



# Co-Cathedral of St. Theresa of the Child Jesus

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Website: [www.cocathedral.org](http://www.cocathedral.org) @hicocathedral #hicocathedral

## February 8, 2026 - Fifth Sunday in the Ordinary Time (A) ~ We Are Salt and Light to the World ~

**Isaiah 58:7-10; Psalm 112:4-5,6-7,8-9; 1 Corinthians 2:1-5; Matthew 5:13-16**

"You are the salt of the earth. You are the light of the world." The metaphors of salt and light remind us of who we are when we witness our faith in Jesus. They follow immediately after the Sermon on the Mount, or the Beatitudes, the Gospel we heard last Sunday. This Gospel tells us how followers of Jesus become when they fully embrace the spirit of the Beatitudes. Those they encounter will taste their goodness and see the good news in their being before they hear their words.

Salt, sodium chloride, is a stable compound used to flavor food and preserve meat because bacteria do not thrive in high concentrations. In ancient times, it was a valuable and hard-to-obtain commodity. It was used as payment for Roman soldiers, called "salarium" in Latin, from which the word "salary" derives. Hence, the expression "hard workers are worth their salt" means that when people are good at their jobs, they deserve reasonable compensation. The metaphor "you are the salt of the earth" implies that, just as salt enhances flavor and preserves food, followers of Jesus will naturally enhance their environment and serve as a moral ferment that preserves the stability of society by living out the virtues in the Beatitudes.

The metaphor "you are the light of the world" tells us that our faith can never be a private affair hidden under a basket. Unless people see our faith reflected in our lives, the faith we celebrate and proclaim is a sham. We are bearers and mirrors of the light of Jesus when we recognize who Jesus Christ has made us to be. God never places us in a space too small to grow. We may be like little candles; no matter how small our light, we can dispel darkness by God's grace. Jesus' light grows as our ego diminishes and we live by example. Conversely, when one's ego increases, the light of our Lord diminishes.

The advice and exhortation of Prophet Isaiah and St. Paul convey the deeds and attitude of being salt and light to the world. Prophet Isaiah points out that one's works of justice and charity can serve as light. He says, "If you remove from your midst oppression, false accusations, and malicious speech; if you bestow your bread on the hungry and satisfy the afflicted, then light shall rise for you in the darkness, and the gloom shall become for you like midday" (Is 58, 9b-10). St. Paul, on the other hand, says that his preaching and witness to faith rest not on human wisdom but on the power of God. He came before the community of Corinth with weakness, fear, and much trembling (cf. 1 Cor. 2:4-5). He tells us that dependence on God's grace and a humble witness are foundational to being salt and light to the world, that is, through one's prayer life, union with Jesus, and the ability to humbly acknowledge one's weakness. Without a life of prayer and the ability to publicly acknowledge one's sins, one cannot attain salvation nor proclaim Christ.

"You are the salt of the earth and the light of the world!" This is who we are by the grace of Baptism. We are brought into the family life of the Holy Trinity and share the light of the risen Lord. When God makes his own, he also keeps his own, but that can be endangered by taking it for granted and misusing freedom. It is in our spiritual DNA to bring "flavor" to our relationships and encounters with family, friends, and community through acts of kindness and charity. It is in our spiritual DNA to bring good news rather than to cause darkness for others. But the question is, what kind of taste and light are we?



We could be successful, but our attitude and actions could breed bitterness and darkness that no longer glorify God but ourselves. I remember driving with my nephew when a car



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cut in front of me recklessly. I was so upset that I cursed the driver. My nephew immediately said, "Uncle, you are a priest." While the driver was wrong, my nephew was right. It was a call from the innocent that brought me back to awareness of who I ought to be, a reminder I should never take lightly.

Lord, forgive our failure to live as salt and light in the world. Please help us be like you and save us when our lives grow tasteless and dark. Amen.

Fr. Manny Hewe, Pastor

## A Journey of Joyful Witness to Doing all things with Love.



### We worship what we believe; we live what we worship. Gestures in the Holy Mass: MAKING THE SIGN OF THE CROSS

In the celebration of Mass, we raise our hearts and minds to God. As creatures of body and spirit, we do not confine our prayer to our minds and hearts. It is also expressed through our bodies. When our bodies are engaged in prayer, we pray with our whole person. Using our entire being in prayer helps us pray with greater attentiveness. The gestures have profound meaning and, when performed with understanding, can enhance our participation in the Mass.

