



Co-Cathedral of St. Theresa of the Child Jesus

712 North School Street, Honolulu HI 96817

Phone: (808) 521-1700 • Email: cocathedraloffice@rcchawaii.org

Website: www.cocathedral.org    @hicocathedral #hicocathedral

August 31, 2025 - 22nd Sunday in Ordinary Time (C)

God, in your goodness, you have made a home for the humble.

Sirach 3:17-18,20,28-29; Psalm 68:4-5,6-7,10-11; Hebrews 12:18-19,22-24a; Luke 14:1,7-14

We are all gently reminded of the importance of humility. Humility is the path chosen by God to express His magnanimity and redeeming love to all humanity. It is also the way God prepares us to advance in our stewardship of life.

In the Gospel, Jesus teaches us about humility by observing the behavior of guests at a dinner party who are trying to secure the most prominent seats, clearly seeking recognition. He states, "everyone who exalts himself shall be humbled, and he who humbles himself shall be exalted" (Lk. 14:11). Self-exaltation or self-promotion is not God's way; it is the way of the world. A disciple who loves God cannot be proud or arrogant; he must be humble.

The Book of Sirach teaches that the greater a person becomes, the more he should behave humbly. By conducting his affairs with humility, he will find favor with God (cf. Sir. 3:17-18). Conversely, one who exalts himself will inevitably be humbled (cf. Lk. 1:51-52; Matt. 23:12). This reflects God's discipline. Self-exaltation is like a balloon filled with too much air; it will burst. God cannot be deceived by self-exaltation or self-promotion. He opposes the proud and lifts the lowly (cf. Prov. 3:34; 1 Pt. 5:5).

Our Lord Jesus is the perfect model of humility. His journey of humility began with his birth in a humble setting and ultimately led him to the path of passion, suffering, and death on the cross. Through his humility and obedience, he willingly sacrificed himself to conquer death and bring life to those living in darkness.

In one of his homilies, the late Pope Francis spoke about Jesus' humility, stating, "Everything happens on the road of humility. God humbles and lowers Himself; He comes among us and continues to humble Himself even to the cross." Thus, learning humility involves knowing our Lord Jesus more deeply, following Him more closely, and loving Him more tenderly. We are invited to learn from Him because of His meekness and humility (cf. Matt. 11:28-29).

Humility is the golden rule for all disciples of Jesus. It represents truth, not merely casting one's eyes down but recognizing one's strengths and accepting one's weaknesses. It entails celebrating strengths, giving thanks to God, and embracing the truth of our weaknesses. Humility encompasses integrity, sincerity, and honesty. It helps us acknowledge our frailties and seek God's redeeming love for healing and strength. Not only does humility make us authentic, but it also creates a capacity for intimacy with God, allowing us to become instruments of His providential care for those in need. In response to the attitude of the guests at the dinner, our Lord introduces the logic of God:

"When you hold a lunch or dinner, do not invite your friends or brothers, or relatives, or wealthy neighbors, in case they might invite you back and you have repayment. Rather, when you hold a banquet, invite the poor, the disabled, the lame, the blind; blessed indeed will you be because of their inability to repay you" (Lk. 14:12-14).

Our Lord assures us that by practicing humility and serving those who cannot repay us, we will be



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rewarded at the resurrection of the righteous (cf. Lk. 14:14). Thus, humility is the pathway to advancing our stewardship of life. Without humility and the ability to publicly confess our sins and human frailty, we cannot attain salvation, proclaim Christ, or genuinely be His witnesses.

Fr. Manny Hewe, Pastor



PILGRIMS OF HOPE:

PRAYER FOR JOY

St. Thomas More (1478-1535)

“Grant me, O Lord, good digestion, and also something to digest.

Grant me a healthy body, and the necessary good humor to maintain it.

Grant me a simple soul that knows to treasure all that is good and that doesn't
frighten easily at the sight of evil,
but rather finds the means to put things back in their place.

Give me a soul that knows not boredom, grumblings, sighs and laments,
nor excess of stress, because of that obstructing thing called “I.”

Grant me, O Lord, a sense of good humor.

Allow me the grace to be able to take a joke to discover in life a bit of joy,
and to be able to share it with others.”



