



Inspire & Thrive

VICTORIA CARE CENTRE'S QUARTERLY
NEWSLETTER
BY KHUSHBOO SHAH

GREAT ORMOND STREET HOSPITAL

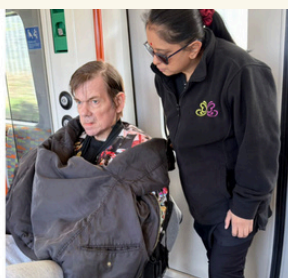
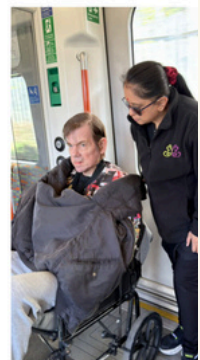
Giving Back: Visit to Great Ormond Street Hospital

We are proud to share a heartwarming initiative carried out by our service users, who recently visited Great Ormond Street Hospital. For many of our service users, travelling by bus and train made the day even more special, adding a sense of adventure and independence to the experience.

During the visit, they donated gifts to the children, bringing smiles and joy to young patients and their families. This meaningful act reflected their kindness, compassion, and willingness to make a positive difference in the lives of others.

The experience was uplifting and inspiring for everyone involved. It not only brought happiness to the children and their families but also gave our service users a sense of pride and fulfillment.

We are incredibly proud of their efforts. Moments like these truly highlight the importance of community, empathy, and connection.

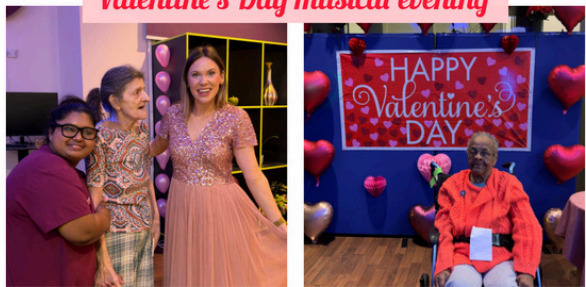


RESIDENT HIGHLIGHTS: VALENTINE'S DAY, MOTHER'S DAY & ST PATRICK'S DAY

LOVE



Valentine's Day musical evening



Mother's Day



St Patrick's Day

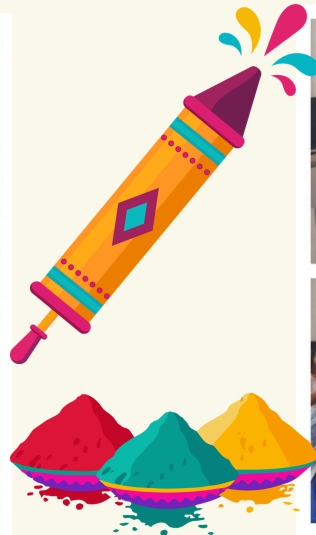


We were delighted to celebrate a series of special occasions with our residents and their loved ones. Valentine's Day was marked with a wonderful musical afternoon, filled with joy, laughter, and much-loved songs. Mother's Day was a truly grand celebration, bringing together families and residents to share heartfelt moments and create cherished memories. We also enjoyed celebrating St. Patrick's Day with our residents, embracing the festive spirit and spending time together in great company.

CELEBRATING HOLI & EID WITH OUR RESIDENTS

A COLOURFUL HOLI CELEBRATION

Our residents enjoyed a vibrant Holi celebration, beginning with creative arts and crafts that brought colour and joy to the day. The festivities continued with lively performances by our wonderful activities staff members, Jyoti and Rajitha, who truly lifted everyone's spirits. The celebration concluded with a fun and cheerful Holi colours moment, shared among staff members, making it a memorable occasion for all.



SHARING JOY AND TOGETHERNESS THIS EID

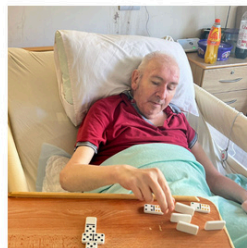
Our residents enjoyed a joyful Eid celebration, coming together to share the spirit of togetherness and gratitude. The day was filled with warm conversations, cultural traditions, and special treats, creating a welcoming and festive atmosphere for all. It was a wonderful opportunity for residents and staff to celebrate, reflect, and enjoy meaningful moments together.



EID MUBARAK

RESIDENT ACTIVITIES: ARTS, CRAFTS & BAKING

Over the last quarter, our residents have thoroughly enjoyed a variety of arts and crafts and baking activities, thoughtfully organised by our wonderful activities team. These sessions provided a great opportunity for creativity, social interaction, and hands-on enjoyment, with residents taking pride in their creations and delicious bakes. It has been lovely to see everyone engaged, sharing laughter, and making the most of these meaningful and enjoyable experiences together.



Baking



RESIDENT ACTIVITIES

MAKING MEMORIES IN THE SNOW

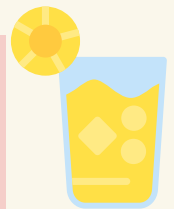
Our residents thoroughly enjoyed spending time in the snow, taking in the fresh winter air and the beauty of the season. It was a lovely opportunity to reminisce, share smiles, and experience the simple joy that a snowy day brings. The outing created warm memories and plenty of cheerful moments for everyone involved.