We begin and end Mass by marking ourselves with the Sign of the Cross. Because Christ redeemed humankind through his death on the Cross, we trace the Sign of the Cross on our foreheads, lips, and hearts at the beginning of the Gospel, praying that the Word of God may always be in our minds, on our lips, and in our hearts. The cross reminds us, in a tangible way, of the Paschal Mystery we celebrate: the death and Resurrection of our Savior Jesus Christ.

### Please bring your OLD BLESSED PALMS



On or before February 17<sup>th</sup>  
to be burnt and ashes will be used for Ash Wednesday.



Co-Cathedral of St. Theresa  
of the Child Jesus  
ROMAN CATHOLIC DIOCESE OF HONOLULU



### OHANA PRODUCE PLUS

#### Food Distribution

Saturday, February 28

9:00 to 10:45 a.m.

Pre-registration after mass  
at Church Lanai  
February 7 & 8

ONLINE REGISTRATION ONLY  
5 days before distribution  
<https://www.cocathedral.org/>



The Order of Christian Initiation  
continues their faith formation  
sessions this **Tuesday, Feb. 10<sup>th</sup>**



#### as we discuss our "Life in Christ".

If you are interested in  
deepening your relationship  
with Christ, or would like to  
know more about your  
Catholic faith, please join us

at 6:30pm this Tuesday in Room 210.

For more information, please contact the parish office @ [808]521-1700.



### ORDER YOUR MALASADAS FOR FAT TUESDAY!

Order Deadline: FEBRUARY 13, 2026

Pick-up Date: FEBRAURY 17, 2026

Time: 8:00AM - 12NOON

Pick-up Location: ST. THERESA School  
Front Office OR LIBRARY



# Weekly Offering Report

## For January 26, 2026 - February 1, 2026



### Weekly Collections Online Giving

SUNDAY Mass Offering	\$ 10,360.50	\$ 584.93
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\*\*\* Looking for convenient, safe and secure way of giving to our church? We have online giving feature in our website, just click on the link and go through the easy-to-follow steps to go about it. We also have a Giving Kiosk beside the statue of St. Damien. Please have a look at these methods for your church contributions. We thank you for your continued support in fulfilling the mission of the Co-Cathedral of St. Theresa. \*\*\*

We will provide a complete report on the donations and updated expenses for the church fence and security project as soon as they are available. In the meantime, we would like to encourage you to reflect and pray to consider donating more towards the church fence and security project the construction of which is in progress.

Please continue to pray with us for the completion of this important project for the safety and security of our church and school.

**Parish Savings with the Diocese as of December 31, 2025** \$ 28,870.44

**Outstanding PV Loan with the Diocese as of December 31, 2025** \$ 281,028.46

### Second Collections:

February 7-8 for the Augustine Educational Foundation

February 14-15 for the St. Theresa School Assistance

*Mahalo for your generosity.*



*Ash Wednesday*

REMEMBER THAT YOU ARE DUST,  
AND TO DUST YOU SHALL RETURN.



February 18

**Mass Schedule:**  
6:30 am  
8:00 am - with STS  
5:30 pm  
7:00 pm - Vietnamese Mass

\*Novena to OLPH, confession and Holy Hour are cancelled.

St.TheresaSchool@Beavers808  
 Sttheresaschool808  
**Website:** [www.stshi.org](http://www.stshi.org)

### SCHOOL OFFICE STAFF AND FACULTY MEMBERS

- Principal/Music 1-8 - Conception (Bernie) Gora
- Vice Principal/Math 8 & Discovery - Lauren Ramirez-Asaeda
- Executive Administrative Assistant/LA 6 - Faith Leasiolagi
- Admission Clerk/Office Assistant - Stephanie Lou Ondayog
- Dean of Discipline/Athletic Director/4 & 5 Health/Art - Francine Caetano-Fontanilla
- Preschool Director/Teacher - Magdalena Collins
- PK-8 PE & MS Health - Jayven Bumanglag
- Preschool Aide - Elaine Jane Gonzalez
- Kindergarten Aide & Resource Teacher - Lenie Macadangdang
- Kindergarten Teacher - Leilani Tanaka
- PK, Kindergarten Religion & Liturgy Coordinator - Sr. Ana Fua Dela Cruz, SPC
- 1st Grade - Marvin Macadangdang
- 2nd Grade/Sacramental Prep - Faith Afu
- Creative Music K-3 - Johnelle Silva
- 3rd Grade Teacher - Sibel Mestanova
- 4th Grade Teacher - Laura Gabriel
- 5th Grade Teacher - Taiena Finau
- Middle School Social Studies & Math 6 - Alyssa Yabes
- 7 & 8 Language Arts/7 & 8 Home Economics - Dr. Frances Wong
- Middle School Religion - Shaun Agtarap
- Math 7 - Christian Raquepo
- Middle School Japanese/7 & 8 Arts/ Marketing - Tiani Quon
- MS Science - Peter Park
- Permanent Sub - Bernadette Lopez
- Maintenance - Edwin Kaaihue
- Custodian - Romeo John Cabarrubias

