

First Half of Summer Term April - May Menu

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|--|
| Breakfast | Daily choice of low sugar cereal selection & wholemeal toast Contains Barley Oats Rye Wheat Soya | | | | |
| Morning snack from home | | | | | |
| Lunch | Quorn chickpea and cauliflower curry served with rice Greek natural yogurt and fruit Contains Eggs Milk Metabisulphite Mustard | Spaghetti bolognaise carrots and spinach Greek natural yogurt and fruit Contains Milk Wheat | Sausages mixed vegetables, new potatoes Greek natural yogurt and fruit Contains Sulphites Wheat Milk | Creamy fish leek and cabbage pie with mash and carrots Greek natural yogurt and fruit Contains Fish Soya Milk | Roast chicken, roast potatoes, carrots and broccoli Greek natural yogurt and fruit Contains Milk Wheat Soya |
| Afternoon snack from home | | | | | |
| Tea | Crumpets with ham and cheese cubes humus and vegetable sticks Fresh fruit Contains Wheat Soya Buttermilk Milk Sesame | Fish finger oven chips mixed vegetables Fresh fruit Contains Fish Wheat | Chicken and avocado wraps with new potato salad grated carrot Fresh fruit Contains Wheat | Meat free meatballs in tomato courgette and pepper sauce with noodles Fresh fruit Contains Wheat Soya Barley | Cauliflower cheese crispy grills Spaghetti hoops Fresh fruit Contains Wheat Milk |
| We offer an alternative to suit dietary requirements | | | | | |

