



Co-Cathedral of St. Theresa of the Child Jesus

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October 19, 2025 - Twenty-Ninth Sunday in Ordinary Time (C) ***Pray Always Without Becoming Weary***

Exodus 17:8-13; Psalm 121:1-2, 3-4, 5-6, 7-8; 2 Timothy 3:14-4:2; Luke 18:1-8

Why is it essential for the disciples of Jesus to pray always without becoming weary? (cf. Lk. 18:1). Prayer is the language of our relationship with God. A soul without prayer is comparable to a body without eyes, hands, and feet. Without prayer, the soul becomes weakened and is unable to rise to the heights of heaven. Just as a body without senses is impaired, a soul without prayer is spiritually handicapped, unable to fully experience the divine grace and blessings that God offers.

The importance of praying persistently without becoming weary is hinted at in the responsorial psalm: "Our help is from the Lord, who made heaven and earth" (cf. Psalm 121:2). It is a reminder that our lives depend on the strength of God, who is both the source and purpose of all life. There are particular challenges in life that we cannot overcome on our own; often, we need strength from above to face these battles. This is illustrated by Moses during the conflict with Israel's enemies: as long as Moses kept his hands raised in prayer, Israel advanced better in the fight (cf. Ex. 17:11).

Praying persistently without becoming weary is a transformative way of living in loving attention to God's presence. It's similar to the persistent widow who never gave up before an unjust judge—calling out to God day and night, praying without ceasing before a God who listens and responds to our supplications (cf. Lk. 18:4-7). This persistent prayer has the power to transform our lives and draw us closer to God, inspiring hope and a sense of purpose.

To call on God day and night means to truly desire Him, to yearn for Him with all our heart and soul. God wishes to fulfill the deepest longings of our hearts, such as love, peace, contentment, joy, and other holy gifts, and the greatest gift of all is Jesus: "He that spared not His own Son, but delivered Him up for us all, how shall He not also give us everything else along with Him?" (Rom. 8:32). This is God's self-giving, which is the fulfillment of all fulfillments of our desire.

How can we succeed in praying continually without becoming weary? We can find the answer in the example set by our Lord Jesus. He prayed throughout the day, in the evening, early in the morning, and even in deserted places. At times, he spent the entire night in prayer in specific locations (cf. Mt. 14:21; Mk. 6:46; Lk. 6:12). Prayer was the constant thread of his life; it sustained him, strengthened him, and nourished his union with the will of the Father.

Throughout the life of our Lord Jesus, it is clear that setting aside specific times and places for prayer is essential. We deceive ourselves if we think we can consistently make prayer a natural part of our daily lives without dedicating special time and a particular place for it. The Catechism of the Catholic Church articulates this beautifully, stating that prayer awakens the memory of the heart and is the essence of a renewed spirit. It should inspire and guide us in every moment. However, we often forget God, who is our life and everything to us. We need to remember Him more frequently than we take our next breath. We cannot truly pray "at all times" unless we also pray at specific moments, consciously choosing to do so (cf. CCC #2697).

To pray continually without becoming weary, as our Lord Jesus did, we must set aside



specific times and places for prayer. Prayer is not just a routine; it is essential for nurturing our relationship with God, who sustains every aspect of our lives. A soul without prayer is like a body without eyes, hands, or feet; it cannot reach the heights of heaven. Just as a body lacking the five senses is limited, a soul devoid of prayer is spiritually handicapped and unable to fully experience the divine grace and blessings that God offers.

Lord, we, your faithful, desire to pray always without becoming weary. We stand united in this commitment, seeking your strength and guidance. Holy Mary, Help of Christians, we, your children, entrust our needs to your maternal intercession for the fulfillment of our desire. Amen.

Fr. Manny Hewe, Pastor



PILGRIMS OF HOPE: LORD, TEACH US TO PRAY!

While our Lord Jesus was praying in a particular place, and when he had finished one of his disciples said to him, "Lord, teach us to pray just as John taught his disciples" (cf. Lk. 11:1).

We may all know how to pray, what to pray for, and when to pray, but when someone asks, "What's the point of asking, 'Lord, teach us to pray?'" Consider telling the person that the reason is profoundly deep. It is the reason of the heart! When we say, "Lord, teach us to pray," we beg the grace to speak with God heart to heart, not just with words. It's such a short request—but it opens the deepest desire of our human heart. Because deep inside, every one of us longs to speak with God, not just with words, but with love.