## 2<sup>nd</sup> Offering *this Weekend* is for the



**Become our partner in Catholic Education, support the Augustine Educational Foundation's Tuition Scholarship Program**

- On February 7<sup>th</sup> & 8<sup>th</sup> -

Money raised in this collection will go to support our parish and vicariate families with tuition assistance for the upcoming school year.

**Mahalo for your generosity!**



### PARISH OFFICE HOURS

Monday - Friday  
from 8:00 am - 4:30 pm

(Closed during Lunch break from 12:00 - 1:00 pm)

Saturdays  
from 8:30 am - 12:00 pm

Sundays  
from 7:30 am - 11:30 am

### MASS SCHEDULES

#### Sunday Mass

6:30 am, 8:30 am, 10:30 am & 6:00 pm

Saturday Vigil: 5:00 pm

#### Daily Mass

Mon - Thurs: 6:30 am

Fri - Sat: 8:00 am

#### Vietnamese Mass (VHM)

Daily Mass:  
Mon. Tues. & Thur. at 5:30 pm

Saturday Vigil at 7:00 pm  
Sundays at 3:30 pm

#### Holy Hour/Benediction of the Blessed Sacrament and Confession

Wednesdays

Our Lady of Perpetual Help Novena at 6:00 pm  
Holy Hour/Benediction & Confessions at 6:15 pm  
(First Wednesdays of the month with Bishop)

### PASTORAL TEAM & PARISH STAFF

#### Fr. Manuel Hewe

Pastor

#### Sr. Mercedita Estrella, SPC

Dir. of R.E. & Pastoral Associate

#### Tyra Lamb

Safe Environment Liaison

#### Pinky Mendoza

Office Coordinator

#### Jennifer Asuncion

Office Secretary

#### Francis Leasiolagi

Deacon

#### Jonathan Lam

VHM Deacon

#### Fr. Anthony Tran

VHM Chaplain

#### Ryan and Ashley Agcaoili

Coordinators of Youth Ministry

#### Grace Young

Communications Coordinator

#### Bernie Gora

Director of Music

#### Earl Morita

Church Grounds Maintenance

#### Ray Lamb

Deacon

#### Samy Ratum

Facilities Custodian

#### Roy Matsuo

Retired Deacon

#### Noraliza Tapec

On-Call Church Custodian

#### Marlowe Sabater

Deacon

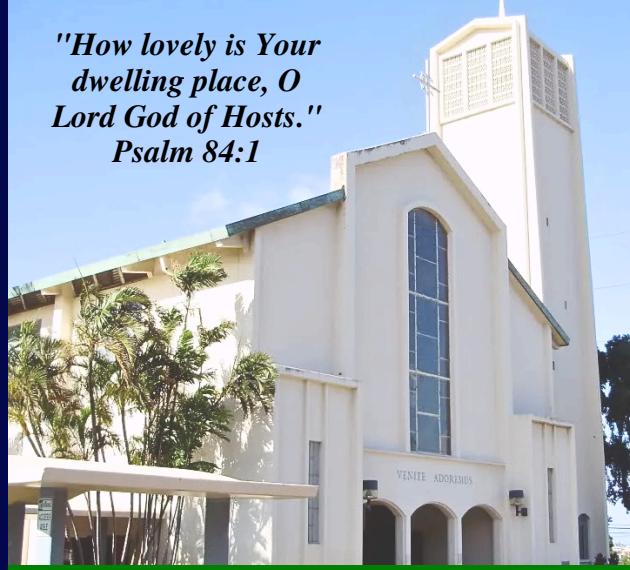
#### Felipe Tan

Accountant

#### Joan Mabag

Custodian

*"How lovely is Your dwelling place, O Lord God of Hosts."*  
*Psalm 84:1*



### Daily Mass Readings

[www.usccb.org](http://www.usccb.org)

