



Sunday, July 19, 2026

Series: How to Pray

Title: (#3) Paused

Scriptures: Matthew 6:9 (focus)

Miss a week? Each week's messages are available on *SoundCloud*.
Go to the **MEDIA** page of thegatheringma.org to listen.

INTRO: Our fast-moving lives can pose a problem for prayer.

Four words that changed prayer forever:

“ _____ ” (Matt. 6:9)

JESUS' INVITATION TO _____:

1. ...to remember who _____. (Gen. 2:25, 3:23)
2. ...to remember who _____. (Is. 30:15, Lam. 3:26, Mk. 4:39)
3. ...to remember who _____. (Ps. 131:1-2, 46:10)

SECURE YOUR _____:

Put _____ in His _____, and _____ in _____.

PAUSING: Relax, Breathe, Speak, Repeat



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YOU & GOD:

What is God speaking to you?

What is/are an action(s) you're going to take **today** about what God is saying?

Who will hold you accountable to this action this week?

HOUSE CHURCH:

House church will return on August 6.

We will again have two house churches this fall, but we will start the second house church later, in September or October. Please watch this spot as well as the website for more information:

www.thegatheringma.org.



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