Prayer begins with love, not fear. Our Lord Jesus teaches the disciples the Lord's Prayer, also known as the Our Father. And He starts with one simple word: "Father"—in Hebrew, Abba, which can be translated as "Dad." By calling God our Father, everything changes. We use the familial word to address God affectionately, believing God is not distant but within our reach. He is a loving Father who listens, a Father who cares for his children, a Father who understands our confusions and worries, even our silence. Sometimes, we pray with too many words. But the best prayer is not in the mouth—it's in the heart. It is not when our words are well organized, but when we are humbled. When you whisper "Father" from your heart, you are already praying well.

Praying is trusting. Our Lord Jesus says, "Give us this day our daily bread" (Matt. 6:11, Lk. 11:3). Not tomorrow's bread, not next week's, but today's need. Trusting in prayer is not about getting everything we want. It is trusting God for what we need. When we pray, we surrender to God's will. We don't know what tomorrow brings, but we know God's Providence is real. Our Lord Jesus reminds us not to worry about our life, what to eat, drink, and wear, but to trust our Heavenly Father who cares for the birds that don't plant, flowers that don't clothe themselves, and who made the grass green that grows today and gone tomorrow (cf. Matt. 6:25-35).

Often, our prayer of complete trust in God brings us healing; it softens anger, melts pride and heals wounds we thought would never heal. God heals when we fully cooperate with what we are praying for—"Forgive us our sins, as we forgive those who sin against us" (Lk. 11:4, Matt. 6:12). Heartfelt prayer touches the heart and changes us when we learned to let go of grudges and embrace God's forgiving love, for it would be a contradiction to pray "Our Father" sincerely while harboring hatred towards others.

Let us remember that the prayer Our Father is a way of life for God's children. It is humbling to beg with all our hearts: "Lord, teach us to pray."

Fr. MAH.

SAINT THÉRÈSE OF LISIEUX PRODUCTION

OCTOBER
24, 2025

OCTOBER
25, 2025



Co-Cathedral of St. Theresa
of the Child Jesus
ROMAN CATHOLIC DIOCESE OF HONOLULU



OHANA PRODUCE PLUS Food Distribution

Saturday, October 25, 2025
9:00 to 10:45 a.m.

Weekly Offering Report

For October 6, 2025 - October 12, 2025



SAINT THERESA SCHOOL
CONTACT INFORMATION
 Office Phone: 808-536-4703



St.TheresaSchool@Beavers808
 Sttheresaschool808
 Website: www.stshi.org

Weekly Collections Online Giving

SUNDAY Mass Offering	\$ 9,496.50	\$ 847.48
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*** Looking for convenient, safe and secure way of giving to our church? We have online giving feature in our website, just click on the link and go through the easy-to-follow steps to go about it. We also have a Giving Kiosk beside the statue of St. Damien. Please have a look at these methods for your church contributions. We thank you for your continued support in fulfilling the mission of the Co-Cathedral of St. Theresa. ***

We will provide a complete report on the donations and updated expenses for the church fence and security project as soon as they are available. In the meantime, we would like to encourage you to reflect and pray to consider donating more towards the church fence and security project the construction of which is in progress. Please continue to pray with us for the completion of this important project for the safety and security of our church and school.

Parish Savings with the Diocese as of August 31, 2025	\$ 73,005.31
Outstanding Parish Loan with the Diocese as of August 31, 2025	27,270.44
Outstanding PV Loan with the Diocese as of August 31, 2025	\$ 292,534.35

Second Collections:

October 25 - 26 for the World Mission Sunday
 November 8 - 9 for the Archdiocese for the Military Services USA
 (every 3 yrs)

Mahalo for your generosity.



West Honolulu Vicariate Presents
JUBILEE YEAR 2025 SPIRITUAL CONFERENCES
 @ Co-Cathedral of St. Theresa (with Holy Hour and Confession)

November 19, 2025 @ 6:00 PM - Speaker: Fr. Steve Nguyen
 Theme: **GRATEFUL HEARTS: A PATHWAY TO HOPE**

December 17, 2025 @ 6:00 PM - Speaker: Fr. Manny Hewe
 Theme: **WAITING: AN ACT OF HOPE**

“Christian waiting is filled with meaningful presence because the gifts of Jesus Christ are not only meant for the future; they also have an impact on our present. Although Jesus is present in a hidden way, He communicates with us through various means. Learning to wait patiently is a way of growing in hope.”