The Catechumenate process begins their journey in understanding the Catholic faith,

Tuesday, September 2nd at 6:30pm in Room 210 (school building)

We will talk about how we are called to
“**Proclaim the Gospel to Every Creature**”.

The OCIA is aimed for those who are seeking
to be baptized in the Catholic faith, as well as
those desiring to receive the sacraments of
Holy Eucharist and Confirmation, but is open
for all who are looking to reinvigorate their
relationship with Christ.

We look forward to meeting you this Tuesday evening.



**All youth and teens are invited
to a youth ministry gathering
this Friday, September 5th at 7pm
in the Pastoral Center.**

NI RADIANT HOPE

**Join us for an evening of prayer,
worship and fun!**

OLIFE TEEN

 **CO-CATHEDRAL OF ST. THERESA OF THE CHILD JESUS**
presents

THE ANNUAL GREAT GATSBY

*Where Roaring Elegance
Meets*

Enchanted Dreams

NOVEMBER 8, 2025

HONOLULU COUNTRY CLUB

1690 ALA PUUMALU ST.

HONOLULU, HI 96818

5:30PM - 10PM

DINNER | NO HOST BAR

\$125 DONATION

CONTACT:

ANA | 808-330-1973

GINA | 808-389-4459

FAITH | 808-536-4703

MARITES | 808-372-8390

MARYLINE | 808-255-2426

SHERRIE | 808-554-2246

ZENY | 808-398-0992



SCAN TO PURCHASE

PROCEEDS WILL GO TOWARDS CHURCH PROJECTS:
ROOF, ACOUSTICS, AND SOUND SYSTEM



Weekly Offering Report

For August 18, 2025 - August 24, 2025



SAINT THERESA SCHOOL
CONTACT INFORMATION
 Office Phone: 808-536-4703



St.TheresaSchool@Beavers808
 Sttheresaschool808
 Website: www.stshi.org

Weekly Collections Online Giving

SUNDAY Mass Offering	\$ 11,133.50	\$ 927.02
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*** Looking for convenient, safe and secure way of giving to our church? We have online giving feature in our website, just click on the link and go through the easy-to-follow steps to go about it. We also have a Giving Kiosk beside the statue of St. Damien. Please have a look at these methods for your church contributions. We thank you for your continued support in fulfilling the mission of the Co-Cathedral of St. Theresa. ***

We will provide a complete report on the donations and updated expenses for the church fence and security project as soon as they are available. In the meantime, we would like to encourage you to reflect and pray to consider donating more towards the church fence and security project the construction of which is in progress. Please continue to pray with us for the completion of this important project for the safety and security of our church and school.

Parish Savings with the Diocese as of July 31, 2025	\$ 85,389.72
Outstanding Parish Loan with the Diocese as of July 31, 2025	35,846.97
Outstanding PV Loan with the Diocese as of July 31, 2025	\$ 295,374.16

Second Collections:

September 6 - 7 for the Catholic University of America
 September 20 - 21 for the Debt Reduction of Parish Loan

Mahalo for your generosity.

CCST Fence Project - conceptual view



West Honolulu Vicariate Presents
JUBILEE YEAR 2025 SPIRITUAL CONFERENCES
@ Co-Cathedral of St. Theresa
 (with Holy Hour and Confession)

September 17, 2025 @ 6:00 PM - Speaker: Fr. Arlan Intal, MS

Theme: **MARY, OUR MOTHER OF HOPE**

"In her apparition at La Salette on Sept 19, 1846 in France, the Blessed Mother who appeared to 2 children named Maximin and Melanie left a message of hope to make her message known to all people."

