

# *Co-Cathedral of St. Theresa of the Child Jesus*

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## ***October 12, 2025 - Twenty-Eighth Sunday in Ordinary Time (C)*** ***Gratitude is the Memory of the Heart***

**2 Kings 5:14-17; Psalm 98:1,2-3,3-4; 2 Tim. 2:8-13; Luke 17:11-19**

We have a familiar saying: "Gratitude is the memory of the heart." Only those who remember can truly express gratitude. Naaman, in our first reading, captures this sentiment perfectly after he is cured of leprosy, much like one of the ten lepers from the Gospel who returned to thank the Lord Jesus.

Leprosy is a severe affliction that has historically resulted in complete social isolation. We remember the lepers on Molokai, where Father Damien provided care and support. This illness imposes a heavy burden, forcing those affected to distance themselves from healthy individuals and associate only with other lepers. Consequently, being a leper meant being an outcast from society.

It is not surprising that Naaman traveled all the way from Syria to Israel in search of a cure. Despite being a commander in the Syrian army, he was willing to enter enemy territory because this was his last hope. To his amazement, he was instantly and completely healed. Overwhelmed with gratitude to God, he loaded his cart with soil from the Holy Land to create an altar at home dedicated to the God of Israel. From that day forward, he vowed to worship no other god (cf. 2 Kings 5:14-17). Naaman realized that he owed a debt of gratitude to God that he could never fully repay, and his thankfulness inspired him to change his life.

On the other hand, St. Paul expresses his gratitude for being loved by God, forgiven, chosen, and sent on a mission. He always remembers Jesus as the source of all he is and sees everything as a blessing from God, even his trials in life. Thus, he reminded Timothy to always remember Jesus and to labor in His name.

The story of the leper who returned to thank Jesus is a powerful reminder of the joy that comes from giving thanks. Instead of celebrating with his friends and family, he chose to express his gratitude to Jesus first. By coming back, he fully embraced the benefits of his encounter with Jesus. His spirit and body were healed by acknowledging the source of his newfound health. The other nine lepers missed out on something significant; their failure to express appreciation kept everything for themselves and gave nothing back. They overlooked the incredible richness and inner joy that comes from giving thanks.

The stories we heard serve as gentle reminders that our basic posture before God should always be one of praise and thanksgiving. We express this most clearly during the Holy Sacrifice of the Mass, especially during the Preface. This is known as the great Thanksgiving prayer because the word "Eucharist" literally means thanksgiving. During this prayer, we engage in a prayerful dialogue: the priest says, "Let us give thanks to the Lord, our God," and we respond, "It is right to give him thanks and praise." The priest continues, "Father, it is our duty and our salvation always and everywhere to give you thanks." And why? Not just because something good might have happened to us during the week or due to any specific event, but rather because of our constant, continued, permanent state of being alive and saved by the healing, merciful, forgiving, and sustaining presence of God right here and now in the world.

The true worth of our love for God stems from our ability to recognize and appreciate His blessings. The more we are aware of and thankful to Him, the more open we will be to receiving the joy of His providential care. As our patron St. Therese said, "It is the spirit of gratitude which draws down upon us the overflow of God's grace."





(Continuation from previous page)

In his book "No Man Is an Island," Thomas Merton writes, "If we are not grateful to God, we cannot taste the joy of finding Him in creation. To be ungrateful is to admit that we do not know Him and that we love His creatures not for His sake but for our own." Unless we express gratitude for our existence, we cannot fully understand who we are or appreciate the meaning of being alive. The only true value of our lives lies in the fact that they are gifts from God.