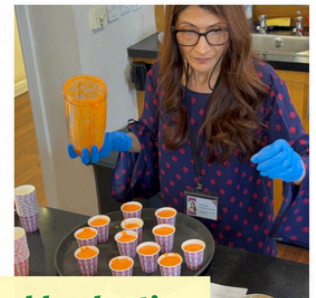
Time in the snow



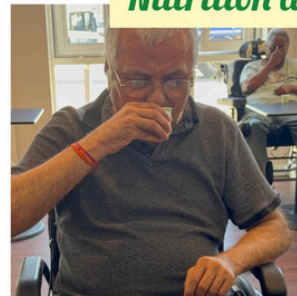
PROMOTING WELLBEING: NUTRITION & HYDRATION WEEK ACTIVITIES



As part of Nutrition and Hydration Week (16th–22nd March), our activities team organised a delightful selection of drinks for residents to enjoy. The week focused on promoting healthy eating and staying well-hydrated in a fun and engaging way. Residents particularly enjoyed the variety of freshly prepared smoothies and refreshments, which were both nutritious and delicious. It was wonderful to see everyone taking part, trying new flavours, and enjoying the social atmosphere throughout the week.



Nutrition and hydration

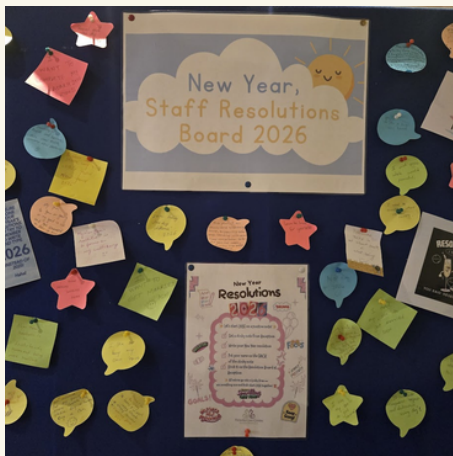


NEW YEAR, NEW BEGINNINGS: STAFF RESOLUTION BOARD

To kick-start the year on a positive and inspiring note, our staff came together to take part in a New Year Resolution Board activity.

Team members shared their personal goals and aspirations for 2026, writing them on notes and proudly displaying them on the board.

This thoughtful initiative encouraged motivation, reflection, and a sense of unity, as everyone supported one another in embracing fresh beginnings and positive intentions for the year ahead.



🎉 Staff New Year Resolutions – Lucky Draw Winners! 🎉



Thank you to everyone who took part in the Staff New Year Resolutions Board — we loved reading all your resolutions! ✨

👏 Congratulations to our winners (draw done by Director, Mr. Rohit Khagram):

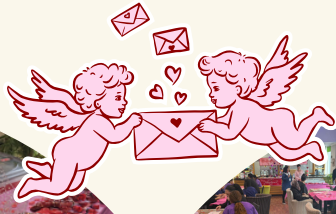
- **Bhumika Kumbhar – Therapy Team**
- **Rose Brown – Team Leader (The Crescent)**
- **Sanjeyan B – Admin Team**

Well done everyone! 😊

CUPID'S CORNER

A FUN-FILLED VALENTINE'S CELEBRATION FOR STAFF

In February, our staff came together to celebrate Valentine's Day with a lively and engaging "Cupid's Corner" activity. The event featured a fun pop culture quiz, including an Instrumental Guess the Song round and an exciting Movie Clip Guessing Round, bringing out everyone's competitive spirit and love for music and films. With team challenges, laughter, and sweet treats to enjoy, the session provided a wonderful opportunity for staff to relax, bond, and take a joyful break from the workday. It was a fantastic way to spread positivity and celebrate together.

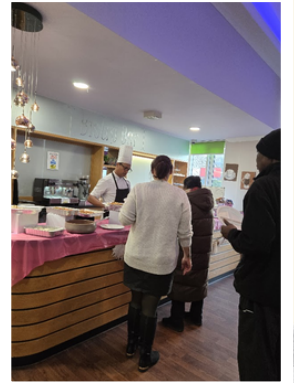


STAFF BREAKFAST CLUBS: BRINGING TEAMS TOGETHER



Over the last quarter, we hosted two wonderful staff breakfast clubs, creating a great opportunity for everyone to come together and start the day on a positive note.

The first, held in January, marked the New Year with a warm and welcoming atmosphere, while the second in March celebrated Holi with a vibrant and cheerful spirit.



STAFF



Breakfast Clubs



As part of the Holi breakfast club, staff took part in a fun and interactive game where they had to bounce ping pong balls into cups. The activity brought lots of laughter and friendly competition, with winners receiving cute teddy bears as prizes. The game was a huge hit, and all the teddies were snapped up in no time!

A special thank you to our kitchen team, who did a wonderful job preparing a delicious and beautifully presented spread for both occasions. It was lovely to see everyone enjoying themselves, bonding as a team, and sharing such joyful moments together.



STAFF UPDATES



Mom to be - Juhi

Celebrating our mom-to-be Juhi, staff nurse from The Avenue, with a lovely baby shower on 15/02/2026



Congratulations on Your Beautiful Journey Together

“A simple mistaken message turned into a beautiful love story—congratulating Kailas S from The Mews on his wedding and wishing him a lifetime of happiness.”



Farewell, Puja

We thank Puja for her dedication, kindness, and positive impact, and wish her every success and happiness in her next chapter.



Farewell, Abel

We thank Abel for his enthusiasm, dedication, and positive spirit, and wish him all the very best for the future.

Minu Amanthi Macatuwana has joined the Team and is supporting relaxing foot spa sessions, creating a calm and enjoyable experience for residents. Jyoti Lakhman has also joined the Activities team, bringing a positive attitude and passion for supporting others, and the team looks forward to working together.

We are pleased to share a number of staff updates this quarter, celebrating both new beginnings and fond farewells within our team. Each member of staff plays an important role in creating a supportive and positive environment for our residents, and we are grateful for the continued dedication, teamwork, and commitment shown every day. We look forward to the months ahead as we continue to grow and strengthen our community together.