



Co-Cathedral of St. Theresa of the Child Jesus

712 North School Street, Honolulu HI 96817

Phone: (808) 521-1700 • Email: cocathedraloffice@rcchawaii.org

Website: www.cocathedral.org    @hicocathedral #hicocathedral

March 8, 2026 - Third Sunday of Lent (A)

Friendship with the Lord, Like Living Water, Refreshes the Soul

Exodus 17:3-7; Psalm 95:1-2,6-7,8-9; Romans 5:1-2,5-8; John 4:5-42

In the gospel, Jesus reached out to the Samaritan woman, stepping into her world at just the right moment. He offered her a friendship that heals wounds and breathes new life. Similarly, God enters our stories—whether we are hurting or celebrating—to comfort our pain and gently draw us back when joy tempts us to stray.

The Samaritan woman arrived at the well in the harsh midday sun, hoping to escape her neighbors' harsh stares. Labeled an outsider and weighed down by her past, she thought she needed only water. Yet, this ordinary task opened the door to an extraordinary encounter. Jesus met her in her thirst, just as God once satisfied the parched Israelites (cf. Ex. 17:3-7). When he asked for a drink, she was taken aback. Jesus, a Jew, was not supposed to speak with her because of the century-old conflict between Jews and Samaritans. Their thirsts intertwined, transforming her search for water into a search for purpose. She was amazed to discover that Jesus could offer water to satisfy her deepest longing. He yearned for her to yearn for him. After years of hiding in shame, she finally felt truly seen and cherished.

She responded to Jesus, opening her heart and recognizing that her greatest need was not water but God's presence. Jesus offered her living water—a friendship that fills the soul to overflowing. God's love, poured into her by the Holy Spirit, transformed her emptiness into joy and restored her sense of worth (cf. 5:1-2). No longer hiding, she became a messenger of hope, sharing her story and spreading good news to her community.

Her story could easily be our own. She remains unnamed, so her journey could belong to anyone—a Filipino, Hawaiian, Vietnamese, Chinese, Chuukese, Japanese, Korean, or Samoan in Hawai'i. Each of us hungers for meaning and relationships that breathe life into us. Imagine the renewal if we brought every thirst to Jesus. When trust is shattered or families blessed with plenty still wrestle with conflict, we are invited to seek spiritual guidance. The comforts of the world often leave us emptier than before. True joy is found by searching our souls. The 'secret wells' of vices or fleeting pleasures may promise relief, but they quietly wear away our self-worth and family bonds. It is wise to reach out for help. Jesus is present in every struggle, speaking through our longing for purpose and connection. He never leaves his friends behind. If you hear his voice today, let your heart remain open.

When we open our hearts to God, confess our faults, and surrender to His renewing love in the Sacrament of Penance, He fills us with new life.

The Holy Eucharist is our wellspring of life. Jesus, our faithful friend and Savior, speaks to us through the priest, the Word, and sacred prayers. He gives us more than his sacrifice; he offers himself fully, both human and divine. He enters our lives to fill our emptiness, lighten our burdens, set us free, and restore our dignity. He gives us purpose, worth, and a fresh start, inviting us to do something great for him.

We become bearers of his life-giving friendship, called to refresh others by our example. Chosen as his friends, let us pour out his love and share it with the world.

Fr. Manny Hewe, Pastor



A Journey of Joyful Witness to Doing all things with Love.



We worship what we believe; we live what we worship. Why must the priest receive before the people during Holy Communion?

Jesus did not give what He did not first receive, as Scripture states: “He took bread... and ate, then gave it to them.” (cf. Lk 22:19). Similarly, the priest follows this order. His Communion is not private but is a central part of the sacrifice.

The General Instruction of the Roman Missal states that the priest must first receive Holy Communion at the altar before distributing it to others (GIRM 158, 243, 246). This order demonstrates that he acts in persona Christi. He partakes first to be nourished before serving the congregation. Importantly, he does this not only for himself but for the Church. Just as Adam acted for humanity and Christ for the Church, the priest leads the liturgical community.

The priest receives first, then the faithful, because he cannot give what he has not received. He eats first so Christ can be fully given, not divided. He does not go first because he is better, but because it is his duty and he stands where Christ stood, following what Christ established. Only then does he say, “Behold the Lamb of God”—not as a duty, but as a genuine call to meet Christ.

Holy Communion isn't just about giving something; it's about sharing a life that has already been received. The order of Communion shows us: Christ comes from the altar, grace comes from the holy sacrifice, Communion is received as a gift, and the Mass is focused on God, not on people.

STATIONS OF THE CROSS Friday-March 13, 2026 @ 6:30 pm; Church Prayer Leaders: Lectors and Youth Ministry



2nd Offering *this Weekend* is for March 7 & 8, 2026

Facilities Improvement

Mahalo for your generosity!