SCHOOL OFFICE STAFF AND FACULTY MEMBERS

- Principal/Music 1-8 - Conception (Bernie) Gora
- Vice Principal/Math 8 & Discovery - Lauren Ramirez-Asaeda
- Executive Administrative Assistant/LA 6 - Faith Leasiolagi
- Admission Clerk/Office Assistant - Stephanie Lou Ondayog
- Dean of Discipline/Athletic Director/4 & 5 Health/Art - Francine Caetano-Fontanilla
- Preschool Director/Teacher - Magdalena Collins
- PK-8 PE & MS Health - Jayven Bumanglag
- Preschool Aide - Elaine Jane Gonzalez
- Kindergarten Aide & Resource Teacher - Lenie Macadangdang
- Kindergarten Teacher - Leilani Tanaka
- PK, Kindergarten Religion & Liturgy Coordinator - Sr. Ana Fua Dela Cruz, SPC
- 1st Grade - Marvin Macadangdang
- 2nd Grade/Sacramental Prep - Faith Afu
- Creative Music K-3 - Johnelle Silva
- 3rd Grade Teacher - Sibel Mestanova
- 4th Grade Teacher - Laura Gabriel
- 5th Grade Teacher - Taiena Finau
- Middle School Social Studies & Math 6 - Alyssa Yabes
- 7 & 8 Language Arts/7 & 8 Home Economics - Dr. Frances Wong
- Middle School Religion - Shaun Agtarap
- Math 7 - Christian Raquepo
- Middle School Japanese/7 & 8 Arts/ Marketing - Tiani Quon
- MS Science - Peter Park
- Permanent Sub - Bernadette Lopez
- Maintenance - Edwin Kaaihue
- Custodian - Romeo John Cabarrubias



You are invited to join the OCIA as they continue their formation journey and become familiar with the Catholic faith as we will be learning about

"The Church Reflecting the Light of Christ"



If you are interested in deepening your relationship with Christ, please join us.

Tuesday, October 21st at 6:30pm in Room 210 (school building)



Mahalo and may you have a blessed week!

PARISH OFFICE HOURS

Monday - Friday
from 8:00 am - 4:30 pm
(Closed during Lunch break from 12:00 - 1:00 pm)

Saturdays
from 8:30 am - 12:00 pm
Sundays
from 7:30 am - 11:30 am

MASS SCHEDULES

Sunday Mass

6:30 am, 8:30 am, 10:30 am & 6:00 pm

Saturday Vigil: 5:00 pm

Daily Mass

Mon – Thurs: 6:30 am

Fri – Sat: 8:00 am

Vietnamese Mass (VHM)

Daily Mass:

Mon. Tues. & Thur. at 5:30 pm

Saturday Vigil at 7:00 pm

Sundays at 3:30 pm

Holy Hour/Benediction of the Blessed Sacrament and Confession

Wednesdays

Our Lady of Perpetual Help Novena at 6:00 pm

Holy Hour/Benediction & Confessions at 6:15 pm

(First Wednesdays of the month with Bishop)

PASTORAL TEAM & PARISH STAFF

Fr. Manuel Hewe

Pastor

Sr. Mercedita Estrella, SPC

Dir. of R.E. & Pastoral Associate

Tyra Lamb

Safe Environment Liaison

Pinky Mendoza

Office Coordinator

Jennifer Asuncion

Office Secretary

Francis Leasiolagi

Deacon

Jonathan Lam

VHM Deacon

Ray Lamb

Deacon

Roy Matsuo

Retired Deacon

Marlowe Sabater

Deacon

Fr. Anthony Tran

VHM Chaplain

Bernie Gora

Director of Music

Ryan and Ashley Agcaoili

Coordinators of Youth Ministry

Grace Young

Communications Coordinator

Samy Ratum

Facilities Custodian

Noraliza Tapeç

On-Call Church Custodian

Felipe Tan

Accountant

Joan Mabag

Custodian

*"How lovely is Your dwelling place, O Lord God of Hosts."
Psalm 84:1*



Daily Mass Readings

www.usccb.org

October 20, 2025

Monday of the Twenty-ninth Week in Ordinary Time

Romans 4:20-25; Luke 12:13-21

October 21, 2025

Tuesday of the Twenty-ninth Week in Ordinary Time

Romans 5:12, 15b, 17-19, 20b-21; Luke 12:35-38

October 22, 2025

Wednesday of the Twenty-ninth Week in Ordinary Time

Romans 6:12-18; Luke 12:39-48

October 23, 2025

Thursday of the Twenty-ninth Week in Ordinary Time

Romans 6:19-23; Luke 12:49-53

October 24, 2025

Friday of the Twenty-ninth Week in Ordinary Time

Romans 7:18-25a; Luke 12:54-59

October 25, 2025

Saturday of the Twenty-ninth Week in Ordinary Time

Romans 8:1-11; Luke 13:1-9

October 26, 2025

Thirtieth Sunday in Ordinary Time

Sirach 35:12-14, 16-18; 2 Timothy 4:6-8, 16-18; Luke 18:9-14