


February 2026 Care Center

All Activities are Subject to Change!

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|--|---|--|--|
| <div>1</div> <p>10:00 Mass—CH*** 2:00 Quarter Bingo and Snack with ERHS Key Club—LTC</p> | <div>2</div> <p>10:00 Lawn Darts—LTC 11:00 1:1 Activities—LTC 12:00 Hope & Encouragement—LTC</p> | <div>3</div> <p>Carrot Cake Day 10:30 Pet Therapy—LTC 11:00 Mass—CH*** 2:00 Bingo—TCU 2:30 Stretch N Flex—LTC 3:00 Happy Hour—LTC</p> | <div>4</div> <p>9:30 Trivia—LTC 10:30 Seated Stretches (18 minutes) —LTC 10:50 Gentle Chair Pilates (17 minutes) - LTC 1:00 Word Communion-CH*** 2:00 QUARTER BINGO—LTC</p> | <div>5</div> <p>9:30 Flower Arranging—AR*** 11:00 Word Communion—CH*** 2:00 Dale Martel Music—CH 2:30 Stretch N Flex—LTC</p> | <div>6</div> <p>10:00 Resident Council—LTC 11:00 Mass—CH*** 1:00 2026 Winter Olympics Opening Ceremonies-TH</p> | <div>7</div> <p>10:00 Table Bowling—LTC 11:00 Live Videos—LTC 12:00 Word Game—LTC 4:00 Mass—CH***</p> |
| <div>8</div> <p>10:00 Mass—CH*** 11:00 Making Snack for Super Bowl—LTC 5:30 Super Bowl—TV</p> | <div>9</div> <p>9:15 Chair Dance (33 minutes) - LTC 9:50 Family Feud—LTC 10:30 Guided Meditation—LTC 2:00 QUARTER BINGO—LTC</p> | <div>10</div> <p>10:30 Pet Therapy—LTC 11:00 Mass—CH*** 2:00 Ben Baldrige—Johnny Cash Performance—CH 2:30 Stretch N Flex—LTC</p> | <div>11</div> <p>Peppermint Patty Day 9:30 Trivia—LTC 10:30 Mindful Movement (14 minutes) —LTC 10:50 Flow & Flexible (29 minutes) - LTC 1:00 Word Communion-CH*** 2:00 QUARTER BINGO—LTC 3:00 Happy Hour—LTC</p> | <div>12</div> <p>10:00 Spin and Solve Game—LTC 11:00 1:1's—TCU 11:00 Word Communion—CH*** 1:30 Saxophone Music with Chris—LTC 2:30 Stretch N Flex—LTC</p> | <div>13</div> <p>9:30 Pet Therapy—LTC 11:00 Mass—CH*** 2:00 Valentines Day BINGO—LTC 3:00 Valentines Day Social—LTC</p> | <div>14</div> <p>2:00 Craft and Snack with Saint Ambrose—LTC 4:00 Mass—CH***</p>  |
| <div>15</div> <p>10:00 Mass—CH*** 2:00 Quarter Bingo and Snack with ERHS Key Club—LTC</p> | <div>16</div> <p>10:00 Connect Four—LTC 11:00 1:1 Activities—LTC 12:00 Hope & Encouragement—LTC</p> | <div>17</div> <p>Mardi Gras 10:30 Pet Therapy—LTC 11:00 Mass—CH*** * Choir Practice Starts 2:00 Bingo—TCU 2:30 Stretch N Flex—LTC 3:00 Mardi Gras Snack—LTC</p> | <div>18</div> <p>Ash Wednesday/ Blonde Brownie Day 9:30 Trivia—LTC 11:00 Ash Wednesday Mass—CH 1:00 Word Communion-CH*** 2:00 Interfaith Ashes Distribution—CH 3:00 Happy Hour—LTC</p> | <div>19</div> <p>9:30 Flower Arranging—AR*** 11:00 Word Communion—CH*** 1:45 Piano Music with Jaki—LTC 2:30 Stretch N Flex—LTC</p> | <div>20</div> <p>9:15 Morning Stretch (11 minutes) - LTC 9:30 Seated Core (12 minutes) - LTC 10:00 Guided Meditation—LTC 11:00 Mass—CH*** 2:00 QUARTER BINGO—LTC 3:00 Stations of Cross—CH</p> | <div>21</div> <p>10:00 Table Bowling—LTC 11:00 Live Videos—LTC 12:00 Word Game—LTC 4:00 Mass—CH**</p> |

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| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|--|--|---|--|
| 22 10:00 Mass—CH*** 11:00 Craft—LTC | 23 9:15 Stability Class (35 minutes) - LTC 9:50 Spin and Solve Game—LTC 10:30 Guided Meditation—LTC 2:00 QUARTER BINGO—LTC | 24 11:00 Mass—CH*** 2:00 Mary Franz—LTC 2:30 Stretch N Flex—LTC | 25 9:30 Trivia—LTC 1:00 Word Communion-CH*** 2:00 QUARTER BINGO—LTC 3:00 February Birthday Celebration—LTC | 26 10:00 Family Feud—LTC 11:00 1:1's—TCU 11:00 Word Communion—CH*** 1:30 Saxophone Music with Chris—LTC 2:30 Stretch N Flex—LTC | 27 9:15 Range of Motion—LTC 9:25 Seated HIIT—LTC 9:45 Guided Meditation—LTC 11:00 Mass—CH*** 1:00 Manicures—LTC 2:00 QUARTER BINGO—LTC 3:00 Stations of Cross—CH | 28 1:30 Craft with Tina and Saint Ambrose—AR 4:00 Mass—CH*** |

Room Abbreviation Key

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|-----------------------|----------------------|
| AR- Art Room | FR—Fitness Room |
| Birch Conf.- 1st Fl | G- Grove Dining Room |
| Conf. Room | L- Library |
| B- Bistro | Lab- Labyrinth |
| CH- Chapel | TH- Theater |
| CR- Club Room | W- Willow Dining |
| EPL- Employee Parking | WP- Wellness Pool |
| | WS- Wellness Studio |

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St. Therese Pastoral Care Services

Catholic Mass

Tuesday and Friday 11:00 a.m.
Saturday 4:00 p.m. Sunday 10:00 a.m.

Catholic Word and Communion

Wednesday at 1:00p.m. and Thursday at 11:00 a.m.

Ecumenical Service

11:00a.m. Communion Service (1st Wednesday of the Month)

11:00a.m. Liturgy of the Word Service (3rd Wednesday of the Month)

All worship services can be seen on T.V. Station 1-3

Occupational

Emotional

Physical

Intellectual

Social

Spiritual