Fr. Manny Hewe, Pastor



**You are invited to join the OCIA as they continue their formation journey and become familiar with the Catholic faith as we will be learning about "Receiving the Holy Spirit".**




**If you are interested in deepening your relationship with Christ, please join us**

**Tuesday, October 14<sup>th</sup> at 6:30pm in Room 210 (school building)**



***Mahalo and may you have a blessed week!***




**WEST HONOLULU VICARIATE**  
PRESENTS  
**JUBILEE YEAR 2025 SPIRITUAL CONFERENCE**  
@ Co-Cathedral of St. Theresa (with Holy Hour and Confession)

**Wednesday,  
October 15, 2025  
@ 6:00 PM**

**Speaker: Fr. Royd Mweemba**

Theme: Pilgrims of Hope in  
Communion, Participation and Mission





***St. Theresa School***

**SAINT THÉRÈSE OF LISIEUX  
PRODUCTION**

**OCTOBER 24, 2025**

**OCTOBER 25, 2025**





## **PILGRIMS OF HOPE: ATTITUDE OF GRATITUDE**

Remember, all life is a gift. The attitude of gratitude is a profound response to our God, who is rich in mercy and never outdone in generosity.

Gratitude, a beautiful virtue, is not merely a one-time expression; it is like the act of breathing—inhalating and exhaling. It is a profound attitude that grows through the habit of giving thanks in all circumstances (1 Thess. 5:18).

Our gratitude to God, when joined with the Holy Sacrifice of the Mass, becomes a perfect offering to Him.

During the Offertory, the simple act of mingling wine and water as we prepare the gifts at the altar symbolizes our union with the Lord. The priest says, "Through the mystery of this water and wine, we may share in the divinity of Christ, who humbles himself to share in our humanity." Because Christ carries us by taking on our sins, the water signifies all of us, while the wine represents Christ's blood. When the water is mixed with the wine in the chalice, we are made one with Christ, and we join him in offering worship to the Father.

We express this union profoundly by offering thanks to God as we begin the great Eucharistic Prayer. The priest says, "Let us give thanks to the Lord, our God," and we respond, "It is right to give him thanks and praise." The priest continues, "Father, it is our duty and our salvation always and everywhere to give you thanks." Giving thanks is both our duty and our salvation, reflecting our condition of being alive and saved by God's healing, merciful, and forgiving presence in our lives.

Fr. MAH

## **STRONGER KIDNEYS, STRONGER YOU!**

**PLEASE JOIN US AFTER SERVICE TO LEARN MORE ABOUT KIDNEY DISEASE PREVENTION**

**DATE: OCTOBER 12TH,  
6:30 AM -12:30 PM**

**PLEASE JOIN US AFTER SERVICE TO LEARN MORE ABOUT KIDNEY DISEASES AND HOW TO KEEP YOUR KIDNEYS HEALTHY**

**SUPPORT EACH OTHER,  
BUILD HEALTHY HABITS,  
AND KEEPING OUR  
KIDNEYS STRONG!**



**LEARN MORE ABOUT...**

- WHAT IS KIDNEY DISEASE
- DIFFERENT LEVELS OF KIDNEY DISEASE
- LIFESTYLE CHANGES & DIET MODIFICATIONS
- FREE BLOOD PRESSURE CHECKS
- TAKE HOME INFORMATIONAL HANDOUTS

**FIND OUT MORE AT OUR STUDENT BOOTH!**



CHAMINADE UNIVERSITY



# Weekly Offering Report

## For September 29, 2025 - October 5, 2025



**SAINT THERESA SCHOOL**  
**CONTACT INFORMATION**  
 Office Phone: 808-536-4703



St.TheresaSchool@Beavers808  
 Sttheresaschool808  
 Website: [www.stshi.org](http://www.stshi.org)

### Weekly Collections Online Giving

SUNDAY Mass Offering	\$ 10,632.50	\$ 837.63
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\*\*\* Looking for convenient, safe and secure way of giving to our church?  
 We have online giving feature in our website, just click on the link and go through the easy-to-follow steps to go about it. We also have a Giving Kiosk beside the statue of St. Damien. Please have a look at these methods for your church contributions. We thank you for your continued support in fulfilling the mission of the Co-Cathedral of St. Theresa. \*\*\*

We will provide a complete report on the donations and updated expenses for the church fence and security project as soon as they are available. In the meantime, we would like to encourage you to reflect and pray to consider donating more towards the church fence and security project the construction of which is in progress. Please continue to pray with us for the completion of this important project for the safety and security of our church and school.

