

February 2026 Care Center

All Activities are Subject to Change!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 Mass—CH*** 2:00 Quarter Bingo and Snack with ERHS Key Club—LTC	2 10:00 Lawn Darts—LTC 11:00 1:1 Activities—LTC 12:00 Hope & Encouragement—LTC	3 Carrot Cake Day 10:30 Pet Therapy—LTC 11:00 Mass—CH*** 2:00 Bingo—TCU 2:30 Stretch N Flex—LTC 3:00 Happy Hour—LTC	4 9:30 Trivia—LTC 10:30 Seated Stretches (18 minutes) —LTC 10:50 Gentle Chair Pilates (17 minutes) - LTC 1:00 Word Communion—CH*** 2:00 QUARTER BINGO—LTC	5 9:30 Flower Arranging—AR*** 11:00 Word Communion—CH*** 2:00 Dale Martel Music—CH 2:30 Stretch N Flex—LTC	6 10:00 Resident Council—LTC 11:00 Mass—CH*** 1:00 2026 Winter Olympics Opening Ceremonies—TH	7 10:00 Table Bowling—LTC 11:00 Live Videos—LTC 12:00 Word Game—LTC 4:00 Mass—CH***
8 10:00 Mass—CH*** 11:00 Making Snack for Super Bowl—LTC 5:30 Super Bowl—TV	9 9:15 Chair Dance (33 minutes) - LTC 9:50 Family Feud—LTC 10:30 Guided Meditation—LTC 2:00 QUARTER BINGO—LTC	10 10:30 Pet Therapy—LTC 11:00 Mass—CH*** 2:00 Ben Baldridge—Johnny Cash Performance—CH 2:30 Stretch N Flex—LTC	11 Peppermint Patty Day 9:30 Trivia—LTC 10:30 Mindful Movement (14 minutes) —LTC 10:50 Flow & Flexible (29 minutes) - LTC 1:00 Word Communion—CH*** 2:00 QUARTER BINGO—LTC 3:00 Happy Hour—LTC	12 10:00 Spin and Solve Game—LTC 11:00 1:1's—TCU 11:00 Word Communion—CH*** 1:30 Saxophone Music with Chris—LTC 2:30 Stretch N Flex—LTC	13 9:30 Pet Therapy—LTC 11:00 Mass—CH*** 2:00 Valentines Day BINGO—LTC 3:00 Valentines Day Social—LTC	14 2:00 Craft and Snack with Saint Ambrose—LTC 4:00 Mass—CH*** 
15 10:00 Mass—CH*** 2:00 Quarter Bingo and Snack with ERHS Key Club—LTC	16 10:00 Connect Four—LTC 11:00 1:1 Activities—LTC 12:00 Hope & Encouragement—LTC	17 Mardi Gras 10:30 Pet Therapy—LTC 11:00 Mass—CH*** * Choir Practice Starts 2:00 Bingo—TCU 2:30 Stretch N Flex—LTC 3:00 Mardi Gras Snack—LTC	18 Ash Wednesday/Blonde Brownie Day 9:30 Trivia—LTC 11:00 Ash Wednesday Mass—CH 1:00 Word Communion—CH*** 2:00 Interfaith Ashes Distribution—CH 3:00 Happy Hour—LTC	19 9:30 Flower Arranging—AR*** 11:00 Word Communion—CH*** 1:45 Piano Music with Jaki—LTC 2:30 Stretch N Flex—LTC	20 9:15 Morning Stretch (11 minutes) - LTC 9:30 Seated Core (12 minutes) - LTC 10:00 Guided Meditation—LTC 11:00 Mass—CH*** 2:00 QUARTER BINGO—LTC 3:00 Stations of Cross—CH	21 10:00 Table Bowling—LTC 11:00 Live Videos—LTC 12:00 Word Game—LTC 4:00 Mass—CH**

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
22 10:00 Mass—CH*** 11:00 Craft—LTC	23 9:15 Stability Class (35 minutes) - LTC 9:50 Spin and Solve Game— LTC 10:30 Guided Meditation— LTC 2:00 QUARTER BINGO—LTC	24 11:00 Mass—CH*** 2:00 Mary Franz—LTC 2:30 Stretch N Flex—LTC	25 9:30 Trivia—LTC 1:00 Word Communion— CH*** 2:00 QUARTER BINGO—LTC 3:00 February Birthday Celebration—LTC	26 10:00 Family Feud—LTC 11:00 1:1's—TCU 11:00 Word Communion— CH*** 1:30 Saxophone Music with Chris—LTC 2:30 Stretch N Flex—LTC	27 9:15 Range of Motion—LTC 9:25 Seated HIIT—LTC 9:45 Guided Meditation—LTC 11:00 Mass—CH*** 1:00 Manicures—LTC 2:00 QUARTER BINGO—LTC 3:00 Stations of Cross—CH	28 1:30 Craft with Tina and Saint Ambrose—AR 4:00 Mass—CH***

Room Abbreviation Key

AR- Art Room	FR—Fitness Room
Birch Conf.- 1st Fl	G- Grove Dining Room
Conf. Room	L- Library
B- Bistro	Lab- Labyrinth
CH- Chapel	TH- Theater
CR- Club Room	W- Willow Dining
EPL- Employee Parking	WP- Wellness Pool
	WS- Wellness Studio

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<p><u>St. Therese Pastoral Care Services</u></p> <p><u>Catholic Mass</u> Tuesday and Friday 11:00 a.m. Saturday 4:00 p.m. Sunday 10:00 a.m.</p> <p><u>Catholic Word and Communion</u> Wednesday at 1:00p.m. and Thursday at 11:00 a.m.</p> <p><u>Ecumenical Service</u> 11:00a.m. Communion Service (1st Wednesday of the Month) 11:00a.m. Liturgy of the Word Service (3rd Wednesday of the Month)</p> <p>*****</p> <p>All worship services can be seen on T.V. Station 1-3</p>	<p>Occupational Physical Social</p>	<p>Emotional Intellectual Spiritual</p>
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