

# January 2026 Care Suites Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Please note all activities are subject to change. Please check daily calendars for updates &amp; changes.</p>				<div>1</div> <div></div>	<div>2</div> <div><p>9:30 Mass (CH&amp;TV 1-3)</p><p>10:00 Armchair Travels</p><p>10:30 Sit and Fit</p><p>10:45 Morning Greetings</p><p>2:30 Fireside Stories</p><p>4:30 Rosary (CH&amp;TV1-3)</p></div>	<div>3</div> <div><p>10:30 IN2L Fun with NAR's</p><p>1:00 Movie Matinee w/NAR's</p><p>3:00 Afternoon Snacks w/NAR's</p></div>
<div>4</div> <div><p>9:00 Pet Therapy with Lainey</p><p>10:30 Mass (TV 1-3) Communion</p><p>3:30 Afternoon Snacks with NAR's</p></div>	<div>5</div> <div><p>9:30 Mass (CH&amp;TV1-3)</p><p>10:00 Sit &amp; Be Fit</p><p>10:30 Mr. Ed Day</p><p>10:45 Morning Greetings</p><p>1:00 Sing with Kimberly</p><p>2:00 Aqua Painting</p><p>4:30 Rosary (CH&amp;TV1-3)</p></div>	<div>6</div> <div><p>10:30 Sit and Fit</p><p>11:00 Greetings 1:1s</p><p>3:00 Armchair Travels</p><p>4:30 Rosary (CH&amp;TV 1-3)</p></div>	<div>7</div> <div><p>9:30 Mass (CH &amp; TV 1-3)</p><p>10:30 Sit and Fit</p><p>11:00 Greetings 1:1s</p><p>1:15 Trivia</p><p>3:30 Showtunes</p><p>4:30 Rosary (CH&amp;TV1-3)</p></div>	<div>8</div> <div><p>9:30 Morning Greetings</p><p>10:30 Table Games</p><p>11:00 Protestant Service (CH &amp; TV 1-3)</p><p>11:00 Greetings 1:1s</p><p>1:00 Fitness w/Therapy</p><p>1:30 Music with Ninny Salem (IL DR)</p><p>2:45 Happy Hour (IL DR)</p><p>4:30 Rosary (CH&amp;TV1-3)</p></div>	<div>9</div> <div><p>9:30 Mass (CH&amp;TV 1-3)</p><p>10:00 Armchair Travels</p><p>10:30 Sit and Be Fit</p><p>11:00 Greetings 1:1s</p><p>2:30 Fireside Stories</p><p>4:30 Rosary (CH&amp;TV1-3)</p></div>	<div>10</div> <div><p>10:30 IN2L Fun with NAR's</p><p>1:00 Movie Matinee w/NAR's</p><p>3:00 Afternoon Snacks w/NAR's</p></div>
<div>11</div> <div><p>10:30 Mass (TV 1-3) Communion</p><p>3:30 Afternoon Snacks with NAR's</p></div>	<div>12</div> <div><p>9:30 Mass (CH&amp;TV1-3)</p><p>10:00 Sit &amp; Be Fit</p><p>10:30 Armchair Travels</p><p>11:00 Greetings 1:1s</p><p>1:00 Sing with Kimberly</p><p>2:00 Aqua Painting</p><p>4:30 Rosary (CH&amp;TV1-3)</p></div>	<div>13</div> <div><p>10:30 Sit and Fit</p><p>11:15 Greetings 1:1s</p><p>1:00 Music with Dale</p><p>3:00 Rubber Duckie</p><p>4:30 Rosary (CH&amp;TV 1-3)</p></div>	<div>14</div> <div><p>9:30 Mass (CH &amp; TV 1-3)</p><p>10:30 Sit and Fit</p><p>11:00 Morning Greetings</p><p>1:45 Music with Kristen</p><p>4:30 Rosary (CH &amp; TV 1-3)</p></div>	<div>15</div> <div><p>9:45 Daily Chronicles</p><p>10:00 AM Stretch</p><p>10:30 