PARISH CHURCH CLEAN-UP SATURDAY March 14, 2026 8:45-11:00 AM

Need help!

Let us all prepare our church for our Lenten and Easter celebrations!



Pick-up your box
on your way out.
Mahalo!

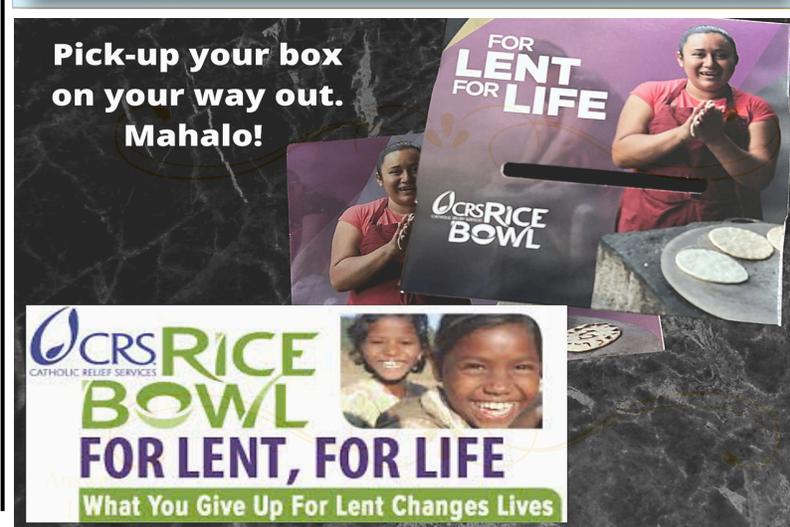
FOR
LENT
FOR
LIFE

CRS
RICE
BOWL

CRS
CATHOLIC RELIEF SERVICES

RICE
BOWL
FOR LENT, FOR LIFE

What You Give Up For Lent Changes Lives



Weekly Offering Report

For February 23, 2026 - March 1, 2026



SAINT THERESA SCHOOL
CONTACT INFORMATION
 Office Phone: 808-536-4703

St.TheresaSchool@Beavers808
 Sttheresaschool808
Website: www.stshi.org

Weekly Collections Online Giving

SUNDAY Mass Offering	\$ 10,397.00	\$ 950.83
----------------------	--------------	-----------

*** Looking for convenient, safe and secure way of giving to our church? We have online giving feature in our website, just click on the link and go through the easy-to-follow steps to go about it. We also have a Giving Kiosk beside the statue of St. Damien. Please have a look at these methods for your church contributions. We thank you for your continued support in fulfilling the mission of the Co-Cathedral of St. Theresa. ***

We will provide a complete report on the donations and updated expenses for the church fence and security project as soon as they are available. In the meantime, we would like to encourage you to reflect and pray to consider donating more towards the church fence and security project the construction of which is in progress. Please continue to pray with us for the completion of this important project for the safety and security of our church and school.

Parish Savings with the Diocese as of January 30, 2026 **\$ 275,204.63**
Outstanding PV Loan with the Diocese as of January 30, 2026 **\$ 273,148.94**

Second Collections:

March 7-8 for the Facilities Improvement
 March 14-15 for the Catholic Relief Services

Mahalo for your generosity.

Come, join us!