**February 9, 2026**

*Monday of the Fifth Week in Ordinary Time*

1 Kings 8:1-7, 9-13; Mark 6:53-56

**February 10, 2026**

*Memorial of Saint Scholastica, Virgin*  
1 Kings 8:22-23, 27-30; Mark 7:1-13

**February 11, 2026**

*Wednesday of the Fifth Week in Ordinary Time*

1 Kings 10:1-10; Mark 7:14-23

**February 12, 2026**

*Thursday of the Fifth Week in Ordinary Time*

1 Kings 11:4-13; Mark 7:24-30

**February 13, 2026**

*Friday of the Fifth Week in Ordinary Time*

1 Kings 11:29-32; 12:19; Mark 7:31-37

**February 14, 2026**

*Memorial of Saints Cyril, Monk, and Methodius, Bishop*

1 Kings 12:26-32; 13:33-34;  
Mark 8:1-10

**February 15, 2026**

*Sixth Sunday in Ordinary Time*

Sirach 15:15-20; 1 Corinthians 2:6-10;  
Matthew 5:17-37 or Matthew 5:20-22a,  
27-28, 33-34a, 37



# LENT THRU EASTER 2026 SCHEDULE



## LENT

Feb 18	Wed	6:30 am 8:00 am 5:30 pm <b>7:00 pm</b>	Ash Wednesday Mass Ash Wednesday Mass with STS Ash Wednesday Mass <b>(Novena to OLPH, confession and Holy Hour are cancelled)</b> Vietnamese Mass
Feb 20, 27, Mar 6,13, 20, 27	Friday	6:30 pm	Stations of the Cross – CCST -Church -Vietnamese – Church Grounds
Feb 22	1st Sun	1:00 pm	Rite of Election – Bishop Larry Silva
March 11	Wed	6:00 pm	Parish Lenten Retreat
		7:00 pm	Parish Penance Service
			<b>(Novena to OLPH, confession and Holy Hour are cancelled)</b>

## HOLY WEEK

March 28	Sat	9:00 am	Palm Preparations (All Ministry will help prepare palms)
	Vigil Mass Palm Sun	5:00 pm <b>7:00 pm</b>	Vigil Mass - Palm Sunday of the Passion of the Lord <b>(with procession from the grotto to the main entrance of the church)</b> Vietnamese Mass
March 29	Palm Sun	6:30am 8:30am 10:30am <b>3:30 pm</b> 6:00 pm	Palm Sunday of the Passion of the Lord Mass Palm Sunday of the Passion of the Lord Mass <b>(with procession from the grotto to the main entrance of the church)</b> Vietnamese Mass Palm Sunday of the Passion of the Lord Mass
March 31	Tue	7 pm	Chrism Mass – Bishop Larry

