








# MENU



**BREAKFAST** – Daily choice of low sugar cereal selection & wholemeal toast



DAY	LUNCH	TEA
<b>MONDAY</b> 	Slow Cooked Lamb in Gravy with Roast Potatoes, Broccoli & Cauliflower Greek Yoghurt & Fruit Cocktail <i>Contains Soya Wheat Milk</i>	Plant Based Burger in a Bun with Lettuce, Cucumber, Peppers, Tomatoes, Red Pepper Houmous Pear <i>Contains Soya Barley Wheat</i>
<b>TUESDAY</b> 	Sausage & Mushroom Ragu with Cous Cous Greek Yoghurt & Blueberries <i>Contains Sulphites Celery Wheat Milk</i>	Chicken Strips with Egg Fried Rice & Peas Banana <i>Contains Wheat Celery Eggs Soya</i>
<b>WEDNESDAY</b> 	Coconut Chicken & Sweet Potato Curry with Naan Bread Greek Yoghurt & Mango <i>Contains Soya celery Wheat Milk</i>	Tuna Pasta with Sweetcorn Mandarins <i>Contains Fish Wheat Egg Mustard</i>
<b>THURSDAY</b> 	Plant Based Cottage Pie with Lentils, Green Beans & Carrots Greek Yoghurt & Summer Fruits <i>Contains Barley Wheat Soya Milk</i>	Sandwich Selection Ham, Cream Cheese with Boiled Eggs, Cheese Sticks, Peppers, Cucumber, Tomato, Houmous Melon <i>Contains Wheat Barley Soya Milk Egg Sesame</i>
<b>FRIDAY</b> 	Fish Pie Mac 'n' Cheese with Mixed Vegetables Greek Yoghurt & Peaches <i>Contains Fish Crustaceans Wheat Eggs Milk</i>	Pizza Muffins with Grated Cheese, Ham, Peppers, Cucumber, Tomato, Red Pepper Houmous Pineapple <i>Contains Wheat Soya Milk Sesame</i>



**AM SNACK**  
Please provide a healthy snack from home.

**PM SNACK**

Please provide a healthy snack from home.



**MEALS TAILORED TO SUIT DIETARY REQUIREMENTS**

