

# January 2026 Care Suites Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Please note all activities are subject to change. Please check daily calendars for updates &amp; changes.</b></p>				<p>1</p> 	<p>2</p> <p>9:30 Mass (CH&amp;TV 1-3) 10:00 Armchair Travels 10:30 Sit and Fit 10:45 Morning Greetings 2:30 Fireside Stories 4:30 Rosary (CH&amp;TV1-3)</p>	<p>3</p> <p>10:30 IN2L Fun with NAR's 1:00 Movie Matinee w/NAR's 3:00 Afternoon Snacks w/NAR's</p>
<p>4</p> <p>9:00 Pet Therapy with Lainey 10:30 Mass (TV 1-3) Communion 3:30 Afternoon Snacks with NAR's</p>	<p>5</p> <p>9:30 Mass (CH&amp;TV1-3) 10:00 Sit &amp; Be Fit 10:30 Mr. Ed Day 10:45 Morning Greetings 1:00 Sing with Kimberly 2:00 Aqua Painting 4:30 Rosary (CH&amp;TV1-3)</p>	<p>6</p> <p>10:30 Sit and Fit 11:00 Greetings 1:1s 3:00 Armchair Travels 4:30 Rosary (CH&amp;TV 1-3)</p>	<p>7</p> <p>9:30 Mass (CH &amp; TV 1-3) 10:30 Sit and Fit 11:00 Greetings 1:1s 1:15 Trivia 3:30 Showtunes 4:30 Rosary (CH&amp;TV1-3)</p>	<p>8</p> <p>9:30 Morning Greetings 10:30 Table Games 11:00 Protestant Service (CH &amp; TV 1-3) 11:00 Greetings 1:1s 1:00 Fitness w/Therapy 1:30 Music with Ninny Salem (IL DR) 2:45 Happy Hour (IL DR) 4:30 Rosary (CH&amp;TV1-3)</p>	<p>9</p> <p>9:30 Mass (CH&amp;TV 1-3) 10:00 Armchair Travels 10:30 Sit and Be Fit 11:00 Greetings 1:1s 2:30 Fireside Stories 4:30 Rosary (CH&amp;TV1-3)</p>	<p>10</p> <p>10:30 IN2L Fun with NAR's 1:00 Movie Matinee w/NAR's 3:00 Afternoon Snacks w/NAR's</p>
<p>11</p> <p>10:30 Mass (TV 1-3) Communion 3:30 Afternoon Snacks with NAR's</p>	<p>12</p> <p>9:30 Mass (CH&amp;TV1-3) 10:00 Sit &amp; Be Fit 10:30 Armchair Travels 11:00 Greetings 1:1s 1:00 Sing with Kimberly 2:00 Aqua Painting 4:30 Rosary (CH&amp;TV1-3)</p>	<p>13</p>	<p>14</p> <p>9:30 Mass (CH &amp; TV 1-3) 10:30 Sit and Fit 11:00 Morning Greetings 1:45 Music with Kristen 3:00 Rubber Duckie 4:30 Rosary (CH &amp; TV 1-3)</p>	<p>15</p> <p>9:45 Daily Chronicles 10:00 AM Stretch 10:30 Table Games 11:00 Protestant Service (CH &amp; TV 1-3) 1:00 Fitness w/Therapy 1:30 Music with Vinnie Rose 4:30 Rosary(CH&amp;TV 1-3)</p>	<p>16</p> <p>9:30 Mass (CH&amp;TV 1-3) 10:00 Sit and Fit 10:30 Armchair travels 11:15 Greetings 1:1s 2:30 Fireside Stories 4:30 Rosary(CH&amp;TV1-3)</p>	<p>17</p> <p>10:30 IN2L Fun with NAR's 1:00 Movie Matinee w/NAR's 3:00 Afternoon Snacks w/NAR's</p>

# January 2026 Care Suites Memory Care



Saint Therese  
OXBOW LAKE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>18</b> 10:30 Mass (TV 1-3) Communion 3:30 Afternoon Snacks with NAR's	<b>19</b> 9:30 Mass (CH&TV1-3) 10:00 Sit & Be Fit 10:30 Dolly Parton Spotlight 11:15 Greetings 1:1s 1:00 Sing with Kimberly 2:00 Aqua Painting 4:00 Trivia 4:30 Rosary (CH&TV1-3)	<b>20</b> 10:30 Sit and Fit 11:00 Greetings 1:1s 3:00 Trivia 4:30 Rosary (CH&TV1-3)	<b>21</b> 10:30 Sit and Fit 10:45 Music with Katherine 11:00 Greetings 1:1s 1:15 Trivia 3:00 Hand Massages 4:30 Rosary (CH & TV 1-3)	<b>22</b> 10:00 AM Stretch 10:30 Table Games 11:00 Protestant Service (CH & TV 1-3) 1:00 Fitness w/Therapy 1:30 Music with Rockin' Woody (ILDR) 2:30 Happy Hour (ILDR) 4:30 Rosary(CH&TV 1-3)	<b>23</b> 10:00 Sit and Fit 10:15 Morning Greetings 10:45 Adult Coloring 2:30 Fireside Stories 4:30 Rosary (CH&TV1-3)	<b>24</b> 10:30 IN2L Fun with NAR's 1:00 Movie Matinee w/NAR's 2:00 Music w/Gisele 3:00 Afternoon Snacks w/NAR's
<b>25</b> 10:30 Mass (TV 1-3) Communion 3:30 Afternoon Snacks with NAR's	<b>26</b> 9:30 Mass (CH&TV1-3) 10:00 Sit & Be Fit 10:30 Armchair Travels 11:15 Greetings 1:1s 1:00 Sing with Kimberly 2:00 Aqua Painting 4:30 Rosary (CH&TV1-3)	<b>27</b> 10:30 Sit and Fit 10:45 Greetings 1:1s 1:00 Music with Dale 3:00 Trivia 4:30 Rosary (CH&TV 1-3)	<b>28</b> 10:30 Sit and Fit 11:00 Morning Greetings 1:15 Trivia 1:45 Music with Kristen 3:00 Hand Massages 4:30 Rosary (CH & TV 1-3)	<b>29</b> 10:00 AM Stretch 10:30 Table Games 11:00 Protestant Service (CH & TV 1-3) 1:00 Fitness w/Therapy 1:30 Music with Bjorn (ILDR) 2:30 Happy Hour (ILDR) 4:30 Rosary(CH&TV 1-3)	<b>30</b> 10:00 Sit and Fit 10:15 Morning 1:1s 10:30 Armchair Travels 10:45 Beatles Singalong 2:30 Fireside Stories 4:30 Rosary (CH&TV1-3)	<b>31</b> 10:30 IN2L Fun with NAR's 1:00 Movie Matinee w/NAR's 2:00 Music w/Gisele 3:00 Afternoon Snacks w/NAR's
		<u>Program Locations</u> (CH) Chapel (IL DR) IL Dining Room (TV 1-3) TV Channel 1-3			<b>Please note all activities are subject to change. Please check daily calendars located throughout the community for updates &amp; changes.</b>	