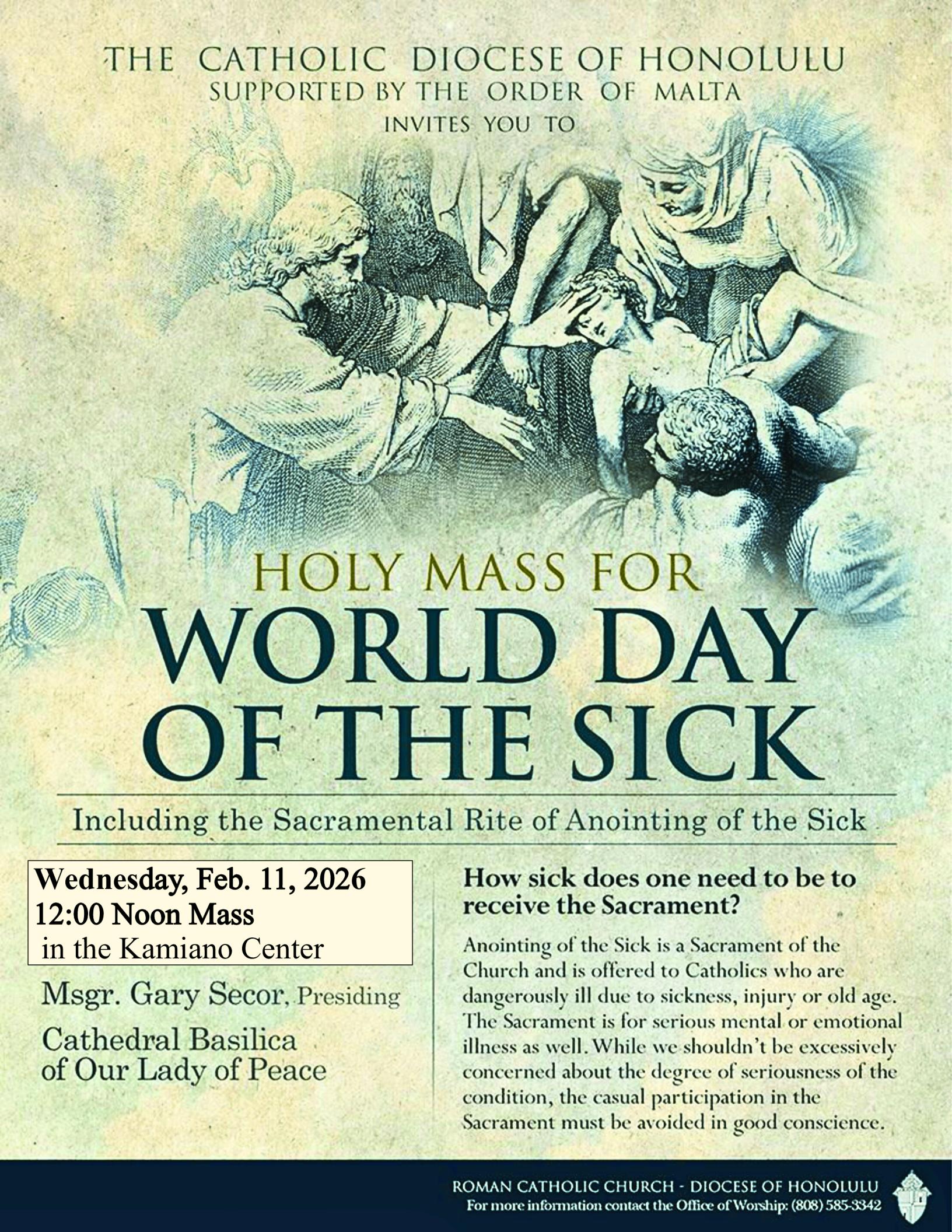
## EASTER TRIDIUM

April 2	Holy Thursday	8:00am <b>5:00pm</b> 7:00pm 8:30-12:00nn	Morning Prayer Vietnamese Mass Mass of the Lord's Supper -Bishop Larry Eucharistic Vigil in the Parish Hall
April 3	Good Friday	8:00am 1:30pm 3:00pm <b>7:00pm</b>	Morning Prayer Stations of the Cross <b>(church and school grounds)</b> Friday of the Passion of the Lord, Liturgy of the Word, Veneration of the Cross & Communion- Vietnamese Good Friday Liturgy
April 4	Holy Saturday	8:00am <b>5:00pm</b> 8:00pm	Morning Prayer with Preparatory Rites with the Elect- Bishop Larry Vietnamese Easter Vigil Easter Vigil Mass

## EASTER SUNDAY

April 5	Easter Sunday	6:30am,8:30am 10:30am <b>3:30pm</b> 6:00pm	Mass of the Resurrection of the Lord Mass of the Resurrection of the Lord-Bishop Larry Vietnamese Mass of the Resurrection of the Lord Mass of the Resurrection of the Lord
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THE CATHOLIC DIOCESE OF HONOLULU  
SUPPORTED BY THE ORDER OF MALTA  
INVITES YOU TO



# HOLY MASS FOR WORLD DAY OF THE SICK

Including the Sacramental Rite of Anointing of the Sick

**Wednesday, Feb. 11, 2026**  
**12:00 Noon Mass**  
in the Kamiano Center

Msgr. Gary Secor, Presiding  
Cathedral Basilica  
of Our Lady of Peace

**How sick does one need to be to receive the Sacrament?**

Anointing of the Sick is a Sacrament of the Church and is offered to Catholics who are dangerously ill due to sickness, injury or old age. The Sacrament is for serious mental or emotional illness as well. While we shouldn't be excessively concerned about the degree of seriousness of the condition, the casual participation in the Sacrament must be avoided in good conscience.