Table Games</p><p>11:00 Protestant Service (CH &amp; TV 1-3)</p><p>1:00 Fitness w/Therapy</p><p>1:30 Music with Vinnie Rose</p><p>4:30 Rosary(CH&amp;TV 1-3)</p></div>	<div>16</div> <div><p>9:30 Mass (CH&amp;TV 1-3)</p><p>10:00 Sit and Fit</p><p>10:30 Armchair travels</p><p>11:15 Greetings 1:1s</p><p>2:30 Fireside Stories</p><p>4:30 Rosary(CH&amp;TV1-3)</p></div>	<div>17</div> <div><p>10:30 IN2L Fun with NAR's</p><p>1:00 Movie Matinee w/NAR's</p><p>3:00 Afternoon Snacks w/NAR's</p></div>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>18</b>  10:30 Mass (TV 1-3) Communion 3:30 Afternoon Snacks with NAR's	<b>19</b>  9:30 Mass (CH&TV1-3) 10:00 Sit & Be Fit 10:30 Dolly Parton Spotlight 11:15 Greetings 1:1s 1:00 Sing with Kimberly 2:00 Aqua Painting 4:00 Trivia 4:30 Rosary (CH&TV1-3)	<b>20</b>  10:30 Sit and Fit 11:00 Greetings 1:1s 3:00 Trivia 4:30 Rosary (CH&TV1-3)	<b>21</b>  10:30 Sit and Fit 10:45 Music with Katherine 11:00 Greetings 1:1s 1:15 Trivia 3:00 Hand Massages 4:30 Rosary (CH & TV 1-3)	<b>22</b>  10:00 AM Stretch 10:30 Table Games 11:00 Protestant Service (CH & TV 1-3) 1:00 Fitness w/Therapy 1:30 Music with Rockin' Woody (ILDR) 2:30 Happy Hour (ILDR) 4:30 Rosary(CH&TV 1-3)	<b>23</b>  10:00 Sit and Fit 10:15 Morning Greetings 10:45 Adult Coloring 2:30 Fireside Stories 4:30 Rosary (CH&TV1-3)	<b>24</b>  10:30 IN2L Fun with NAR's 1:00 Movie Matinee w/NAR's 2:00 Music w/Gisele 3:00 Afternoon Snacks w/NAR's
<b>25</b>  10:30 Mass (TV 1-3) Communion 3:30 Afternoon Snacks with NAR's	<b>26</b>  9:30 Mass (CH&TV1-3) 10:00 Sit & Be Fit 10:30 Armchair Travels 11:15 Greetings 1:1s 1:00 Sing with Kimberly 2:00 Aqua Painting 4:30 Rosary (CH&TV1-3)	<b>27</b>  10:30 Sit and Fit 10:45 Greetings 1:1s 1:00 Music with Dale 3:00 Trivia 4:30 Rosary (CH&TV 1-3)	<b>28</b>  10:30 Sit and Fit 11:00 Morning Greetings 1:15 Trivia 1:45 Music with Kristen 3:00 Hand Massages 4:30 Rosary (CH & TV 1-3)	<b>29</b>  10:00 AM Stretch 10:30 Table Games 11:00 Protestant Service (CH & TV 1-3) 1:00 Fitness w/Therapy 1:30 Music with Bjorn (ILDR) 2:30 Happy Hour (ILDR) 4:30 Rosary(CH&TV 1-3)	<b>30</b>  10:00 Sit and Fit 10:15 Morning 1:1s 10:30 Armchair Travels 10:45 Beatles Singalong 2:30 Fireside Stories 4:30 Rosary (CH&TV1-3)	<b>31</b>  10:30 IN2L Fun with NAR's 1:00 Movie Matinee w/NAR's 2:00 Music w/Gisele 3:00 Afternoon Snacks w/NAR's
		<u>Program Locations</u> (CH) Chapel (IL DR) IL Dining Room (TV 1-3) TV Channel 1-3			<b>Please note all activities are subject to change. Please check daily calendars located throughout the community for updates &amp; changes.</b>	