



Christina Haugsted Nielsen

MASTERCOACH & PSYCHOLOGICAL SAFETY PRACTITIONER

“When people feel safe to be honest, they become brave enough to grow, and that is where real performance begins.”

“The program provided us with a shared language for psychological safety and increased our awareness of how our behaviors affect one another in daily work. It has strengthened our ability to engage in difficult conversations earlier and more constructively.” -

Participant, Psychological Safety in Teams

“Through my coaching process with Christina, I gained greater clarity around my values, priorities, and areas for growth. She is empathetic, attentive, and insightful, and the experience has been both supportive and transformative.” - Coaching client



Christina Haugsted Nielsen

Christina works with leaders and teams who want to strengthen trust, collaboration, and shared responsibility in everyday work life.

She believes psychological safety is not about avoiding discomfort, but about creating the courage to speak openly, address challenges, and learn together.

Christina facilitates conversations that bring important issues to the surface and helps teams turn insight into practical changes in how they lead and work together.

In addition to team development, she is coaching leaders and employees one-to-one, supporting them in building self-awareness and confidence to communicate openly, navigate difficult conversations, and contribute at their full potential.

She is fascinated by what becomes possible when trust replaces fear.

TRAINED/CERTIFIED FOR

- Fearless Organization Psychological Safety Practitioner
- ICF Associate Certified Coach (ACC)
- Stress coach
- Leadership coach
- Shadow work coach

TOP THREE VALUES

- Authenticity
- Compassion
- Development

LANGUAGE SKILLS

- Danish
- English

MY PURPOSE/PASSION

- To bring more humanity into organizations and teams, and to support individual and collective growth and sustainable change.