

AR- Art Room
 CH- Chapel
 LTC—Long Term
 Care

March 2026 Care Center

Contact activity department with requests at
651-209-9182

**All Activities are Subject to
 Change!**

*****Means this activity
 takes place outside of
 the care center, and you
 may need to ask for
 transportation!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 Mass—CH*** 11:00 Trivia—LTC 12:00 Prayer Cards—LTC	2 10:00 Decorating for Saint Patrick's Day—LTC 11:00 1:1's—LTC 1:00 Jokes—LTC 3:00 Lenten Prayer Time of Reflection—CH 6:30 Spirit Song Choir—CH	3 10:30 Pet Therapy—LTC 11:00 Mass—CH*** 2:00 Bingo—TCU 2:30 Stretch N Flex—LTC 3:30 The Floras Concert—CH	4 Banana Cream Pie Day 11:00 Worship Service with Communion—CH*** 1:00 Word Communion—CH*** 2:00 QUARTER BINGO—LTC 3:00 Happy Hour—LTC	5 9:30 Flower Arranging—AR*** 11:00 Word Communion—CH*** 1:45 Piano Music with Jaki—LTC 2:30 Stretch N Flex—LTC	6 Oreo Day 10:00 Resident Council—LTC 11:00 Mass—CH*** 2:00 BINGO—LTC 3:00 Stations of Cross—CH 4:00 Happy Hour—LTC	7 10:00 Craft—LTC 11:30 1:1's - TCU 4:00 Mass—CH***
8 10:00 Mass—CH*** 11:00 Trivia—LTC 12:00 Prayer Cards—LTC	9 9:15 Chair Belly Dance (29 minutes) - LTC 9:50 Family Feud—LTC 10:45 Guided Meditation—LTC 2:00 BINGO—LTC 3:00 Lenten Prayer Time of Reflection—CH	10 Blueberry Popovers 11:00 Mass—CH*** 12:30 Choir Practice—CH 2:00 Jonathan Edwards—CH 2:30 Stretch N Flex—LTC 3:15 Happy Hour—LTC	11 9:30 Trivia—LTC 10:30 Gentle Chair Yoga (15 min) - LTC 10:45 Brain and Body Exercises (10 min)—LTC 1:00 Anointing Service—CH*** 2:00 QUARTER BINGO—LTC	12 11:00 Word Communion—CH*** 1:30 Saxophone Music with Chris—LTC 2:30 Stretch N Flex—LTC *Activities Specialists Off	13 9:30 Card Shark—LTC 11:00 Mass—CH*** 1:00 Manicures—LTC 2:00 QUARTER BINGO—LTC 3:00 Stations of Cross—CH	14 1:30 Craft with Tina and Saint Ambrose—AR 4:00 Mass—CH***
15 10:00 Mass—CH*** 2:00 Quarter Bingo with Kurni Family—LTC	16 10:00 Playing Cards—LTC 11:00 1:1—LTC 1:00 Jokes—LTC 3:00 Lenten Prayer Time of Reflection—CH	17 Saint Patrick's Day 10:30 Pet Therapy—LTC 11:00 Mass—CH*** 2:00 Bingo—TCU 2:30 Stretch N Flex—LTC 3:15 Happy Hour—LTC	18 9:30 Trivia—LTC 11:00 Worship Service —CH*** 1:00 Word Communion—CH*** 2:00 QUARTER BINGO—LTC	19 Chocolate Caramel Day 9:30 Flower Arranging—AR*** 11:00 Word Communion—CH*** 1:45 Piano Music with Jaki—LTC 2:30 Stretch N Flex—LTC 3:15 Happy Hour—LTC	20 10:00 Range of Motion (10 minutes)—LTC 10:15 Arthritis Workout (11 minutes) - LTC 11:00 Mass—CH*** 2:00 QUARTER BINGO—LTC 3:00 Stations of Cross—CH	21 10:00 Bean Bag Toss—LTC 11:00 Spin and Solve Game—LTC 1:00 Hot Dice—LTC 4:00 Mass—CH***



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
22 10:00 Mass—CH*** 11:00 Trivia—LTC 12:00 Prayer Cards—LTC	Chips and Dip Day 23 9:15 Flow & Flexible (29 minutes) - LTC 9:50 Spin and Solve—LTC 10:45 Guided Meditation—LTC 2:00 QUARTER BINGO—LTC 3:00 Happy Hour—LTC	24 10:30 Pet Therapy—LTC 11:00 Mass—CH*** 12:30 Choir Practice—CH 2:30 Stretch N Flex—LTC 2:00 March Birthday Celebration—Grove Dining Room	25 9:30 Trivia—LTC 10:30 Seated Back Stretch LTC 10:45 Core Strengthen—LTC 1:00 Word Communion-CH*** 2:00 BINGO—LTC	26 10:00 Word Games—LTC 11:00 Word Communion—CH*** 11:00 1:1's—TCU 12:00 Table Side Magic—LTC 1:30 Saxophone Music with Chris—LTC 2:30 Stretch N Flex—LTC	27 10:15 Seated Stretches—LTC 10:35 Gentle Chair Pilates - LTC 11:00 Mass—CH*** 1:00 Manicures—LTC 2:00 QUARTER BINGO—LTC	28 2:00 Craft and Snack with Saint Ambrose—LTC 4:00 Mass—CH***
29 10:00 Palm Sunday Mass—CH*** 2:00 Quarter Bingo—LTC	30 10:00 Connect Four—LTC 11:00 1:1—LTC 12:00 Jokes—LTC 3:00 Lenten Prayer Time of Reflection—CH	31 10:30 Pet Therapy—LTC 11:00 Mass—CH*** 2:00 Niny Salem Performance—CH 2:30 Stretch N Flex—LTC	<u>Room Abbreviation Key</u> AR- Art Room Birch Conf.- 1st Fl Conf. Room B- Bistro CH- Chapel CR- Club Room EPL- Employee Parking FR—Fitness Room G- Grove Dining Room L- Library Lab- Labyrinth TH- Theater W- Willow Dining WP- Wellness Pool WS- Wellness Studio		All Activities are Subject to Change!	

St. Therese Pastoral Care Services

Catholic Mass
 Tuesday and Friday 11:00 a.m.
 Saturday 4:00 p.m. Sunday 10:00 a.m.

Catholic Word and Communion
 Wednesday at 1:00p.m. and Thursday at 11:00 a.m.

Ecumenical Service
 11:00a.m. Communion Service (1st Wednesday of the Month)
 11:00a.m. Liturgy of the Word Service (3rd Wednesday of the Month)

All worship services can be seen on T.V. Station 1-3

Occupational
 Physical
 Social
 Emotional
 Intellectual
 Spiritual