



## **The Healing Light Within Coaching, LLC Client Consent and Coaching Agreement**

By entering into this agreement, I, the Client, acknowledge that I am voluntarily engaging in a professional coaching relationship with, and only with, The Healing Light Within Coaching, LLC. I understand that coaching is a collaborative, growth-oriented process. By signing this form or simply engaging in any consultation with The Healing Light Within Coaching LLC and/or Dr. Nahid Nasrat (the Coach), I consent to the terms outlined in this agreement.

### **Confidentiality**

I recognize that while the coaching relationship and the information exchanged as part of it is confidential, it is not legally privileged.

Accordingly, subject to legal requirements, (a) all conversations and materials shared between the Client and The Healing Light Within Coaching, LLC are treated with the utmost confidentiality and (b) The Healing Light Within Coaching, LLC will not disclose any personal information or use the Client's identity or story in any manner without explicit, written consent.

The Client agrees to communicate any concerns regarding confidentiality or other aspects of the coaching relationship directly with the Coach.

### **Description of Coaching – Absence of warranty**

Coaching through The Healing Light Within Coaching, LLC is a dynamic partnership rooted in presence, insight, and intentional growth.

I understand that The Healing Light Within Coaching LLC offers no guarantees or warranties of any nature, express or implied, regarding the outcomes of coaching, regardless of the content of any coaching session, or the number or length of sessions. In addition, coaching through the Healing Light Within Coaching LLC does not involve any form of diagnosis, is not therapy, counseling, nor mental health treatment and should not be considered a substitute for such services. The Client is responsible for seeking and securing mental or physical health services and treatment, as needed.

### **Service Delivery**

Coaching sessions will be conducted via video conferencing or phone, as mutually agreed upon by the Coach and Client.

### **Session Options & Fees**

Each session is a sacred, intentional space created to support the Client's growth and transformation.

#### **Single Session**

- Duration: 50 minutes
- Fee: \$175

#### **10-Session Transformational Package**

- Duration: 50 minutes each
- Fee: \$1,600 total (\$160 per session)

All fees are payable in advance unless otherwise arranged.

### **Cancellation Policy**

Clients must provide a minimum of 24 hours' notice to reschedule or cancel a session. Missed appointments or late cancellations may be billed at the full session rate. The Coach will make reasonable efforts to accommodate rescheduling.

### **Termination of Services**

Either party may terminate this agreement with one week's written notice. The Client agrees to compensate the Coach for all sessions delivered up to the date of termination.

### **Limitation of Liability**

The Client agrees and understands that neither the Healing Light Within Coaching LLC nor the Coach assumes any liability in respect to any coaching offered to the Client. The Client irrevocably and definitely waives any right, remedy, claim of whatsoever nature it may have against Healing Light Within Coaching LLC and/or the Coach, for liability or otherwise.

In any event, and without prejudice to the foregoing, if Healing Light Within Coaching LLC and/or the Coach assumes liability for any services or coaching provided hereunder, the liability for any claims shall not exceed the total amount paid for coaching services and shall in all cases exclude indirect, special, consequential, or punitive damages.

**Client Acknowledgement**

By signing below, I acknowledge that I have read, understood, and agreed to the terms outlined above.

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Client Name (Print Full Name)

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Client Signature / Date