Parish Savings with the Diocese as of August 31, 2025	\$ 73,005.31
Outstanding Parish Loan with the Diocese as of August 31, 2025	27,270.44
Outstanding PV Loan with the Diocese as of August 31, 2025	\$ 292,534.35

### Second Collections:

October 11 - 12 for the Repairs and Maintenance  
 October 25 - 26 for the World Mission Sunday

*Mahalo for your generosity.*



**CCST Fence Project**

### SCHOOL OFFICE STAFF AND FACULTY MEMBERS

- Principal/Music 1-8 - Conception (Bernie) Gora
- Vice Principal/Math 8 & Discovery - Lauren Ramirez-Asaeda
- Executive Administrative Assistant/LA 6 - Faith Leasiolagi
- Admission Clerk/Office Assistant - Stephanie Lou Ondayog
- Dean of Discipline/Athletic Director/4 & 5 Health/Art - Francine Caetano-Fontanilla
- Preschool Director/Teacher - Magdalena Collins
- PK-8 PE & MS Health - Jayven Bumanglag
- Preschool Aide - Elaine Jane Gonzalez
- Kindergarten Aide & Resource Teacher - Lenie Macadangdang
- Kindergarten Teacher - Leilani Tanaka
- PK, Kindergarten Religion & Liturgy Coordinator - Sr. Ana Fua Dela Cruz, SPC
- 1st Grade - Marvin Macadangdang
- 2nd Grade/Sacramental Prep - Faith Afu
- Creative Music K-3 - Johnelle Silva
- 3rd Grade Teacher - Sibel Mestanova
- 4th Grade Teacher - Laura Gabriel
- 5th Grade Teacher - Taiena Finau
- Middle School Social Studies & Math 6 - Alyssa Yabes
- 7 & 8 Language Arts/7 & 8 Home Economics - Dr. Frances Wong
- Middle School Religion - Shaun Agtarap
- Math 7 - Christian Raquepo
- Middle School Japanese/7 & 8 Arts/ Marketing - Tiani Quon
- MS Science - Peter Park
- Permanent Sub - Bernadette Lopez
- Maintenance - Edwin Kaaihue
- Custodian - Romeo John Cabarrubias



**West Honolulu Vicariate Presents**  
**JUBILEE YEAR 2025 SPIRITUAL CONFERENCES**  
**@ Co-Cathedral of St. Theresa**  
 (with Holy Hour and Confession)

**October 15, 2025 @ 6:00 PM - Speaker: Fr. Royd Mweemba**  
 Theme: **PILGRIMS OF HOPE IN COMMUNION, PARTICIPATION AND MISSION**

**November 19, 2025 @ 6:00 PM - Speaker: Fr. Steve Nguyen**  
 Theme: **GRATEFUL HEARTS: A PATHWAY TO HOPE**

**2<sup>nd</sup> Offering *this Weekend***  
**(October 11<sup>th</sup> & 12<sup>th</sup>)**



**is for  
the Repairs  
and  
Maintenance  
of our  
Parish Buildings**

***Mahalo* for your generosity!**



**PARISH OFFICE HOURS**

Monday - Friday  
from 8:00 am - 4:30 pm  
(Closed during Lunch break from 12:00 - 1:00 pm)

Saturdays  
from 8:30 am - 12:00 pm  
Sundays  
from 7:30 am - 11:30 am

**MASS SCHEDULES**

**Sunday Mass**  
6:30 am, 8:30 am, 10:30 am & 6:00 pm  
**Saturday Vigil:** 5:00 pm

**Daily Mass**  
Mon – Thurs: 6:30 am  
Fri – Sat: 8:00 am

**Holy Hour/Benediction of the  
Blessed Sacrament and Confession**  
Wednesdays

Our Lady of Perpetual Help Novena at 6:00 pm  
Holy Hour/Benediction & Confessions at 6:15 pm  
(First Wednesdays of the month with Bishop)