October 15, 2025 @ 6:00 PM - Speaker: Fr. Royd Mweemba

Theme: **PILGRIMS OF HOPE IN COMMUNION, PARTICIPATION AND MISSION**

SCHOOL OFFICE STAFF AND FACULTY MEMBERS

- Principal/Music 1-8 - Conception (Bernie) Gora
- Vice Principal/Math 8 & Discovery - Lauren Ramirez-Asaeda
- Executive Administrative Assistant/LA 6 - Faith Leasiolagi
- Admission Clerk/Office Assistant - Stephanie Lou Ondayog
- Dean of Discipline/Athletic Director/4 & 5 Health/Art - Francine Caetano-Fontanilla
- Preschool Director/Teacher - Magdalena Collins
- PK-8 PE & MS Health - Jayven Bumanglag
- Preschool Aide - Elaine Jane Gonzalez
- Kindergarten Aide & Resource Teacher - Lenie Macadangdang
- Kindergarten Teacher - Leilani Tanaka
- PK, Kindergarten Religion & Liturgy Coordinator - Sr. Ana Fua Dela Cruz, SPC
- 1st Grade - Marvin Macadangdang
- 2nd Grade/Sacramental Prep - Faith Afu
- Creative Music K-3 - Johnelle Silva
- 3rd Grade Teacher - Sibel Mestanova
- 4th Grade Teacher - Laura Gabriel
- 5th Grade Teacher - Taiena Finau
- Middle School Social Studies & Math 6 - Alyssa Yabes
- 7 & 8 Language Arts/7 & 8 Home Economics - Dr. Frances Wong
- Middle School Religion - Shaun Agtarap
- Math 7 - Christian Raquepo
- Middle School Japanese/7 & 8 Arts/ Marketing - Tiani Quon
- MS Science - Peter Park
- Permanent Sub - Bernadette Lopez
- Maintenance - Edwin Kaaihue
- Custodian - Romeo John Cabarrubias



:We are in need of volunteers:

FRONT OFFICE

Anyone interested to help please call the Parish office
at (808)521-1700 so we can put you on the schedule.
Mahalo!

PARISH OFFICE HOURS

Monday - Friday
from 8:00 am - 4:30 pm
(Closed during Lunch break from 12:00 - 1:00 pm)

Saturdays
from 8:30 am - 12:00 pm
Sundays
from 7:30 am - 11:30 am

MASS SCHEDULES

Sunday Mass

6:30 am, 8:30 am, 10:30 am & 6:00 pm

Saturday Vigil: 5:00 pm

Daily Mass

Mon – Thurs: 6:30 am

Fri – Sat: 8:00 am

Vietnamese Mass (VHM)

Daily Mass:

Mon. Tues. & Thur. at 5:30 pm

Saturday Vigil at 7:00 pm

Sundays at 3:30 pm

Holy Hour/Benediction of the Blessed Sacrament and Confession

Wednesdays

Our Lady of Perpetual Help Novena at 6:00 pm

Holy Hour/Benediction & Confessions at 6:15 pm

(First Wednesdays of the month with Bishop)

PASTORAL TEAM & PARISH STAFF

Fr. Manuel Hewe

Pastor

Sr. Mercedita Estrella, SPC

Dir. of R.E. & Pastoral Associate

Tyra Lamb

Safe Environment Liaison

Pinky Mendoza

Office Coordinator

Jennifer Asuncion

Office Secretary

Francis Leasiolagi

Deacon

Jonathan Lam

VHM Deacon

Ray Lamb

Deacon

Roy Matsuo

Retired Deacon

Marlowe Sabater

Deacon

Fr. Anthony Tran

VHM Chaplain/Parochial Vicar

Bernie Gora

Director of Music

Ryan and Ashley Agcaoili

Coordinators of Youth Ministry

Grace Young

Communications Coordinator

Samy Ratum

Facilities Custodian

Noraliza Tapecc

On-Call Church Custodian

Felipe Tan

Accountant

Joan Mabag

Custodian

*"How lovely is Your
dwelling place, O
Lord God of Hosts."
Psalm 84:1*



Daily Mass Readings

www.usccb.org

September 1, 2025

*Monday of the Twenty-second Week in
Ordinary Time*

1 Thessalonians 4:13-18; Luke 4:16-30

September 2, 2025

*Tuesday of the Twenty-second Week in
Ordinary Time*

1 Thessalonians 5:1-6, 9-11; Luke 4:31-37

September 3, 2025

*Memorial of Saint Gregory the Great,
Pope and Doctor of the Church*
Colossians 1:1-8; Luke 4:38-44

