nurses Day Celebration & Staff Breakfast Club

Victoria Care Centre proudly celebrated International Nurses Day by combining the occasion with our monthly Staff Breakfast Club, bringing colleagues together to recognise the dedication, compassion, and professionalism of our nursing team. Staff enjoyed a delicious breakfast in a warm and appreciative atmosphere, providing an opportunity to connect, celebrate achievements, and thank our nurses for the exceptional care they provide every day.



As a special token of appreciation, each nurse received a personalised appreciation gift bag containing a selection of treats and wellbeing items. Every gift was individually customised with the nurse's name, ensuring each member of our nursing team received personal recognition for their invaluable contribution to the lives of our residents. The celebration reflected our ongoing commitment to recognising our staff, promoting wellbeing, and fostering a positive workplace culture where everyone feels valued and appreciated.

NURSE





Staff Volleyball Fun Hour

Teamwork & Physical Wellbeing



As part of our Wellbeing Theme: Teamwork & Physical Wellbeing, staff came together for a fun and energetic Volleyball Fun Hour. The friendly tournament encouraged colleagues from different departments to work together, build stronger relationships, and enjoy some healthy physical activity away from their daily responsibilities.

The event was filled with laughter, friendly competition, and great team spirit, highlighting the importance of collaboration and staff wellbeing. After the games, everyone enjoyed a selection of refreshments, cupcakes, desserts, and finger foods, making it a fantastic opportunity to relax, socialise, and celebrate the positive team culture at Victoria Care Centre.



Building Stronger Teams Beyond the Workplace

Our management team was delighted to attend a special dinner hosted by Care Trainings as a token of appreciation for our ongoing partnership. The evening featured delicious food, live entertainment, and performances, providing a fantastic opportunity to relax, celebrate achievements, and strengthen relationships outside the workplace. It was an enjoyable evening filled with laughter, great conversations, and lasting memories.



Revving Up Team Spirit



To continue promoting teamwork and staff wellbeing, our managers also took part in an exciting go-karting team-building activity. For many, it was their very first experience behind the wheel of a go-kart, making the day even more memorable. The activity encouraged friendly competition, collaboration, and plenty of laughter, helping to strengthen team bonds while creating an unforgettable experience for everyone involved.



Team Building - Activities, Admin & Maintenance

Our Activities, Administration, and Maintenance teams enjoyed a fantastic team-building outing with a fun-filled game of bowling. The friendly competition brought plenty of laughter, encouraged teamwork, and gave colleagues the opportunity to unwind and strengthen relationships outside the workplace.



Team Building - Kitchen & Domestic Teams



Team Building - The Mews, The Avenue, The Crescent, The Grove

The fun didn't stop there! Teams from The Mews, The Avenue, The Crescent, and The Grove also enjoyed their own team-building outings, taking part in a variety of activities that encouraged teamwork, strengthened relationships, and created plenty of laughter and lasting memories. These outings reflected our continued commitment to staff wellbeing and fostering a positive, connected workplace culture.