**Vietnamese Mass (VHM)**  
Daily Mass:  
Mon. Tues. & Thur. at 5:30 pm  
Saturday Vigil at 7:00 pm  
Sundays at 3:30 pm

**PASTORAL TEAM & PARISH STAFF**

**Fr. Manuel Hewe**  
Pastor

**Sr. Mercedita Estrella, SPC**  
Dir. of R.E. & Pastoral Associate

**Tyra Lamb**  
Safe Environment Liaison

**Pinky Mendoza**  
Office Coordinator

**Jennifer Asuncion**  
Office Secretary

**Francis Leasiolagi**  
Deacon

**Jonathan Lam**  
VHM Deacon

**Ray Lamb**  
Deacon

**Roy Matsuo**  
Retired Deacon

**Marlowe Sabater**  
Deacon

**Fr. Anthony Tran**  
VHM Chaplain

**Bernie Gora**  
Director of Music

**Ryan and Ashley Agcaoili**  
Coordinators of Youth Ministry

**Grace Young**  
Communications Coordinator

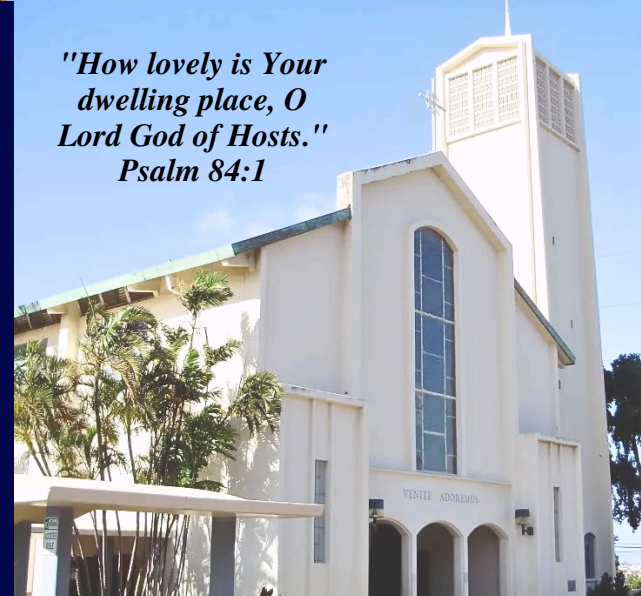
**Samy Ratum**  
Facilities Custodian

**Noraliza Tapeç**  
On-Call Church Custodian

**Felipe Tan**  
Accountant

**Joan Mabag**  
Custodian

*"How lovely is Your  
dwelling place, O  
Lord God of Hosts."  
Psalm 84:1*



**Daily Mass Readings**  
[www.usccb.org](http://www.usccb.org)

**October 13, 2025**  
*Monday of the Twenty-eighth Week in  
Ordinary Time*  
Romans 1:1-7; Luke 11:29-32

**October 14, 2025**  
*Tuesday of the Twenty-eighth Week in  
Ordinary Time*  
Romans 1:16-25; Luke 11:37-41

**October 15, 2025**  
*Memorial of Saint Teresa of Jesus,  
Virgin and Doctor of the Church*  
Romans 2:1-11; Luke 11:42-46

**October 16, 2025**  
*Thursday of the Twenty-eighth Week in  
Ordinary Time*  
Romans 3:21-30; Luke 11:47-54

**October 17, 2025**  
*Memorial of Saint Ignatius of Antioch,  
Bishop and Martyr*  
Romans 4:1-8; Luke 12:1-9

**October 18, 2025**  
*Feast of Saint Luke, Evangelist*  
2 Timothy 4:10-17b; Luke 10:1-9

**October 19, 2025**  
*Twenty-ninth Sunday in Ordinary Time*  
Exodus 17:8-13; 2 Timothy 3:14-4:2;  
Luke 18:1-8



## ... AT THE GROTTA OF THE BLESSED VIRGIN MARY, HELP OF CHRISTIANS Praying and Meditating on the Saving Mysteries of Jesus With Mary

Join us in praying the Holy Rosary at the Grotto of the Blessed Virgin Mary, Help of Christians. Praying the Holy Rosary allows us to contemplate alongside the Blessed Virgin Mary, who witnessed the mysteries of our Lord's life and redeeming works: the Joyful, Sorrowful, Glorious, and Luminous Mysteries.