September 4, 2025

*Thursday of the Twenty-second Week in
Ordinary Time*

Colossians 1:9-14; Luke 5:1-11

September 5, 2025

*Friday of the Twenty-second Week in
Ordinary Time*

Colossians 1:15-20; Luke 5:33-39

September 6, 2025

*Saturday of the Twenty-second Week in
Ordinary Time*

Colossians 1:21-23; Luke 6:1-5

September 7, 2025

Twenty-third Sunday in Ordinary Time
Wisdom 9:13-18b; Philemon 9-10, 12-17; Luke 14:25-33



PILGRIMS OF HOPE REFLECTION ON: PRAYER FOR JOY

St. Thomas More (1478-1535)

Grant me, O Lord, good digestion, and also something to digest.

Grant me a healthy body, and the necessary good humor to maintain it.

Grant me a simple soul that knows to treasure all that is good and that doesn't frighten easily at the sight of evil, but rather finds the means to put things back in their place.

Give me a soul that knows not boredom, grumblings, sighs and laments, nor excess of stress, because of that obstructing thing called "I."

Grant me, O Lord, a sense of good humor. Allow me the grace to be able to take a joke to discover in life a bit of joy, and to be able to share it with others."

Good appetite and good food are fantastic. But we would rather have a good appetite than have good food without an appetite. It is a blessing of joy to have both. Remember, the journey of digestion begins in our mouth, with the act of chewing. Let's cultivate the habit of chewing our food 32 times before swallowing, savoring each bite.

Health is indeed a precious blessing. Maintaining it in its best form is not just commendable, but also a responsibility we owe to ourselves and to God. Taking it for granted is not an option, as it leads to regret. Let's be good stewards of our bodies by incorporating exercise, laughter, and healthy habits into our daily routine, alongside taking vitamins and choosing nutritious food.

A person who looks at everything as a blessing is not far from having a simple soul. A simple soul does not engage in grumbling but sees God's working in all the details of life and is always thankful for everything before them, no matter how little or inconsequential, and uses them responsibly, knowing that they are gifts from God.

It is both humbling and enlivening to realize that we are not the center of the universe, but a vital part of God's grand tapestry of interconnected relationships. This understanding brings joy, as we know that we have a significant role to play in God's plan for this universe. Constantly comparing oneself to others and focusing solely on oneself is detrimental to our well-being, leading to unwarranted suspicion and discontent. Instead, let's embrace our role with joy, knowing that each of us is unique and is an essential part of something greater.

Being joyful is a decision. If you wait or expect others to make you cheerful, you'll be miserable. Joyfulness is about stepping out of our shells to connect with others, visit them, and care for them. It is building a habit of going out and reaching out to others, taking the first step. You'll find real joy in people, not in things. Joy is Jesus, Others, and You! It is the gift of a right relationship with others, creation, and the Lord.

"I will spend my heaven in doing good upon earth."

St. Therese of the Child Jesus

St. Therese of the Child Jesus

Feast Day: October 1

St. Thérèse was canonized on May 17, 1925, October 1, 2025, will mark the 100th anniversary of her canonization.

Important Dates in the life of our parish patron saint:

January 2, 1873 – St. Therese's Birthday

January 4, 1873 – Baptism

August 28, 1877 – Death of her Mother, Zélie Guérin

October 2, 1882 – Pauline, her sister, enters Carmel

May 13, 1883 – Our Lady's Smile; Therese Healing

May 8, 1884 – First Communion

June 14, 1884 – Confirmation

December 25, 1886 – Christmas Conversion

November 20, 1887 – Audience with Pope Leo XIII

April 9, 1888 – Entry into Carmel

January 10, 1889 – Therese takes the habit

September 8, 1890 – Profession of Vows

July 29, 1894 – Death of her Father, Louis Martin

July 8, 1897 – Therese enters the infirmary

September 30, 1897 – Her Death, Entry into Heaven

September 30, 1898 – Her autobiography "Story of a Soul" is published

June 10, 1914 – Cause of Beatification Introduced at Rome

April 29, 1923 – Beatification

May 17, 1925 – Canonization

October 19, 1997 – Declared Doctor of the Church

Learn more about the life of St. Therese of the Child Jesus by walking through the "Pilgrimage of Little Way" located at the back of the sanctuary of the church.