STATION I



Jesus is condemned to death

STATION II



Jesus takes up his cross

STATION III



Jesus falls the first time

STATION IV



Jesus meets his mother

STATION V



Simon helps Jesus carry the cross

STATION VI



Veronica wipes the face of Jesus

STATION XIV



Jesus is buried in the tomb

Stations of the Cross

every Friday @ 6:30 PM

Feb. ~~20~~, ~~27~~, Mar. ~~6~~, 13, 20 & 27

at the Church

STATION VII



Jesus falls the second time

STATION XIII



Jesus is taken down from the cross

STATION XII



Jesus dies on the cross

STATION XI



Jesus is nailed to the cross

STATION X



Jesus is stripped of his clothing

STATION IX



Jesus falls the third time

STATION VIII



Jesus speaks to the women of Jerusalem

SCHOOL OFFICE STAFF AND FACULTY MEMBERS

- Principal/Music 1-8 - Conception (Bernie) Gora
- Vice Principal/Math 8 & Discovery - Lauren Ramirez-Asaeda
- Executive Administrative Assistant/LA 6 - Faith Leasiolagi
- Admission Clerk/Office Assistant - Stephanie Lou Ondayog
- Dean of Discipline/Athletic Director/4 & 5 Health/Art - Francine Caetano-Fontanilla
- Preschool Director/Teacher - Magdalena Collins
- PK-8 PE & MS Health - Jayven Bumanglag
- Preschool Aide - Elaine Jane Gonzalez
- Kindergarten Aide & Resource Teacher - Lenie Macadangdang
- Kindergarten Teacher - Taiena Finau
- PK, Kindergarten Religion & Liturgy Coordinator - Sr. Ana Fua Dela Cruz, SPC
- 1st Grade - Marvin Macadangdang
- 2nd Grade/Sacramental Prep - Faith Afu
- Creative Music K-3 - Johnelle Silva
- 3rd Grade Teacher - Sibel Mestanova
- 4th Grade Teacher - Laura Gabriel
- 5th Grade Homeroom/Math 5 & Middle School/MS Science - Dr. Peter Park
- Middle School Social Studies & Math 6 - Alyssa Yabes
- 7 & 8 Language Arts/7 & 8 Home Economics - Dr. Frances Wong
- Middle School Religion - Shaun Agtarap
- Math 7 - Christian Raquipo
- Middle School Japanese/7 & 8 Arts/ Marketing - Tiani Quon
- Permanent Sub - Laura Gomes
- Maintenance - Edwin Kaaihue
- Custodian - Romeo John Cabarrubias

Co-Cathedral of St. Theresa

PARISH LENTEN RETREAT and PENANCE SERVICE

(Confession)

Wednesday, March 11, 2026

6:00 pm - Lenten Retreat
7:00 pm - Penance Service

Theme: **Return to me
with all your heart.**

(Joel 2:12-13)

Lent is not a season for putting on a mask of holiness. It is a time to stand unguarded before God, bringing him our sins, our wounds, our failures, our doubts, and our fears. God offers us this sacred season of Lent as an invitation to return to him, seek healing, and rediscover the depth of his presence in our lives. Let this Lent be a turning point by answering God's call and returning to him with your whole heart.

Novena to our Mother of Perpetual Help and Holy Hour are cancelled this day.



"How lovely is Your dwelling place, O Lord God of Hosts."
Psalm 84:1



PARISH OFFICE HOURS

Monday - Friday
from 8:00 am - 4:30 pm

(Closed during Lunch break from 12:00 - 1:00 pm)

Saturdays
from 8:30 am - 12:00 pm

Sundays
from 7:30 am - 11:30 am

MASS SCHEDULES

Sunday Mass

6:30 am, 8:30 am, 10:30 am & 6:00 pm

Saturday Vigil: 5:00 pm

Daily Mass

Mon - Thurs: 6:30 am

Fri - Sat: 8:00 am

Vietnamese Mass (VHM)

Daily Mass:

Mon, Tues. & Thur. at 5:30 pm

Saturday Vigil at 7:00 pm

Sundays at 3:30 pm

Holy Hour/Benediction of the Blessed Sacrament and Confession

Wednesdays

Our Lady of Perpetual Help Novena at 6:00 pm
Holy Hour/Benediction & Confessions at 6:15 pm
(First Wednesdays of the month with Bishop)

PASTORAL TEAM & PARISH STAFF

Fr. Manuel Hewe

Pastor

Sr. Mercedes Estrella, SPC

Dir. of R.E. & Pastoral Associate

Tyra Lamb

Safe Environment Liaison

Pinky Mendoza

Office Coordinator

Jennifer Asuncion

Office Secretary

Francis Leasiolagi

Deacon

Jonathan Lam

VHM Deacon

Marlowe Sabater

Deacon

Fr. Anthony Tran

VHM Chaplain

Ryan and Ashley Agcaoil

Coordinators of Youth Ministry

Grace Young

Communications Coordinator

Bernie Gora

Director of Music

Ray Lamb

Deacon

Roy Matsuo

Retired Deacon

Earl Morita

Church Grounds Maintenance

Samy Ratum

Facilities Custodian

Noraliza Tapeç

On-Call Church Custodian

Felipe Tan

Accountant

Joan Mabag

Custodian

Daily Mass Readings

www.usccb.org

March 9, 2026

Monday of the Third Week of Lent

2 Kings 5:1-15ab; Luke 4:24-30

March 10, 2026

Tuesday of the Third Week of Lent

Daniel 3:25, 34-43; Matthew 18:21-35

March 11, 2026

Wednesday of the Third Week of Lent

Deuteronomy 4:1, 5-9; Matthew
5:17-19

March 12, 2026

Thursday of the Third Week of Lent

Jeremiah 7:23-28; Luke 11:14-23

March 13, 2026

Friday of the Third Week of Lent

Hosea 14:2-10; Mark 12:28-34

March 14, 2026

Saturday of the Third Week of Lent

Hosea 6:1-6; Luke 18:9-14

March 15, 2026

Fourth Sunday of Lent

1 Samuel 16:1b, 6-7, 10-13a; Ephesians
5:8-14; John 9:1-41 or John 9:1, 6-9,
13-17, 34-38