As we pray the Holy Rosary, we enter into the heart of Mary. We do not rush through the prayers, but WE PRAY CONTEMPLATIVELY, following her example as she reflects and ponders in her heart (cf. Lk. 2:19). By meditating on the mysteries of our Lord Jesus Christ, we draw closer to Him, and through Mary's maternal intercession, we are strengthened in the virtues of faith, hope, and charity. As Pope St. John Paul II said in his Apostolic Letter *Rosarium Virginis Mariae* (2002), "The Rosary, though clearly Marian in character, is, at heart, a Christocentric prayer... Through the Rosary, the faithful receive abundant grace, as though from the very hands of the Mother of the Redeemer" (RVM, 1).

Therefore, the Holy Rosary is a heavenly gift, our spiritual weapon, reassuring us that we are not alone. With the Blessed Virgin Mary, it serves as our spiritual weapon against evil; indeed, Jesus has already defeated the devil through His passion, death, and resurrection. The Blessed Virgin Mary herself emphasized the importance of the Holy Rosary as a primary means to combat evil during her apparitions at Fatima in 1917, urging us to "Pray the Rosary every day, to obtain peace for the world and the end of the war." The Church recognizes this message as consistent with the Gospel and its teaching on the power of prayer.

The Grotto of the Blessed Virgin Mary, Help of Christians, is an integral part of the Co-Cathedral of St. Theresa Church. This sacred garden features small standing pillars, each topped with brass plaques inscribed with the Hail Mary prayer in various translations, reflecting our parishioners' diverse cultures and languages and uniting us in shared devotion.

It is also adorned with icons and symbols of our faith, including the archangels Gabriel, Raphael, and Michael. Unfortunately, two of the archangels have been vandalized, resulting in missing hands, trumpets, and other parts. We hope to restore them soon and to work together to preserve this sacred space.



The twelve square stools in front of the Grotto represent the Twelve Apostles, with varied textures symbolizing their distinct personalities.

Three large rocks signify the three theological virtues —faith, hope, and love— while the seven large gray pots surrounding the area, each containing plants, represent the Seven Christian Virtues: prudence, justice, temperance, fortitude, faith, hope, and charity. Additionally, the four cement circles featuring palm trees symbolize the four Gospels, and the names of the books of Sacred Scripture are carefully arranged around the edges of the bricks, reminding us of the unbroken continuity of our Christian Tradition and the reverence we owe to it.

The Blessed Mother Mary, Help of Christians, connects us to the wonders of our Christian Traditions and leads us to our Lord Jesus. To our Mother Mary, we pray: "We fly unto you, O Virgin of Virgins, our Mother! To you do we come; before you we stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not our petitions, but in your mercy, hear and answer us. Amen." Fr. Manny Hewe



# PRAYING THE HOLY ROSARY

1. Make the Sign of the Cross.
2. Holding the Crucifix, say the *Apostles' Creed*.
3. On the first bead, say an *Our Father*.
4. Say one *Hail Mary* on each of the next three beads.
5. Say the *Glory Be*
6. For each of the five decades, announce the Mystery (perhaps followed by a brief reading from Scripture), then say the *Our Father*.
7. While fingering each of the ten beads of the decade, next say ten Hail Marys while meditating on the Mystery. Then say a *Glory Be*.  
(After finishing each decade, some say the following prayer requested by the Blessed Virgin Mary at Fatima: *O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those who have most need of your mercy.*)
8. After saying the five decades, say the Hail, Holy Queen, followed by this dialogue and prayer:

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

*Let us pray:*

*O God, whose Only Begotten Son, by his life, Death, and Resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that while meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.*

