



SABINE SCHLOTTERBEK

Leadership Trainer & Coach

"I have never tried that before, so I think I should definitely be able to do that."

Astrid Lindgren, Pippi Longstocking

Sabine loves this quote because it turns fear of the unknown into something exciting and possible. It's a great reminder that we don't have to be perfect or experienced to give something a try. As a coach, she supports individuals and teams in exploring their superpowers and taking on new challenges from a place of strength.



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With experience in both HR and business, Sabine understands how to deliver coaching and learning which gives a great return on investment.

She strongly believes, that creating the right conditions in the team and getting the right people working there, team performance becomes something special. Without question psychological safety is the foundation of every successful team.

When supporting teams in their development, Sabine sees her role as an enabler. She helps teams improve their communication and uses thoughtful questions to ensure they discover and leverage their inherent resources and talents.

Sabine is most at home when growing things. Whether it is a plant in her garden or helping a person to grow at work, seeing that growth and development is what she loves best.

TRAINED/CERTIFIED FOR

- Systemic Coach
- Mental Trainer
- Mediator

TOP THREE VALUES

- Growth
- Openness
- Love

MY PURPOSE/PASSION

Expanding spaces for solutions and encouraging people to step into them.

LANGUAGE SKILLS

- German
- English